



Statewide Mental Health Network

Child and Youth Mental Health Advisory Group (CYMHAG)

Networking to reform mental health

MINUTES

Chair:	Judi Krause, Executive Director, Child and Youth Mental Health Services (CYMHS), Children's Health Services (CHS)	Date:	24 May 2012
Secretariat:	Jackie Bartlett, Principal Policy Officer (PPO), CYMHS, Strategic Policy Unit (SPU), Mental Health Alcohol and Other Drugs Directorate (MHAODD)	Time:	10:00 am – 12:30 pm
Venue:	Seminar Room, Institute of Child and Youth Mental Health Services, Spring Hill		
Apologies	<p>Graham Martin, Clinical Director, CYMHS, CHS Cara McCormack, Program Coordinator, CYMHS, Townsville Health Service District (HSD) Ruth O'Sullivan, Carer Representative Anna Davis, A?PPO (Ed-LinQ), Queensland Centre for Mental Health Promotion, Prevention and Early Intervention (QCMHPPEI), SPU, MHAODD Michelle Fryer, A/Director of Psychiatry, CYMHS, Gold Coast HSD Jennifer Sands, Manager, CYMHS Program, Gold Coast HSD Tony Biggin, Team Leader, CYMHS, Toowoomba, Darling Downs HSD Phillipa Cole, The Queensland Aboriginal and Torres Strait Islander Hub for Mental Health (QA&TSIHMH), MHAODD Janet Martin, Manager, Integrated Care Team (ICT), SPU, MHAODD</p>		
Present:	<p>Trevor Sadler, Director, Barrett Adolescent Centre (BAC), West Moreton HSD Sophie Morson, Coordinator, Minding Young Minds Early Intervention Program, RCH CYMHS, CHS (Alcohol, Drugs and Mental Health Collaborative delegate) (11.15-12.30) Erica Lee, Executive Manager, Mater CYMHS, Mater Health Services (10.00 – 12.00) Josie Sorban, Principal Psychologist, CYMHS, CHS (10.00 – 11.00) Michael Daubney, Consultant Child and Adolescent Psychiatrist, Logan CYMHS, Metro South HSD (11.30 – 12.30) Janelle Bowra, Nurse Unit Manager, Adolescent Unit, Logan, Metro South HSD (11.30 – 12.30) Kate Gimson, Principal Project Officer, Evolve Therapeutic Services, ICT, SPU, MHAODD Valda Dorries, Statewide Professional Leader Allied Health, CYMHS</p> <p>Via VC</p> <p>Gerry Howe, Team Leader, CYMHS Maryborough/ Wide Bay, Sunshine Coast-Wide Bay HSD Kim Ende, introduction as will be acting in Gerry Howe's position to cover annual leave. Raymond Ho, Team Leader, CYMHS Logan, Metro South HSD Bernie Weckmann, A/ Program Coordinator, CYMHS Rockhampton, Central Queensland HSD</p> <p>Guest</p> <p>Dan O'Brien, Team Leader, Mater Day Program (11.00 – 12.00)</p>		

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Absent	<p>Judy Skalicky, Team Leader, Rural and Remote Area Mental Health Service, Cairns and Hinterland HSD Karyn Weller, Team Leader, Mental Health and Alcohol, Tobacco and Other Drug Services, North Queensland Mark Wheelehan, Team Leader, Central Queensland Mental Health Clinical Sub Network Chris Lilley, Senior Medical Officer, CYMHS Sunshine Coast, Sunshine Coast-Wide Bay HSD Paul Letters, Team Leader, MHATODS, CYMHS, CHS Anja Kriegeskotten, Psychiatrist, CYMHS, CHS Elisabeth Hoehn, Program Director, Future Families, CHS Myfanwy Pitcher, Team Leader, Ipswich CYMHS, West Moreton HSD Brett McDermott, Executive Director, Mater CYMHS, Mater Health Services Tania Withington, Director of Social Work, Division of CYMHS, CHS Suren Putter-Lareman, Child and Youth Psychiatrist, CYMHS Toowoomba, Darling Downs HSD Hazel Goodenough, Team Leader, Redcliffe Caboolture CYMHS, Metro North HSD David Hartman, Clinical Director CYMHS, Townsville HSD Christina Gobbo, Team Leader, CYMHS Bundaberg, Sunshine Coast-Wide Bay HSD Fiona Cameron, Mental Health Educator, CYMHS, RCH, CHS</p>
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1. Open and welcome	<p>Chair welcomed new member, Phillipa Cole, Principal Policy Officer, QA&TSIHMH, MHAODD. (an apology for today).</p> <p>Noted guest member Dan O'Brien, Team Leader, Mater Day Program to present and lead discussion on the draft Child and Adolescent Day Program Model of Service (MOS).</p> <p>Change in agenda noted: Michelle Fryer was to present on <i>Child and Youth Mental Health Services model 0-24 years: literature review and evidence base</i>, but has deferred to July meeting to complete literature review. Michelle is still seeking volunteers to assist with review – contact Michelle directly.</p>	
2. Apologies: see above 3. Proxies: see above		
4. Guest speakers		
<p>4.1</p> <p>Workforce Development Working Group – update</p> <ul style="list-style-type: none"> Update and discussion on progression of core skills document. TOR for endorsement. <p>Valda Dorries Chair of WDWG</p>	<p>SPLAH update distributed 23.5.12 by Valda Dorries. Of note are changes to STAP.</p> <p>V Dorries presented on behalf of Workforce Development Working Group (PP presentation distributed 23 May 2012).</p> <ul style="list-style-type: none"> General agreement to recommendation regarding generic whole of life training with CYMHS as a specialist module. Members agreed that some of the mandatory training modules e.g. MSE whilst appropriate for adult population required amendment to optimise usefulness for CYMHS staff. Some concerns were also raised about the applicability of some of the scenarios outside of metropolitan areas (e.g. admit to C&Y inpatient unit). Several reported providing feedback of a similar nature at the end of training sessions however QCMHL have reported not receiving this feedback. Agreed to provide more formal feedback in the form of a letter from the CYMHAG. Members to provide written feedback to V Dorries for inclusion. Document identifying core skills development for new to CYMHS staff near completion, to be tabled at July 	<ul style="list-style-type: none"> Chair requested that members forward SPLAH update to Allied Health staff. All members to email V Dorries regarding the QCMHL mandatory modules and their applicability to CYMHS workforce for inclusion in a letter to QCMHL. Core skills development document to be tabled at July CYMHAG. V Dorries to prepare brief to Director QCMHL, with letter and

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	<p>CYMHAG.</p> <ul style="list-style-type: none"> Agreed action: a brief be submitted to QCMHL Director, Anthony Milverton, highlighting issues raised within the WFWG PP presentation and discussed at the meeting, with the letter and CYMHS core skills document as attachments. <p>TOR distributed with agenda.</p> <ul style="list-style-type: none"> J Krause raised issue relating to section 6 “The Chair (of the working group) is responsible for ensuring the progress of the group in conjunction with Chair SWMHN CYAG” requesting removal of the latter part of the sentence. J Krause used this example to comment on the role and function of the Chair of CYMHAG in relation to working groups. Noted that the CYMHAG Chair should not be responsible for the functioning or the outcome of the WG as a) may not have the content expertise b) does not have the capacity c) the working groups report to the Advisory Group not an individual person or position. J Krause noted that the Chair of Working Groups is responsible for finalisation and quality of the output and therefore working groups should not be disbanded until feedback process and tabling of documents has been completed. It is not the responsibility of the CYMHAG Chair or Secretariat to finalise working groups’ activities. E Lee recommended that the Chair of Working Groups be members of the CYMHAG in an executive sponsor role. V Dorries to amend section 6 of TOR and resubmit. TOR endorsed with amendments. 	<p>core skills document as attachments.</p> <ul style="list-style-type: none"> V Dorries to amend WDWG TOR role of Chair and table as endorsed.
5. Previous minutes and business arising		
5.0 Confirmation of previous minutes.	March 2012 meeting minutes endorsed by Josie Sorban.	<ul style="list-style-type: none"> March 2012 minutes endorsed.
5.1 CYMHS to CYMHS referrals: update. Jackie Bartlett	Memo pending sign off by Executive Director, MHAODD - held over.	<ul style="list-style-type: none"> J Bartlett to follow up.
5.2 Accommodation facilities for parents/carers when child/adolescent requires admission: <ul style="list-style-type: none"> <i>progress on draft letter highlighting issues and areas of need</i> <i>development of distribution list.</i> Jackie Bartlett	Not progressed due to workload demands- held over.	<ul style="list-style-type: none"> For noting.
5.3 Beyond Blue Clinical	M Daubney to contact Penny Dale, Office of Principal Advisor in Psychiatry (OPAP), MHAODD to incorporate within	<ul style="list-style-type: none"> Michael Daubney to contact Penny Dale, OPAP, MHAODD to

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<p>Practice Guidelines: Depression in Adolescents and Young Adults - update. Janet Martin/Michael Daubney</p>	<p>Policy Management Policy process before re-submission to QPMAC.</p>	<p>progress.</p>
<p>5.4 Procedure for acute behavioural disturbance management (including acute sedation) for children and adolescents in Queensland Health Authorised Mental Health Services - update Michael Daubney/Jackie Bartlett</p>	<p>Endorsed by QPMAC May 2012. OPAP to progress through Policy Management Policy process to approval and release.</p>	<ul style="list-style-type: none"> M Daubney to monitor progress through representation at QPMAC meetings.
<p>5.5 Guidelines for the admission of children and young people with eating disorders: update Judi Krause/Erica Lee, representing WG</p>	<p>Final version, renamed <i>Access Pathways for children and adolescents with eating disorders</i>, incorporating feedback from consultation, distributed prior to meeting 24.5.2012. Document endorsed, Eating Disorders Advisory Group to table at SWMHN 7 June for progression to Executive Director, MHAODD for approval.</p>  <p>Access pathways C&A ED_final</p>	<ul style="list-style-type: none"> To be tabled at SWMHN 7 June 2012.
<p>5.6 CYMHAG work plan final draft endorsed. Judi Krause/Jackie Bartlett</p>	<p>Distributed with agenda.</p> <ul style="list-style-type: none"> Feedback on draft tabled March 2012 meeting closed 30.4.12. Given new QLD Government and possible amendment/change to QPMH 2007-2017 section 2.3g added: <ul style="list-style-type: none"> “Improve the mental health of Queensland children and young people through the provision of expert advice to help inform, drive, and participate in activities relating to mental health reform and service planning. Pending further advice from MHPIU/MHAODD relating to new Premier for QLD and Minister for Health vision for mental health services”. Commencement of activities outlined in the work plan not to proceed until further advice obtained relating to the new structure of Hospital and Health Services, the re-structure of QH, implications for the SWMHN (next meeting 7 June) and activities relating to mental health planning. Plan endorsed but framed as a mapping document of required activities pending structural/organisational changes. Discussion on role and function of SWMHN scheduled for meeting 7.6.12. At this stage indications are that CYMHAG July meeting will proceed. Chair and Secretariat to focus July agenda on completion of key pieces of work. The MOS are a priority given the commencement of the Hospital and Health Services 1.7.12. 	<ul style="list-style-type: none"> Work plan endorsed. Maps planned activities. Not to be progressed to SWMHN as will require amendments feedback on organisational and structural changes to QH.
<p>6.0 New business</p>		

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<p>6.1 Planning for CYMHS: preparation for invitation to A/Executive Director, MHAODD to attend CYMHAG.</p> <p><i>Discuss matters to present e.g. showcase CYMHS, work Advisory Group is progressing, areas to note for inclusion in future planning, etc.</i></p> <p>Judi Krause/All</p>	<p>Provisional appointment made for A/ED, MHAODD to attend July CYMHAG meeting. Aim is to commence dialogue, develop process/system for ongoing engagement with the MHAODD in relation to mental health reform and planning for CYMHS.</p> <ul style="list-style-type: none"> • Goal is to invite A/ED to provide update and for CYMHAG to develop brief presentation to provide overview of CYMHS, possible topics are: • Systems: points of difference with adults, emphasis on community care rather than inpatient (particularly in relation to activity data, differences can be highlighted in relation to Mental Health Performance Framework, options regarding mental health planning working group to develop CYMHS indicators) • showcase CYMHS initiatives that reflect good outcomes • direct service delivery – strategic issues (age issues, range) • Service delivery – MOS, CSCF etc • Areas that CYMHAG has identified and proposed projects to address (any that ED, MHAODD would suggest) • broader picture of issues/items that need to be considered in mental health planning. • Highlight potential areas of concern for noting for further discussion: <ul style="list-style-type: none"> ○ Accommodation issues for MH parents ○ Management DEM after hours – expanding paediatric emergency services ○ Forensic- youth justice issues (National Commissioner) ○ Skills/workforce development training. • All members to send information, suggestions to Chair and Secretariat for development of presentation. • T Sadler offered to present on research findings re: age of onset of serious MI. • M Daubney has co-authored paper on Inpatient unit outcomes – will submit. • J Bowra to review data gathered from inpatient unit pilot of statewide bed status project for utility in development of occupancy rates profile. 	<ul style="list-style-type: none"> • All members to provide input/issues for inclusion in July meeting to Chair and secretariat, final date for submissions 13.7.12 to allow for presentation preparation time. • T Sadler, M Daubney and M Bowra to submit information as proposed.
<p>7.0 Standing agenda items - Updates on an as needs basis and time permitting</p>		
<p>7.1 Network links: updates and items for noting.</p>	<p>Updates distributed with agenda.</p>	<ul style="list-style-type: none"> • For noting.
<p>7.2 Clinical Reform Initiative /Models of Service/Clinical Services Capability</p>	<p><u>Acute Child Inpatient Unit (ACIU) MOS</u></p> <ul style="list-style-type: none"> ➤ working group convened to review. As only one child acute inpatient unit (Child and Family Therapy Unit) was agreed (in consultation with MHPIU) to prioritise development of a child and adolescent 	<ul style="list-style-type: none"> • CFTU to develop ACIU MOS.


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<p>Framework. <i>revision of Models of Service for CYMHS</i> Judi Krause/Jackie Bartlett</p>	<p>inpatient unit MOS (two units in Qld) by 30 June 2012. CFTU to develop ACIU MOS utilising information from the child and adolescent inpatient unit MOS for submission post June 2012.</p> <p><u>Child and Adolescent Inpatient Unit (CAIU) MOS</u></p> <ul style="list-style-type: none"> ➤ New, MHPIU convening working group, invitations issued. Mater and Gold Coast Inpatient staff key members. <p><u>Child and Adolescent Day Program (CADP) MOS</u>– discussion of key issues led by guest presenter Dan O'Brien. Key issues addressed:</p> <ul style="list-style-type: none"> • Two pathways – partial hospitalisation and day program: MHPIU confirmed to Working Group CADP classified as ambulatory service. • Recommended the following: <ul style="list-style-type: none"> ➤ CADP as discrete units with own intake processes. ➤ Population target group- focus on chronicity not acuity. ➤ CADP activities continue outside of school terms although somewhat reduced over the Christmas period (staffing costs managed by increased uptake of annual leave). ➤ CADP staff to be PSP (not Community CYMHS) for the following reasons: <ul style="list-style-type: none"> ○ Required to meet the level of intensity of work with consumers - case management, individual therapy, group therapy etc. ○ Avoid impact of increasing workload on CCYMHS FTE. Townsville reported to the working group that the commencement of the pilot trial of the day program had CCYMHS as PSP (due to CADP not being fully recruited to) and found to be inefficient in terms of time required liaising between CADP staff and CCYHMS PSP. ○ CADP separately funded under QPMH– programs need to be designed around the level of funding provided not a model that requires shortfalls to be covered from the CCYMHS FTE funding. Expansion of capacity of CCYMHS also a key priority under the QPMH i.e an additional 100 FTE, will need to demonstrate this expanded capacity which will not be possible if eroded by funding other services short falls. ○ Will run risk of losing program integrity and becoming “watered down” if CCYMHS are PSP. <p><u>Evolve Therapeutic Services</u></p> <ul style="list-style-type: none"> • under review by ETS Project Officer, ETS Steering Committee feedback received, submission to CYMHAG scheduled for July 2012. <p><u>Acute Adolescent Inpatient Unit (AAIU) MOS– final revision</u></p> <ul style="list-style-type: none"> • Reviewed summary of feedback received from final consultation (distributed with MOS 21.5.12). MOS endorsed with amendments noted in feedback sheet (attached). <p><u>Child and Youth Forensic Services MOS– Forensic Mental Health Advisory Group</u></p> <ul style="list-style-type: none"> • Review sponsored by Forensic Mental Health Advisory Group prior to consultation with CYMHAG. Indications 	<ul style="list-style-type: none"> • Members to support invitees attendance at CAIU Working Group. • CADP to make amendments to MOS and distribute to CYMHAG for out of session endorsement. <div style="text-align: center;">  <p>AAIU MOS draft_v1 Feedback_CYMHAG e</p> </div> <ul style="list-style-type: none"> • J Bartlett to amend and forward

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	<p>are that review will not be completed prior to 1.7.12.</p> <p>T Sadler noted that final amendments to the Adolescent Extended Treatment and Rehabilitation Centre (AETRC) MOS are being made, mainly to the day program section which parallel the CADP, and requested approval to release to the CYMHAG for endorsement out of session. Aim is to finalise before 30.6.12.</p> <p>Chair and Secretariat noted that prior to release to CYMHAG the process is that the MHPIU review and make final amendments etc as required so that the CYMHAG review and endorse the most complete version. J Bartlett reported contacting MHPIU 22 May on receipt of AETRC MOS from T Sadler, indicating that the expectation would be for a request to CYMHAG for endorsement out of session, and requesting their advice. Nil response to date.</p>	<p>endorsed AAIU MOS to MHPIU.</p> <ul style="list-style-type: none"> Distribution of AETRC MOS to CYMHAG for endorsement pending advice from MHPIU.
<p>7.3 Workforce Development Working Group</p> <p>Valda Dorries</p>	<p>See 4.2.</p>	<ul style="list-style-type: none"> See 4.2.
<p>7.4 Acute model of care for CYMHS</p> <ul style="list-style-type: none"> <i>watching brief (see draft work plan)</i> <p>All</p>	<p>Item included within endorsed work plan – remove from agenda.</p>	<ul style="list-style-type: none"> Remove from agenda.
<p>8.0 Other Business and Forward Agenda Items/Documents for noting</p>		
<p>8.1 Other business</p>	<p>Nil.</p>	
<p>8.2 Forward agenda items</p>	<p>September meeting. Presentation on research/literature review on a 0-24 years old child and youth mental health service model. Michelle Fryer.</p> <p>Guest speakers; MHIP statewide coordinator (position vacant/recruitment freeze).</p> <p>Mental health services for children and young people (under 17 years) in courts and watch houses – Court Liaison Services, CYFOS.</p> <p>Secure adolescent inpatient unit. J Bartlett.</p>	
<p>9.0 Next meeting</p>		
<p>Date:</p> <p>Time:</p> <p>Venue:</p>	<p>26 July; 10.00 am – 12.30 pm</p> <p>Seminar Room, Institute of Child & Youth Mental Health, Corner Water & Rogers Sts, Spring Hill</p> <p>Dates for 2012: 27 September; 22 November.</p>	

*Please notify Jackie Bartlett ONE WEEK PRIOR TO THE MEETING at [REDACTED] if you require video or teleconference connections