0	Four Root Cause Analyses (RCAs) were conducted in 2006 for extreme risk incidents.	These
	incidents were of the following nature:	

Each RCA made a recommendation about the redevelopment of BAC to provide a safe system of care for consumers and staff.

- Some of the above incidents have involved the Queensland Police Service, and on occasion the Queensland Fire & Rescue Service. The local police have expressed concerns in the local liaison meeting that the current Barrett buildings are unsuitable and pose a risk to the patients as well as create difficult situations to which the police need to respond.
- The clinical profile of consumers has changed considerably since the establishment of other child and youth inpatient centres, resulting in complex and challenging presentations for extended care. Children with eating disorders, self-harming, and suicidality make up a large proportion of admissions. These changes have resulted in higher demands on staff, and increases in use of emergency medical care, general health services, outpatient and inpatient general hospital care.
- Actions taken so far to address the risk include:
  - O Use of continuous observations by nursing staff to attend to consumers assessed as a high clinical risk. 7500 hours of continuous observation were used in 2006. The cost of this level of care is beyond the budgeted establishment;
  - A number of internal and external reviews have been undertaken (see 'Background' for more information) and the recommendations implemented where possible;
  - Attention to ensuring adherence to hospital & district procedures, and upholding guidelines and principles of patient safety in practice;
  - An options paper has been written and capital works costings sought for ways to improve the safety and practicality of the environment.
  - o Various minor changes to the environment within budget.
- The outlined issues could be largely prevented by improvements to the physical environment and infrastructure.

### PROPOSED ACTIONS

- It is proposed that the issue of environmental impact on patient safety in the short term is noted, prior to the redevelopment of the centre.
- Advice is sought as to what extent refurbishment is possible and what funding sources may be available to meet these needs.
- The main stakeholders are the adolescent consumers and their families. The staff of the centre will be advantaged by working in a safer and less stressful environment. The community and partnership organisations (eg Queensland Police Service) will be advantaged through fewer incidents with their involvement.
- The risks inherent in the BAC environment for providing clinical services to this population of consumers are grounds for justifying this issue as a high priority.

### BACKGROUND

The BAC accommodation was constructed in 1976, as part of an adult inpatients service at Wolston

Author's Name	Cleared by: (DM/SD/SDIR)	Cleared by: (GM/ED)	DG
Position:	Name	Name:	
Centre/District	Position	Position:	
Tel No:	Centre/District:	AHS	
Date:	Tel No:	Tel No:	
	Date:	Date:	

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WMS.9000.0003.00250

Park Hospital. When established in the early 1980s, the Barrett Adolescent Centre was the only specialised mental health service for youth in Queensland. It remains the only extended care inpatient adolescent program in Australia.

BAC provides comprehensive treatment and rehabilitation programs for adolescents with severe eating disorders, social anxiety, self-harming and suicidal behaviours. Evaluations of the outcomes provide encouraging support for the effectiveness of this program. These complex issues require a range of intensive therapeutic interventions provided in an environment that is able to support the needs of consumers.

The *Ten Year Mental Health Strategy for Queensland* envisaged replacement of the BAC with specialised inpatient units in District hospitals. The centre was intended to close in 1999 once the Child and Youth Acute Inpatient Service in the adjacent districts were commissioned. In 1997 families of consumers and staff successfully lobbied for the retention of the BAC as a medium stay inpatient service for adolescents in Queensland. Consequently, the centre has had no major refurbishment since opening, and does not meet the needs of the current population of consumers.

The commissioning of child and youth inpatient units during the late 1990s resulted in a change to the pattern of referrals to BAC. Adolescents are admitted with increasingly complex mental or emotional problems, and with significant degrees of functional impairment. In response to the changing profile, the average length of stay has increased from four months in 1994 to ten months in 2006. Changes to the model of care have occurred to meet increased demands and risks.

An external review in 2003, which followed a series of serious incidents in the centre, recommended changes to clinical, operational and risk management processes. While the majority of these recommendations have been implemented, there has been no associated reduction in patient-related incidents. The review also stated that "the building looked dated and…would benefit from a process to establish whether it could be improved by significant modifications…or a new type of facility required".

In July 2004 the Mental Health Unit commissioned Project Services, Department of Public Works to undertake an options study to consider the ongoing suitability of the existing building to safely accommodate 15 adolescents requiring medium stay treatment and rehabilitation. While this report recommended three options, from refurbishment to completely rebuilding the centre, it found rebuilding to be the preferred option, but this has not progressed as a capital works priority.

In February 2006 the Australian Council of Healthcare Standards in an accreditation survey identified the poor current physical environment, risk to the consumers, and inadequate staffing levels, and recommended a review of the suitability of the building.

In December 2006, a Community Visitor report was received from the Commissioner for Children and Young People and Child Guardian. This report stated that "It appears that this facility is unable to make full provision for the safety and security of all the residents with the existing facilities. The building is not purpose built so security can be difficult for staff to maintain over longer periods of time." The report goes on to comment about the need for the building to undergo "extensive changes to bring it up to a standard in line with other facilities", and criticises the inability to separate young people with high dependency needs. The report is supportive of the policies and procedures and clinical processes being undertaken by the BAC.

Author's Name	Cleared by: (DM/SD/SDIR)	Cleared by: (GM/ED)	DG
Position:	Name	Name:	
Centre/District	Position	Position:	
Tel No:	Centre/District:	AHS	
Date:	Tel No:	Tel No:	
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In May 2007 The Queensland Nurses' Union wrote to the Executive Director of Integrated Mental Health Services, West Moreton South Burnett Health Service District, outlining their concerns for members who had been injured as a result of responding to crisis situations at Barrett Adolescent Centre. This letter highlighted member's concerns for the physical layout of the building, and the ongoing risks related to this.

At a Queensland Health forum in May 2006, the State-wide Child & Youth Mental Health Services Network supported the continuation of an extended treatment inpatient adolescent unit. Subsequently, rebuilding of the BAC has been incorporated in the yet to be released Mental Health Plan and in the State budget.

An options paper was written in March 2007 by the current Nurse Unit Manager of BAC to consider the options for interim improvements to the environment. This paper has canvassed the ideas of both staff and consumers. Several options are proposed which can be further developed.

### MEDIA IMPLICATIONS AND KEY MESSAGES (Optional)

There is a high risk of negative media and a decline in public perception of youth mental health services and Queensland Health if the current severity of risk and incidents continues, and particularly if an extreme risk situation results in severe morbidity or mortality.

### ATTACHMENTS: (Optional – please list if applicable)

All documents mentioned in this briefing are available upon request.

### **COMMENTS**

Author's Name	Cleared by: (DM/SD/SDIR)	Cleared by: (GM/ED)	DG
Position:	Name	Name:	i l
Centre/District	Position	Position:	
Tel No:	Centre/District:	AHS	
Date:	Tel No:	Tel No:	
	Date:	Date:	

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# **MEMORANDUM**

To:

Dr David Theile, Clinical CEO, Metro South

Ms Pam Lane, Clinical CEO, Darling Downs-West Moreton

Copies to:

Dr David Crompton, A/Chair Metro South Health Service District

Dr Bill Kingswell, Executive Director Mental Health, Southside Health Service

District

Ms Monica O'Neil, A District Director Mental Health Services, West Moreton-

South Burnett

From:

Dr Aaron Groves, Senior Director,

Contact No:

Mental Health Branch

Fax No:

Subject:

Adolescent Extended Treatment- Site Selection

File Ref:

### ACTIONS:

- It is recommended that the District CEOs provide preliminary endorsement of the recommendation of the Site Evaluation Subgroup to redevelop the Barrett Adolescent Centre (BAC) at the site identified adjacent to Redland Hospital outlined in the *Report of the Site Evaluation Subgroup*.
- It is further recommended that the District CEOs provide the Site Evaluation Subgroup with the authority to consult with sector stakeholders on the preferred option. Feedback gathered in the course of consultation will be provided to the District CEOs to inform their final decision on site selection.

### **BACKGROUND:**

The replacement of the BAC is one of 17 capital works projects associated with the *Queensland Plan for Mental Health 2007-17*, and is identified in the *Outline of the 2007-08 State Budget Outcomes for Mental Health*.

An initial working group was formed comprising staff members involved in the existing BAC and Project Services architects to consider the redevelopment of the unit and provide advice on the service model and design specification.

Making a determination about a preferred location for the unit is contentious and likely to be subject to public scrutiny.

A previous attempt to close the unit was strongly resisted by staff, consumers and carers.

This redevelopment of the unit at an alternate site should not be resisted as strongly as closure, but may still attract adverse comment.

Redevelopment on the existing site is problematic for a number of reasons outlined in the site options paper, primarily its collocation with forensic services for mentally ill offenders.

The "Site Evaluation Sub Group" was convened on the advice of the Area General Managers to provide advice on site options identified by Area Health Services.

The consensus of the Site Evaluation Subgroup is that a vacant site adjacent to Redland Hospital constitutes the most appropriate option for the redevelopment of the unit.

The Executive Director of Capital Works and Asset Management Branch has provided in principle support for this proposal.

The group has identified a number of challenges associated with the implementation of this option that are likely to become clearer during the course of consultation including:

- planning for the relocation of services from a human resource perspective;
- establishing governance arrangements for the service and in particular its relationship with Metro South and or the Queensland Children's Hospital; and
- negotiation with Education Queensland regarding the operation of the school at the preferred location.

Consultation is planned to occur with the following:

- existing staff and consumers and carers of BAC;
- the Child and Youth Mental Health subgroup; and
- the Child and Youth Inpatient Design reference group.

Following further consultation and the final selection of an appropriate site by the CEOs, a local user group will be formed to manage the project.

Dr Aaron Groves Senior Director, Mental Health Branch 28/10/2008 EXHIBIT 75

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Mental Health Plan Implementation Team Mental Health Branch Division of the Chief Health Officer 12th Floor, Forestry House 160 Mary St, Brisbane Qld 4000

# Report of the site evaluation subgroup

Site Options Paper for the redevelopment of the Barrett Adolescent Centre

October 2008

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### **Executive Summary**

The Queensland Plan for Mental Health 2007-2017 provides significant funding to support mental health service improvement and reform. The plan includes investment in new and upgraded inpatient services.

This report of the Site Evaluation Subgroup includes an appraisal of the options explored for the redevelopment of the Barrett Adolescent Centre (BAC).

At the request of the Area General Managers of the former Southern and Central Area Health Services, the following sites were considered as options for the redevelopment of the BAC:

- Rogers Street Spring Hill;
- CAFTU- RBH;
- Land adjacent to Redland Hospital;
- Meakin Park 3 km from Logan Hospital Site (precise land parcel unknown- assume bushland between Queens Rd and Beal St); and
- The Park Centre for Mental Health (3 site options on campus considered).

The report finds Redland and The Park as the only architecturally viable options if the service is to be redeveloped as currently envisaged.

It identifies redevelopment at Redland as the preferred option.

The report identifies the need for further consultation on this option with the current Barrett service providers, consumers, carers and the broader Child and Youth Mental Health Sector to inform a final decision.

The Barrett School is a critical component of the service and must be included in the redevelopment of the service at any site. Therefore, negotiation with the Department of Education, Training and the Arts is required in the process of deciding the preferred option.

A final decision for the service location will be made by the District CEOs of Metro South and Darling Downs West Moreton Health Service Districts. It is recommended that the District CEOs provide the Site Evaluation subgroup with the authority to consult these relevant stakeholders on the preferred option. Subject to approval consultation could consider the following identified issues:

- Review of transport options, including duration and cost of journeys. A comparison of the accessibility of the sites particularly for consumers accessing the day program and for consumers and carers travelling from rural, regional and remote areas who require the service.
- Consideration of the impact of the surrounding built environment at Redland. This should take
  account of the surrounding bushland and include some consideration of risk management strategies
  associated with bushfires, wildlife and proximity to other infrastructure including the sewage
  treatment plant.
- Further analysis of the impact of the built environment at The Park and associated risk management strategies. This may include consideration of the implications of having vacant buildings on the site.
   It could further identify the challenges and opportunities associated with the proximity of the service to the new Police Academy site.
- Further consideration of the cost and time implications should a staged redevelopment at the existing site be pursued.
- Consultation with police to establish whether Redland site may subject the unit to risk from 'undesirable persons' and consideration about how such a risk might be managed.
- Consideration of the implications of the implementation of the Clinical Services Capability
  Framework (CSCF) and the assignment of a level to the service. In particular, this may further clarify
  the specialised requirements of the unit including the need for specialist human resources and the
  advantages of being co-located with 24 hour medical care.

 Further clarification of plans for service expansion in the second half of the plan to provide 5 additional beds for the adolescent unit in the development of step down units and further consideration of accommodation options for family and carers.

- Clarifying the governance arrangements should the unit be located at Redland. In particular the service's reporting relationships to Metro South and/or the Queensland Children's Hospital.
- Further examination of the potential advantages of co-locating the service near the Brisbane Youth Detention Centre at Wacol, Child and Youth Forensic Outreach Service (CYFOS), Mental Health Alcohol Tobacco and Other Drugs Service (MHATODS) given the overlap of demographics and some characteristics of clients seen by each of these services. This requires some consultation with MHATODS and CYFOS to determine whether co-location of this kind is consistent with the service development intentions of these services.

It is proposed that the Site Evaluation Subgroup report on the outcome of this consultation to the District CEOs to support a final decision concerning the site for redevelopment of the Centre.

Dr Aaron Groves Senior Director, Mental Health Branch 28/10/2008

### Introduction

The purpose of this paper is to support decision making associated with the selection of a site for the replacement of the Barrett Adolescent Centre (BAC).

It considers the sites below, which were identified by Area Health Services as potentially suitable for replacement of the centre:

- Rogers Street Spring Hill
- CAFTU- RBH
- Redland Hospital
- Meakin Park 3 km from Logan Hospital Site (precise land parcel unknown- assume bushland between Queens Rd and Beal St)
- The Park Centre for Mental Health (3 site options on campus considered)

#### The report includes:

- a brief description of the project;
- a summary of the model of service for BAC;
- a description of site requirements and;
- a site appraisal of the two architecturally viable sites- prepared by Project Services.

**Appendix One** includes the rationale for finding two of the three site options at The Park, CAFTU and Rogers Street to be architecturally unviable. Advice from Southside Health Service District subsequent to the site options tour indicated the option at Logan was no longer available or viable; therefore an appraisal of this site has not been undertaken.

**Appendix Two** is a collection of 'Site Tour Notes' providing a summary of some of the key issues considered by Site Evaluation subgroup during site visits by the subgroup on 5 August 2008.

The report identifies the need for further elaboration of some of the challenges and opportunities of the two architecturally viable sites to support a final decision concerning the redevelopment of the unit.

The report concludes that Redland appears to be the preferred option for the redevelopment of the service subject to further consultation with the sector.

## 1. Project Description

Replace Barrett Adolescent Centre with a new 15 bed adolescent extended treatment unit.

### Background:

- Decision concerning the location for the redevelopment of the Adolescent unit is contentious
- Redevelopment at The Park is problematic because of the expansion of forensic services being undertaken on the site
- This expansion includes the development of a further 40 extended treatment forensic beds over the next 10 years
- Advantage of the current site is the existing service with highly skilled staff.
- No optimal location for the unit identified by Child and Youth clinicians
- "Site Evaluation Sub Group" established to assist in determining an appropriate site for the unit at the direction of the Area General Managers (participants identified below)
- Subgroup reviewed the site selection criteria and accommodation schedule produced by Project Services in collaboration with BAC staff
- Ranking of site selection criteria reviewed
- Scope for reducing footprint identified in accommodation schedule
- Alternate sites identified in discussion with Area Health Services
- Sub Group visited the following sites on 5 August 2008:

Rogers Street Spring Hill

CAFTU- RBH

Redland Hospital

Meakin Park – 3 km from Logan Hospital Site (precise land parcel unknown- assume bushland between Queens Rd and Beal St)

The Park Centre for Mental Health (3 site options on campus considered)

- Sub Group agreed to consider the site options on the basis that they may:
  - o serve the clinical objectives of the service
  - satisfy the criteria nominated in the 'Site Selection Criteria'
  - o meet the design requirements identified in the accommodation schedule

### Participants:

Ms Denisse Best	Executive Director	Child & Youth Mental Health Service, Royal Children's Hospital & Health Services Districts, Chair Child & Youth Sub Group
Mr Kevin Fjeldsoe	Director	Mental Health Plan Implementation Team
Dr Trevor Sadler	Clinical Director	Barrett Adolescent Centre
Dr Brett McDermott	Director	Mater Child & Youth Mental Health Service
Ms Linda Ryan	Principal Project Officer	Southern Area Health Service
Ms Karen Ryan	Manager	Rural Service Planning Unit, Southern Area
Ms Erica Lee	Manager	Child and Youth Mental Health Service
Mr Paul Clare	Principal Project Officer	Mental Health Plan Implementation Team
Mr John Quinn	Manager	Mental Health Plan Implementation Team
Ms Jenny Stone	Assistant Director	(Southern) Program Coordination Unit LWAMB
Mr Chris Hollis	Network Coordinator	Mental Health - Central Area
Mr Mark Wheelehan	Area Team Leader	Central Area
Ms Elisabeth Roberts	Principal Project Officer	Southern Area

### Additional invitees to site options tour:

Dr Terry Carter	Project Manager,	Mental Health Capital Works Program
Mr David Pagendam	Senior Architect	Project Services
Ms Karen Reidy	Architect	Project Services

#### Apologies for the site tour:

Dr Bill Kingswell	Director	Mental Health Services - Logan
Ms Karen Ryan	Manager	Rural Service Planning Unit, Southern Area
Mr Chris Hollis	Network Coordinator	Mental Health - Central Area
Mr Mark Wheelehan	Area Team Leader	Central Area
Ms Elisabeth Roberts	Principal Project Officer	Southern Area
Mr David Pagendam	Senior Architect	Project Services

### 2. Brief Summary of the Adolescent Extended Treatment Model of Service

### Service integration

The Adolescent Extended Treatment and Rehabilitation Service is an integral part of Child and Youth Mental Health network of services in Queensland. Child and Youth Mental Health Services (CYMHS) include:

- community clinics throughout Queensland
- specialised therapeutic services to children and adolescents in the care of the Department of Child Safety (Evolve teams)
- acute inpatient services in Metro South, Metro North, Mater and Gold Coast Health Districts
- a day program at the Mater Children's Hospital, with proposals to develop further day programs at Townsville and the Sunshine Coast.
- a Child and Youth Forensic Outreach Service (CYFOS)
- a visiting service to the Brisbane Youth Detention Centre

An adolescent of high school age is referred to the Adolescent Extended Treatment and Rehabilitation Service if severe mental illness and impairment persist after extended treatments in one or more of these other settings. It is both a tertiary and quaternary referral service, depending on the severity and complexity of illness and range of settings for intervention prior to referral. Referrals are accepted from throughout Queensland. On occasions it is appropriate to accept referrals from northern New South Wales and the Northern Territory. Referrals may also be made by private child and adolescent psychiatrists or psychologists.

Adolescents usually will be placed on the waiting list, and managed by the referring service until admission is possible. Throughout the admission, ongoing linkages with the referrer will occur via videoconference and case management.

It is proposed that the Adolescent Extended Treatment and Rehabilitation Service be a Level 6 service in the Clinical Services Capability Framework being developed by the Mental Health Branch.

### Target population:

Adolescents accepted for referral have severe, persistent, co-morbid mental illnesses associated with a range of impairments. Mental illnesses most commonly diagnosed include:

- depression
- eating disorders
- social and other anxiety disorders
- obsessive compulsive disorder
- dissociative disorders

- post traumatic stress disorder
- psychotic disorders
- organic disorders
- co-morbid disorders of development

The Health of the Nations Outcome Scale for Children and Adolescents (HoNOSCA) is an assessment tool used by mental health services across Australia to assess levels of symptom severity, impairment and family function. Compared with the national average of those admitted to acute adolescent inpatient units, those admitted to the Adolescent Extended Treatment and Rehabilitation Service show similarly high levels of symptoms and acuity (e.g. emotional distress, self harm, perceptual disturbances), but significantly higher levels of impairment (e.g. schooling, self care, peer relationships, impaired concentration) and family dysfunction.

Treatment of many disorders requires the active participation of the adolescent. Frequently they are not contemplating change, but continue with an illness seriously affecting health and their functioning. Both symptom severity and impairment are likely to persist for decades into adult life without adequate intervention.

#### Service description:

The core of the service is the provision of a wide range of intensive interventions for integrated treatment and rehabilitation. (Unlike many areas of physical medicine in which there is a definitive treatment followed by rehabilitation, effective outcomes in adolescent mental health require an integrated approach to treatment and rehabilitation over months.)

Core approaches to treatment and rehabilitation include:

- utilising standard biological mental health treatments (medication, ECT), although the effectiveness of these is limited
- utilising a wide range of psychological interventions for adolescents with often limited verbal skills and limited understanding of psychological issues
- utilising a wide range of life skill and activity based interventions to address developmental tasks in both treatment and rehabilitation
- providing of a range of comprehensive education and pre-vocational activities through the Department of Education, Training and the Arts
- continuing support of, liaison with and therapy for the family
- maintaining strong community linkages
- safely managing a range of life threatening behaviours
- effectively managing a range of dysfunctional behaviours
- maintaining a ward environment which promotes therapeutic interactions

Depending on levels of acuity and impairment, adolescents access this program at a number of levels:

- as inpatients (full or partial hospitalisation) for those with high to extreme levels of acuity and severe impairment. Up to 15 beds are available for this purpose.
- as day patients for those with severe impairment but lower acuity for those who can access the service.

A comprehensive extended treatment and rehabilitation program for a Statewide service would also include:

- a therapeutic residential unit for those who have severe levels of impairment, low to medium levels
  of acuity and cannot access the service as a day patient
- a transitional residential facility (step-down) service for those who have moved from high to lower levels of acuity, continue to have moderate to severe impairment, and cannot return to their family home.

a family stay residential facility to provide intensive family interventions or family interventions with adolescents with extreme acuity.

### Legislative framework and Policy Directions:

In common with other Mental Health Services in Queensland,

- adolescents are admitted either as voluntary patients or under the Mental Health Act.
- consumer, and where possible, carer participation is essential to providing service.
- a Recovery framework is clearly articulated, although it differs in concept to adult mental health services.
- adolescents are managed in the least restrictive manner appropriate to safety. (This creates challenges on an open unit.)
- minimising seclusion and restraint is associated with better outcomes, but requires more intensive staffing.
- outcomes are routinely measured utilising a nationally standard suite of scales the HoNOSCA, Children's Global Assessment Scale (CGAS) and Factors Influencing Health Scale (FIHS).

### Pathways of service delivery once admitted

#### Transfer

- acute medical management at local general hospital occurs at regular intervals.
- rarely acute psychiatric care at referring acute unit may be required.

### Discharge

- intensive discharge planning requires considerable integration with the local community of origin (including local schools)
- the adolescent often transitions from full inpatient admission to periods of partial hospitalisation prior to discharge.
- the lack of appropriately supervised accommodation in the NGO sector is a problem for adolescents who cannot return to their family of origin.
- remoteness of referring services makes follow up referral linkage sometimes difficult to sustain
- occasionally it is difficult to access support in adult mental health services if the adolescent requires further long term treatment.

### Managing risk

Managing self harm, suicide attempts, absconding and aggression are major risk issues in patient safety in both adolescent and adult sectors. However, there are particular issues in the genesis and management of these risks in adolescents.

- adolescents do not often possess good verbal skills and their distress is manifest instead in a range of behaviours
- adolescents generally are fitter and have fewer problems with mobility (whether secondary to the type of illness or medications). This enables them to abscond.
- adolescents are more likely to encourage a peer to join them in absconding or to copy another with self harm – the so called "contagion effect".
- adolescents are more sensitive to adverse changes in the family environment. Although distant, this
  may be a potent effect on behaviours within the unit.
- adolescents are often more impulsive, especially in relation to negative life events to which they are more sensitive.
- adolescents have less experience at assessing safety in the community

adolescents are more likely to react negatively to a perceived closed environment than an open one.
 There is a complex interaction between built environment and safety which will be described in the next section

### Staffing structure and composition:

- Intensive levels of staffing required for intensive interventions and high levels of acuity
- Staff must have training and/or substantial experience in child and adolescent mental health
- Specialist skill sets in a range of psychological, activity based and life skills interventions required
- Clinical and educational multidisciplinary bio psycho social approach
- Maintenance of ongoing professional development and supervision of staff required
- Range of resources to support the necessary range of interventions

### Performance, quality and safety:

- consumer and carer satisfaction
- ongoing workplace health and safety monitoring due to nature of service
- outcomes monitoring

### 3. Site Requirements

### THE IMPACT OF BUILT ENVIRONMENT AND EXTENDED ADOLESCENT TREATMENT

### 1. The Rationale to Develop Guiding Principles for the Built Environment

Adolescents admitted to the Extended Treatment and Rehabilitation unit are likely to spend up to twelve months or more in hospital. (Hospital is acknowledged to be the most restrictive setting in mental health.) About half will at some stage be on an Involuntary Treatment Order. Initially most adolescents do not contemplate the need for change. Many adolescents believe they should be independent and exercising freedoms they see in their peers, These factors have the potential to actively work against the fact that most treatments require the active participation of the adolescent. There is considerable potential for adolescents them to react strongly against treatment, the staff and hospitalisation. This is manifest in two of the risk factors associated with the unit – absconding and aggression.

Clearly identifiable factors can minimise these tensions and their attendant risk factors. Broadly they can be divided into staff attitudes/skills and the impact of built environment. Guiding Principles 1-3 below have been extracted from surveys of adolescents who have been asked about the impact of the change of environment from the constricted environment of an acute inpatient setting to the more open environment of the extended treatment unit has had on their attitudes to being in treatment.

Built environment also has numerous other impacts:

- Adolescents on admission range widely in their fitness levels, co-ordination abilities and participation in physical activity. Providing for a range of physical activity addresses a number of impaired tasks of adolescent development. (Principles 2 and 3).
- Adolescents interact intensively with a limited range of peers over a long period. Adequate external
  and internal spaces achieve a balance between privacy and a range of peer interactions. (Principles
  2,3 and 6)
- Adolescents can utilise external spaces to help them regulate emotional distress and aggressive impulses. (Principles 1 and 2)
- Many adolescents have had very limited interactions with peers or areas outside their home prior to admission. Time in acute inpatient units is in enclosed environments. It is initially helpful to spend time outside without the feeling of being on view to the public. (Principles 2 and 3)
- A number of adolescents often talk in therapy in an activity in the grounds. They are uncomfortable
  in a room with the expectation they should talk. (Principle 2)

The built environment must also be considered within the broader context of the neighbourhood in which it is located.

- An open unit offers more chances to abscond. Adolescents are at risk then of mishap from nefarious persons, or from themselves by accessing of heights or other means to attempt suicide. (Principles 4.5)
- It is essential for rehabilitation that community public transport, sporting, community and recreational facilities are available within reasonable distance to prepare an adolescent for integration into their own communities. (Principle 6)
- Either sufficient recreational space and facilities are located within the grounds of the unit, or within close proximity (less than 1 minute) to afford opportunities for acutely unwell adolescents to access these in safety, or for staff return to attend to crises on the unit. (Principle 1, 2 and 6)

### 2. Guiding Principles

Six Principles can be derived from the above observations to guide the location and design of the Centre.

#### Principle 1.

Minimising visual restrictions in the environment enable adolescents to cope better with legislative and behavioural restrictions and the restrictions their illness imposes on them.

### Principle 2.

The grounds surrounding the building must have sufficient room for multiple purpose activities – recreation, fitness, socialisation, private areas, areas for emotional regulation and areas to enhance therapies to be undertaken safely.

### Principle 3.

Adolescents should not feel they are on display to the public, nor should the public have cause to stigmatise the unit.

### Principle 4.

The chances of absconding successfully can be reduced by consideration of factors in the immediate neighbourhood of the Unit.

### Principle 5.

The chances of an adverse event following an absconding can be reduced by attention to the immediate neighbourhood of the Unit.

### Principle 6.

The neighbourhood in which the unit is located should afford opportunities to practice skills for rehabilitation and community integration which can be generalised to the community in which the adolescent lives.

### 3. Application of the Principals to Design

### 3.a Characteristics of the Site

### 3.a.i external views – desirable:

- Sky, trees, distant objects, grass, landscape, sports ovals. (Principles 1,2)
- Sense of distance, calmness more important than people, but distant views of people engaged in gentle activities is desirable. (Principle 1,2)
- Water views a bonus. (Principle 2)

### 3.a.ii External views - undesirable

Anything that is too busy or intrusive; buildings. (Principles 1,2 and 5)

### 3.a.iii Access to natural environment

Grass, trees, animals, water (as long as it is safe), gardens, getting back to nature.
 (Principles 1,2)

### 3.a.iv Access to outdoor activities

 Safe place for walking and riding (not on main roads), playing outdoor games and sports, and just "getting away". (Principles 2, 6)

### 3.a.v External buffer space and boundaries

- At least 50m away from houses is a minimum to reduce bad interactions with neighbours (both ways). (Principle 3)
- There needs to be clearly defined boundaries but boundaries should be as invisible and unoppressive as possible. (Principles 1,4)
- Good buffer spaces can reduce the need for fences. (Principles 1,4)

### 3.a.vi Topography

- An elevated site with long views and vistas into the distance is preferable, but the site of the facility must be reasonable level. (Principles 1,2)
- Slopes can be used to hide fences. (Principles 1,4)

#### 3.a.vii Schools

The facility will have an on-site school which contributes 60% of rehabilitation.

### 3.a.viii Privacy

- Privacy for the adolescent consumers is important, but the facility should not be too isolated.
   (Principles 3,6)
- It is desirable for consumers to have opportunities to see people outside, but adolescents should not be "on display". (Principle 3)
- Contact with the public and families needs to be controlled. (Principles 2,3,4 and 5)
- It is important that public thoroughfares do not happen through the facility site. (Principle 3)

#### 3.a.ix Total site area

- 2 Ha preferred area. (Principles 1,2 and 3)
- o 1.5 Ha minimum.

### 3.b. Characteristics of the Immediate Neighbourhood

### 3.b.i Surrounding built environment

### Avoid:-

- High rise and high density buildings. (Principles 1,2 and 5)
- o Sites that other buildings look down on. (Principle 3)
- Main roads, railways, and other noisy busy areas. (Principles 3,4 and 5)
- Intimidating or industrial general environment (Principles 2, 3)

#### 3.b.ii Physical hazards

Avoid bridges, high buildings, cliffs, multi-storey car parks, bridges, main roads, train lines.
 (Principles 4,5)

### 3.b.iii Absconding

- A buffer of open space around the facility is important to keep sight of an absconder (Principles 4.5)
- A buffer of 500m to public transport to deter rapid absconding. (Principles 4,5)
- Avoid potential hiding places. (Principle 4)

### 3.b.iv Schools

- The facility will have an on-site school which contributes 60% of rehabilitation.
- It is a Band-7 school (special education) but not all consumers attend this school, therefore access to other schools (particularly high schools) is necessary. (Principle 6)

- Need plenty of good schools within short driving distance including good ones with varying socio-economic levels. (Principles 3,6)
- Avoid areas where there are "tough" schools where there might be bullying. (Principle 3, 6)

### 3.b.v Recreational facilities in close proximity

- o Recreational-size swimming pool. (Principles 1,2)
- o Sports oval or park. (Principles 1,2)
- Adventure therapy components (Principles 1,2)

### 3.b.vi Undesirable persons

- Avoid opportunities for contact with undesirable persons. (Principle 2)
- Avoid close proximity to forensic units (Principle 2)

### 3.c. Characteristics of the Broader neighbourhood

### 3.c.i Sports locally off site

- Full-size swimming pool. (Principle 6)
- Sports oval or park. (Principle 6)
- Bike riding and recreational walking
- Water sports. (Principle 6)

### 3.c.ii Activities off site (remote)

Reasonable access to adventure therapy activities. (Principle 6)

### 3.c.iii Public Transport

 Need access to good public transport. Trains are preferred as being more reliable in timetable and less intimidating. (Principle 6)

### 3.c.iv Shops

- Need access to a variety of shops via public transport. (Principle 6)
- There is graded use of shops in rehabilitation starting with smaller, less dense and closer shops and progressing on to large shopping malls. (Principle 6)
- Ideally there should be a corner store within walking distance, and a major shopping centre a train ride away. (Principle 6)

### 3.c.v Other facilities

- It is desirable to have other types of social activities available in the community such as:
  - o churches, (Principle 6)
  - o youth groups, (Principle 6)
  - o sporting groups, (Principle 6)
  - o dancing classes etc. (Principle 6)
- (These are examples only it is not important to have a particular type of community activity, group, club available).

### 4. Other General Considerations

#### 4.i Staff access

- Staff recruitment and retention are important factors.
- Existing staff have a highly specialised background, and mostly live within easy reach of the Barrett Adolescent Centre.
- A location which is convenient to existing staff is important.
- Numbers and staff on the unit will be insufficient to meet every psychiatric and medical emergency which may arise.

### 4.ii Emergency Backup

- Access to help for 'code blacks' is critical. These incidents require back up from mental health trained nurses who have completed aggressive behaviour management training.
- A response is needed within 5 minutes; therefore the adolescent facility needs to be located within 500m of a hospital of other mental health facility where appropriate help is available.

### 4.iii Hospitals and Doctors

- o Hospital emergency department within a 20 minute drive of the facility. (Principle 8)
- The existing Barrett Adolescent Centre has enjoyed good relationships with the Mater / Qld Children's Hospital to date, so proximity to there is desirable. (Principle 8)
- Proximity to an 'after hours' GP clinic is desirable. (Principle 8)

### 4.iv Access for families and visitors.

- Local external accommodation for families are desirable such as motels and hotels with good public transport access to the facility.
- On-site independent accommodation units (for family visits and for consumers preparing to leave).

#### 4.v Police

 Police do not need to be close, but a relationship with a small local police station is good, more for consumer education and contact than to handle emergency situations.

### 4.vi. Climate / Aspect

- Good cooling breezes are desirable for personal comfort and to reduce the need for airconditioning.
- Site must allow buildings to predominantly face north and south to maximise opportunities for natural cooling and light.

### 4.vii Public Perception, Politics

- Avoid close proximity to a high security adult mental health facility or prison.
- Avoid suburban areas where 'not in my backyard' syndrome may cause problems.

### 4.viii Site acquisition & Development

- Possible in reasonable cost and time
- Are there heritage, environmental, indigenous issues affecting the site.

### 4. Site Options Appraisal

Fig 1. Redland Hospital Site (Aerial View)



### 4.1 Specific Site Considerations for Site Next to Redland Hospital

- Site features
  - Potentially excellent bushland setting satisfactory for views, access to natural environment and access to outdoor activities.
  - No houses in vicinity or likely to be. Site is large enough to allow for adequate buffers. Site is surrounded by hospital, bush and industry.
  - o Level site.
  - o Distant views may be possible.
  - Sea breezes.
  - o Site large enough to allow optimum orientation of buildings.
  - o Surrounding built environment is potentially good, if it can be separated from the hospital.
  - o Privacy is potentially good, if it can be separated from the hospital.
  - Reasonably close to existing mental health inpatient unit with possibility of closer location in future.
  - o There are no physical hazards as per site considerations in the vicinity.
  - o If site can be suitably separated from hospital and the public the propensity for interaction with undesirable persons will be limited.
  - 5 minutes walk to nearest bus stop, and being at the end of the bus and train line might make catching of absconders easier (there is only one way to get out of Cleveland)
  - Total site area of 5 Ha 2 Ha preferred area.

### Local entertainment and sporting facilities

- Aquatic centre (5 pools plus a spa) in Russell St Cleveland with skate park adjacent. Approx 3 km.
- Chandler Aquatic Centre approx 10km.
- o Beaches, boating and creeks near.
- o Redland Youth Plaza, a large skateboard facility in Capalaba.
- Social & community activities are catered for by Redland Shire Council their web site lists numerous and varied organisations in the area.

### Public transport

- Buses from Redland Hospital to Cleveland train station. 25 buses in each direction every day from 6 am to 11:30 pm. Veolia bus lines routes 258 and 272. Approx 10 minute ride.
- 45 trains per day into Brisbane city and back.

### Shopping

- Snack bar and kiosk in main hospital.
- Small convenience shopping centre at corner of Bay Street and Wellington Road (approx 750 metres with one road to cross)
- Good medium size shopping centre at Cleveland (10 minutes by bus)
- o Larger shopping centre at Capalaba (approx 8km)
- Major shopping centre at Carindale (approx 15km)
- Brisbane CBD shops accessible by train (approx 1 hour)

#### Schools

- o Carmel College (Catholic High School) approx 5km
- Faith Lutheran College (prep to year 12) approx 7 km
- o Redland District Special School and Thornlands Primary School approx 2 km.
- Cleveland District High School approx 2km (on bus route)
- Cleveland Primary approx 3 km
- Ormiston Primary approx 4km
- Ormiston College (private non-denominational prep to year 12 school) approx 5 km.

### Supplementary accommodation

- As a tourist centre, Cleveland has a number of accommodation options for families from \$70 per night.
- The site is large enough to accommodate independent units.

#### External services

- Hospital emergency department is immediately adjacent.
- Numerous medical practices in and around Cleveland, including Medeco Medical Centre which operates 24 hours out of central Cleveland and bulk bills children under 16.
- Large police station in central Cleveland, close to train station.

#### Staff

- Existing staff can access the Redland site which is approximately 40km from the existing Barrett site.
- The attractions of Redland area (particularly the coastal climate as compared with the lpswich-Goodna area) might attract existing staff to move or new staff to join.

### Public perception

 Caters to Public perception and politics whereby there is no proximity to a high security adult mental health facility or prison - we are not aware of any such facility anywhere near.

### Site acquisition.

 It is understood that the land is State Government owned and is available for purchase from Dept of Infrastructure.

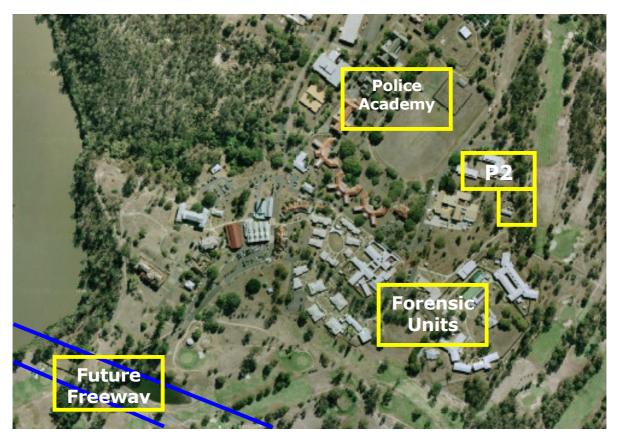
#### Koalas.

- The site is marked as an Urban Koala Area, which is the least onerous of the three types of Koala Habitat areas.
- It is adjacent to a large Koala Sustainability Area.
- Advice from Project Services Environmental section is that development on this site should not be a problem. It is just a matter of applying a Koala Management Plan, which will cover such items as retention and planting of suitable trees and appropriate fencing. The type of development proposed should be compatible with these requirements.
- Development on this site has not been costed, however, being a "green field" site should have some time and cost advantages.

#### Conclusion - Redland Site

The information currently at hand, indicates that this site would be suitable for the proposed Adolescent Unit.

Fig 2. P2- The Park Centre for Mental Health – (Aerial View)



### 4.2 Specific Site Considerations for P2 - The Park

The existing location has been found to be satisfactory in many respects however the following issues need to be taken into consideration

- The Wacol location tends to be hotter in summer and colder in winter than sites closer to the coast.
- The close proximity of the high secure forensic unit could be a drawback.
- Undesirable persons Open forensic unit nearby
- 2 Ha preferred area, 1.5 Ha minimum About 1.5 Ha available.
- Existing oval may no longer be available once it is taken over by Police Academy.
- Access for families and visitors No space available on site.
- Site development possible in stages while maintaining existing service is possible, but there may be
  a time and cost penalty in a staged development. Figures 3, 4 & 5 illustrate how such a staged
  development might be achieved while keeping the unit functioning.

### Conclusion - P2 - The Park

If the continued proximity of the forensic unit and a compact site can be accepted, the site appears to be suitable for the re-development of the adolescent unit.

Fig 3. Site P2 Stage 1 (Existing Site Redeveloped in 3 Stages) (Aerial View)



# SITE OPTION 1 ON EXISTING SITE AT THE PARK - STAGE 1

Project No: 51426
Project Title: 15 Bed Adol. ETU, Day Centre and School

Scale 1:1000 @ A3

Note: Options diagrams are based on draft accommodation schedule and spatial relationships workshops only and are not intended to be used as sketch designs.



Fig 4. Stage 2 Site P2 (Existing Site Redeveloped in 3 Stages) (Aerial View)



SITE OPTION 1 ON EXISTING SITE AT THE PARK - STAGE 2

Project No: 51426 Project Title: 15 Bed Adol, ETU, Day Centre and School Scale 1:1000 @ A3

Note: Options diagrams are based on draft accommodation schedule and spatial relationships workshops only and are not intended to be used as sketch designs.



Fig 5. Stage 3 Site P2 (Existing Site Redeveloped in 3 Stages) (Aerial View)



# SITE OPTION 1 ON EXISTING SITE AT THE PARK - STAGE 3

Project No: 51426
Project Title: 15 Bed Adol. ETU, Day Centre and School

Scale 1:1000 @ A3

Note: Options diagrams are based on draft accommodation schedule and spatial relationships workshops only and are not intended to be used as sketch designs.



### 5. Site Options Conclusion

#### Redland

According to the analysis provided in this report Redland appears to be the most suitable location for the redevelopment of the 15 Bed adolescent extended treatment unit.

This site measures favourably against the 'Essential' and 'Desirable' characteristics nominated in the revised 'Site Selection Criteria'. The local area affords considerable opportunity to access the natural environment, rehabilitation activities and community and primary care services. The area is adequately serviced by public transport, without being too busy or likely to become a thoroughfare.

The development of a 'green field' option will also avoid some of the logistical challenges and time and cost implications of redeveloped existing buildings.

Importantly, it is not compromised by the risks associated with co-location with forensic inpatient services.

The BAC Clinical Director has identified that the greatest challenge associated with this site is its distance from the existing service at Wacol. In addition, nurses operate under different awards at the two sites. Some senior and experienced staff from both Queensland Health and the Department of Education Training and the Arts definitely would not make a transition to Redland. Managing the retention of experienced staff is critical to avoid crossing a threshold of loss of experience at which all existing staff would seek employment elsewhere. Such a loss of specialised staff would render the unit inoperable. Clearly a human resource management plan would be required to mitigate these significant challenges.

One of the potential benefits of this site is its proximity to Redland Mental Health Service. There are plans to both redevelop and add new acute inpatient beds at Redland in the second half of the Queensland Plan for Mental Health 2007-2017. Initial discussions indicated that the additional beds could well be targeted as youth beds (age 18-25). There has also been suggestion that a child and youth service hub be developed with community and the extended service located at Redland. There could also be opportunity to model improved coordination and integration between adolescent and adult services. It has been noted that colocating the unit with other mental health services is in the strategic interest of the service.

Among the potential advantages of co-location of this kind include meeting the challenge of staff recruitment and retention.

The Redland site is the preferred option.

### The Park

Although the existing and planned forensic services at The Park significantly impact on the feasibility of this option, there are understandable incentives to retain the current adolescent centre location. The service has enjoyed the development of an experienced cohort of staff and the formulation of effective local partnerships. Both are critical to the service model. The key strength of redeveloping in the same location is the inherent support this offers in sustaining the existing culture, expertise and partnerships.

Alternate options that consider relocation and redevelopment must acknowledge the challenges of service development at another site.

Of the three sites identified at The Park, the option to redevelop on the site of the existing unit (P2) is the only option that could be pursued from an architectural/ site planning perspective. The Adolescent Centre Site Appraisal identifies how the redevelopment might be staged to minimise its impact on the provision of services. It is important to acknowledge that this staging process would have time and cost implications for the project. It also indicates that the overall site footprint would need to be reduced in order to be developed on this site.

The site measures well against other 'essential' and 'desirable' characteristics. Close proximity to the natural environment, public transport and the presence of a natural buffer are among the attributes of the location. However, its relative isolation from other child and youth or other (non forensic) mental health services may pose a challenge for service development in the longer term.

As stated the close proximity of the site to the growing high security and extended treatment forensic programs compromise this option. Redeveloping the unit in close proximity to mentally ill offenders is likely to pose clinical and practical challenges and may become a matter of public interest.

# Appendix 1 – Site options Appraisal

Fig 1. Sites P1 A and P1B- The Park Centre for Mental Health (Aerial View)

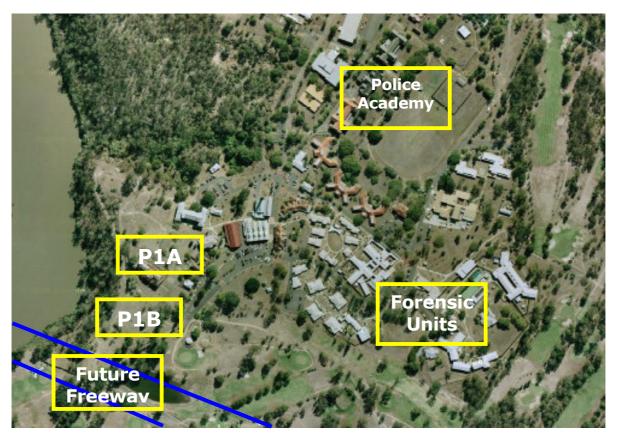


Fig 2. Site P1A (On Upper Side of Anderson House) (Scenic View)



### **Specific Site Considerations for P1A**

- Old asylum buildings create an institutional ambience
- Proposed 110 km/hr freeway nearby with bridge over river.
- Close to forensic units affects "Undesirable Persons" & "Public perception & politics" aspects
- There is only about 5,000m2 of reasonably level site available, and this is only 33% of the 15,000m2 minimum
- Residents need to walk through forensic areas and across a golf course to reach the train station.

### Conclusion

The size, topography and environment of the site make it unsuitable for the proposed Adolescent Unit.

Fig 3. Site P1B (On Lower Side of Anderson House) (Scenic View)



### **Specific Site Considerations for P1B**

- Old asylum buildings create an institutional ambience.
- Proposed 110 km/hr 6 lane freeway adjacent with freeway bridge over river. Refer to Figure 1.
- Undesirable persons Close to forensic units
- Level site area of only about 0.4 Ha (2 Ha preferred area / 1.5 Ha minimum)
- Residents need to walk through forensic areas and across a golf course to reach the train station.
- The proximity to forensic unit may influence Public Perception, Politics.
- High pressure water main across middle of site is likely to prevent development economically

### Conclusion

The size, topography and environment of the site, plus the existing high pressure water main and possible future freeway make it unsuitable for the proposed Adolescent Unit.

### Specific Site Considerations for Rogers St, Spring Hill

- Main roads and high rise buildings adjacent. Generally a busy inner-city location not compatible with the model of care.
- Too far from RBH
- Multiple physical hazards in the immediate vicinity.
- Numerous potential opportunities for contact with undesirable persons and activities in the Spring Hill and Fortitude Valley areas.
- No buffer space.
- Multiple escape routes and hiding places.
- Site is only 6684 square metres which is less than 50% of the 15,000 minimum.
- The existing buildings on site are unlikely to be suitable for the proposed new adolescent centre.
- Demolition of the buildings would be difficult to justify, given the quality and character of the buildings, and there may be heritage issues.
- There may also be heritage trees.

### Conclusion

The size and environment of this site make it unsuitable for the Adolescent Unit as currently envisaged.

### **Specific Site Considerations for CAFTU**

- Very steeply sloping site with existing buildings on three levels would not allow the kind of development required by the model of care.
- Site is adjacent to major hospital with high rise buildings.
- Site is near to main roads, a railway line, and high buildings, including multi-storey car parks.
- Limited buffer space, and multiple escape routes and hiding places
- Site area of under 5,000m2 is only about 30% of the minimum required.

### Conclusion

The size, topography and environment of this site make it unsuitable for the Adolescent Unit as currently envisaged.

# Appendix 2 – Site Tour Notes

	THERAPEUTIC FACTORS					
	External	Views: Importance: 2 [	Desirable			
		Desirable views:				
		e, sports ovals. Sense				
people, but d	istant views of people	engaged in gentle activ	vities is desirable. Wat	ter is a bonus		
		Undesirable views:				
		at is too busy or intrusiv	ve; buildings			
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK		
Green field sight	Both sites afford	Relatively secluded	Relatively quiet, leafy	Offers some nearby		
currently surrounded by	greenery/sense of	location	site	bush land and park		
bushland Located next	distance	Some established trees	Some established trees	areas.		
to Redland hospital	Views of the river	and greenery	at the periphery	These are somewhat		
Commercial warehouse	possible in one site	Located on busy	Limited sense of	compromised by		
precinct adjacent	Sense of calmness	hospital campus	distance eg views of	industrial area close by.		
separated from site by a	might be inhibited by	No views of green	horizon			
road	police training exercises	spaces or water	No immediate water			
	Future use of other including use of firearms features					
vacant land unknown	vacant land unknown and sniffer dogs					
Some nearby reserve	Derelict ward may also					
areas	compromise views from					
	some angles					

ACCESS TO NATURAL ENVIRONMENT  Importance: 2 Desirable  Desirable:				
Grass, trees, animals, water ( REDLAND THE PARK	as long as it is safe), g CAFTU	ardens, getting back to ROGERS ST	nature MEAKIN PARK	
Nature reserve readily accessible from site Bay is close by for arrange of other supervised activities Parks also in close proximity  Both sites afford some greenery/sense of distance Views of the river possible in one site Access without supervision may be compromised by safety issues eg accessing water alone and use of the campus in conjunction with other users of the grounds	Some established trees and greenery Victoria Park may be accessed under staff supervision	Some established trees at the periphery. Capacity to access Victoria Park precinct under staff supervision	Some potential amid existing green space.	

ACCESS TO OUTDOOR ACTIVITIES				
	ļ	mportance: 2 Desirable	е	
		Desirable:		
Grass,	trees, animals, water (	as long as it is safe), g	ardens, getting back to	nature
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Affords nearby nature reserves, readily accessible from site Bay is close by for other supervised activities Greenfield site may enable development of space for courtyards, games etc depending on exact land size	Some established trees and greenery Access to Victoria Park precinct under staff supervision Few other opportunities.	Some established trees and greenery Access to Victoria Park precinct under staff supervision Few other opportunities	Access Victoria Park precinct under staff supervision. Existing courtyard may be used for onsite for games etc	Site offers some potential for these spaces

## EXTERNAL BUFFER SPACE & BOUNDARIES ESPECIALLY FOR NOISE MANAGEMENT

Importance: Essential

At least 50m away from houses is a minimum to reduce bad interactions with neighbours (both ways). There needs to be clearly defined boundaries but boundaries should be as invisible and unoppressive as possible.

Good buffer spaces can reduce the need for fences

	Good barrer epaces dan reades the need for lendes					
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>		
Considerable buffer	Hospital campus and	Limited external buffer	Some capacity to	Limited external buffer		
space with existing	golf courses provide	space apart from	provide external buffer	space apart from		
nature reserves	buffer.	hospital		schools		
Neighbouring hospital	Compromised on some					
campus and adjacent	areas by steep slope of					
commercial area may	river bank, derelict ward					
compromise aspects of	and neighbouring					
this buffer	services eg DSQ and					
Suitability of future use	Juvenile Justice Centre					
of land for this purpose						
is also unknown-						
unlikely to be factored						
into planning						

TOPOGRAPHY					
	Ir	mportance: Nice to Hav	⁄e		
An elevated site with	An elevated site with long views and vistas into the distance is preferable, but the site of the facility must be reasonably level.				
REDLAND	REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK				
Site is undeveloped but natural topography is unlikely to afford long views to the distance	Site affords long views to the distance from some areas	Site does not offer long views into the distance.	Site does not offer long views into the distance	Site not elevated limited views	

		CLIMATE / ASPECT					
	Ir	mportance: Nice to Hav	/e				
		r personal comfort and					
Site must allow build	lings to predominantly	face north and south to	o maximise opportunitie	es for natural cooling			
		and light					
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>			
Extent of breezes	Significant breezes	Extent of cooling	Unsure as to the extent	Level of cooling breezes			
uncertain but proximity	likely at sites	breezes difficult to	of cooling breezes	difficult to gauge			
to the bay likely to be	overlooking the river	determine	Established trees likely				
favourable in this regard	favourable in this regard Open spaces may Unlikely given buildings to offer shade						
	contribute to breezes in	closely neighbouring the					
	other sites	site					

	SURROUNDING BUILT ENVIRONMENT					
	Importance: Essential					
		Avoid:-				
	High ri	se and high density bu	ildings.			
		Overlooked sites.				
		ailways, and other nois				
	Intimidating, institution	onal or non-domestic g	eneral environment.			
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK		
Site relatively free of	Natural environment is a	Nearby high rise	Neighbouring school	Some benefits in vacant		
high rise buildings	real asset, but located in	buildings and close	buildings may constitute	land. Some semi		
Road in front of site	institutional (potentially	proximity of residential	a challenge	industrial use nearby		
does not currently have	intimidating) precinct-	areas likely to be	Large Salvation Army			
through access and	juvenile justice, high	challenging aspect of	facility overlooks site,			
therefore not a major	security unit, extended	this site Hospital	but its windows are not			
thoroughfare	treatment forensic unit,	campus location largely	oriented to where the			
Aspects of the	medium secure unit,	overcomes issues of	service may be			
neighbouring hospital	police academy etc	busy roads, but campus	developed			
site likely to be non-	site likely to be non- itself might present While the site is in an					
domestic	domestic intimidating non inner city location it					
Unsure about future						
uses of other						
neighbouring parcels of			roads and			
land			thoroughfares			

## Importance: Essential

Privacy for the adolescent consumers is important, but the facility should not be too isolated. It is desirable for consumers to have opportunities to see people outside, but adolescents should not be "on display".

Contact with the public and families needs to be controlled. It is important that public thoroughfares do not happen through the facility site.

REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Undeveloped site and	Open spaces offer	Neighbouring buildings	Neighbouring schools	Private site
neighbouring reserves	potential to maintain	on hospital campus and	and homeless shelter	
afford good potential to	privacy but other users	neighbouring residential	may create some	
develop site in a	of the site and	buildings may create a	challenges for	
manner that maintains	surrounds may create	challenge for	maintaining privacy in	
privacy	some challenges	maintaining privacy on	this area.	
Impact of future use of	Not likely to be a	the site	Location is not isolated	
vacant land unknown	thoroughfare although	Unlikely to be a public		
	may be isolated	thoroughfare		

#### SAFETY - EMERGENCY BACKUP Importance: Essential Access to help for 'code blacks' is critical. These incidents require back up from psych nurses specifically trained in aggressive behaviour management. A response is needed within 5 minutes; therefore the adolescent facility needs to be located where appropriate help is available. THE PARK REDLAND CAFTU **ROGERS ST MEAKIN PARK** Service currently Code black response Major weakness. Not Proximity to the adult After hours code black acute unit and hospital receives code black may be offered from access to this site is an near enough to mental campus is favourable in support from ETR and hospital security health unit outstanding issue this regard Medium Secure staff Size of the campus High security service makes fast code black does not provide code response from adult black response mental health staff Code black response unlikely might be compromised at Orford drive site As ETR is replaced by community care units and in time medium secure is downsized the maintenance code black response may not be assured

_	PHYSICAL HAZARDS						
	li	mportance: Nice to Hav	re				
Avoid: brid	ges, high buildings, clif	fs, multi-storey car park	ks, bridges, main roads	s, train lines			
REDLAND	REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK						
Some main roads	Train line and	Train line and Multistorey car park Some high buildings Some distance f					
located in vicinity	abandoned buildings	located on hospital	and other physical	these things			
	located in vicinity	campus	hazards located in the				
	Other physical hazards vicinity						
		in the vicinity					

UNDESIRABLE PERSONS					
		Importance: Essential			
	Avoid opportunitie	es for contact with 'und	esirable persons'.		
REDLAND	REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK				
Site is not located near 'undesirable groups'	Growth in forensic programs particularly Extended Treatment Forensic programs makes this area problematic	May be some concern in the event consumer absconded to Fortitude Valley	May be somewhat of a challenge in Spring Hill and close proximity to homeless shelters	Site is not located near 'undesirable groups'	

	problematic			
		<b>ABSCONDING</b>		
		Importance: Desirable		
A buffer of space a	round the facility is imp	oortant – a buffer of 5 m	ninutes walk (300m) to	public transport to
deter rapid absco	onding. Avoid potential	hiding places. Multi-pu	rpose games court (te	nnis, basket ball,
		volleyball).		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Site likely to offer	Site has about a 300m	Hospital campus may act	as Closest bus stop abo	out
reasonable buffer for	buffer between it and	a buffer to accessing pub	ic 450 metres	
accessing public	public transport.	transport but may not det	er May not deter	
transport.		rapid absconding.	absconding due to	
Neighbouring nature			building density	
reserve may be a				
challenge in the event of				
an absconding attempt				

SITE PLANNING FACTORS				
		On Site Activities		
	Multi-purpose gar	nes court (tennis, bask	et ball, volleyball).	
REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK				
Potential for on campus	Site has about a 300m	Limited on campus	Some opportunity to	
sporting options buffer between it and sports and activity have some onsite				
public transport. options sporting and other				
			activities	

Vehicle Access & Parking					
	Importance: Nice to Have				
Need space for ca	Need space for car and mini-bus access to front of building and truck / ambulance / police access to rear.				
	Must adhere to C	Health and building co	de requirements.		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Not likely to be	Not likely to be a	Might be a challenge on	Not likely to be		
problematic on site	problem on site	site	problematic on site		

problematic off site	problem on site	Site	problematic on site	
		. =		
		Access to Facilities		
		Importance: Desirable		
		Access to Gymnasium		
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK
Land size may permit	Land size may permit	Land may not permit	Land may not permit	Land size may permit
larger design	larger design	entire gymnasium, but	entire gymnasium, but	larger design
	Access to large open	exercise room may be	exercise room may be	
	grassed area		possible.	
		Importance: Essential		
		to Large Open Grasse		ALE ALCINI DA DIC
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK
Footprint may be larger	Footprint may be larger	Large open grassed	Large open grassed	Footprint may be larger
on this site	on this site	area unlikely on site	area unlikely on site	on this site
	l.	anantanaa, Niaa ta I la	-	
		nportance: Nice to Hav		
REDLAND	THE PARK	ll swimming pool with s CAFTU	ROGERS ST	MEAKIN PARK
Site unlikely to prohibit	Site unlikely to prohibit		Site unlikely to prohibit	Site unlikely to prohibit
this feature	this feature	Site unlikely to prohibit this feature	this feature	this feature
li iis lealuie	li iis lealure	Importance: Desirable		li iis lealure
	Δητας	s to a full size swimmir		
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK
Site within 5 minutes	Site within 5 minutes	Site within 5 minutes	Site within 5 minutes	?
drive of local aquatic	drive of Goodna Pool	drive of centenary pool	drive of centenary pool	·
centre	anvo or Globalia i col	anvo or contonary poor	anvo or contonary poor	
		Importance: Desirable		
	Acce	ess to a Sports Oval or		
REDLAND	THE PARK	CAFTU	ROGERS ST	<b>MEAKIN PARK</b>
Site within reasonable	Site located close to	Site within reasonable	Site within reasonable	Close proximity to
distance of sporting	cricket oval	distance of Victoria Park	distance of Victoria Park	sporting facilities
facilities		precinct	precinct	
		Importance: Desirable		
		dventure training and v		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Bay is accessible to site	Brisbane river	Accessible to 'Riverlife'	Accessible to 'Riverlife'	Reasonable proximity to
	accessible to site	at Kangaroo point and	at Kangaroo point and	activities
		Rock Climbing at	Rock Climbing at	
		Fortitude Valley	Fortitude Valley	

#### **Public Transport** Importance: Essential Need access to good public transport. Trains are preferred as being more reliable in timetable and less intimidating. (See attached summary) CAFTU **ROGERS ST** REDLAND THE PARK **MEAKIN PARK** Not likely to be Might be a challenge on Not likely to be Not likely to be problematic on site problematic on site site problematic on site

#### Shops Importance: Desirable Need access to a variety of shops via public transport. There is graded use of shops in rehabilitation starting with smaller, less dense and closer shops and progressing on to large shopping malls. Ideally there should be a corner store within walking distance, and a major shopping centre a train ride away. REDLAND **MEAKIN PARK** THE PARK CAFTU **ROGERS ST** Variety of shops Variety of shops Some shopping Variety of shops Some shopping accessible from Ipswich available in Brisbane available in Brisbane available at Cleveland available at Logan City/Fortitude Valley/ line City New Farm

Other Facilities					
	Importance: Desirable				
It is desirable to ha	ave other types of socia	al activities available in	the community such a	s:- churches, youth	
groups, sporting	groups, dancing class	es etc. (these are exan	nples only – it is not im	portant to have a	
	particular type of o	community activity, grou	up, club available).		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
May be able to access	May be able to access	Lack of isolation	Lack of isolation	Access to some	
these activities and some activities in the increases likelihood of increases likelihood of activities likely					
opportunities in the Goodna/ Gailes area accessing community accessing community					
Cleveland area		activities in local area	activities in local area		

On-site independent accommodation units				
		Importance: Essential		
Future proof for on	-site independent acco	mmodation units (for fa	mily visits and for cons	sumers preparing to
leave). Note: T	his is not in current sco	ope of works but should	d be considered in futur	re construction.
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Site size unlikely to	Site size unlikely to	Size of site may make	Size of site may make	Site size unlikely to
prohibit provision of this prohibit provision of this future proofing a prohibit provision of this				
space	space	challenge	challenge	space

	Hospitals & Doctors					
		Importance: Essential				
F		partment within a 20 m		y.		
		ationship with a local h				
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK		
Located at Redland	Ipswich Hospital closest	Located at RBH	Within 20 minutes of	Within 20 minutes of		
Hospital	available emergency		RBH	Logan		
	facility					
		Importance: Essential				
	Proximity to th	e Qld Children's hospi	tal is desirable			
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>		
Considerable distance	Some distance from Qld	Reasonable proximity to	Reasonable proximity to	Considerable distance		
from Qld Childrens	children's hospital,	Qld Childrens Hospital	Qld Childrens Hospital	from Qld Childrens		
Hospital close proximity	some distance from	close proximity to other	close proximity to other	Hospital close proximity		
to other mental health	other child and youth	C&Y mental Health	C&Y mental Health	to other mental health		
services	services. Close	Services	Services	services		
	proximity to forensic					
	mental health services					
	and medium secure					
	staff.					

Importance: Desirable				
	Proximity to a	an 'after hours' GP clini	c is desirable.	
REDLAND THE PARK CAFTU ROGERS ST MEAKIN PAR				<b>MEAKIN PARK</b>
Significant number of	Access to General	Some options in	Some options in	Access to Logan Clinics
General Practitioners in	Health Service-The	reasonable proximity	reasonable proximity	
Cleveland area with	Park			
opening hours to 7pm.				

Public Transport				
		Importance: Essential		
H	Hospital emergency dep	oartment within a 20 m	inute drive of the facility	y.
	A good working rela	ationship with a local h	ospital is important.	
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK
Located at Redland	Located at Redland   Ipswich Hospital closest   Located at RBH   Within 20 minutes of   Within 20 minutes of			
Hospital available emergency RBH Logan				Logan
	facility			,

	Access for Families & Visitors					
		nportance: Nice to Hav				
Local external accon	nmodation for families s	such as motels and hot	tels with good public tra	ansport access to the		
		facility.				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>		
'Holiday style'	Limited accommodation	May be some local	Variety of temporary	Some options available		
accommodation	accommodation options at Darra. options with existing accommodation options					
available in close partnerships eg Ronald in Spring Hill.						
proximity		McDonald House.				

Police					
	Importance: Desirable				
Police do not need to be close, but a relationship with a small local police station is good, more for consumer					
	education and contact than to handle emergency situations.				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Close proximity to local	Reasonable proximity to	Reasonably close to	Reasonably close to	Reasonable proximity to	
police station					
·	station	·	,	·	

Staff Access				
	Ir	nportance: Nice to Hav	re e	
Staff rec	ruitment and retention	are important factors.	Consider metropolitan	location.
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
45 minute drive from	Advantages associated	Centrally located. May	Centrally located. May	Some distance from
CBD may be a	with retaining existing	be some advantages in	be some advantages in	existing service.
challenge for some	location and staffing	being located with other	being located with other	Serviced by Logan and
staff. May also be a	group- some concern in	mental health services.	C&Y services	Pacific Motorways
challenge for existing	the future about the			·
staff. May be some	isolation of the service			
benefit from co-location	from other child and			
with other services.	youth services.			

Site Acquisition & Development					
		Importance: Essential			
	What are the cost	and time implications	of site acquisition?		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
	Applicable to all sites	Applicable to all sites- Q	Applicable to all sites- Q	Applicable to all sites	
	Sites on The Park	Health Land	Health Land		
	Campus QHealth Land.				
	Orford Drive site may				
	not be Q Health land.				

Site Development Importance: Essential

Includes:-

Obtaining development approvals.

Providing site infrastructure (power, water, roads, sewers, drains, phones).

Site preparation costs (earthmoving, site drainage).

Foundation costs (does the site have problem ground?).

Are there any existing facilities/services which need to be decanted (budget, timelines and other impacts)?

Is the site large enough, now and in the future? Any heritage or indigenous issues?

What are the time and cost implications of the above?

Will any of these factors affect the use of the facility now and in the future?

REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Applicable to all sites				



Mental Health Plan Implementation Team Mental Health Branch Division of the Chief Health Officer

# Report of the site evaluation subgroup

Site Options Paper for the redevelopment of the Barrett Adolescent Centre

October 2008

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#### **Executive Summary**

The Queensland Plan for Mental Health 2007-2017 provides significant funding to support mental health service improvement and reform. The plan includes investment in new and upgraded inpatient services.

This report of the Site Evaluation Subgroup includes an appraisal of the options explored for the redevelopment of the Barrett Adolescent Centre (BAC).

At the request of the Area General Managers of the former Southern and Central Area Health Services, the following sites were considered as options for the redevelopment of the BAC:

- Rogers Street Spring Hill;
- CAFTU- RBH;
- Land adjacent to Redland Hospital;
- Meakin Park 3 km from Logan Hospital Site (precise land parcel unknown- assume bushland between Queens Rd and Beal St); and
- The Park Centre for Mental Health (3 site options on campus considered).

The report finds Redland and The Park as the only architecturally viable options if the service is to be redeveloped as currently envisaged.

It identifies redevelopment at Redland as the preferred option.

The report identifies the need for further consultation on this option with the current Barrett service providers, consumers, carers and the broader Child and Youth Mental Health Sector to inform a final decision.

The Barrett School is a critical component of the service and must be included in the redevelopment of the service at any site. Therefore, negotiation with the Department of Education, Training and the Arts is required in the process of deciding the preferred option.

A final decision for the service location will be made by the District CEOs of Metro South and Darling Downs West Moreton Health Service Districts. It is recommended that the District CEOs provide the Site Evaluation subgroup with the authority to consult these relevant stakeholders on the preferred option. Subject to approval consultation could consider the following identified issues:

- Review of transport options, including duration and cost of journeys. A comparison of the accessibility of the sites particularly for consumers accessing the day program and for consumers and carers travelling from rural, regional and remote areas who require the service.
- Consideration of the impact of the surrounding built environment at Redland. This should take
  account of the surrounding bushland and include some consideration of risk management strategies
  associated with bushfires, wildlife and proximity to other infrastructure including the sewage
  treatment plant.
- Further analysis of the impact of the built environment at The Park and associated risk management strategies. This may include consideration of the implications of having vacant buildings on the site.
   It could further identify the challenges and opportunities associated with the proximity of the service to the new Police Academy site.
- Further consideration of the cost and time implications should a staged redevelopment at the existing site be pursued.
- Consultation with police to establish whether Redland site may subject the unit to risk from 'undesirable persons' and consideration about how such a risk might be managed.
- Consideration of the implications of the implementation of the Clinical Services Capability
  Framework (CSCF) and the assignment of a level to the service. In particular, this may further clarify
  the specialised requirements of the unit including the need for specialist human resources and the
  advantages of being co-located with 24 hour medical care.

 Further clarification of plans for service expansion in the second half of the plan to provide 5 additional beds for the adolescent unit in the development of step down units and further consideration of accommodation options for family and carers.

- Clarifying the governance arrangements should the unit be located at Redland. In particular the service's reporting relationships to Metro South and/or the Queensland Children's Hospital.
- Further examination of the potential advantages of co-locating the service near the Brisbane Youth Detention Centre at Wacol, Child and Youth Forensic Outreach Service (CYFOS), Mental Health Alcohol Tobacco and Other Drugs Service (MHATODS) given the overlap of demographics and some characteristics of clients seen by each of these services. This requires some consultation with MHATODS and CYFOS to determine whether co-location of this kind is consistent with the service development intentions of these services.

It is proposed that the Site Evaluation Subgroup report on the outcome of this consultation to the District CEOs to support a final decision concerning the site for redevelopment of the Centre.

Dr Aaron Groves Senior Director, Mental Health Branch 28/10/2008

#### Introduction

The purpose of this paper is to support decision making associated with the selection of a site for the replacement of the Barrett Adolescent Centre (BAC).

It considers the sites below, which were identified by Area Health Services as potentially suitable for replacement of the centre:

- Rogers Street Spring Hill
- CAFTU- RBH
- Redland Hospital
- Meakin Park 3 km from Logan Hospital Site (precise land parcel unknown- assume bushland between Queens Rd and Beal St)
- The Park Centre for Mental Health (3 site options on campus considered)

#### The report includes:

- a brief description of the project;
- a summary of the model of service for BAC;
- a description of site requirements and;
- a site appraisal of the two architecturally viable sites- prepared by Project Services.

**Appendix One** includes the rationale for finding two of the three site options at The Park, CAFTU and Rogers Street to be architecturally unviable. Advice from Southside Health Service District subsequent to the site options tour indicated the option at Logan was no longer available or viable; therefore an appraisal of this site has not been undertaken.

**Appendix Two** is a collection of 'Site Tour Notes' providing a summary of some of the key issues considered by Site Evaluation subgroup during site visits by the subgroup on 5 August 2008.

The report identifies the need for further elaboration of some of the challenges and opportunities of the two architecturally viable sites to support a final decision concerning the redevelopment of the unit.

The report concludes that Redland appears to be the preferred option for the redevelopment of the service subject to further consultation with the sector.

### 1. Project Description

Replace Barrett Adolescent Centre with a new 15 bed adolescent extended treatment unit.

#### Background:

- Decision concerning the location for the redevelopment of the Adolescent unit is contentious
- Redevelopment at The Park is problematic because of the expansion of forensic services being undertaken on the site
- This expansion includes the development of a further 40 extended treatment forensic beds over the next 10 years
- Advantage of the current site is the existing service with highly skilled staff.
- No optimal location for the unit identified by Child and Youth clinicians
- "Site Evaluation Sub Group" established to assist in determining an appropriate site for the unit at the direction of the Area General Managers (participants identified below)
- Subgroup reviewed the site selection criteria and accommodation schedule produced by Project Services in collaboration with BAC staff
- Ranking of site selection criteria reviewed
- Scope for reducing footprint identified in accommodation schedule
- Alternate sites identified in discussion with Area Health Services
- Sub Group visited the following sites on 5 August 2008:

Rogers Street Spring Hill

CAFTU- RBH

Redland Hospital

Meakin Park – 3 km from Logan Hospital Site (precise land parcel unknown- assume bushland between Queens Rd and Beal St)

The Park Centre for Mental Health (3 site options on campus considered)

- Sub Group agreed to consider the site options on the basis that they may:
  - o serve the clinical objectives of the service
  - satisfy the criteria nominated in the 'Site Selection Criteria'
  - o meet the design requirements identified in the accommodation schedule

#### Participants:

Ms Denisse Best	Executive Director	Child & Youth Mental Health Service, Royal Children's Hospital & Health Services Districts, Chair Child & Youth Sub Group
Mr Kevin Fjeldsoe	Director	Mental Health Plan Implementation Team
Dr Trevor Sadler	Clinical Director	Barrett Adolescent Centre
Dr Brett McDermott	Director	Mater Child & Youth Mental Health Service
Ms Linda Ryan	Principal Project Officer	Southern Area Health Service
Ms Karen Ryan	Manager	Rural Service Planning Unit, Southern Area
Ms Erica Lee	Manager	Child and Youth Mental Health Service
Mr Paul Clare	Principal Project Officer	Mental Health Plan Implementation Team
Mr John Quinn	Manager	Mental Health Plan Implementation Team
Ms Jenny Stone	Assistant Director	(Southern) Program Coordination Unit LWAMB
Mr Chris Hollis	Network Coordinator	Mental Health - Central Area
Mr Mark Wheelehan	Area Team Leader	Central Area
Ms Elisabeth Roberts	Principal Project Officer	Southern Area

#### Additional invitees to site options tour:

Dr Terry Carter	Project Manager,	Mental Health Capital Works Program
Mr David Pagendam	Senior Architect	Project Services
Ms Karen Reidy	Architect	Project Services

#### Apologies for the site tour:

Dr Bill Kingswell	Director	Mental Health Services - Logan
Ms Karen Ryan	Manager	Rural Service Planning Unit, Southern Area
Mr Chris Hollis	Network Coordinator	Mental Health - Central Area
Mr Mark Wheelehan	Area Team Leader	Central Area
Ms Elisabeth Roberts	Principal Project Officer	Southern Area
Mr David Pagendam	Senior Architect	Project Services

#### 2. Brief Summary of the Adolescent Extended Treatment Model of Service

#### Service integration

The Adolescent Extended Treatment and Rehabilitation Service is an integral part of Child and Youth Mental Health network of services in Queensland. Child and Youth Mental Health Services (CYMHS) include:

- community clinics throughout Queensland
- specialised therapeutic services to children and adolescents in the care of the Department of Child Safety (Evolve teams)
- acute inpatient services in Metro South, Metro North, Mater and Gold Coast Health Districts
- a day program at the Mater Children's Hospital, with proposals to develop further day programs at Townsville and the Sunshine Coast.
- a Child and Youth Forensic Outreach Service (CYFOS)
- a visiting service to the Brisbane Youth Detention Centre

An adolescent of high school age is referred to the Adolescent Extended Treatment and Rehabilitation Service if severe mental illness and impairment persist after extended treatments in one or more of these other settings. It is both a tertiary and quaternary referral service, depending on the severity and complexity of illness and range of settings for intervention prior to referral. Referrals are accepted from throughout Queensland. On occasions it is appropriate to accept referrals from northern New South Wales and the Northern Territory. Referrals may also be made by private child and adolescent psychiatrists or psychologists.

Adolescents usually will be placed on the waiting list, and managed by the referring service until admission is possible. Throughout the admission, ongoing linkages with the referrer will occur via videoconference and case management.

It is proposed that the Adolescent Extended Treatment and Rehabilitation Service be a Level 6 service in the Clinical Services Capability Framework being developed by the Mental Health Branch.

#### Target population:

Adolescents accepted for referral have severe, persistent, co-morbid mental illnesses associated with a range of impairments. Mental illnesses most commonly diagnosed include:

- depression
- eating disorders
- social and other anxiety disorders
- obsessive compulsive disorder
- dissociative disorders

- post traumatic stress disorder
- psychotic disorders
- organic disorders
- co-morbid disorders of development

The Health of the Nations Outcome Scale for Children and Adolescents (HoNOSCA) is an assessment tool used by mental health services across Australia to assess levels of symptom severity, impairment and family function. Compared with the national average of those admitted to acute adolescent inpatient units, those admitted to the Adolescent Extended Treatment and Rehabilitation Service show similarly high levels of symptoms and acuity (e.g. emotional distress, self harm, perceptual disturbances), but significantly higher levels of impairment (e.g. schooling, self care, peer relationships, impaired concentration) and family dysfunction.

Treatment of many disorders requires the active participation of the adolescent. Frequently they are not contemplating change, but continue with an illness seriously affecting health and their functioning. Both symptom severity and impairment are likely to persist for decades into adult life without adequate intervention.

#### Service description:

The core of the service is the provision of a wide range of intensive interventions for integrated treatment and rehabilitation. (Unlike many areas of physical medicine in which there is a definitive treatment followed by rehabilitation, effective outcomes in adolescent mental health require an integrated approach to treatment and rehabilitation over months.)

Core approaches to treatment and rehabilitation include:

- utilising standard biological mental health treatments (medication, ECT), although the effectiveness of these is limited
- utilising a wide range of psychological interventions for adolescents with often limited verbal skills and limited understanding of psychological issues
- utilising a wide range of life skill and activity based interventions to address developmental tasks in both treatment and rehabilitation
- providing of a range of comprehensive education and pre-vocational activities through the Department of Education, Training and the Arts
- continuing support of, liaison with and therapy for the family
- maintaining strong community linkages
- safely managing a range of life threatening behaviours
- effectively managing a range of dysfunctional behaviours
- maintaining a ward environment which promotes therapeutic interactions

Depending on levels of acuity and impairment, adolescents access this program at a number of levels:

- as inpatients (full or partial hospitalisation) for those with high to extreme levels of acuity and severe impairment. Up to 15 beds are available for this purpose.
- as day patients for those with severe impairment but lower acuity for those who can access the service.

A comprehensive extended treatment and rehabilitation program for a Statewide service would also include:

- a therapeutic residential unit for those who have severe levels of impairment, low to medium levels
  of acuity and cannot access the service as a day patient
- a transitional residential facility (step-down) service for those who have moved from high to lower levels of acuity, continue to have moderate to severe impairment, and cannot return to their family home.

 a family stay residential facility to provide intensive family interventions or family interventions with adolescents with extreme acuity.

#### Legislative framework and Policy Directions:

In common with other Mental Health Services in Queensland,

- adolescents are admitted either as voluntary patients or under the Mental Health Act.
- consumer, and where possible, carer participation is essential to providing service.
- a Recovery framework is clearly articulated, although it differs in concept to adult mental health services.
- adolescents are managed in the least restrictive manner appropriate to safety. (This creates challenges on an open unit.)
- minimising seclusion and restraint is associated with better outcomes, but requires more intensive staffing.
- outcomes are routinely measured utilising a nationally standard suite of scales the HoNOSCA,
   Children's Global Assessment Scale (CGAS) and Factors Influencing Health Scale (FIHS).

#### Pathways of service delivery once admitted

#### Transfer

- acute medical management at local general hospital occurs at regular intervals.
- rarely acute psychiatric care at referring acute unit may be required.

#### Discharge

- intensive discharge planning requires considerable integration with the local community of origin (including local schools)
- the adolescent often transitions from full inpatient admission to periods of partial hospitalisation prior to discharge.
- the lack of appropriately supervised accommodation in the NGO sector is a problem for adolescents who cannot return to their family of origin.
- remoteness of referring services makes follow up referral linkage sometimes difficult to sustain
- occasionally it is difficult to access support in adult mental health services if the adolescent requires further long term treatment.

#### Managing risk

Managing self harm, suicide attempts, absconding and aggression are major risk issues in patient safety in both adolescent and adult sectors. However, there are particular issues in the genesis and management of these risks in adolescents.

- adolescents do not often possess good verbal skills and their distress is manifest instead in a range of behaviours
- adolescents generally are fitter and have fewer problems with mobility (whether secondary to the type of illness or medications). This enables them to abscond.
- adolescents are more likely to encourage a peer to join them in absconding or to copy another with self harm – the so called "contagion effect".
- adolescents are more sensitive to adverse changes in the family environment. Although distant, this
  may be a potent effect on behaviours within the unit.
- adolescents are often more impulsive, especially in relation to negative life events to which they are more sensitive.
- adolescents have less experience at assessing safety in the community

adolescents are more likely to react negatively to a perceived closed environment than an open one.
 There is a complex interaction between built environment and safety which will be described in the next section

#### Staffing structure and composition:

- Intensive levels of staffing required for intensive interventions and high levels of acuity
- Staff must have training and/or substantial experience in child and adolescent mental health
- Specialist skill sets in a range of psychological, activity based and life skills interventions required
- Clinical and educational multidisciplinary bio psycho social approach
- Maintenance of ongoing professional development and supervision of staff required
- Range of resources to support the necessary range of interventions

#### Performance, quality and safety:

- consumer and carer satisfaction
- ongoing workplace health and safety monitoring due to nature of service
- outcomes monitoring

#### 3. Site Requirements

#### THE IMPACT OF BUILT ENVIRONMENT AND EXTENDED ADOLESCENT TREATMENT

#### 1. The Rationale to Develop Guiding Principles for the Built Environment

Adolescents admitted to the Extended Treatment and Rehabilitation unit are likely to spend up to twelve months or more in hospital. (Hospital is acknowledged to be the most restrictive setting in mental health.) About half will at some stage be on an Involuntary Treatment Order. Initially most adolescents do not contemplate the need for change. Many adolescents believe they should be independent and exercising freedoms they see in their peers, These factors have the potential to actively work against the fact that most treatments require the active participation of the adolescent. There is considerable potential for adolescents them to react strongly against treatment, the staff and hospitalisation. This is manifest in two of the risk factors associated with the unit – absconding and aggression.

Clearly identifiable factors can minimise these tensions and their attendant risk factors. Broadly they can be divided into staff attitudes/skills and the impact of built environment. Guiding Principles 1-3 below have been extracted from surveys of adolescents who have been asked about the impact of the change of environment from the constricted environment of an acute inpatient setting to the more open environment of the extended treatment unit has had on their attitudes to being in treatment.

Built environment also has numerous other impacts:

- Adolescents on admission range widely in their fitness levels, co-ordination abilities and participation in physical activity. Providing for a range of physical activity addresses a number of impaired tasks of adolescent development. (Principles 2 and 3).
- Adolescents interact intensively with a limited range of peers over a long period. Adequate external
  and internal spaces achieve a balance between privacy and a range of peer interactions. (Principles
  2,3 and 6)
- Adolescents can utilise external spaces to help them regulate emotional distress and aggressive impulses. (Principles 1 and 2)
- Many adolescents have had very limited interactions with peers or areas outside their home prior to admission. Time in acute inpatient units is in enclosed environments. It is initially helpful to spend time outside without the feeling of being on view to the public. (Principles 2 and 3)
- A number of adolescents often talk in therapy in an activity in the grounds. They are uncomfortable
  in a room with the expectation they should talk. (Principle 2)

The built environment must also be considered within the broader context of the neighbourhood in which it is located.

- An open unit offers more chances to abscond. Adolescents are at risk then of mishap from nefarious persons, or from themselves by accessing of heights or other means to attempt suicide. (Principles 4.5)
- It is essential for rehabilitation that community public transport, sporting, community and recreational facilities are available within reasonable distance to prepare an adolescent for integration into their own communities. (Principle 6)
- Either sufficient recreational space and facilities are located within the grounds of the unit, or within close proximity (less than 1 minute) to afford opportunities for acutely unwell adolescents to access these in safety, or for staff return to attend to crises on the unit. (Principle 1, 2 and 6)

#### 2. Guiding Principles

Six Principles can be derived from the above observations to guide the location and design of the Centre.

#### Principle 1.

Minimising visual restrictions in the environment enable adolescents to cope better with legislative and behavioural restrictions and the restrictions their illness imposes on them.

#### Principle 2.

The grounds surrounding the building must have sufficient room for multiple purpose activities – recreation, fitness, socialisation, private areas, areas for emotional regulation and areas to enhance therapies to be undertaken safely.

#### Principle 3.

Adolescents should not feel they are on display to the public, nor should the public have cause to stigmatise the unit.

#### Principle 4.

The chances of absconding successfully can be reduced by consideration of factors in the immediate neighbourhood of the Unit.

#### Principle 5.

The chances of an adverse event following an absconding can be reduced by attention to the immediate neighbourhood of the Unit.

#### Principle 6.

The neighbourhood in which the unit is located should afford opportunities to practice skills for rehabilitation and community integration which can be generalised to the community in which the adolescent lives.

#### 3. Application of the Principals to Design

#### 3.a Characteristics of the Site

#### 3.a.i external views – desirable:

- Sky, trees, distant objects, grass, landscape, sports ovals. (Principles 1,2)
- Sense of distance, calmness more important than people, but distant views of people engaged in gentle activities is desirable. (Principle 1,2)
- Water views a bonus. (Principle 2)

#### 3.a.ii External views - undesirable

Anything that is too busy or intrusive; buildings. (Principles 1,2 and 5)

#### 3.a.iii Access to natural environment

Grass, trees, animals, water (as long as it is safe), gardens, getting back to nature.
 (Principles 1,2)

#### 3.a.iv Access to outdoor activities

 Safe place for walking and riding (not on main roads), playing outdoor games and sports, and just "getting away". (Principles 2, 6)

#### 3.a.v External buffer space and boundaries

- At least 50m away from houses is a minimum to reduce bad interactions with neighbours (both ways). (Principle 3)
- There needs to be clearly defined boundaries but boundaries should be as invisible and unoppressive as possible. (Principles 1,4)
- Good buffer spaces can reduce the need for fences. (Principles 1,4)

#### 3.a.vi Topography

- An elevated site with long views and vistas into the distance is preferable, but the site of the facility must be reasonable level. (Principles 1,2)
- Slopes can be used to hide fences. (Principles 1,4)

#### 3.a.vii Schools

The facility will have an on-site school which contributes 60% of rehabilitation.

#### 3.a.viii Privacy

- Privacy for the adolescent consumers is important, but the facility should not be too isolated.
   (Principles 3,6)
- It is desirable for consumers to have opportunities to see people outside, but adolescents should not be "on display". (Principle 3)
- Contact with the public and families needs to be controlled. (Principles 2,3,4 and 5)
- It is important that public thoroughfares do not happen through the facility site. (Principle 3)

#### 3.a.ix Total site area

- 2 Ha preferred area. (Principles 1,2 and 3)
- o 1.5 Ha minimum.

#### 3.b. Characteristics of the Immediate Neighbourhood

#### 3.b.i Surrounding built environment

#### Avoid:-

- High rise and high density buildings. (Principles 1,2 and 5)
- o Sites that other buildings look down on. (Principle 3)
- Main roads, railways, and other noisy busy areas. (Principles 3,4 and 5)
- Intimidating or industrial general environment (Principles 2, 3)

#### 3.b.ii Physical hazards

Avoid bridges, high buildings, cliffs, multi-storey car parks, bridges, main roads, train lines.
 (Principles 4,5)

#### 3.b.iii Absconding

- A buffer of open space around the facility is important to keep sight of an absconder (Principles 4,5)
- A buffer of 500m to public transport to deter rapid absconding. (Principles 4,5)
- Avoid potential hiding places. (Principle 4)

#### 3.b.iv Schools

- The facility will have an on-site school which contributes 60% of rehabilitation.
- It is a Band-7 school (special education) but not all consumers attend this school, therefore access to other schools (particularly high schools) is necessary. (Principle 6)

- Need plenty of good schools within short driving distance including good ones with varying socio-economic levels. (Principles 3,6)
- Avoid areas where there are "tough" schools where there might be bullying. (Principle 3, 6)

#### 3.b.v Recreational facilities in close proximity

- Recreational-size swimming pool. (Principles 1,2)
- o Sports oval or park. (Principles 1,2)
- Adventure therapy components (Principles 1,2)

#### 3.b.vi Undesirable persons

- Avoid opportunities for contact with undesirable persons. (Principle 2)
- Avoid close proximity to forensic units (Principle 2)

#### 3.c. Characteristics of the Broader neighbourhood

#### 3.c.i Sports locally off site

- Full-size swimming pool. (Principle 6)
- Sports oval or park. (Principle 6)
- Bike riding and recreational walking
- Water sports. (Principle 6)

#### 3.c.ii Activities off site (remote)

Reasonable access to adventure therapy activities. (Principle 6)

#### 3.c.iii Public Transport

 Need access to good public transport. Trains are preferred as being more reliable in timetable and less intimidating. (Principle 6)

#### 3.c.iv Shops

- Need access to a variety of shops via public transport. (Principle 6)
- There is graded use of shops in rehabilitation starting with smaller, less dense and closer shops and progressing on to large shopping malls. (Principle 6)
- Ideally there should be a corner store within walking distance, and a major shopping centre a train ride away. (Principle 6)

#### 3.c.v Other facilities

- It is desirable to have other types of social activities available in the community such as:
  - o churches, (Principle 6)
  - o youth groups, (Principle 6)
  - o sporting groups, (Principle 6)
  - o dancing classes etc. (Principle 6)
- (These are examples only it is not important to have a particular type of community activity, group, club available).

#### 4. Other General Considerations

#### 4.i Staff access

- Staff recruitment and retention are important factors.
- Existing staff have a highly specialised background, and mostly live within easy reach of the Barrett Adolescent Centre.
- A location which is convenient to existing staff is important.
- Numbers and staff on the unit will be insufficient to meet every psychiatric and medical emergency which may arise.

#### 4.ii Emergency Backup

- Access to help for 'code blacks' is critical. These incidents require back up from mental health trained nurses who have completed aggressive behaviour management training.
- A response is needed within 5 minutes; therefore the adolescent facility needs to be located within 500m of a hospital of other mental health facility where appropriate help is available.

#### 4.iii Hospitals and Doctors

- Hospital emergency department within a 20 minute drive of the facility. (Principle 8)
- The existing Barrett Adolescent Centre has enjoyed good relationships with the Mater / Qld Children's Hospital to date, so proximity to there is desirable. (Principle 8)
- Proximity to an 'after hours' GP clinic is desirable. (Principle 8)

#### 4.iv Access for families and visitors.

- Local external accommodation for families are desirable such as motels and hotels with good public transport access to the facility.
- On-site independent accommodation units (for family visits and for consumers preparing to leave).

#### 4.v Police

 Police do not need to be close, but a relationship with a small local police station is good, more for consumer education and contact than to handle emergency situations.

#### 4.vi. Climate / Aspect

- Good cooling breezes are desirable for personal comfort and to reduce the need for airconditioning.
- Site must allow buildings to predominantly face north and south to maximise opportunities for natural cooling and light.

#### 4.vii Public Perception, Politics

- Avoid close proximity to a high security adult mental health facility or prison.
- Avoid suburban areas where 'not in my backyard' syndrome may cause problems.

#### 4.viii Site acquisition & Development

- Possible in reasonable cost and time
- Are there heritage, environmental, indigenous issues affecting the site.

#### 4. Site Options Appraisal

Fig 1. Redland Hospital Site (Aerial View)



#### 4.1 Specific Site Considerations for Site Next to Redland Hospital

- Site features
  - Potentially excellent bushland setting satisfactory for views, access to natural environment and access to outdoor activities.
  - No houses in vicinity or likely to be. Site is large enough to allow for adequate buffers. Site is surrounded by hospital, bush and industry.
  - o Level site.
  - Distant views may be possible.
  - Sea breezes.
  - o Site large enough to allow optimum orientation of buildings.
  - o Surrounding built environment is potentially good, if it can be separated from the hospital.
  - o Privacy is potentially good, if it can be separated from the hospital.
  - Reasonably close to existing mental health inpatient unit with possibility of closer location in future.
  - o There are no physical hazards as per site considerations in the vicinity.
  - o If site can be suitably separated from hospital and the public the propensity for interaction with undesirable persons will be limited.
  - 5 minutes walk to nearest bus stop, and being at the end of the bus and train line might make catching of absconders easier (there is only one way to get out of Cleveland)
  - Total site area of 5 Ha 2 Ha preferred area.

#### Local entertainment and sporting facilities

- Aquatic centre (5 pools plus a spa) in Russell St Cleveland with skate park adjacent. Approx 3 km.
- Chandler Aquatic Centre approx 10km.
- o Beaches, boating and creeks near.
- o Redland Youth Plaza, a large skateboard facility in Capalaba.
- Social & community activities are catered for by Redland Shire Council their web site lists numerous and varied organisations in the area.

#### Public transport

- Buses from Redland Hospital to Cleveland train station. 25 buses in each direction every day from 6 am to 11:30 pm. Veolia bus lines routes 258 and 272. Approx 10 minute ride.
- 45 trains per day into Brisbane city and back.

#### Shopping

- Snack bar and kiosk in main hospital.
- Small convenience shopping centre at corner of Bay Street and Wellington Road (approx 750 metres with one road to cross)
- Good medium size shopping centre at Cleveland (10 minutes by bus)
- Larger shopping centre at Capalaba (approx 8km)
- Major shopping centre at Carindale (approx 15km)
- Brisbane CBD shops accessible by train (approx 1 hour)

#### Schools

- o Carmel College (Catholic High School) approx 5km
- Faith Lutheran College (prep to year 12) approx 7 km
- o Redland District Special School and Thornlands Primary School approx 2 km.
- Cleveland District High School approx 2km (on bus route)
- Cleveland Primary approx 3 km
- Ormiston Primary approx 4km
- Ormiston College (private non-denominational prep to year 12 school) approx 5 km.

#### Supplementary accommodation

- As a tourist centre, Cleveland has a number of accommodation options for families from \$70 per night.
- The site is large enough to accommodate independent units.

#### External services

- Hospital emergency department is immediately adjacent.
- Numerous medical practices in and around Cleveland, including Medeco Medical Centre which operates 24 hours out of central Cleveland and bulk bills children under 16.
- Large police station in central Cleveland, close to train station.

#### Staff

- Existing staff can access the Redland site which is approximately 40km from the existing Barrett site.
- The attractions of Redland area (particularly the coastal climate as compared with the lpswich-Goodna area) might attract existing staff to move or new staff to join.

#### Public perception

 Caters to Public perception and politics whereby there is no proximity to a high security adult mental health facility or prison - we are not aware of any such facility anywhere near.

#### Site acquisition.

 It is understood that the land is State Government owned and is available for purchase from Dept of Infrastructure.

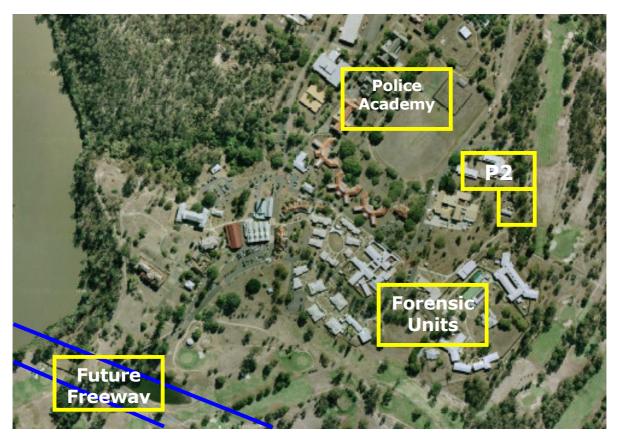
#### Koalas.

- The site is marked as an Urban Koala Area, which is the least onerous of the three types of Koala Habitat areas.
- It is adjacent to a large Koala Sustainability Area.
- Advice from Project Services Environmental section is that development on this site should not be a problem. It is just a matter of applying a Koala Management Plan, which will cover such items as retention and planting of suitable trees and appropriate fencing. The type of development proposed should be compatible with these requirements.
- Development on this site has not been costed, however, being a "green field" site should have some time and cost advantages.

#### **Conclusion - Redland Site**

The information currently at hand, indicates that this site would be suitable for the proposed Adolescent Unit.

Fig 2. P2- The Park Centre for Mental Health – (Aerial View)



#### 4.2 Specific Site Considerations for P2 - The Park

The existing location has been found to be satisfactory in many respects however the following issues need to be taken into consideration

- The Wacol location tends to be hotter in summer and colder in winter than sites closer to the coast.
- The close proximity of the high secure forensic unit could be a drawback.
- Undesirable persons Open forensic unit nearby
- 2 Ha preferred area, 1.5 Ha minimum About 1.5 Ha available.
- Existing oval may no longer be available once it is taken over by Police Academy.
- Access for families and visitors No space available on site.
- Site development possible in stages while maintaining existing service is possible, but there may be
  a time and cost penalty in a staged development. Figures 3, 4 & 5 illustrate how such a staged
  development might be achieved while keeping the unit functioning.

#### Conclusion - P2 - The Park

If the continued proximity of the forensic unit and a compact site can be accepted, the site appears to be suitable for the re-development of the adolescent unit.

Fig 3. Site P2 Stage 1 (Existing Site Redeveloped in 3 Stages) (Aerial View)



## SITE OPTION 1 ON EXISTING SITE AT THE PARK - STAGE 1

Project No: 51426
Project Title: 15 Bed Adol. ETU, Day Centre and School

Scale 1:1000 @ A3

Note: Options diagrams are based on draft accommodation schedule and spatial relationships workshops only and are not intended to be used as sketch designs.



Fig 4. Stage 2 Site P2 (Existing Site Redeveloped in 3 Stages) (Aerial View)



SITE OPTION 1 ON EXISTING SITE AT THE PARK - STAGE 2

Project No: 51426 Project Title: 15 Bed Adol, ETU, Day Centre and School Scale 1:1000 @ A3

Note: Options diagrams are based on draft accommodation schedule and spatial relationships workshops only and are not intended to be used as sketch designs.



Fig 5. Stage 3 Site P2 (Existing Site Redeveloped in 3 Stages) (Aerial View)



## SITE OPTION 1 ON EXISTING SITE AT THE PARK - STAGE 3

Project No: 51426
Project Title: 15 Bed Adol. ETU, Day Centre and School

Scale 1:1000 @ A3

Note: Options diagrams are based on draft accommodation schedule and spatial relationships workshops only and are not intended to be used as sketch designs.



#### 5. Site Options Conclusion

#### Redland

According to the analysis provided in this report Redland appears to be the most suitable location for the redevelopment of the 15 Bed adolescent extended treatment unit.

This site measures favourably against the 'Essential' and 'Desirable' characteristics nominated in the revised 'Site Selection Criteria'. The local area affords considerable opportunity to access the natural environment, rehabilitation activities and community and primary care services. The area is adequately serviced by public transport, without being too busy or likely to become a thoroughfare.

The development of a 'green field' option will also avoid some of the logistical challenges and time and cost implications of redeveloped existing buildings.

Importantly, it is not compromised by the risks associated with co-location with forensic inpatient services.

The BAC Clinical Director has identified that the greatest challenge associated with this site is its distance from the existing service at Wacol. In addition, nurses operate under different awards at the two sites. Some senior and experienced staff from both Queensland Health and the Department of Education Training and the Arts definitely would not make a transition to Redland. Managing the retention of experienced staff is critical to avoid crossing a threshold of loss of experience at which all existing staff would seek employment elsewhere. Such a loss of specialised staff would render the unit inoperable. Clearly a human resource management plan would be required to mitigate these significant challenges.

One of the potential benefits of this site is its proximity to Redland Mental Health Service. There are plans to both redevelop and add new acute inpatient beds at Redland in the second half of the Queensland Plan for Mental Health 2007-2017. Initial discussions indicated that the additional beds could well be targeted as youth beds (age 18-25). There has also been suggestion that a child and youth service hub be developed with community and the extended service located at Redland. There could also be opportunity to model improved coordination and integration between adolescent and adult services. It has been noted that colocating the unit with other mental health services is in the strategic interest of the service.

Among the potential advantages of co-location of this kind include meeting the challenge of staff recruitment and retention.

The Redland site is the preferred option.

#### The Park

Although the existing and planned forensic services at The Park significantly impact on the feasibility of this option, there are understandable incentives to retain the current adolescent centre location. The service has enjoyed the development of an experienced cohort of staff and the formulation of effective local partnerships. Both are critical to the service model. The key strength of redeveloping in the same location is the inherent support this offers in sustaining the existing culture, expertise and partnerships.

Alternate options that consider relocation and redevelopment must acknowledge the challenges of service development at another site.

Of the three sites identified at The Park, the option to redevelop on the site of the existing unit (P2) is the only option that could be pursued from an architectural/ site planning perspective. The Adolescent Centre Site Appraisal identifies how the redevelopment might be staged to minimise its impact on the provision of services. It is important to acknowledge that this staging process would have time and cost implications for the project. It also indicates that the overall site footprint would need to be reduced in order to be developed on this site.

The site measures well against other 'essential' and 'desirable' characteristics. Close proximity to the natural environment, public transport and the presence of a natural buffer are among the attributes of the location. However, its relative isolation from other child and youth or other (non forensic) mental health services may pose a challenge for service development in the longer term.

As stated the close proximity of the site to the growing high security and extended treatment forensic programs compromise this option. Redeveloping the unit in close proximity to mentally ill offenders is likely to pose clinical and practical challenges and may become a matter of public interest.

## Appendix 1 – Site options Appraisal

Fig 1. Sites P1 A and P1B- The Park Centre for Mental Health (Aerial View)

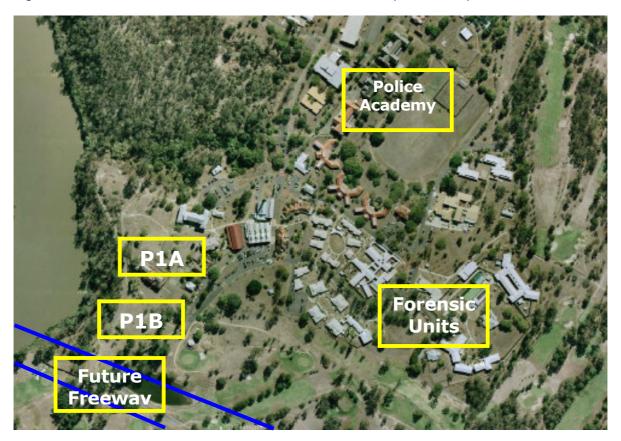


Fig 2. Site P1A (On Upper Side of Anderson House) (Scenic View)



#### **Specific Site Considerations for P1A**

- Old asylum buildings create an institutional ambience
- Proposed 110 km/hr freeway nearby with bridge over river.
- Close to forensic units affects "Undesirable Persons" & "Public perception & politics" aspects
- There is only about 5,000m2 of reasonably level site available, and this is only 33% of the 15,000m2 minimum
- Residents need to walk through forensic areas and across a golf course to reach the train station.

#### Conclusion

The size, topography and environment of the site make it unsuitable for the proposed Adolescent Unit.

Fig 3. Site P1B (On Lower Side of Anderson House) (Scenic View)



#### **Specific Site Considerations for P1B**

- Old asylum buildings create an institutional ambience.
- Proposed 110 km/hr 6 lane freeway adjacent with freeway bridge over river. Refer to Figure 1.
- Undesirable persons Close to forensic units
- Level site area of only about 0.4 Ha (2 Ha preferred area / 1.5 Ha minimum)
- Residents need to walk through forensic areas and across a golf course to reach the train station.
- The proximity to forensic unit may influence Public Perception, Politics.
- High pressure water main across middle of site is likely to prevent development economically

#### Conclusion

The size, topography and environment of the site, plus the existing high pressure water main and possible future freeway make it unsuitable for the proposed Adolescent Unit.

#### Specific Site Considerations for Rogers St, Spring Hill

- Main roads and high rise buildings adjacent. Generally a busy inner-city location not compatible with the model of care.
- Too far from RBH
- Multiple physical hazards in the immediate vicinity.
- Numerous potential opportunities for contact with undesirable persons and activities in the Spring Hill and Fortitude Valley areas.
- No buffer space.
- Multiple escape routes and hiding places.
- Site is only 6684 square metres which is less than 50% of the 15,000 minimum.
- The existing buildings on site are unlikely to be suitable for the proposed new adolescent centre.
- Demolition of the buildings would be difficult to justify, given the quality and character of the buildings, and there may be heritage issues.
- There may also be heritage trees.

#### Conclusion

The size and environment of this site make it unsuitable for the Adolescent Unit as currently envisaged.

#### **Specific Site Considerations for CAFTU**

- Very steeply sloping site with existing buildings on three levels would not allow the kind of development required by the model of care.
- Site is adjacent to major hospital with high rise buildings.
- Site is near to main roads, a railway line, and high buildings, including multi-storey car parks.
- Limited buffer space, and multiple escape routes and hiding places
- Site area of under 5,000m2 is only about 30% of the minimum required.

#### Conclusion

The size, topography and environment of this site make it unsuitable for the Adolescent Unit as currently envisaged.

# Appendix 2 – Site Tour Notes

	THERAPEUTIC FACTORS					
	External	Views: Importance: 2 [	Desirable			
		Desirable views:				
		e, sports ovals. Sense				
people, but d	listant views of people	engaged in gentle activ	vities is desirable. Wat	ter is a bonus		
		Undesirable views:				
		at is too busy or intrusiv				
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK		
Green field sight	Both sites afford	Relatively secluded	Relatively quiet, leafy	Offers some nearby		
currently surrounded by	greenery/sense of	location	site	bush land and park		
bushland Located next	distance	Some established trees	Some established trees	areas.		
to Redland hospital	Views of the river	and greenery	at the periphery	These are somewhat		
	Commercial warehouse possible in one site Located on busy Limited sense of compromised by					
precinct adjacent Sense of calmness hospital campus distance eg views of industrial area close by.						
separated from site by a	separated from site by a might be inhibited by No views of green horizon					
road	polico il all'illigio di Calletto della constanti di Calletto di C					
Future use of other including use of firearms features						
vacant land unknown and sniffer dogs						
Some nearby reserve Derelict ward may also						
areas	compromise views from					
	some angles					

	ACCESS TO NATURAL ENVIRONMENT				
		mportance: 2 Desirable	Э		
		Desirable:			
Grass, tr	rees, animals, water (	as long as it is safe), g	ardens, getting back to	nature	
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Nature reserve readily accessible from site Bay is close by for arrange of other supervised activities Parks also in close proximity	Both sites afford some greenery/sense of distance Views of the river possible in one site Access without supervision may be compromised by safety issues eg accessing water alone and use of the campus in conjunction with other	Some established trees and greenery Victoria Park may be accessed under staff supervision	Some established trees at the periphery. Capacity to access Victoria Park precinct under staff supervision	Some potential amid existing green space.	

ACCESS TO OUTDOOR ACTIVITIES  Importance: 2 Desirable  Desirable:  Grass, trees, animals, water (as long as it is safe), gardens, getting back to nature				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Affords nearby nature reserves, readily accessible from site Bay is close by for other supervised activities Greenfield site may enable development of space for courtyards, games etc depending on exact land size	Some established trees and greenery Access to Victoria Park precinct under staff supervision Few other opportunities.	Some established trees and greenery Access to Victoria Park precinct under staff supervision Few other opportunities	Access Victoria Park precinct under staff supervision. Existing courtyard may be used for onsite for games etc	Site offers some potential for these spaces

# EXTERNAL BUFFER SPACE & BOUNDARIES ESPECIALLY FOR NOISE MANAGEMENT Importance: Essential At least 50m away from houses is a minimum to reduce bad interactions with neighbours (both ways). There needs to be clearly defined boundaries but boundaries should be as invisible and unoppressive as possible. Good buffer spaces can reduce the need for fences

	accarbance opaces carricades the need for folices				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Considerable buffer	Hospital campus and	Limited external buffer	Some capacity to	Limited external buffer	
space with existing	golf courses provide	space apart from	provide external buffer	space apart from	
nature reserves	buffer.	hospital		schools	
Neighbouring hospital	Compromised on some				
campus and adjacent	areas by steep slope of				
commercial area may	river bank, derelict ward				
compromise aspects of	and neighbouring				
this buffer	services eg DSQ and				
Suitability of future use	Juvenile Justice Centre				
of land for this purpose					
is also unknown-					
unlikely to be factored					
into planning					

TOPOGRAPHY				
	Ir	mportance: Nice to Hav	⁄e	
An elevated site wit	h long views and vista	s into the distance is pr	eferable, but the site o	f the facility must be
	•	reasonably level.		-
		,		
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK
Site is undeveloped but	Site affords long views	Site does not offer long	Site does not offer long	Site not elevated limited
natural topography is	to the distance from	views into the distance.	views into the distance	views
unlikely to afford long some areas				
views to the distance				

CLIMATE / ASPECT						
	Ir	mportance: Nice to Hav	re			
Good cooling br	eezes are desirable fo	r personal comfort and	to reduce the need for	air-conditioning.		
Site must allow build	lings to predominantly	face north and south to	maximise opportunitie	es for natural cooling		
		and light		_		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>		
Extent of breezes	Significant breezes	Extent of cooling	Unsure as to the extent	Level of cooling breezes		
uncertain but proximity	likely at sites	breezes difficult to	of cooling breezes	difficult to gauge		
to the bay likely to be	to the bay likely to be overlooking the river determine Established trees likely					
favourable in this regard	favourable in this regard Open spaces may Unlikely given buildings to offer shade					
contribute to breezes in closely neighbouring the						
	other sites site					

SURROUNDING BUILT ENVIRONMENT						
		Importance: Essential				
		Avoid:-				
	High ris	se and high density bui	ildings.			
		Overlooked sites.				
		ailways, and other nois				
Intim	nidating, institution	onal or non-domestic g	eneral environment.			
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK		
Site relatively free of Natura	l environment is a	Nearby high rise	Neighbouring school	Some benefits in vacant		
high rise buildings real as	set, but located in	buildings and close	buildings may constitute	land. Some semi		
Road in front of site institu	tional (potentially	proximity of residential	a challenge	industrial use nearby		
	dating) precinct-	areas likely to be	Large Salvation Army			
	nile justice, high	challenging aspect of	facility overlooks site,			
	ity unit, extended	this site Hospital	but its windows are not			
thoroughfare treatm	nent forensic unit,	campus location largely	oriented to where the			
	ium secure unit,	overcomes issues of	service may be			
	ce academy etc	busy roads, but campus	developed			
site likely to be non-	site likely to be non- itself might present While the site is in an					
domestic	domestic intimidating non inner city location it					
Unsure about future domestic feel. appears reasonably						
uses of other			protected from busy			
neighbouring parcels of			roads and			
land			thoroughfares			

# Importance: Essential

Privacy for the adolescent consumers is important, but the facility should not be too isolated. It is desirable for consumers to have opportunities to see people outside, but adolescents should not be "on display".

Contact with the public and families needs to be controlled. It is important that public thoroughfares do not happen through the facility site.

riapperi aireagir are rasinty site.				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Undeveloped site and	Open spaces offer	Neighbouring buildings	Neighbouring schools	Private site
neighbouring reserves	potential to maintain	on hospital campus and	and homeless shelter	
afford good potential to	privacy but other users	neighbouring residential	may create some	
develop site in a	of the site and	buildings may create a	challenges for	
manner that maintains	surrounds may create	challenge for	maintaining privacy in	
privacy	some challenges	maintaining privacy on	this area.	
Impact of future use of	Not likely to be a	the site	Location is not isolated	
vacant land unknown	thoroughfare although	Unlikely to be a public		
	may be isolated	thoroughfare		

	SAFET	TY – EMERGENCY BA	ACKUP	
		Importance: Essential		
		These incidents requi		
		gement. A response is		
		o be located where ap		
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK
Proximity to the adult	Service currently	Code black response	After hours code black	Major weakness. Not
acute unit and hospital	receives code black	may be offered from	access to this site is an	near enough to mental
campus is favourable in	support from ETR and	hospital security	outstanding issue	health unit
this regard	Medium Secure staff	Size of the campus		
	High security service	makes fast code black		
	does not provide code	response from adult		
	black response	mental health staff		
	Code black response	unlikely		
	might be compromised			
	at Orford drive site			
	As ETR is replaced by			
	community care units			
	and in time medium			
	secure is downsized the			
	maintenance code black			
	response may not be			
	assured			

PHYSICAL HAZARDS						
	li	mportance: Nice to Hav	re			
Avoid: brid	Avoid: bridges, high buildings, cliffs, multi-storey car parks, bridges, main roads, train lines					
REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK						
Some main roads	Train line and	Multistorey car park	Some high buildings	Some distance from		
located in vicinity	abandoned buildings	located on hospital	and other physical	these things		
	located in vicinity	campus	hazards located in the			
	Other physical hazards vicinity					
		in the vicinity				

	UNDESIRABLE PERSONS				
		Importance: Essential			
	Avoid opportunities for contact with 'undesirable persons'.				
REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK					
Site is not located near	Growth in forensic	May be some concern	May be somewhat of a	Site is not located near	
'undesirable groups'	programs particularly	in the event consumer	challenge in Spring Hill	'undesirable groups'	
	Extended Treatment	absconded to Fortitude	and close proximity to		
	Forensic programs	Valley	homeless shelters		
	makes this area				
	problematic				

#### **ABSCONDING** Importance: Desirable A buffer of space around the facility is important – a buffer of 5 minutes walk (300m) to public transport to deter rapid absconding. Avoid potential hiding places. Multi-purpose games court (tennis, basket ball, volleyball). CAFTU **MEAKIN PARK** REDLAND THE PARK **ROGERS ST** Site likely to offer Site has about a 300m Hospital campus may act as Closest bus stop about reasonable buffer for buffer between it and a buffer to accessing public 450 metres transport but may not deter accessing public public transport. May not deter rapid absconding. transport. absconding due to Neighbouring nature building density reserve may be a challenge in the event of an absconding attempt

SITE PLANNING FACTORS					
	On Site Activities				
	Multi-purpose games court (tennis, basket ball, volleyball).				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Potential for on campus	Site has about a 300m	Limited on campus	Some opportunity to		
sporting options	buffer between it and	sports and activity	have some onsite		
public transport. options sporting and other					
			activities		

Vehicle Access & Parking					
Importance: Nice to Have					
Need space for car and mini-bus access to front of building and truck / ambulance / police access to rear.					
Must adhere to QHealth and building code requirements.					
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Not likely to be	Not likely to be a	Might be a challenge on	Not likely to be		
problematic on site	problem on site	site	problematic on site		

problematic off site	problem on site	Site	problematic on site		
		. =			
		Access to Facilities			
		Importance: Desirable			
		Access to Gymnasium			
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK	
Land size may permit	Land size may permit	Land may not permit	Land may not permit	Land size may permit	
larger design	larger design	entire gymnasium, but	entire gymnasium, but	larger design	
	Access to large open	exercise room may be	exercise room may be		
	grassed area		possible.		
		Importance: Essential			
		to Large Open Grasse		ALE ALCINI DA DIC	
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK	
Footprint may be larger	Footprint may be larger	Large open grassed	Large open grassed	Footprint may be larger	
on this site	on this site	area unlikely on site	area unlikely on site	on this site	
	l.	anastanaa. Niaa ta 11a.	-		
		nportance: Nice to Hav			
REDLAND	THE PARK	ll swimming pool with s CAFTU	ROGERS ST	MEAKIN PARK	
Site unlikely to prohibit	Site unlikely to prohibit		Site unlikely to prohibit	Site unlikely to prohibit	
this feature	this feature	Site unlikely to prohibit this feature	this feature	this feature	
li iis lealuie	li iis lealure	Importance: Desirable		li iis lealure	
	Δητας	s to a full size swimmir			
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK	
Site within 5 minutes	Site within 5 minutes	Site within 5 minutes	Site within 5 minutes	?	
drive of local aquatic	drive of Goodna Pool	drive of centenary pool	drive of centenary pool	·	
centre	anvo or Globalia i col	anvo or contonary poor	anvo or contonary poor		
		Importance: Desirable			
	Acce	ess to a Sports Oval or			
REDLAND	THE PARK	CAFTU	ROGERS ST	<b>MEAKIN PARK</b>	
Site within reasonable	Site located close to	Site within reasonable	Site within reasonable	Close proximity to	
distance of sporting	cricket oval	distance of Victoria Park	distance of Victoria Park	sporting facilities	
facilities		precinct	precinct		
	Importance: Desirable				
	Access to adventure training and water sports				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Bay is accessible to site	Brisbane river	Accessible to 'Riverlife'	Accessible to 'Riverlife'	Reasonable proximity to	
	accessible to site	at Kangaroo point and	at Kangaroo point and	activities	
		Rock Climbing at	Rock Climbing at		
		Fortitude Valley	Fortitude Valley		

#### **Public Transport** Importance: Essential Need access to good public transport. Trains are preferred as being more reliable in timetable and less intimidating. (See attached summary) CAFTU **ROGERS ST** REDLAND THE PARK **MEAKIN PARK** Not likely to be Might be a challenge on Not likely to be Not likely to be problematic on site problematic on site site problematic on site

#### Shops Importance: Desirable Need access to a variety of shops via public transport. There is graded use of shops in rehabilitation starting a corner store within walking distance, and a major shopping centre a train ride away. CAFTIL ROGERS ST MEAKIN PARK with smaller, less dense and closer shops and progressing on to large shopping malls. Ideally there should be REDLAND Variety of shops Variety of shops Some shopping Variety of shops Some shopping accessible from Ipswich available in Brisbane available in Brisbane available at Cleveland available at Logan City/Fortitude Valley/ line City New Farm

Other Facilities					
	Importance: Desirable				
It is desirable to ha	ve other types of socia	al activities available in	the community such as	s:- churches, youth	
groups, sporting	groups, dancing class	es etc. (these are exan	nples only - it is not im	portant to have a	
	particular type of o	community activity, grou	up, club available).		
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
May be able to access	May be able to access	Lack of isolation	Lack of isolation	Access to some	
these activities and	some activities in the	increases likelihood of	increases likelihood of	activities likely	
opportunities in the Goodna/ Gailes area accessing community accessing community					
Cleveland area		activities in local area	activities in local area		

On-site independent accommodation units					
	Importance: Essential				
	Future proof for on-site independent accommodation units (for family visits and for consumers preparing to				
leave). Note: T	leave). Note: This is not in current scope of works but should be considered in future construction.				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Site size unlikely to	Site size unlikely to	Size of site may make	Size of site may make	Site size unlikely to	
prohibit provision of this	prohibit provision of this	future proofing a	future proofing a	prohibit provision of this	
space	space	challenge	challenge	space	

	Hospitals & Doctors				
	Importance: Essential				
H		oartment within a 20 m		y.	
		ationship with a local h	<u> </u>		
REDLAND	THE PARK	CAFTU	ROGERS ST	MEAKIN PARK	
Located at Redland	Ipswich Hospital closest	Located at RBH	Within 20 minutes of	Within 20 minutes of	
Hospital	available emergency		RBH	Logan	
	facility				
Importance: Essential					
	Proximity to th	e Qld Children's hospi			
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Considerable distance	Some distance from Qld	Reasonable proximity to	Reasonable proximity to	Considerable distance	
from Qld Childrens	children's hospital,	Qld Childrens Hospital	Qld Childrens Hospital	from Qld Childrens	
Hospital close proximity	some distance from	close proximity to other	close proximity to other	Hospital close proximity	
to other mental health	other child and youth	C&Y mental Health	C&Y mental Health	to other mental health	
services	services. Close	Services	Services	services	
	proximity to forensic				
	mental health services				
	and medium secure				
	staff.				

Importance: Desirable					
	Proximity to an 'after hours' GP clinic is desirable.				
REDLAND THE PARK CAFTU ROGERS ST MEAKIN PARK					
Significant number of	Access to General	Some options in	Some options in	Access to Logan Clinics	
General Practitioners in	Health Service-The	reasonable proximity	reasonable proximity		
Cleveland area with	Park				
opening hours to 7pm.					

Public Transport				
Importance: Essential				
Hospital emergency department within a 20 minute drive of the facility.				
A good working relationship with a local hospital is important.				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	MEAKIN PARK
Located at Redland	Ipswich Hospital closest	Located at RBH	Within 20 minutes of	Within 20 minutes of
Hospital	available emergency		RBH	Logan
•	facility			

Access for Families & Visitors						
	Importance: Nice to Have					
Local external accommodation for families such as motels and hotels with good public transport access to the						
	facility.					
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>		
'Holiday style'	Limited accommodation	May be some local	Variety of temporary	Some options available		
accommodation	options at Darra.	options with existing	accommodation options			
available in close		partnerships eg Ronald	in Spring Hill.			
proximity		McDonald House.				

		FUILE			
	Importance: Desirable				
Police do not ne	Police do not need to be close, but a relationship with a small local police station is good, more for consumer				
	education and contact than to handle emergency situations.				
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
Close proximity to lo	cal Reasonable proximity to	Reasonably close to	Reasonably close to	Reasonable proximity to	
police station	Mt Ommaney police	Valley Police Station	Valley Police Station	police station	
·	station		·	·	

Staff Access					
	Importance: Nice to Have				
Staff rec	ruitment and retention	are important factors.	Consider metropolitan	location.	
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
45 minute drive from	Advantages associated	Centrally located. May	Centrally located. May	Some distance from	
CBD may be a	with retaining existing	be some advantages in	be some advantages in	existing service.	
challenge for some	location and staffing	being located with other	being located with other	Serviced by Logan and	
staff. May also be a	group- some concern in	mental health services.	C&Y services	Pacific Motorways	
challenge for existing	the future about the				
staff. May be some	isolation of the service				
benefit from co-location	from other child and				
with other services.	youth services.				

Site Acquisition & Development					
	Importance: Essential				
What are the cost and time implications of site acquisition?					
REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>	
	Applicable to all sites	Applicable to all sites- Q	Applicable to all sites- Q	Applicable to all sites	
	Sites on The Park	Health Land	Health Land		
	Campus QHealth Land.				
	Orford Drive site may				
	not be Q Health land.				

Site Development Importance: Essential

Includes:-

Obtaining development approvals.

Providing site infrastructure (power, water, roads, sewers, drains, phones).

Site preparation costs (earthmoving, site drainage).

Foundation costs (does the site have problem ground?).

Are there any existing facilities/services which need to be decanted (budget, timelines and other impacts)?

Is the site large enough, now and in the future? Any heritage or indigenous issues?

What are the time and cost implications of the above?

Will any of these factors affect the use of the facility now and in the future?

REDLAND	THE PARK	CAFTU	<b>ROGERS ST</b>	<b>MEAKIN PARK</b>
Applicable to all sites				

Draft - to Shileen 7/11/



# **MEMORANDUM**

To:

Dr Aaron Groves, Senior Director, Mental Health Branch

From:

Ms Pam Lane

Contact No:

Fax No:

Copy to:

Dr David Thiele, Clinical CEO, Metro South

Ms Monica O'Neill, A District Director Mental Health Services, West Moreton-

South Burnett

Subject:

Adolescent Extended Treatment - Site Selection

File Ref:

I write in relation to your correspondence dated 28<sup>th</sup> October 2008 about the Adolescent Extended Treatment – Site Selection and the Report from the Site Evaluation Subgroup on Site Options for the Barrett Adolescent Centre.

I have reviewed the Report and discussed this and the documented future intended actions and processes with Ms Joanne king A/DDMH and Dr Trevor Sadler Director BAU. As you are aware Dr Sadler has some reservations about the process to date and has raised some concerns and challenges about the preferred site.

I note from your memorandum that the overall challenges are identified and that these will become clearer during the course of consultation. I further note your plans for consultation including the differing groups of stakeholders. I believe it is critical to continue to include Dr Sadler and senior nursing and education staff in these consultations to address the current and emerging challenges.

Given the above, I am providing preliminary endorsement of the recommendation of the Site Evaluation Subgroup to redevelop the Barrett Adolescent Unit at the site identified adjacent to the Redland hospital. I also authorise the Site Evaluation Subgroup to consult with sector stakeholders on the preferred option.

As indicated in your memorandum I anticipate receiving further feedback on the consultation process and outcomes to inform the final decision on site selection.

Pam Lane **District Manager**(Day, month, year)

EXHIBIT 75

WMS.9000.0003.00328

A previous attempt to close the unit was strongly resisted by staff, consumers and carers.

This redevelopment of the unit at an alternate site should not be resisted as strongly as closure, but may still attract adverse comment.

Redevelopment on the existing site is problematic for a number of reasons outlined in the site options paper, primarily its collocation with forensic services for mentally ill offenders.

The "Site Evaluation Sub Group" was convened on the advice of the Area General Managers to provide advice on site options identified by Area Health Services.

The consensus of the Site Evaluation Subgroup is that a vacant site adjacent to Redland Hospital constitutes the most appropriate option for the redevelopment of the unit.

The Executive Director of Capital Works and Asset Management Branch has provided in principle support for this proposal.

The group has identified a number of challenges associated with the implementation of this option that are likely to become clearer during the course of consultation including:

- planning for the relocation of services from a human resource perspective;
- establishing governance arrangements for the service and in particular its relationship with Metro South and or the Queensland Children's Hospital; and
- negotiation with Education Queensland regarding the operation of the school at the preferred location.

Consultation is planned to occur with the following:

- existing staff and consumers and carers of BAC;
- the Child and Youth Mental Health subgroup; and
- the Child and Youth Inpatient Design reference group.

Following further consultation and the final selection of an appropriate site by the CEOs, a local user group will be formed to manage the project.

Dr Aaron Groves Senior Director, Mental Health Branch 28/10/2008 EXHIBIT 75

WMS.9000.0003.00330



# **MEMORANDUM**

To:

Dr David Theile, CEO, Metro South Health Service District

Ms Pam Lane, Clinical CEO, Darling Downs-West Moreton Health Service

District

Copies to:

Dr David Crompton, A/Chair Metro South Health Service District

Ms Monica O'Neil, A/ Director Mental Health Services, West Moreton-South

Burnett Health Service

From:

Dr Aaron Groves, Senior Director,

Contact No:

Mental Health Branch

Fax No:

Subject:

Adolescent Extended Treatment- Site Selection

File Ref:

Ref Number

## **ACTIONS:**

- It is recommended that the District CEOs consider the findings of the consultation included in the attached report.
- It is further recommended that the District CEOs provide endorsement of and approval to proceed with the redevelopment of the Barrett Adolescent Centre at the site identified adjacent to Redland Hospital.

## **BACKGROUND:**

- Replacement of the BAC is one of 17 capital works projects associated with the *Queensland Plan for Mental Health 2007-17*, and has been funded as part of the 2007-08 State Budget.
- An initial working group was formed comprising staff members involved in the existing BAC and Project Services architects to consider the redevelopment of the unit and provide advice on the service model and design specification.
- Making a determination about a preferred location for the unit is contentious and likely to be subject to public scrutiny.
- A previous attempt to close the unit in the late 1990s was strongly resisted by staff, consumers and carers.
- Redevelopment of the unit at an alternate site should not be resisted as strongly as closure, but may still attract adverse comment.
- Redevelopment on the existing site is problematic for a number of reasons outlined in the site options paper, primarily its collocation with forensic services for mentally ill offenders.

• The "Site Evaluation Subgroup" was convened on the advice of the previous Area General Managers to evaluate site options identified by Area Health Services.

- The consensus of the Site Evaluation Subgroup was that a vacant site adjacent to Redland Hospital constitutes the most appropriate option for the redevelopment of the unit.
- The Director of Capital Works has provided in principal support for this proposal.
- With the approval of the District CEOs of the Metro South and Darling Downs West Moreton Health Service Districts, further consultation with the sector and key stakeholders was undertaken to support a final decision.
- The consultation confirmed considerable support for redeveloping the service at the site at Redland among members of the state wide child and youth subgroup; child and youth design reference group and some carers.
- Industrial bodies included in the consultation have sought assurance that if the service was relocated staff would be supported.
- Existing consumers and some carers expressed their opposition to the relocation of the service. However, current consumers are unlikely to be personally affected by the redevelopment due to the timeframe of the project. Nevertheless they with staff have developed a petition against its relocation.
- Existing staff involved in the consultation indicated their opposition to the relocation of the service. However, some staff, including some senior clinicians, have indicated their preparedness to re-establishing the service at Redland.
- Despite this opposition, the rationale for relocating the service is sound.
- Following endorsement of the preferred option for the redevelopment of the service, a local user group will be formed to manage the project.

Dr Aaron Groves
Senior Director, Mental Health Branch

## Adolescent Extended Treatment Site Selection

# Summary of Consultation on Site Selection March 2009



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## **Executive Summary**

This report summarises consultation to replace the Barrett Adolescent Centre at The Park Centre for Mental Health at Wacol with a new purpose built facility at Redland Hospital at Cleveland.

A Site Selection Subgroup report previously identified two architecturally viable options for service redevelopment. The previous report concluded the existing site at The Park is ultimately compromised by its proximity to the expanding forensic mental health service. It recommended Redland as the preferred option to develop a replacement unit subject to further consultation with the sector and relevant stakeholders. This consultation was endorsed by the CEOs of Metro South and Darling Downs West Moreton Health Service Districts.

Consultation focussed on the following themes:

- Consumer and Carer Perspectives
- Clinical Workforce
- Transport
- Risks associated with the surrounding environment
- Advantages and disadvantages of the local area
- Provision of school services by Education Queensland
- Impact of Clinical Services Capability Framework (CSCF)
- Collocation Options
- Time and cost implications of staged development and potential for future expansion

The consultation confirmed considerable support for the preferred option among members of the State-wide Child and Youth Subgroup, Child and Youth Design Reference Group and carers. They saw a future opportunity to develop a Child and Youth Mental Health Hub at Redland which could not happen at Wacol. Presentations were provided to the Health Reform Consultative Committee and Local Consultative Forum at The Park. These industrial bodies sought assurance that if the service was relocated, existing staff would be supported. They await a final decision. Consultation with Education Queensland confirmed that the relocation of the service would not be a barrier to the continued provision of education services.

Existing consumers expressed their opposition to the relocation of the service while responses from carers were mixed. Consumers and carers who oppose service relocation are convinced of the attributes of the existing site. However, they are unlikely to be personally affected by relocation or the impact of service development planned for The Park precinct. Most existing staff involved in consultation have expressed their opposition to relocation and do not accept the rationale. Some staff are adamant they would not continue working in the service if it were relocated, a number are undecided, and another group, including some senior clinicians, have indicated their preparedness to establishing the service at Redland.

Despite this opposition, this report concludes the rationale for relocating the service is sound. It is more appropriate to locate a purpose built state-wide facility for vulnerable adolescents at a site with mainstream mental health and clinical services than one with a growing forensic mental health population. On this basis, it recommends the relocation of the adolescent extended treatment unit to Redland and endorsement to proceed.