# Director-General Brief for Approval

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Division/HHS:	
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## Requested by:

Department

Minister's office

**SUBJECT:** Funding for additional services under the Adolescent Mental Health Extended Treatment Initiative

## Issue(s)

- 1. In 2014, Queensland Health introduced the Adolescent Mental Health Extended Treatment Initiative (AMHETI) as a service response to the closure of the Barrett Adolescent Centre.
- AMHETI is based on contemporary models of care and aims to meet the extended treatment and rehabilitation needs of young people with serious mental health problems in the least restrictive environment, and as close to the young person's home as possible.
- 3. Children's Health Queensland Hospital and Health Service (CHQ HHS) provides state-wide oversight of the AMHETI model, in partnership with Hospital and Health Services that provide services at the local level.
- 4. CHQ HHS has advised the Mental Health Alcohol and Other Drugs Branch (MHAODB) about the need for additional AMHETI services for adolescents including (in order of priority):
  - A Youth Residential Rehabilitation Unit (Youth Resi) on the north side of Brisbane
  - Ten more Assertive Mobile Youth Outreach Services (AMYOS) teams across Queensland, commencing with Ipswich/West Moreton, the Sunshine Coast and additional teams in north and south Brisbane
  - An Adolescent Day Program in Logan
  - An Adolescent Day Program on the Gold Coast
  - Two Step Up/Step Down Units in Brisbane (north and south) and one in north Queensland
  - Recurrent funding for subacute beds at the LCCH (CHQ is currently developing a discussion paper exploring national and international evidence-based practice to inform any future direction taken regarding the subacute bed service).
- 5. While the Mental Health Drug and Alcohol Services Plan 2016-2021 (under development) will guide the priorities for investment for the next five years, the MHAODB notes there is unallocated recurrent operational funding under the Government election commitment *Rebuilding intensive mental healthcare for young people.*
- 6. Of the \$17.81 million recurrent operational funding provided for this commitment, \$11.8 million has been allocated to the Townsville component, leaving approximately \$6.01 million over three years from 2015-16 to 2017-18 unallocated.
- 7. The MHAODB proposes this remaining funding be directed to establishing an additional AMHETI service. The establishment of a Youth Resi on the North side of Brisbane is the highest priority AMHETI service component identified by CHQ, based on current and future service demand and population projections.
- Specifically, it is proposed that the Youth Resi be situated in or around Caboolture to complement the existing child and youth services and be supported by the recently established AMYOS.
- The establishment of a five-bed youth residential rehabilitation unit, located in North Brisbane would cost about \$1.44 million per annum which is within the remaining funding available.
- 10. The service would be run by a community managed organisation (CMO), in partnership with the local Child and Youth Mental Health Service. The procurement process to appoint a CMO would take approximately four months once funding approval has been gained.

## Background

- 11. A total of \$40.51 million (\$22.7 million capital and \$17.81 million recurrent) was allocated to commitments under *Rebuilding intensive mental healthcare for young people.*
- 12. AMHETI is based on a continuum of care, underpinned by five key service elements being AMYOS, Youth Residential Rehabilitation Units, Adolescent day programs, Adolescent subacute beds and step-up/step-down units.
- 13. See Attachment 1 for a table which shows the current location of services that are funded under the AMHETI model.

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- 14. The Queensland Government election commitments under *Rebuilding intensive mental healthcare for young people* includes:
  - Townsville component
    - Establish youth residential rehabilitation services for up to 8 young people in Townsville.
    - Establish family residential facilities consisting of two, two bedroom units to support out-of-area families of young people receiving care in Townsville.
  - South East Queensland component
    - Establish a new tier 3 sub-acute facility with up to 22 beds for young people with serious mental health issues in south east Queensland including an additional 20 place day program, an integrated special purpose school, step-down accommodation and family accommodation.
  - State-wide components
    - Establish day program services in a number of locations across the state.
    - Review Assertive Mobile Youth Outreach Services (AMYOS).
    - Review youth residential rehabilitation services.

### **Consultation**

15. Dr Stephen Stathis, Medical Director, Medical Director, Child and Youth Mental Health Service (CYMHS), Children's Health Queensland (CHQ) Hospital and Health Service (HHS) and Ingrid Adamson, Project Manager, CYMHS, CHQ HHS were consulted regarding placement of the Youth Resi. They advised that the next Youth Resi should be placed in the northside of Brisbane based on current and future service demand and population projections. Specifically, they advised that the proposed site should be Caboolture, in order to complement the existing child and youth services and be supported by the recently established AMYOS.

#### **Recommendation/s**

It is recommended that the Director-General:

**Approve** the \$1.5 million recurrent per annum under *Rebuilding intensive mental healthcare for young people* be directed to the establishment of a Youth Residential Rehabilitation Unit in north Brisbane.

### Attachments

Attachment 1 – Location of services that fit under the AMHETI model.

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APPROVED/NOT APPROVED NOTED

#### MICHAEL WALSH Director-General

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**Director-General's comment** 

#### Ministerial Brief for Approval required Ministerial Brief for Noting required

Author Cleared by: Cleared by: (SD/Dir) Cleared by: (SD/Dir) Content verified by: (CEO/DDG/Div Head) Karen Rockett Anna Davis Sandra Eyre Dr Bill Kingswell Dr Michael Cleary Principal Policy Manager, Mental Director, Planning and Executive Director, Mental Deputy Director-Officer, Mental Health Strategy Partnerships Health Alcohol and Other General Health Strategy Drugs Branch Mental Health Mental Health Mental Health Alcohol Clinical Excellence Clinical Excellence and Other Drugs Alcohol and Other Alcohol and Other Division Division **Drugs Branch Drugs Branch** Branch 7 September 2015 September 2015 September 2015 September 2015 September