

## **AFFIDAVIT for BARRETT ADOLESCENT CENTRE COMMISSION OF INQUIRY**

I, Charlotte Louise Hambly, of [REDACTED], solemnly

and sincerely affirm and declare as follows:-

I have been asked by the Barrett Adolescent Centre Commission of Inquiry to provide a written statement to the Commission in relation to Client [REDACTED]

I have reviewed the documents on Client [REDACTED] chart and provide the following responses to the questions outlined in the schedule:

### **Background and experience**

1. I am currently employed in a part time capacity as a Senior Psychologist, Yeronga Child and Youth Mental Health Service ( CYMHS), Children's Health Queensland Hospital and Health Service (CHQ HSS) | Queensland Government. I have been employed in this role at Yeronga CYMHS since 2003.<sup>4</sup> [REDACTED]

Additionally, I currently work in private practice as a Psychologist at the Emotional Health Unit, Mater Children's Hospital, Brisbane. I have been employed in this role since April 2014.

I am a Psychologist and currently hold full registration with the Psychology Board of Australia, Australian Health Practitioner Regulation Agency (AHPRA).

My professional qualifications include: a Bachelor of Arts degree in Psychology (Honours), Australian National University and Master of Music Therapy, University of Queensland.

2 a. From November 2004 until November 2014, I was employed as Senior Psychologist at Yeronga Kids in Mind, Mater Child and Youth Mental Health.

After this, I became Senior Psychologist at Yeronga CYMHS, Children's Health Queensland Hospital and Health Service (CHQ HSS).

**b. Key responsibilities include:**

- comprehensive assessments of children and adolescents 4- 18 years with moderate to severe mental health difficulties.
- provision of clinical interventions to children young people and their families using a range of family focused, parenting, group and individual evidence based and expressive therapies
- provision of psychological testing, including cognitive assessments and standardised psychological questionnaires as required
- case management including consultations with teachers, involved health professionals, agencies and client advocacy as required
- provision of training and clinical supervision to colleagues and post- graduate students as required.

My reporting structure is to Team Leader Ms Abigail King.

c. if) In my current role as Senior Psychologist, I treat children and young people aged 4- 17 years inclusive with moderate to severe behavioural, emotional and/or mental health difficulties. The principal types of conditions I have treated include: anxiety disorders, mood disorders, Autism, eating disorders, and psychosis. Additionally, I see young people with suicidal and/or self-harm behaviours.

ii) I am employed to treat children and adolescents between the ages of 4-17 years inclusive.

**3.** I have worked as Registered Psychologist in Disability, Education and Mental Health fields in Australia and overseas for 21 years. I have worked specifically in Child and Adolescent mental health services (CYMHS) in

Canberra and Brisbane since May 1999. I have been employed in both full and part time capacities.

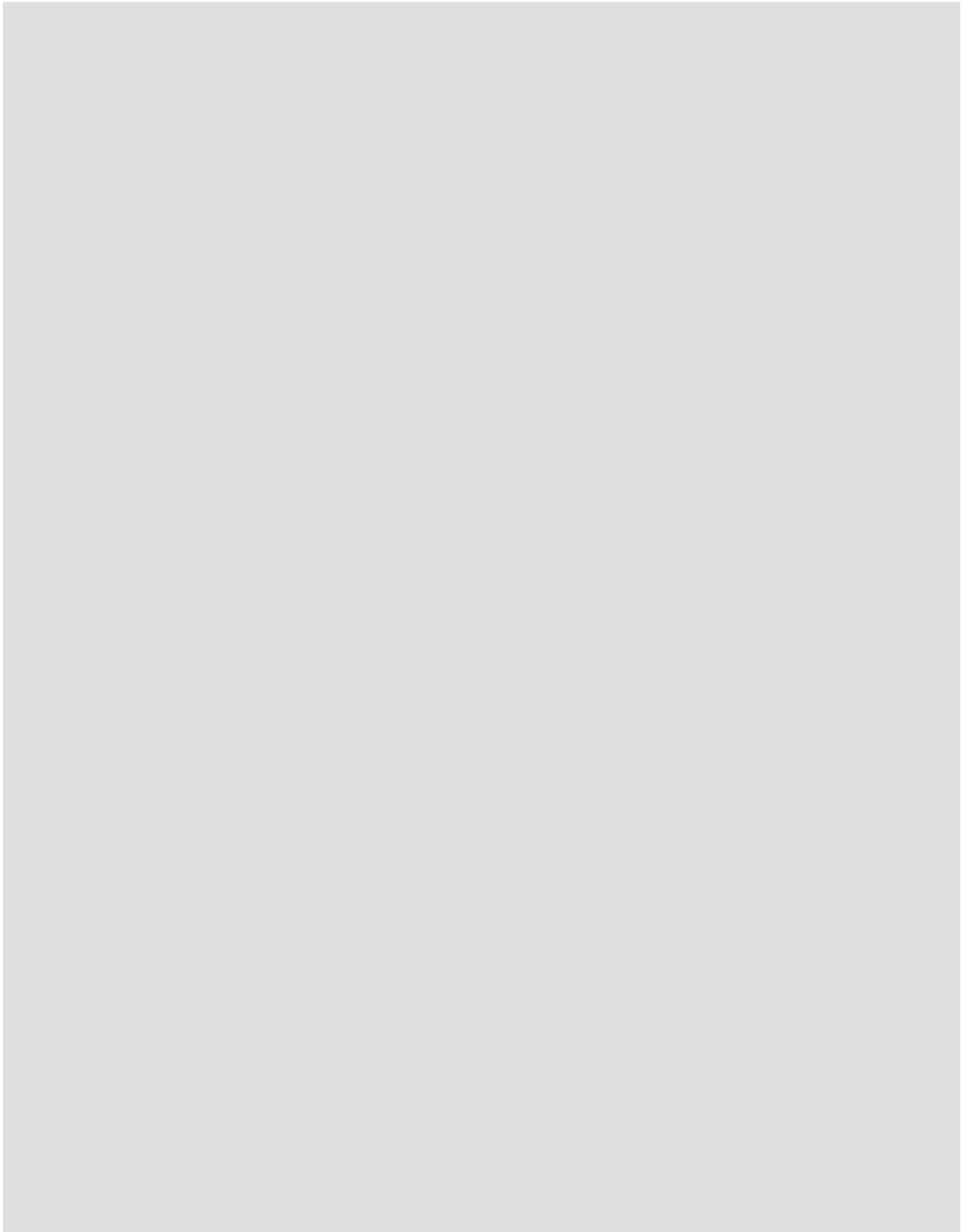
I have worked predominantly in community mental health for Queensland Health and Mater Health Services. Additionally, I worked in a Day Program setting, Mater Health Services from May 2001- 2004. This service is designed to provide intensive assessment, case management and individual and group based therapeutic interventions to children and adolescents with 'community treatment resistant' and complex mental health difficulties.

4. [REDACTED] provides clinical services to children and young people with moderate to severe mental health difficulties. This means that referrals are regularly received for young people with high levels of acuity and emotional distress including: self-harm behaviours; suicidal ideation; previous suicide attempts; eating disorders; psychosis and extreme behavioural difficulties. As an experienced Psychologist in mental health services, I am routinely required to be a Case Manager and therapist for referrals for children and young who present with such difficulties.

#### **Involvement with the Barrett Adolescent Centre (BAC)**

5. I visited the Barrett Adolescent Centre (BAC) on one occasion in May 1999 when I moved to Brisbane. I have never referred a young person to the services nor have had any other involvement with the Centre with respect to previous or former patients.

#### **Transition arrangements**



9. I am unable to comment on this question.

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Deponent



Sheet 4

A Justice of the Peace



**10.** I did not have any discussions with the staff at BAC in relation to transitional arrangements, treatment plans, clinical and educational needs or other matter relation to any clients.

**11.** Through consultation with [REDACTED], I was aware that there were no significant safety risks in relation to Client [REDACTED]. As outlined above, I was aware of the ongoing care arrangement for Client [REDACTED] in relation to [REDACTED] psychiatric, psychological, accommodation and educational needs.

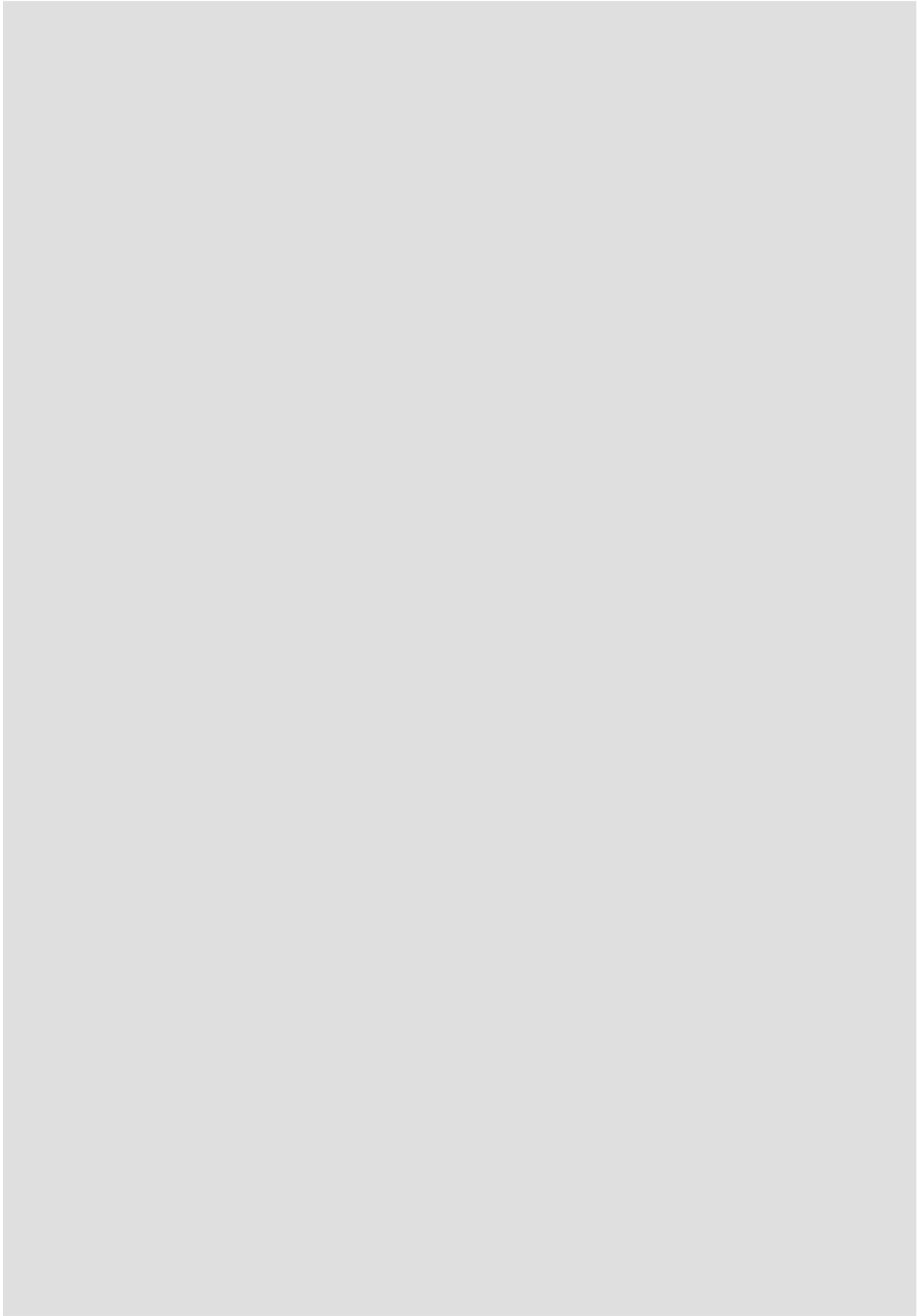
**12.** I was not aware of a risk management plan for Client [REDACTED]. I had been made aware through consultation with [REDACTED] that Client [REDACTED] had not previously engaged in high-risk behaviours, lived with a supportive and protective [REDACTED] and was not considered a safety risk.

**13.** I did not have any concerns regarding the transition of Client [REDACTED] from the [REDACTED] to [REDACTED] contacted the [REDACTED] clinic on [REDACTED] and the first appointment took place on [REDACTED] see [REDACTED] notes dated [REDACTED] respectively.

Client [REDACTED] [REDACTED] and myself were present at this first appointment- see [REDACTED] note dated [REDACTED]. Future appointments were discussed and negotiated at this appointment and set up at mutually agreeable times.

**14.** I did not have any concerns regarding the treatment of Client [REDACTED] at [REDACTED]

**The Transition of the BAC client to [REDACTED]**



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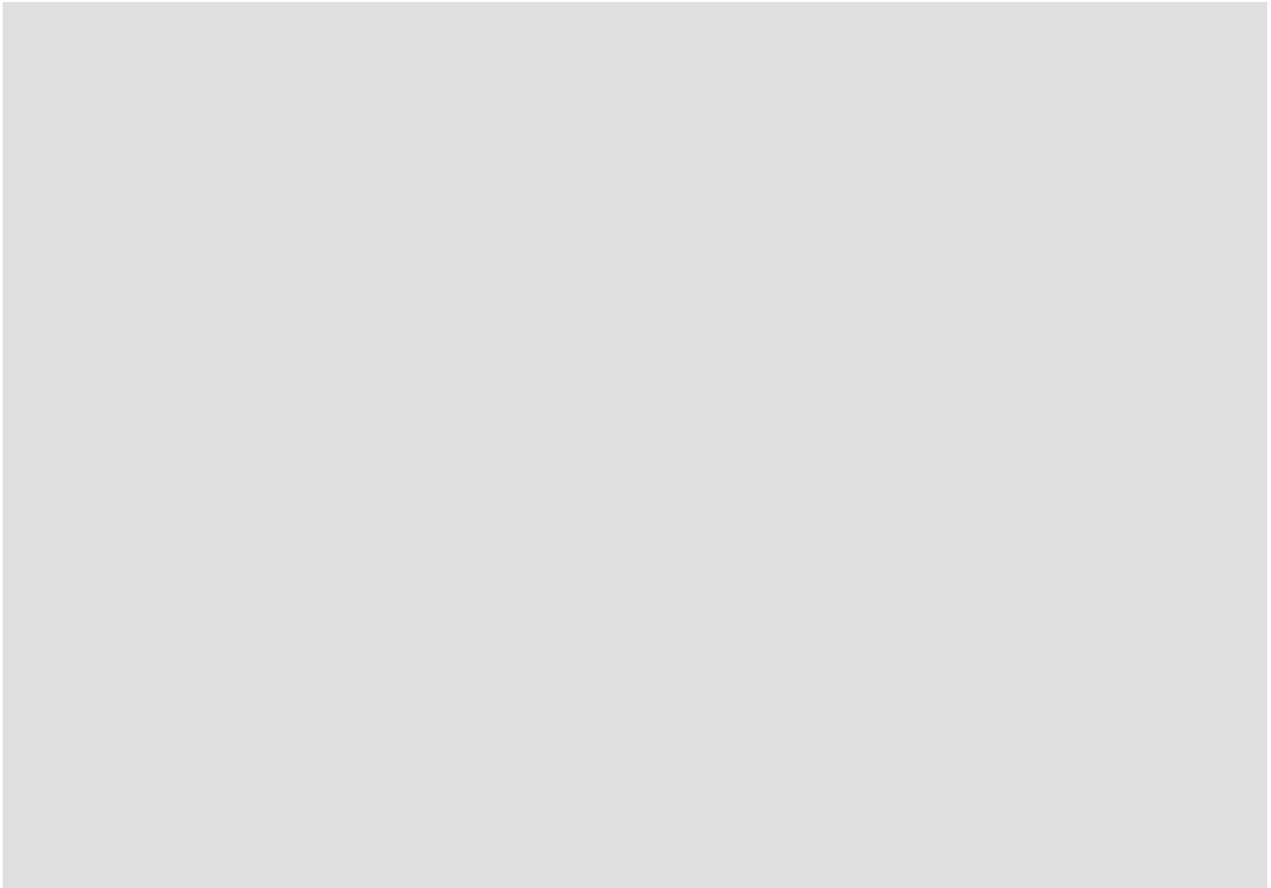
Deponent



Sheet 6

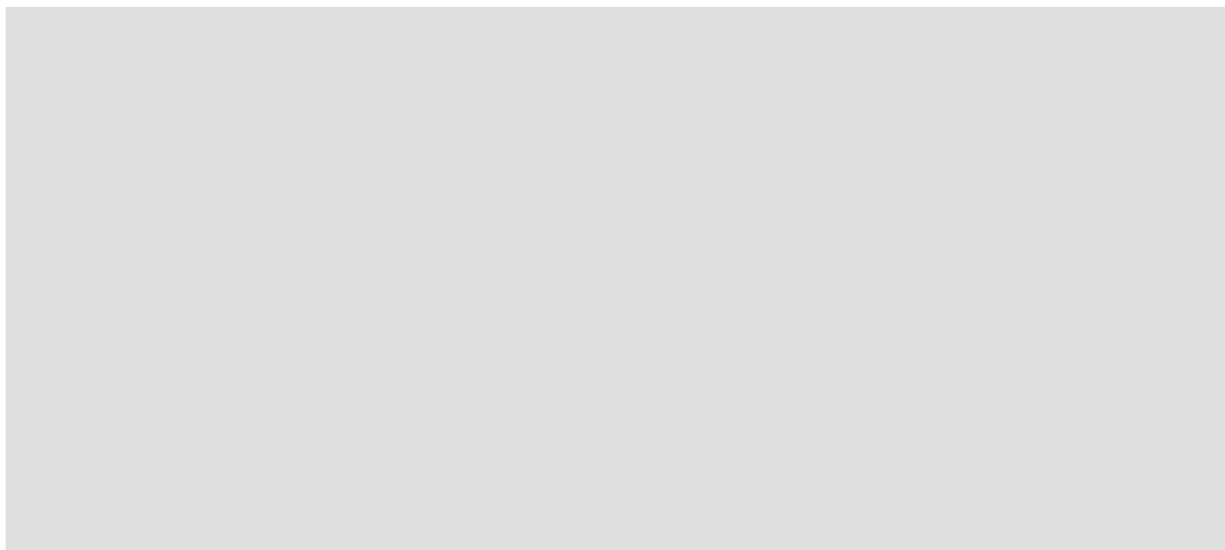
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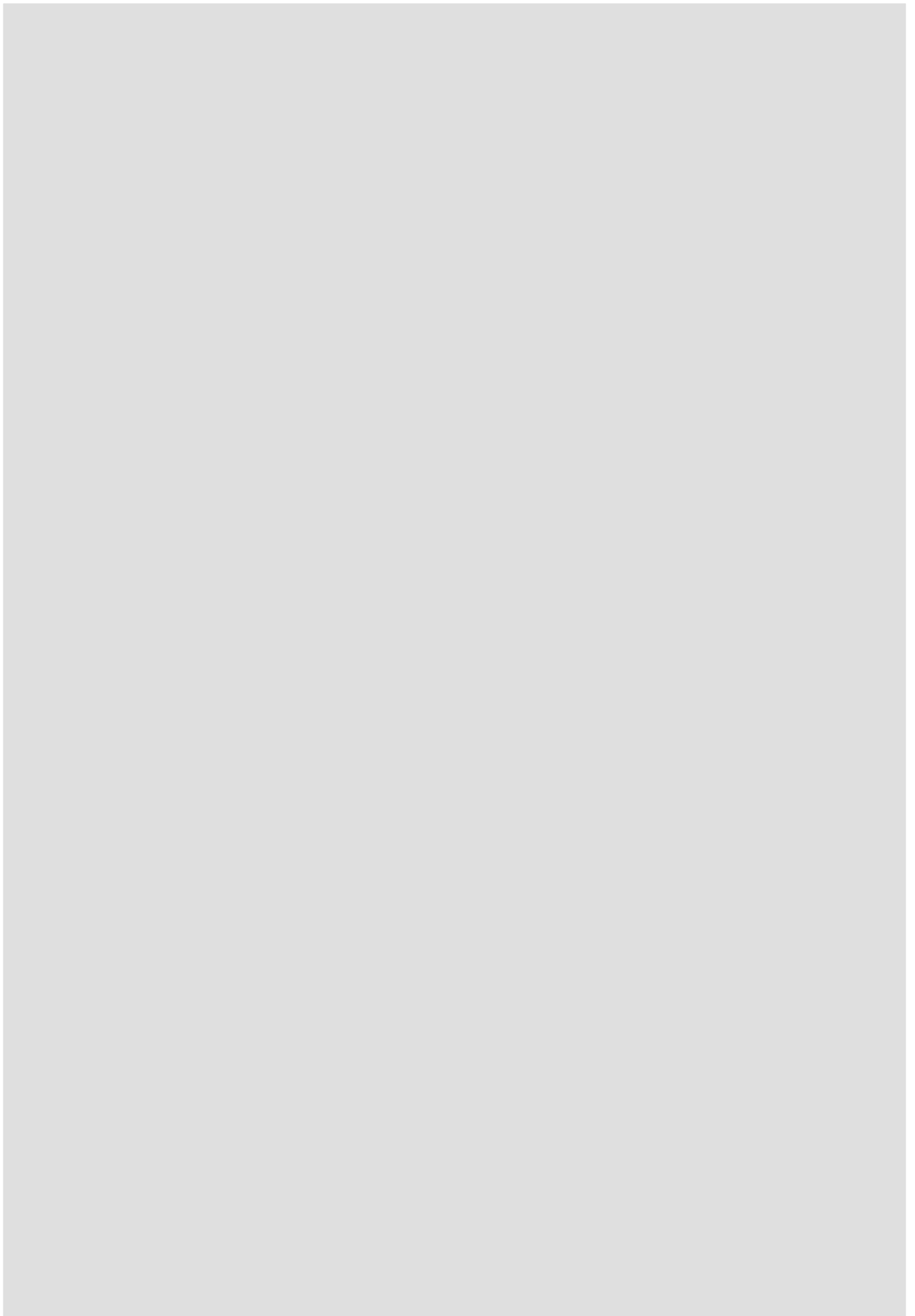




**19.** I am unable to comment on this question.

**20.** Yes, clinicians at [REDACTED] conducted an assessment of Client [REDACTED].







23. I have no further information or knowledge that is relevant to the Commission's Term of Reference.

ALL the facts and circumstances herein deposed to are within my own knowledge and belief save such as are deposed to from information only and my means of knowledge and source of information appear on the face of this my affidavit.

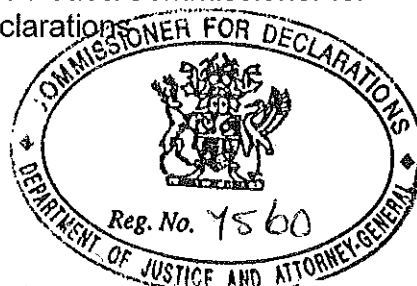
\*Sworn / Affirmed by Charlotte Hambly on 15/01/16 at Brisbane in the presence of: ELIZABETH CAREY

(signed by deponent)

Deponent

(signed by Justice of the Peace)

Justice of the Peace/Commissioner for  
declarations



Deponent

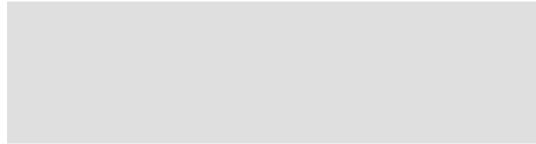
A Justice of the Peace

# CURRICULUM VITAE

## PERSONAL DETAILS

Name: Charlotte Louise Hambly

Address:



Telephone:



## QUALIFICATIONS

Master of Music Therapy  
University of Queensland, Brisbane 2007

Bachelor of Arts Degree in Psychology (Honours)  
Australian National University, Canberra 1991

A. Mus. A. (piano) 1987

## PROFESSIONAL BOARD MEMBERSHIPS

Registered Psychologist  
Psychology Board of Australia  
Australian Health Practitioner Regulation Agency (AHPRA)

## EMPLOYMENT HISTORY

**April 2014- present**

Emotional Health Unit  
Mater Health Services

**Position:**

Psychologist- private practice (part-time)

**Responsibilities:**

- assessment of children and adolescents with emotional, behavioural and/or mental health difficulties
- provision of clinical interventions to children, young people and their families using a range of evidence based therapies

**November 2004- present**  
(maternity leave from August 2008-  
February 2010)

Yeronga Child and Youth Mental Health (CYMHS)  
Lady Cilento Children's Hospital/ Mater Health Services

**Position:**

Senior Psychologist- Health Professional 4 (part-time)

**Responsibilities:**

- comprehensive assessments of children and adolescents 2- 18 years with moderate to severe mental health difficulties.
- provision of clinical interventions to children, young people and their families using a range of family focused, parenting, group and individual evidence based and expressive therapies
- provision of psychological testing, including cognitive assessments and standardised psychological questionnaires as required
- case management including consultations with teachers, involved health professionals, agencies and client advocacy as required
- provision of training and clinical supervision to colleagues and post graduate students as required.

**December 2003- November 2004**

Mater CYMHS Day Program  
Mater Health Services

**Position:**

Project Officer- COPMI  
(Children who have a parent with a mental illness)

**Responsibilities:**

- facilitation of specialised Kidz Club groups for children who have a parent/relative with a diagnosed mental health difficulty (COPMI).
- networking and development of partnerships with government and non- government COPMI stakeholders.
- provision of COPMI training to related agencies

**May 2002- December 2003**

Mater CYMHS Day Program  
Mater Health Services

**Position:**

Psychologist- Professional Officer 3

**Responsibilities:**

- provision of comprehensive psychological assessments, case management and individual
- therapeutic interventions for children, young people and their families with severe and complex mental health difficulties
- facilitation of therapeutic, evidence and skill based group programs for children and young people with complex mental health difficulties
- participation in weekly multi- disciplinary Day Program case conferences to provide expert advice/input regarding psychological interventions for clients

**April 1999- May 2002**

Bayside CYMHS  
Queensland Health

**Position:**

Psychologist- Professional Officer 3

**Responsibilities:**

- comprehensive biopsychosocial and risk assessments of children and adolescents with mental health problems and/or significant emotional or behavioural difficulties
- provision of clinical interventions to children, young people and their families using a range of parenting and individual psychological therapies
- provision of a telephone and face to face triage service
- case management and consultation with care-givers, teachers and health professional on issues relating to client needs
- training to relevant government and non government agencies as requested on mental health related topics provision of clinical supervision to colleagues as requested

**August 2000- February 2001**

Bayside CYMHS  
Queensland Health

**Position:**

Team Leader- Professional Officer 4 (Acting)

**Responsibilities:**

- management, co-ordination, support and monitoring of individual staff and team functioning to ensure high level clinical services are provided to consumers and their families
- assist in the development, refining and operationalising of the State and National mental health policies and plans for the delivery of clinical services in the Bayside CYMHS district
- staff orientation, organisation of recruitment
- processes and professional development activities for staff facilitation of quality improvement processes and the development of service initiatives at Bayside CYMHS
- implementation of accreditation processes with the Bayside CYMHS team

<b>June 1998- April 1999</b>	Child and Adolescent Mental Health Services ACT Mental Health, ACT
<b>Position:</b>	<u>Psychologist- Professional Officer Class 2</u>
<b>June 1997- April 1999- August 2000</b>	Specialist Education Services Auckland, New Zealand
<b>Position:</b>	<u>Educational Psychologist</u>
<b>December 1994- June 1997</b>	Disability Programs ACT Community Care, ACT
<b>Position:</b>	<u>Psychologist- Professional Officer Class 2</u>
<b>February 1993- August 1994</b>	Department of Community Services Orana/Far West Resource Team, Dubbo, NSW
<b>Position:</b>	<u>Psychologist-in- training</u>

## RECENT PROFESSIONAL DEVELOPMENT ATTENDED

- Act for Children-  
Dr Louise Hayes, Brisbane October 2015
- Non- violent Crisis Intervention- Mater Health Services July 2015
- How do child and family therapy really well?  
Professor Mark Dadds, Brisbane May 2015
- Mindfulness and Parenting-  
Cameron Aggs/ Dr Danielle McCarthy, Sunshine Coast August 2014
- Consumer and Partnership training (CAPA) - Mater Health Services April 2014
- Drug and Alcohol Training-  
Adolescent Drug & Withdrawal Service, Mater Heath Services March 2014
- Family Therapy in Action-  
University of QLD/ Mater Health Services February 2014
- Consumer Integrated Mental Health Application training  
(CIMHA)- Mater Health Services November 2014
- Taming the Adolescent Mind: Mindfulness Based Interventions  
for Teenagers- Dr Lucy Tan, Brisbane October 2013
- Multiculturalism, Refugees and Mental Health-  
QPASST, Brisbane June 2013
- Sexuality and adolescents-  
Family Planning, Brisbane April 2013
- Medically Unexplained Symposium-  
Royal Brisbane Children's Hospital, Brisbane March 2013
- The Maudsley Model of Family-Based Treatment for Anorexia Nervosa-  
Westmead Children's Hospital, Sydney June 2012
- Childhood Trauma Reactions-  
Australian Childhood Association, Brisbane May 2011
- Supervisor Training and Partnerships (STAP)  
Griffith University, Queensland June 2011

## RECENT TRAINING AND GROUPS PROVIDED

<u>COPMI Groups –</u> for children and adolescents who have a parent with a mental illness, Yeronga	2011-2012
<u>Music therapy and helping adolescents with mental health difficulties-</u> North West CYMHS	July 2008
<u>Music therapy and working with children with disabilities</u> Disability Services, Mt Gravatt	February 2008
<u>Self Harm In-Service-</u> for Guidance Officers and Youth Health Nurses in the South Brisbane region	June 2007
<u>Mental Health Promotion workshops-</u> -Brisbane State High School -Runcorn Heights State High School -West End Primary School	April 2007 September 2006 June 2005
<u>Music and Mental Health-</u> National Music Therapy Conference	July 2003
<u>Understanding the needs of children who have a parent with a mental illness-</u> for South Brisbane Guidance Officers	July 2003
<u>Chill Out group-</u> Anxiety group for primary school boys, Inala	October 2002
<u>Do As I Do-</u> Anxiety group for parents, Mater CYMHS Day Program	October 2002
<u>Bayside Adolescent Consumer Advisory Group-</u> for adolescents accessing Bayside CYMHS	2001-2002



## REFEREES

Referee reports can be obtained from:

1) Ms Jennifer Bache

CYMHS Director Psychology

Child and Youth Mental Health Service (CYMHS)  
Children's Health Queensland Hospital and Health Service  
(CHQ HSS) | Queensland Government

Telephone: [REDACTED]

Email: [REDACTED]

2) Ms Abigail King

Team Leader

Yeronga Child and Youth Mental Health  
51 Park Road  
Yeronga QLD 4101

Telephone: [REDACTED]

Email: [REDACTED]

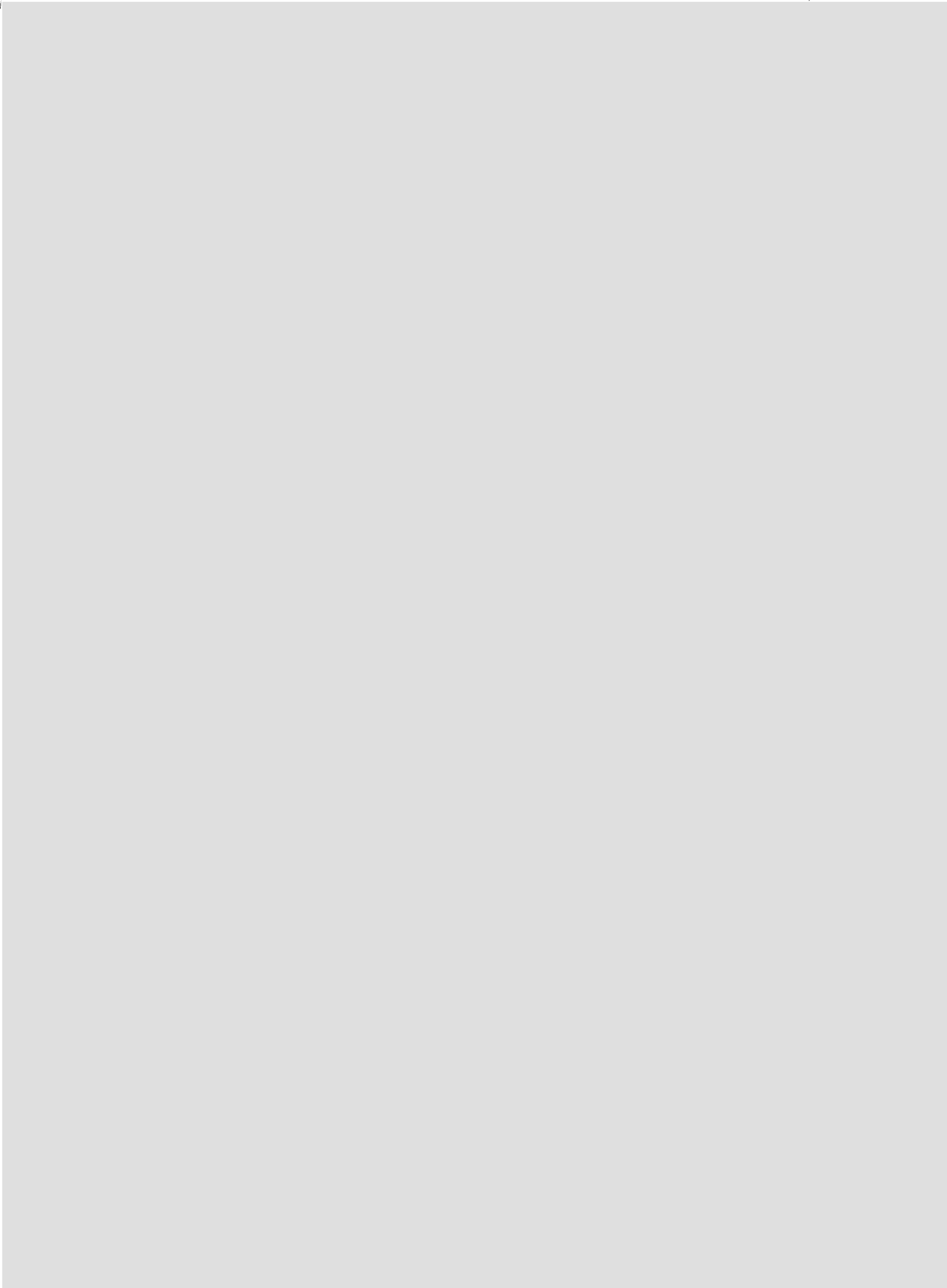
3) Dr Jillian Heath

Senior Psychologist

Inala Child and Youth Mental Health  
7 Kittyhawk Drive  
Inala QLD 4077

Telephone: [REDACTED]

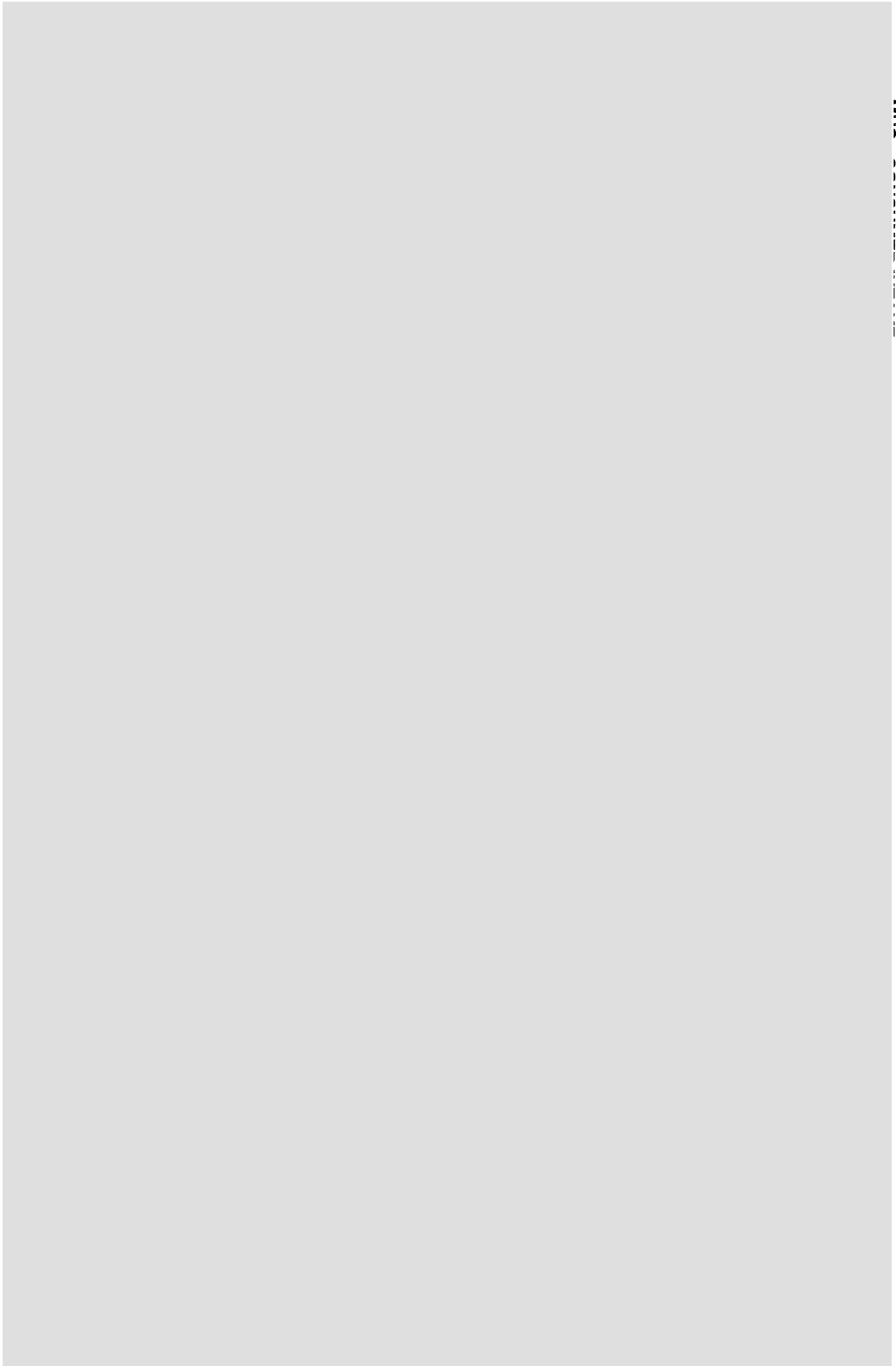
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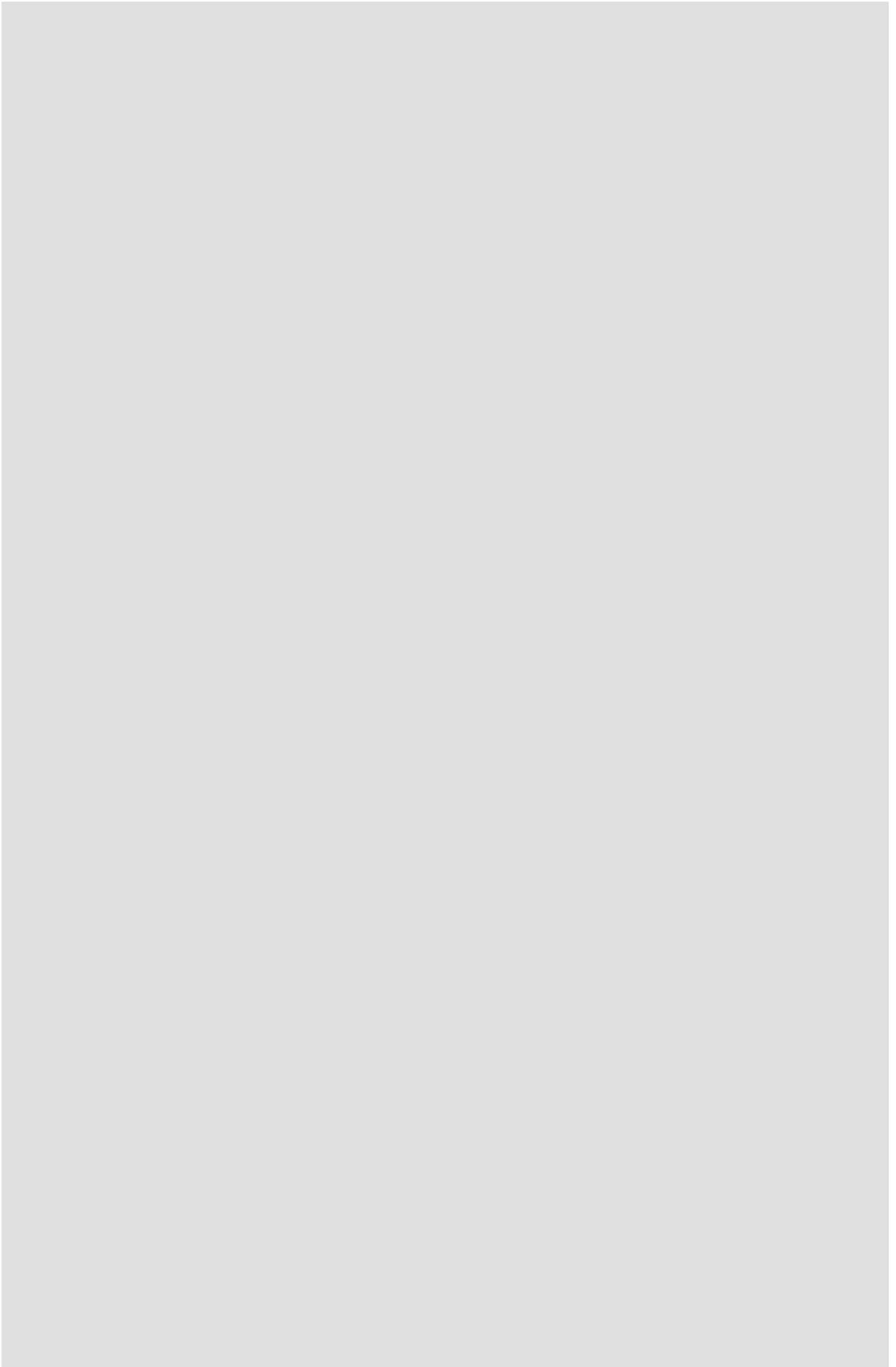


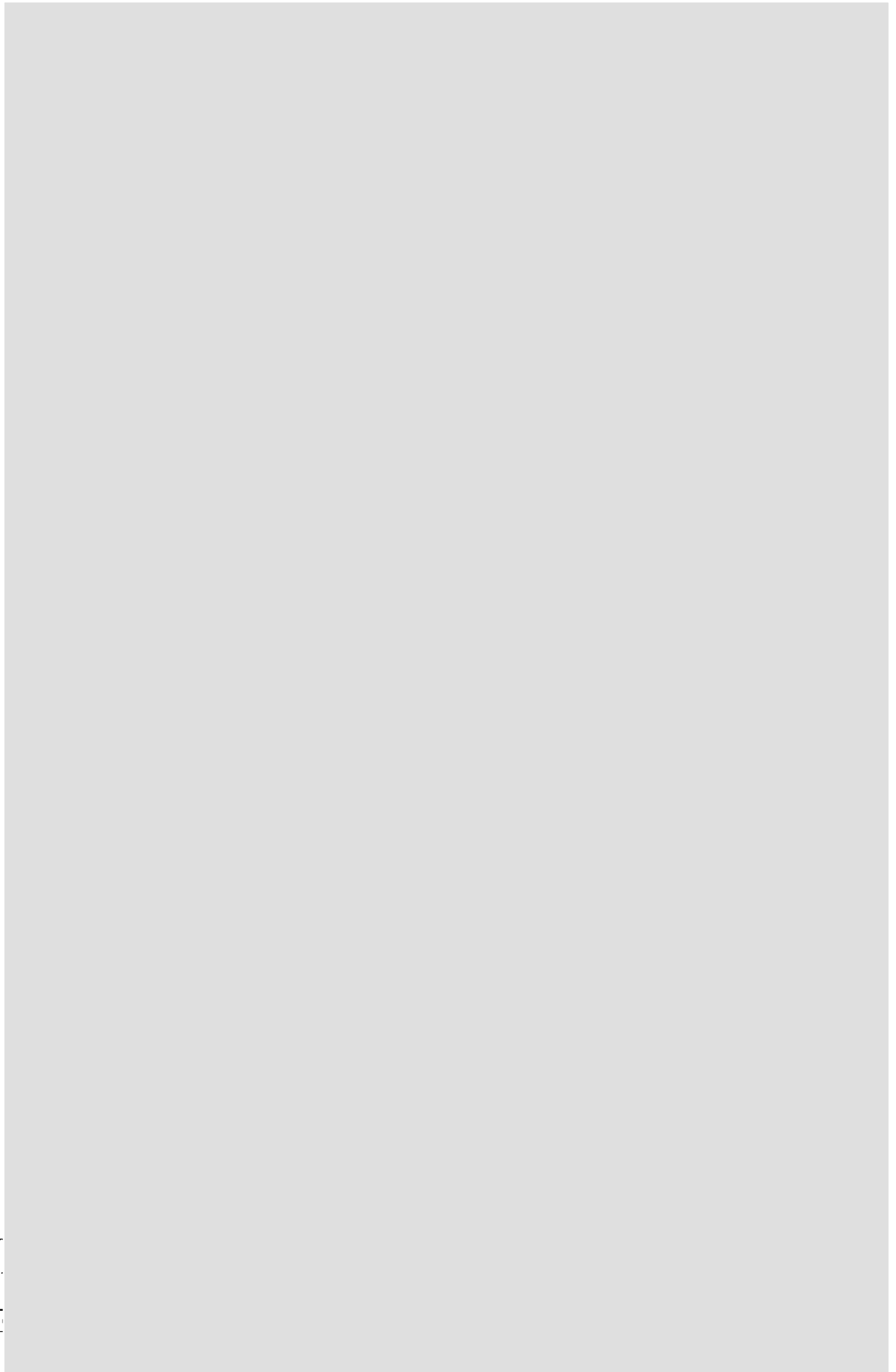






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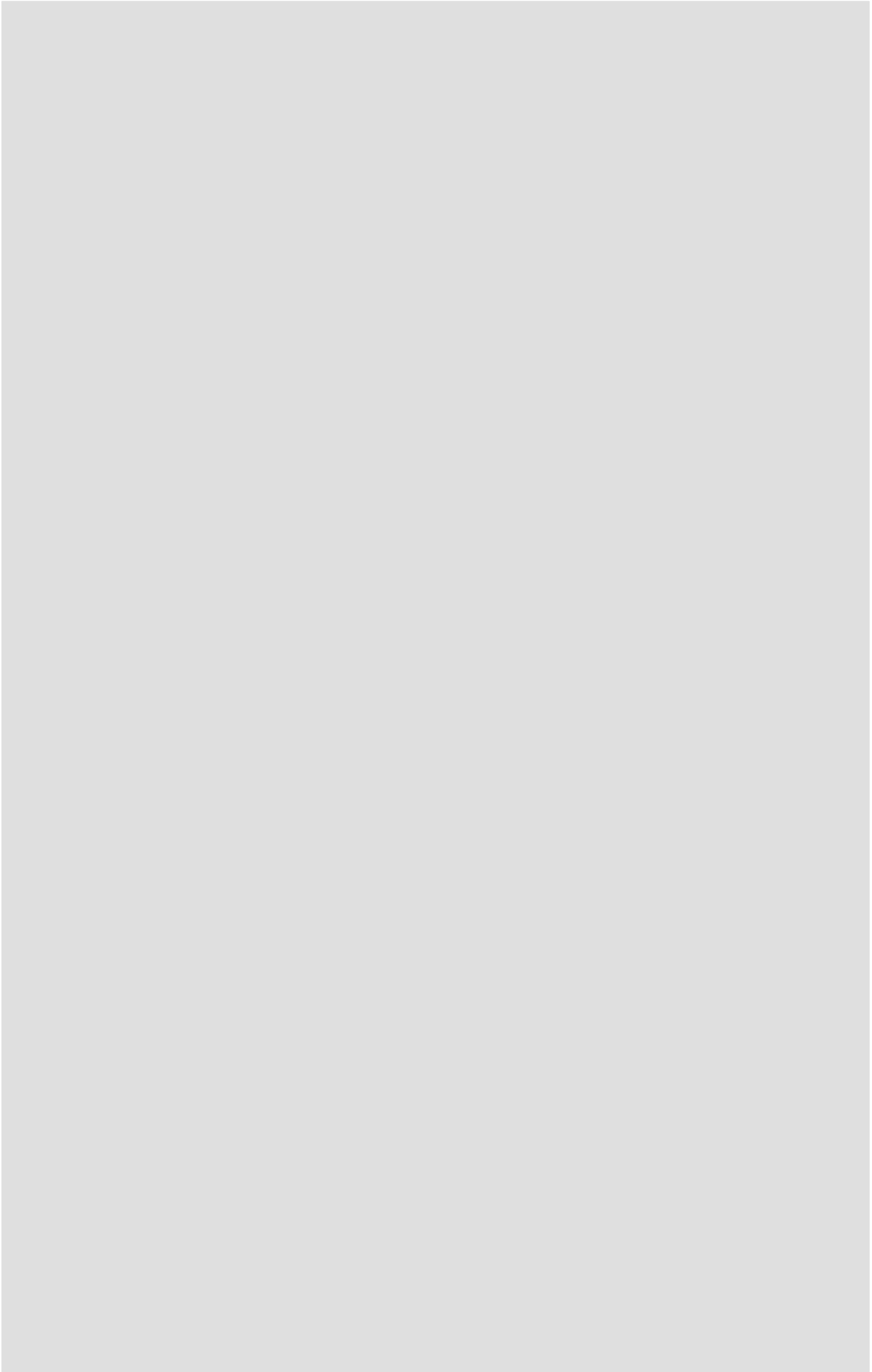


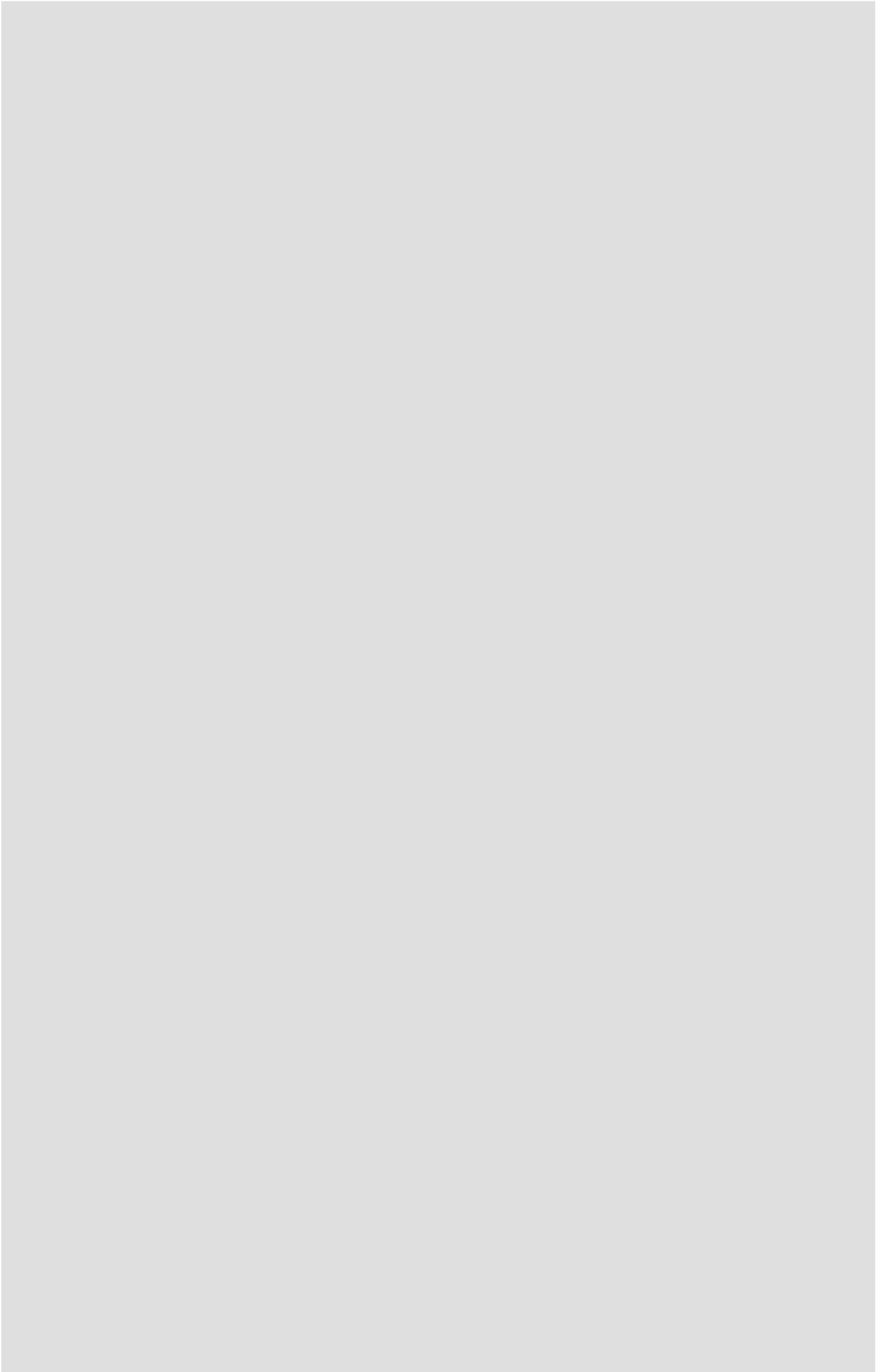


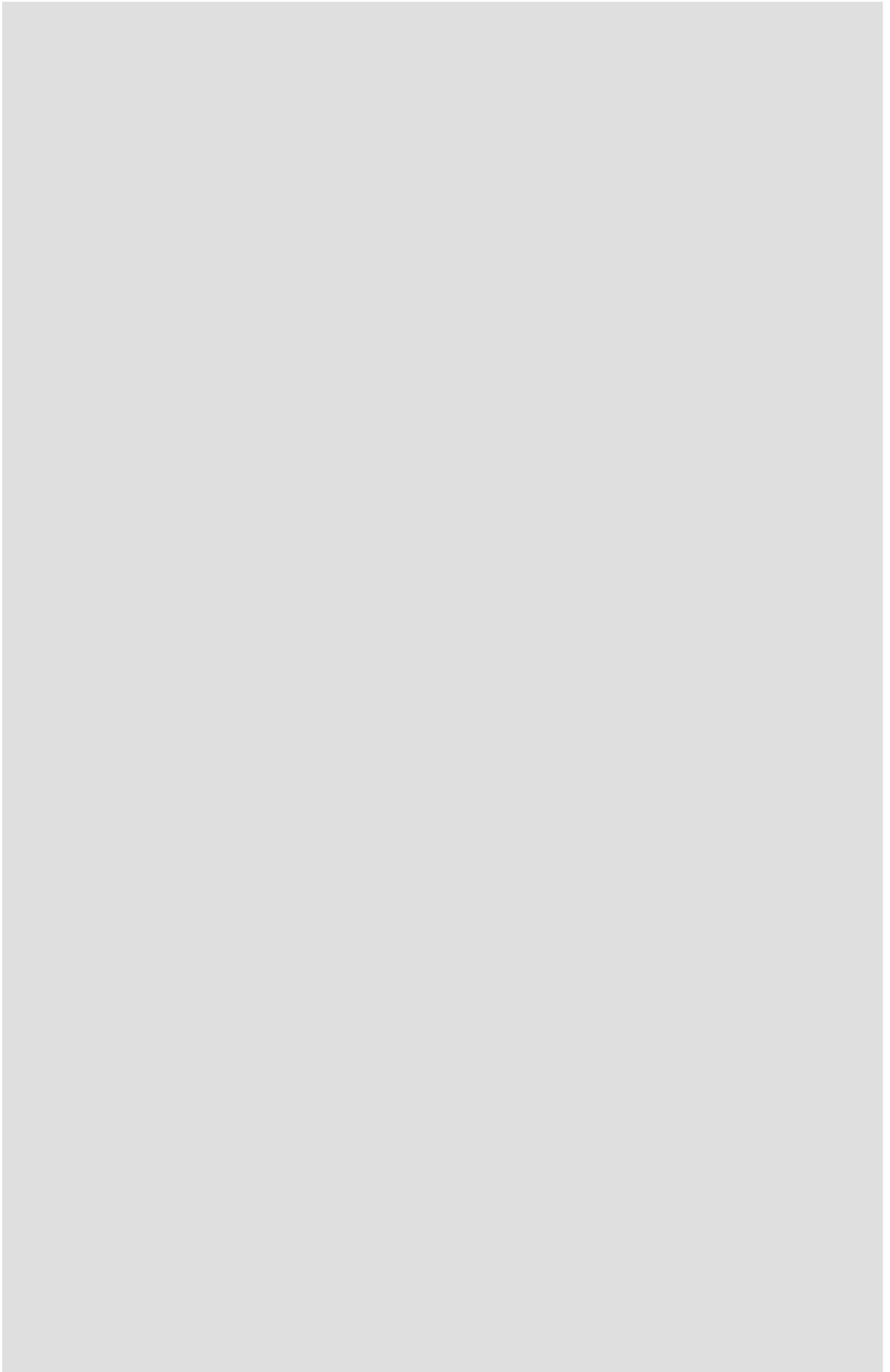
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SW021







**Abigail King**

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**From:** Brett McDermott [REDACTED]  
**Sent:** Wednesday, 12 February 2014 3:42 PM  
**To:** Abigail King; Abigail King; [REDACTED]  
**Cc:** Erica Lee; Tim Davidson  
**Subject:** RE: Appointments for [REDACTED]

Thanks Abby,  
If you d/w [REDACTED] I'll follow up with Stephen about contact details.  
cheers

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**From:** Abigail King [REDACTED]  
**Sent:** Wednesday, 12 February 2014 12:07 PM  
**To:** McDermott, Brett; King, Abigail; [REDACTED]  
**Cc:** Lee, Erica; Davidson, Tim  
**Subject:** RE: Appointments for [REDACTED]

I am happy for this plan. We will need to clarify psychiatrist's role etc so [REDACTED] and I will discuss. Do we have a time frame for contacting [REDACTED] ?  
Regards,  
Abby

---

**From:** Brett McDermott [REDACTED]  
**Sent:** Wednesday, 12 February 2014 11:54 AM  
**To:** Abigail King; Abigail King; [REDACTED]  
**Cc:** Erica Lee; Tim Davidson  
**Subject:** Appointments for [REDACTED]  
**Importance:** High

Hi Abbi and [REDACTED]  
See below – essentially a request from the [REDACTED] team for this [REDACTED], [REDACTED] patient and lives on the [REDACTED], to attend [REDACTED] clinic. Happy to talk about this but in brief

- I have d/w DR Anne Brennan who feels this [REDACTED] will not be an issue at clinic
- [REDACTED] is see [REDACTED] as a private psychiatrist
- [REDACTED] is [REDACTED] and is demanding [REDACTED] also is seen by a [REDACTED] team
- And the request is to [REDACTED]

The [REDACTED] and so the 'gig' would be time limited.

In the spirit of helping the [REDACTED] I feel the request is reasonable. It's over to you. Please get back to me about this issue  
Cheers,  
Brett.

---

**From:** Stephen Stathis [REDACTED]  
**Sent:** Friday, 31 January 2014 4:54 PM  
**To:** McDermott, Brett; Judi Krause  
**Subject:** FW: Appointments for [REDACTED]

Dear Judi and Brett

I've just managed to have a phone call with Leanne. Brett, not sure if you have been briefed on this young

13/02/2014

person. [REDACTED] patient. [REDACTED] has been very vocal. Diagnosis of [REDACTED]. Dynamics at home - I can fill in the details at another time.

We need to get some clarification whether [REDACTED] plans to attend the school five days a week (Leanne didn't know) If so, [REDACTED] does make a good point for [REDACTED] accessing [REDACTED] (I would suggest that appointments be made during the day, where there is an expectation that [REDACTED] would make his way over to [REDACTED] without [REDACTED] being present)

If [REDACTED] was to attend the [REDACTED] school, would you be prepared to accept [REDACTED] at [REDACTED]? If so, do you have a policy for YP attending [REDACTED] when they have a private psychiatrist?

I don't believe we need to make a decision urgently ([REDACTED] is engaged with [REDACTED] after all). However, WM will be wanting a decision soon in order to reply to [REDACTED].

The other options would be for [REDACTED] to find separate private AH therapists and/or attend [REDACTED]

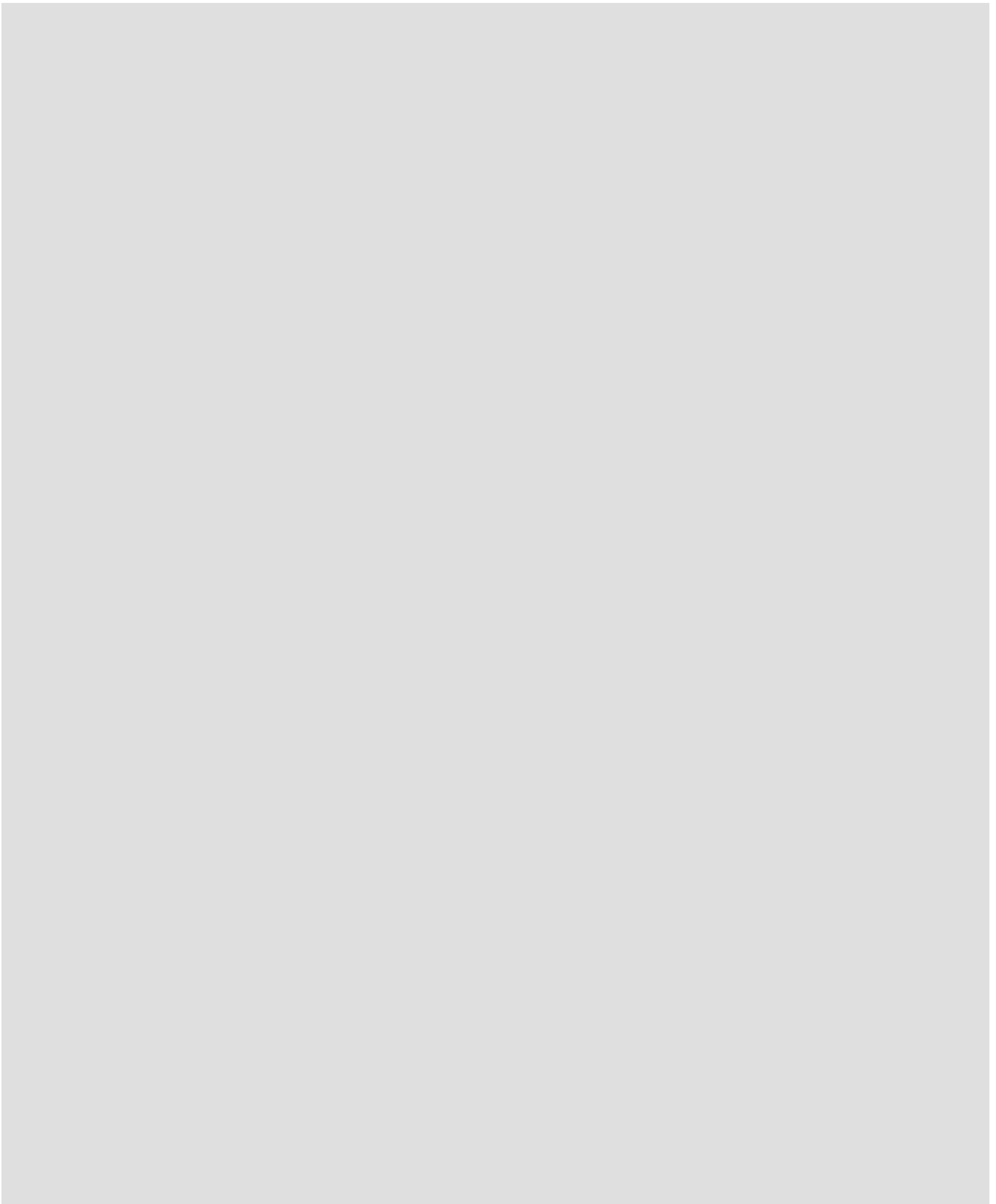
Cheers

Stephen

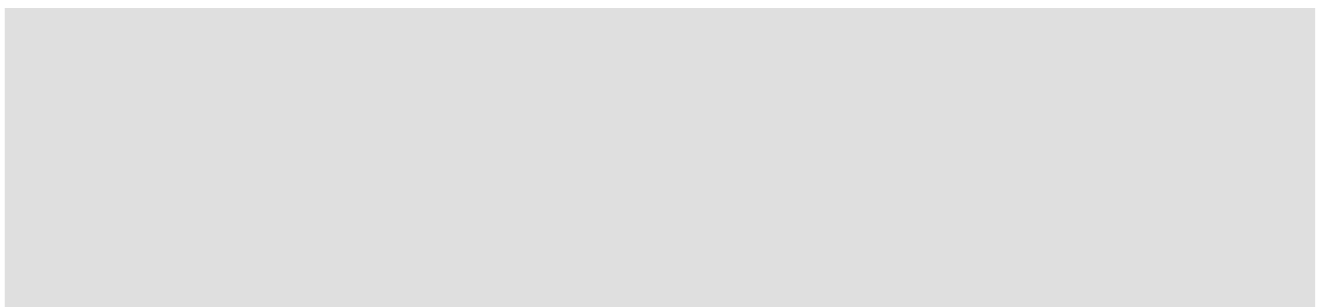
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[REDACTED]

[REDACTED]



Begin forwarded message:







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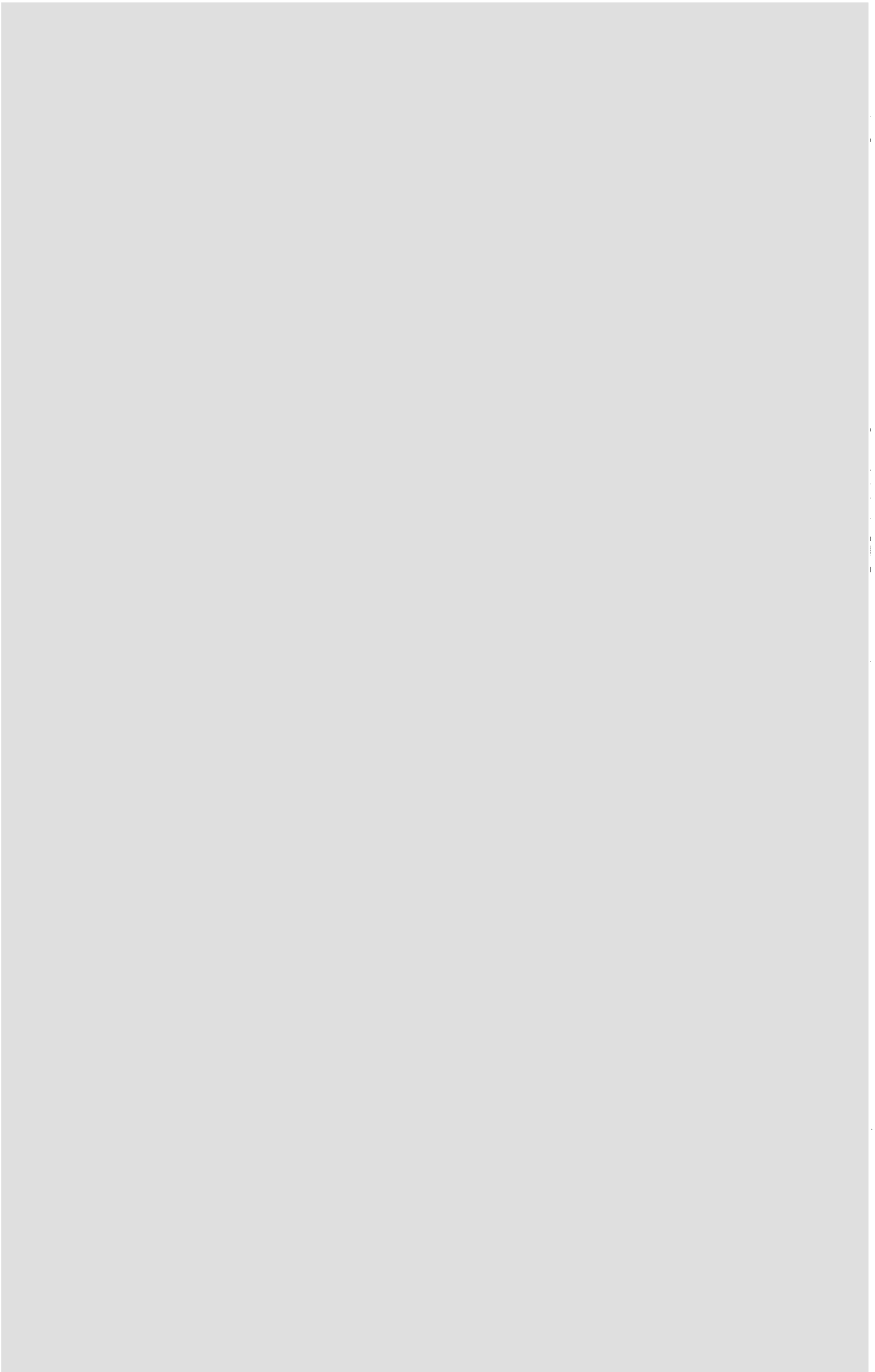
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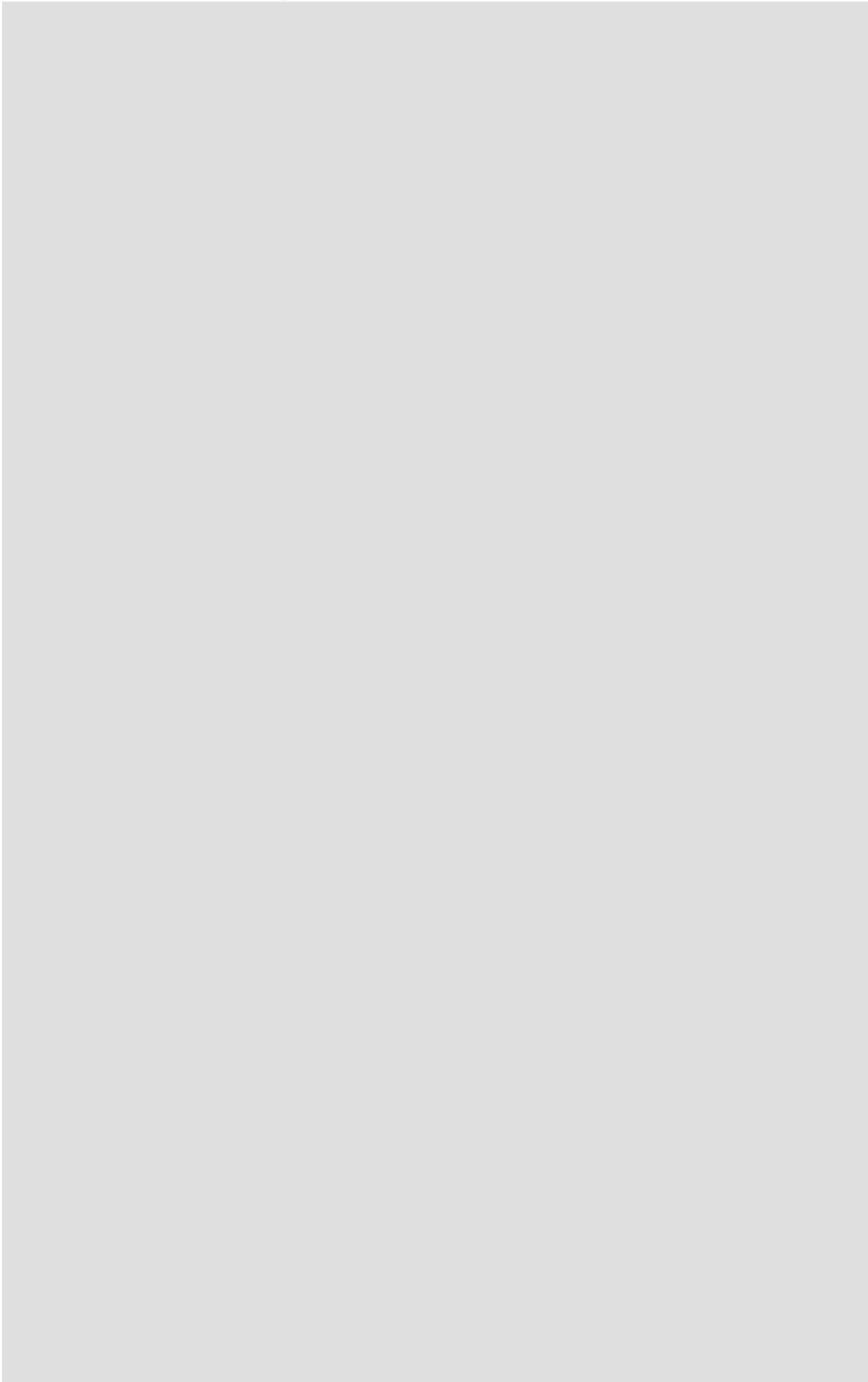


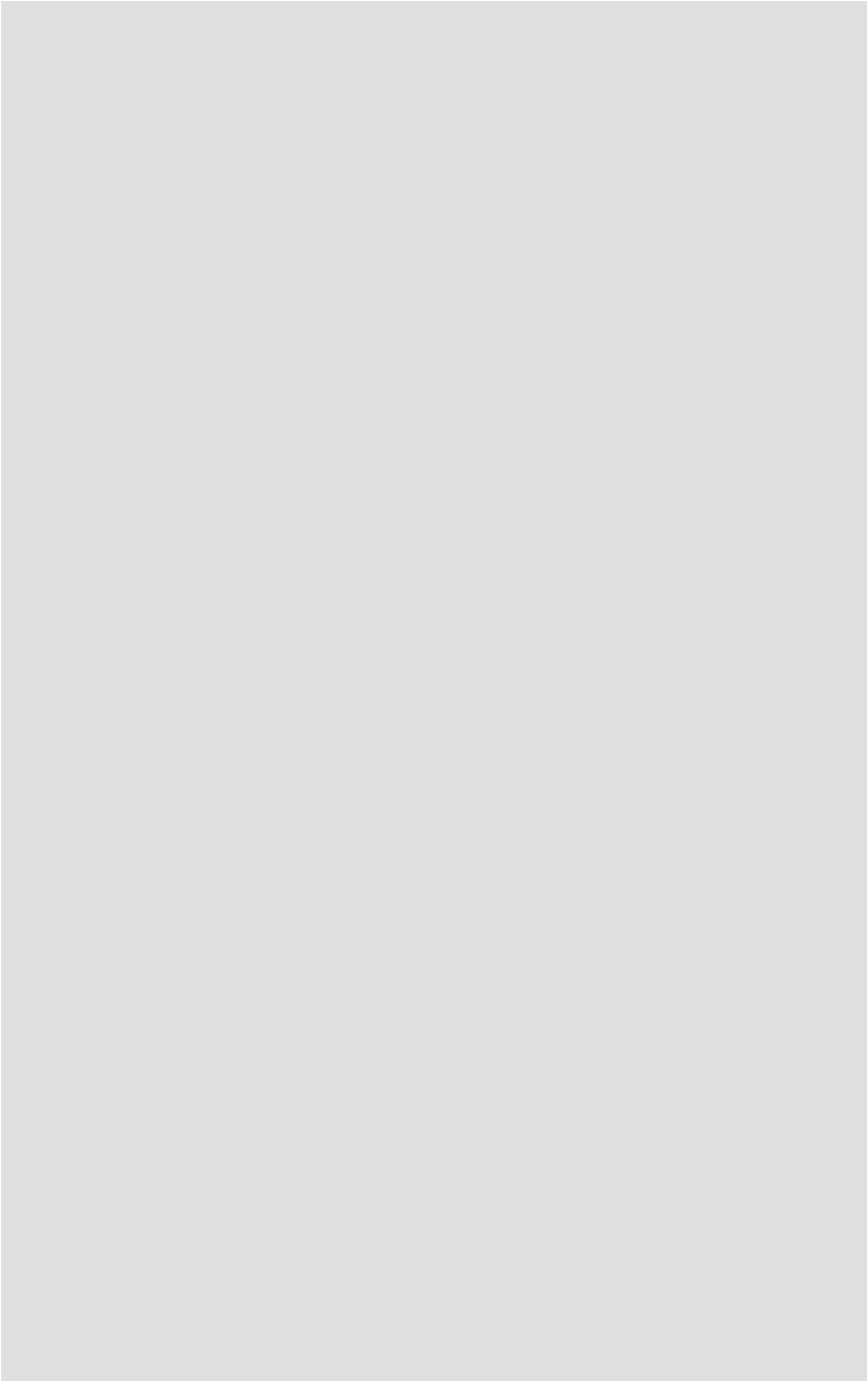
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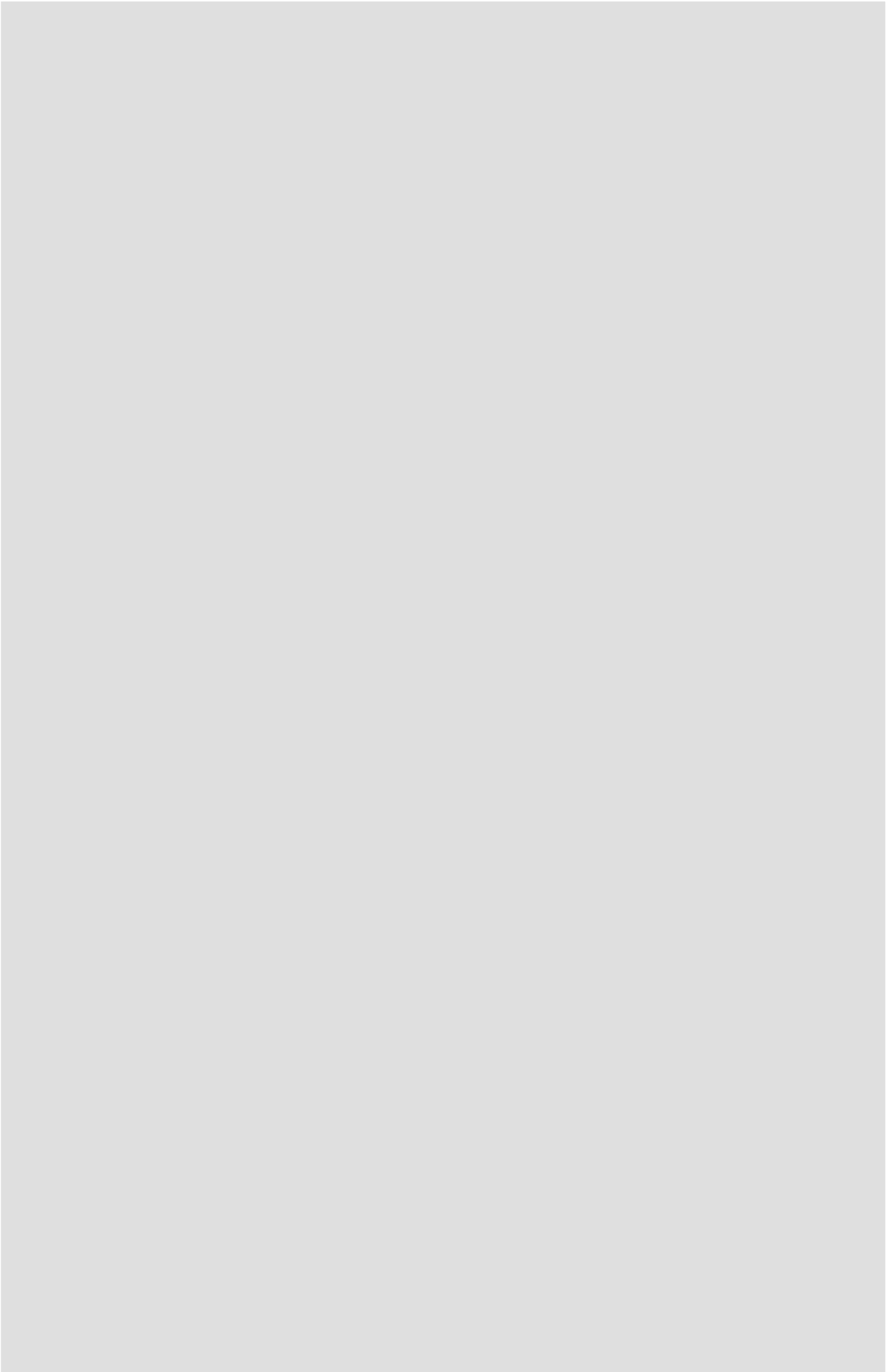


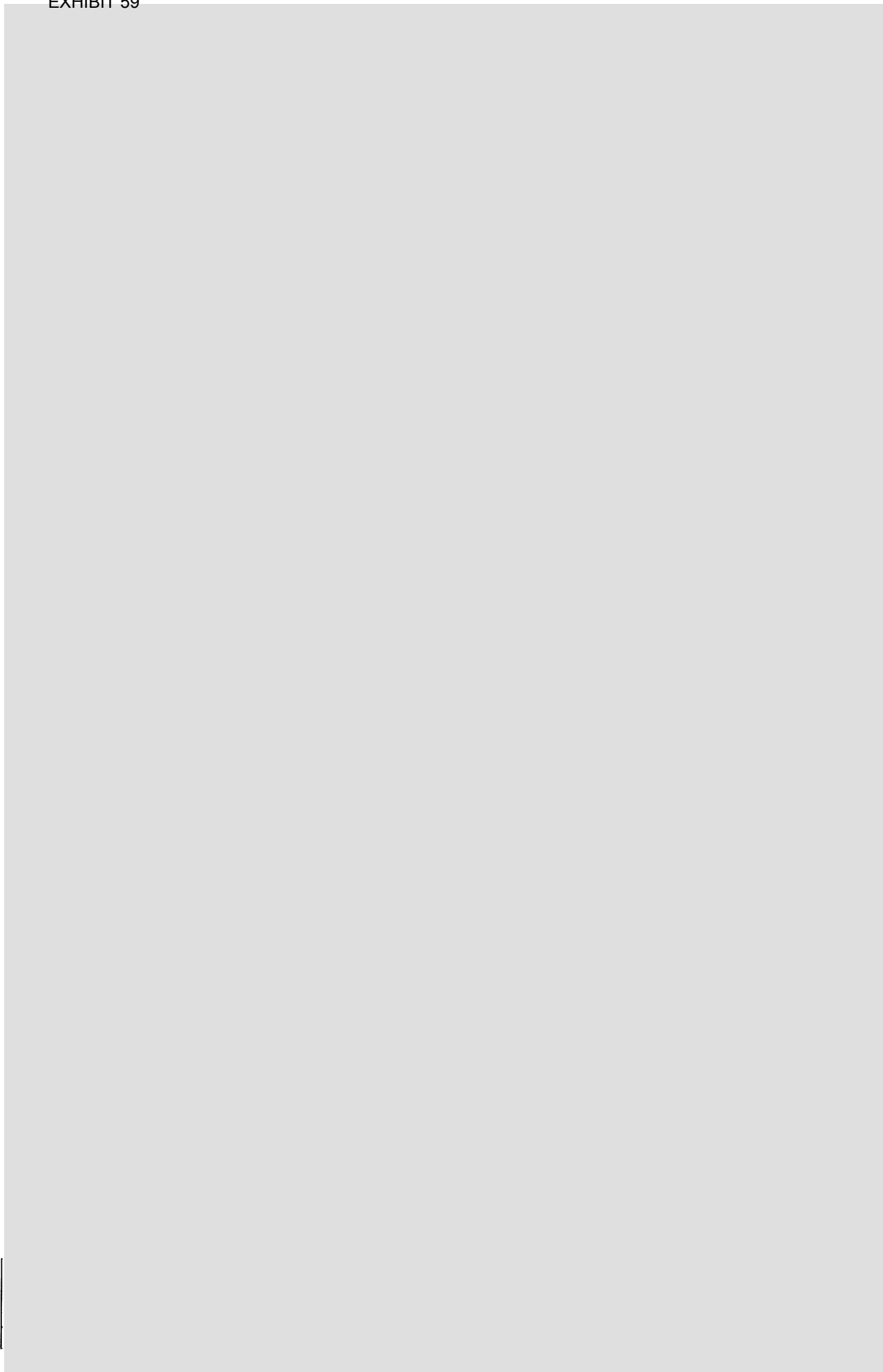
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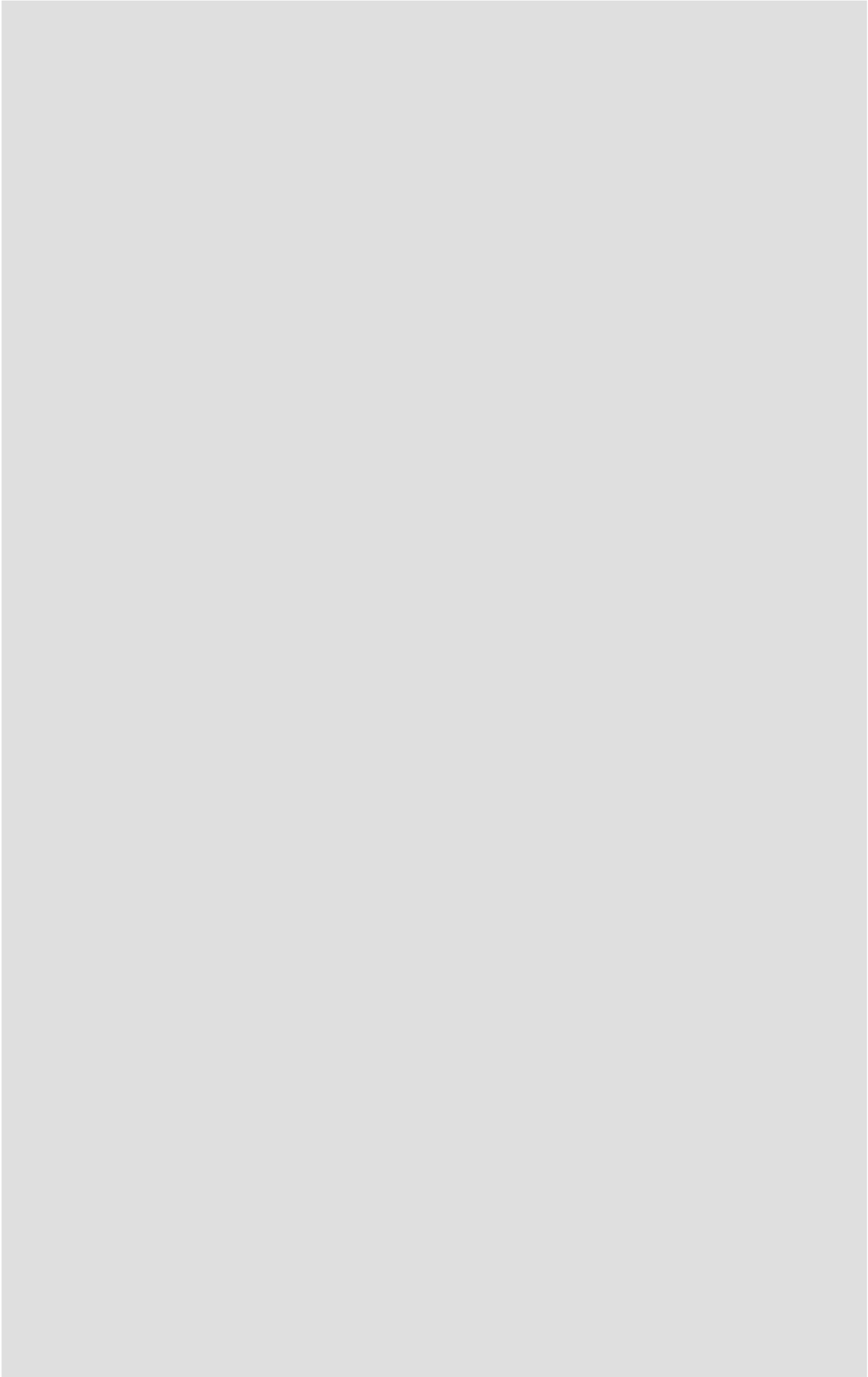




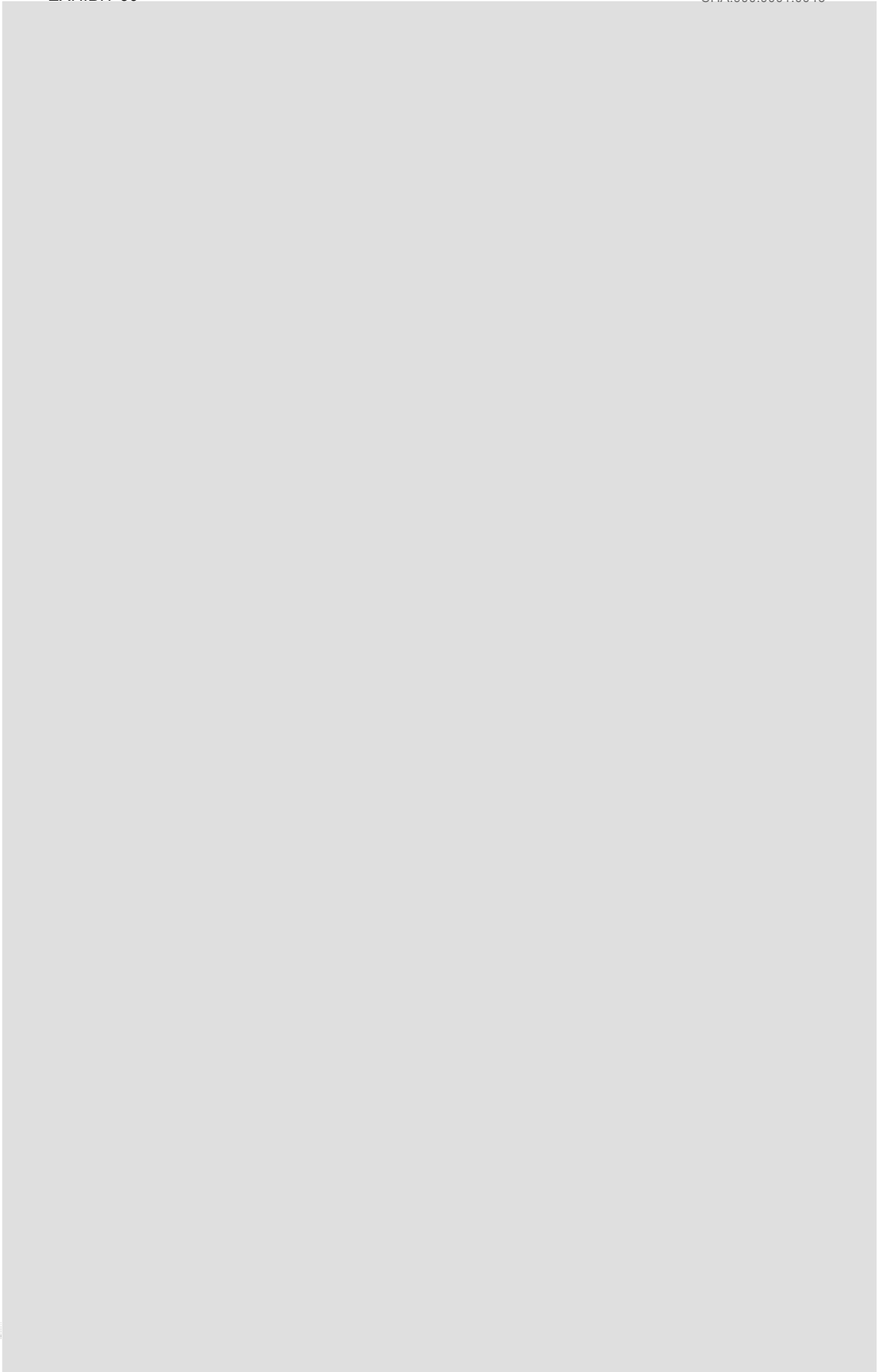


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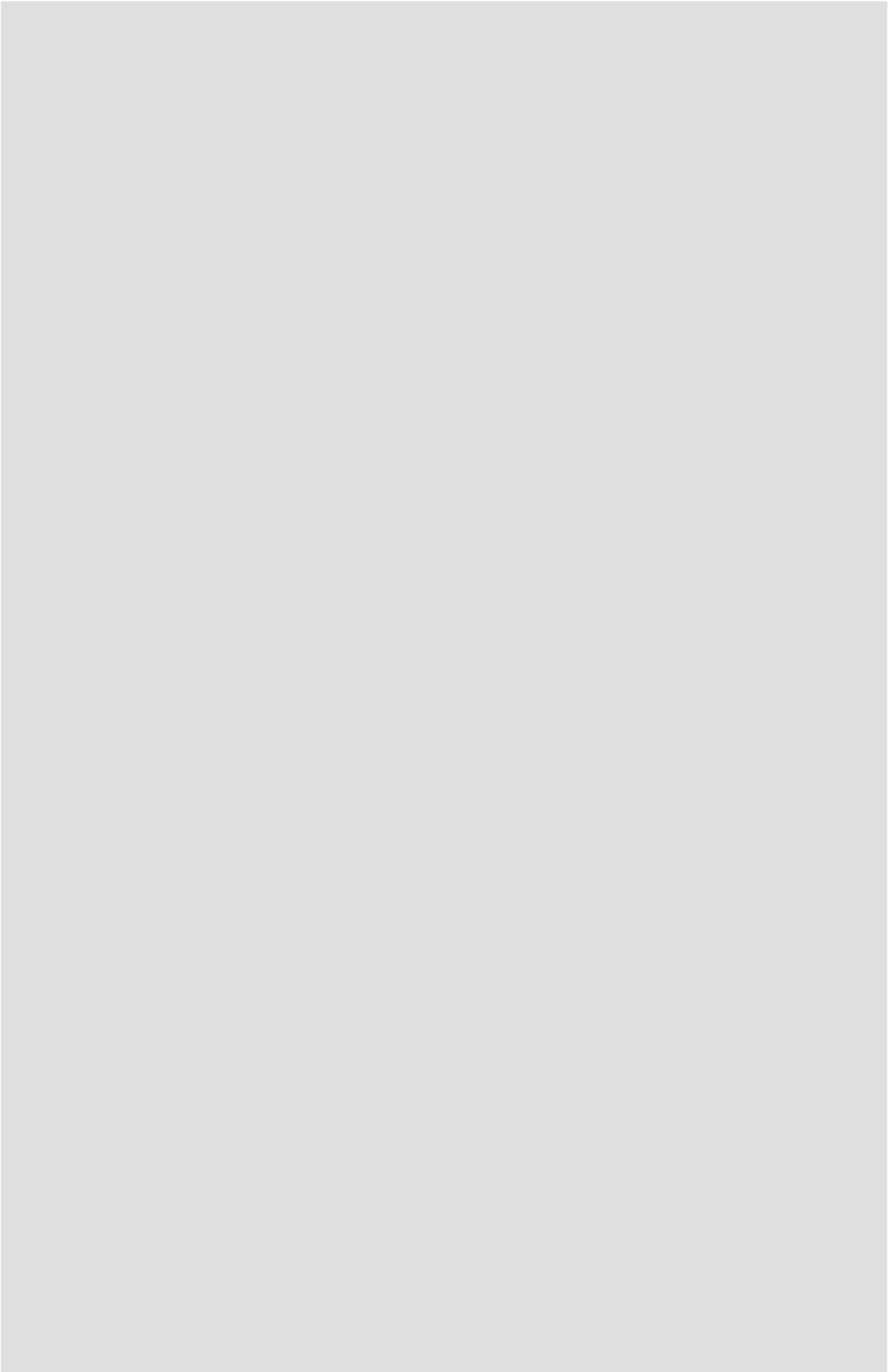






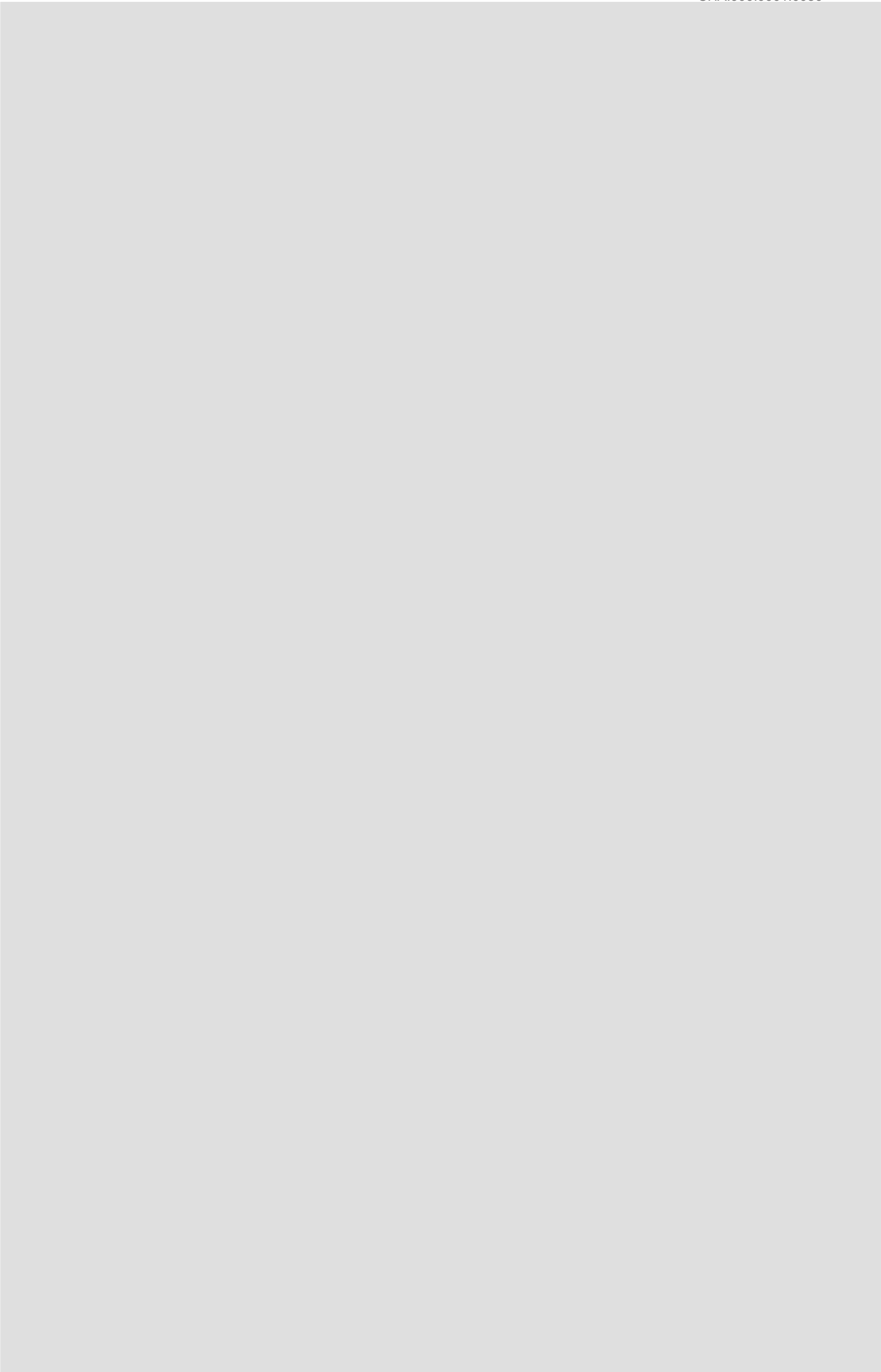




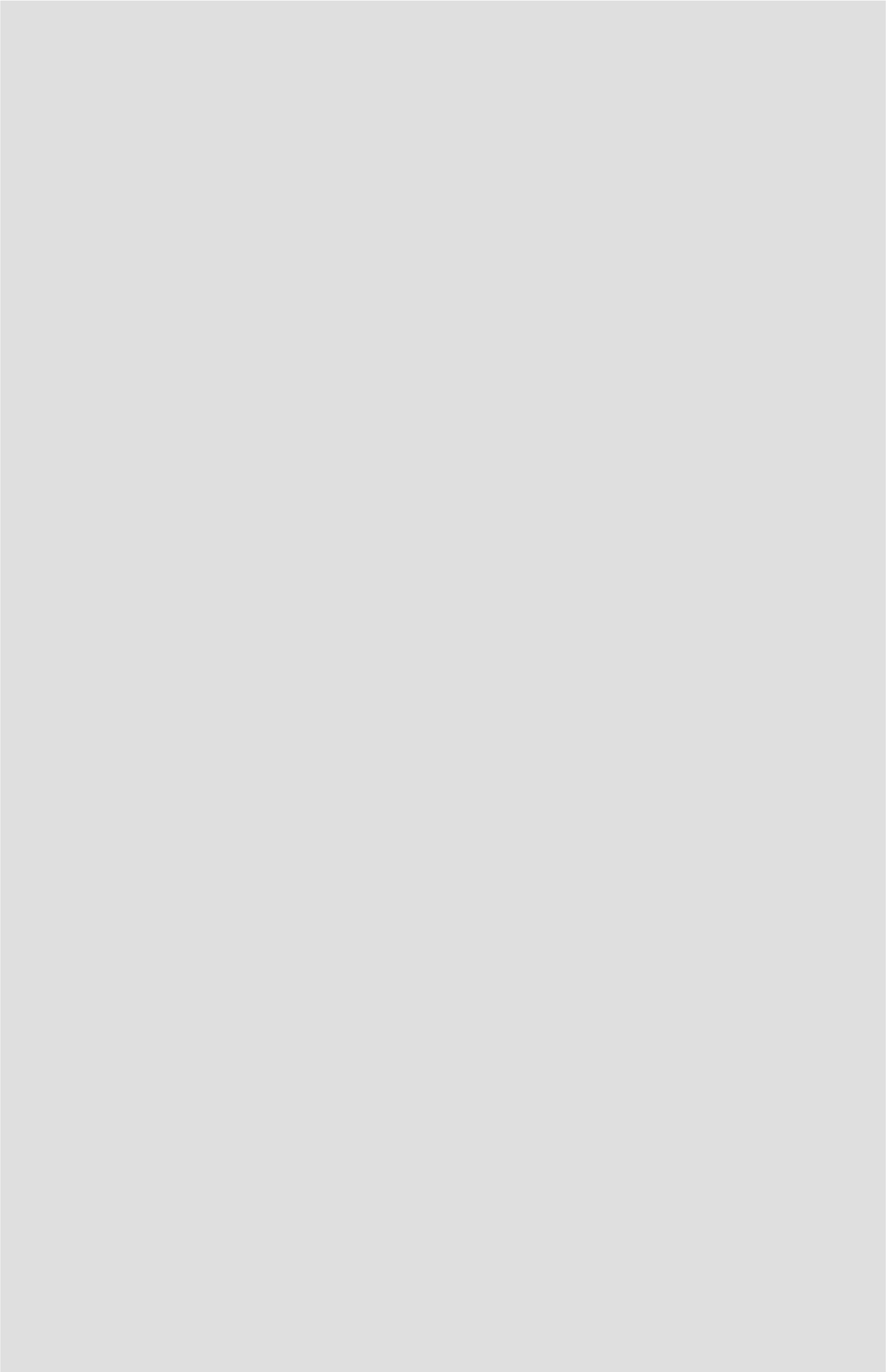








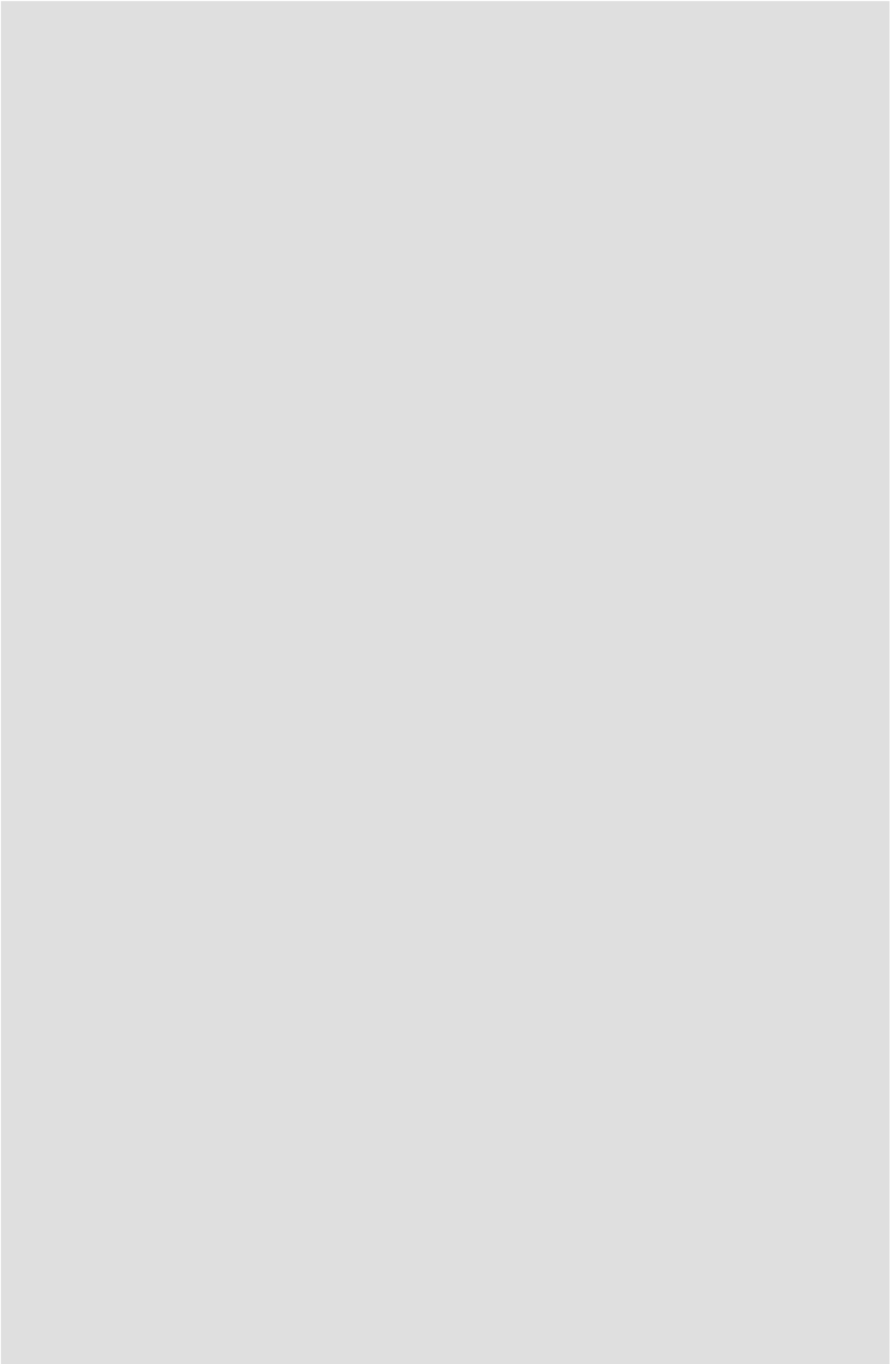






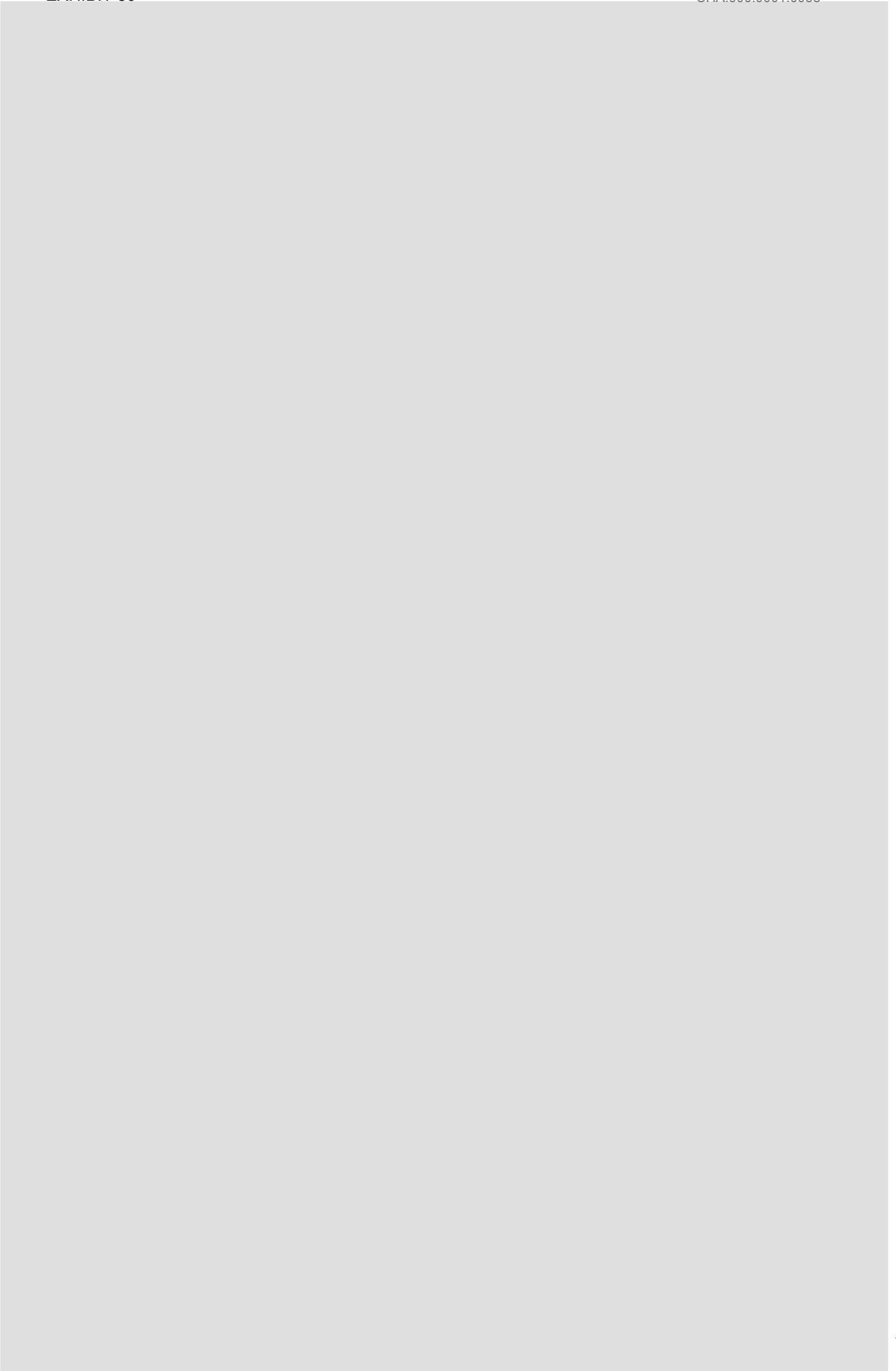




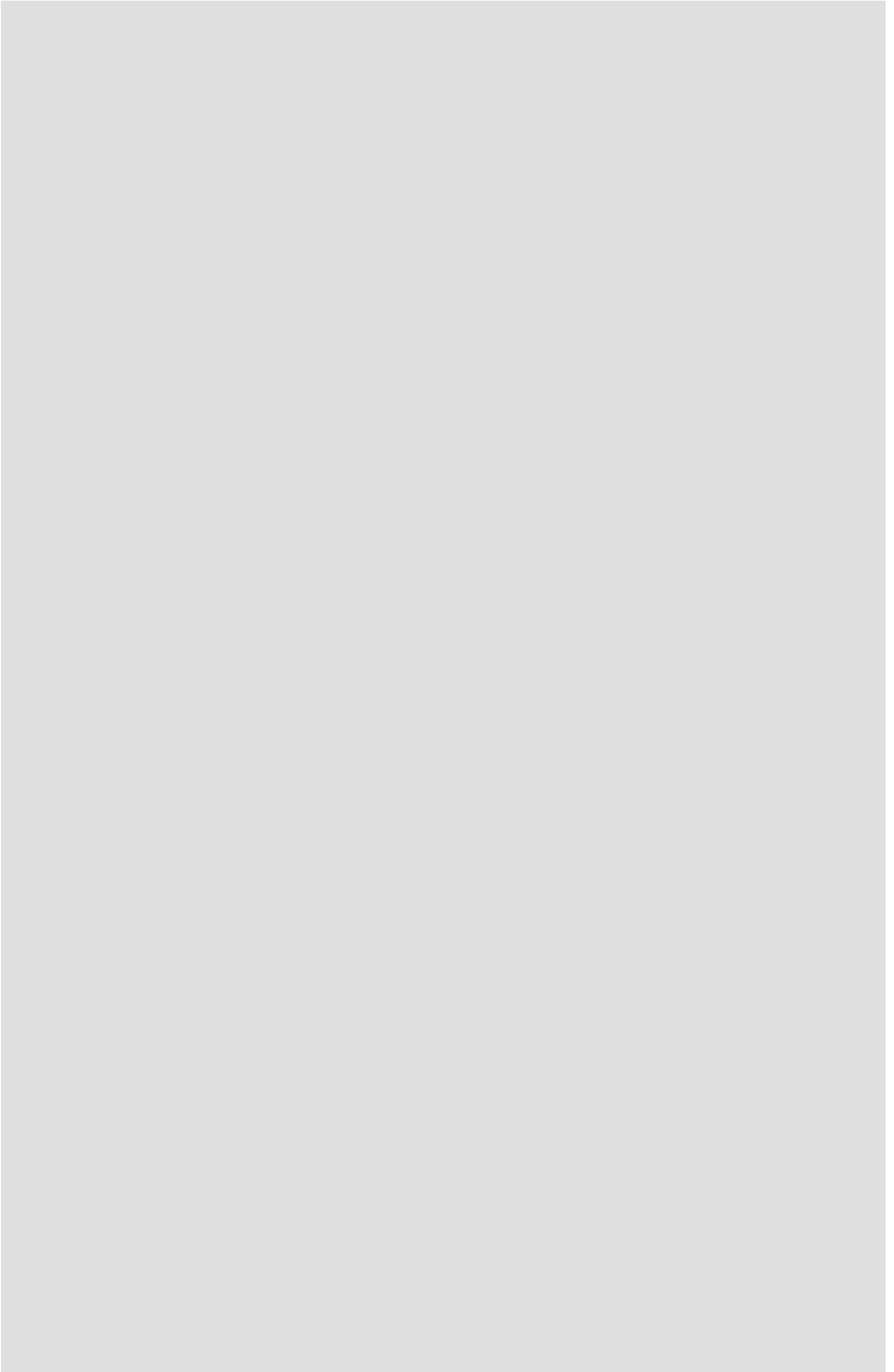




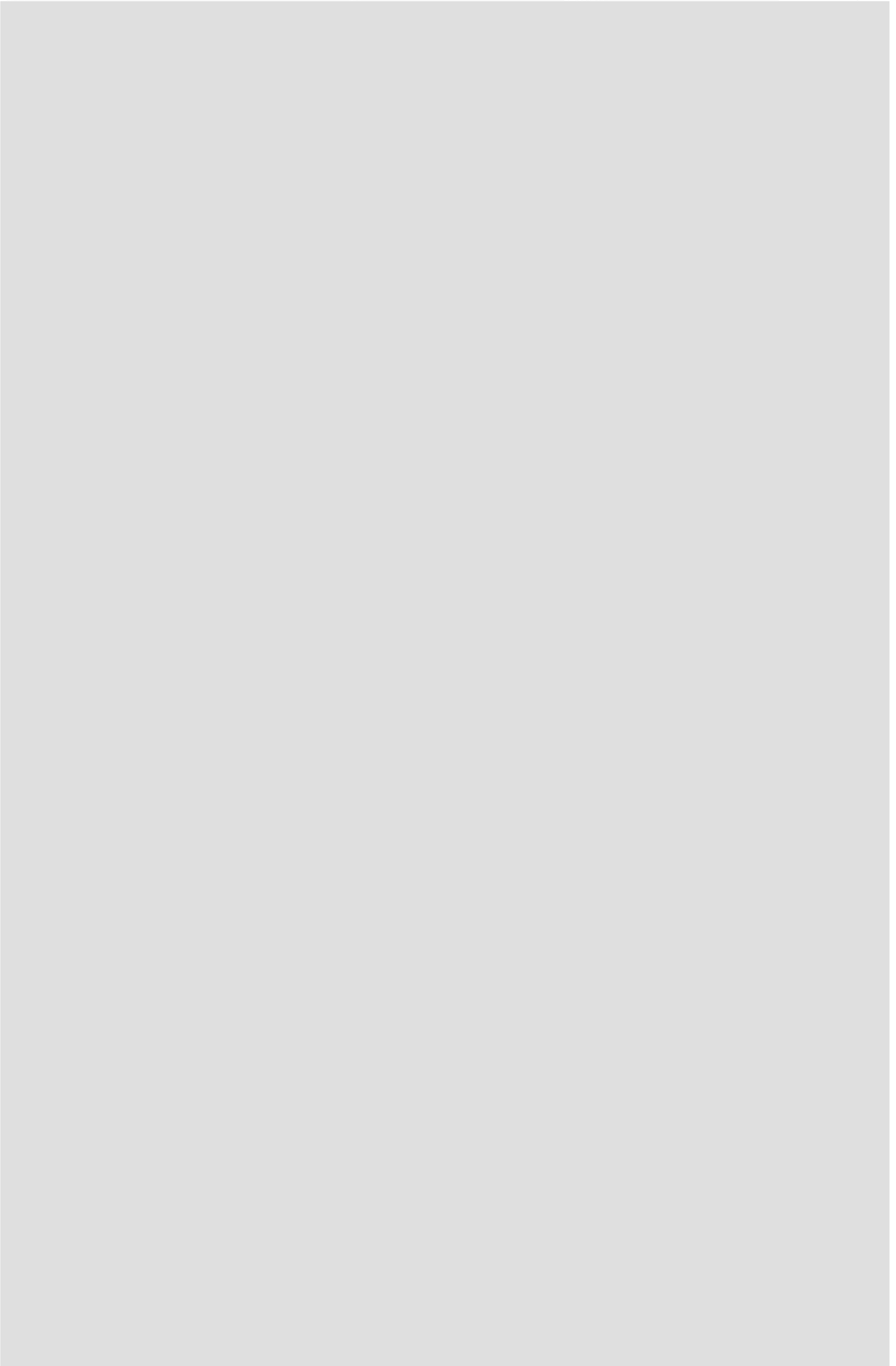




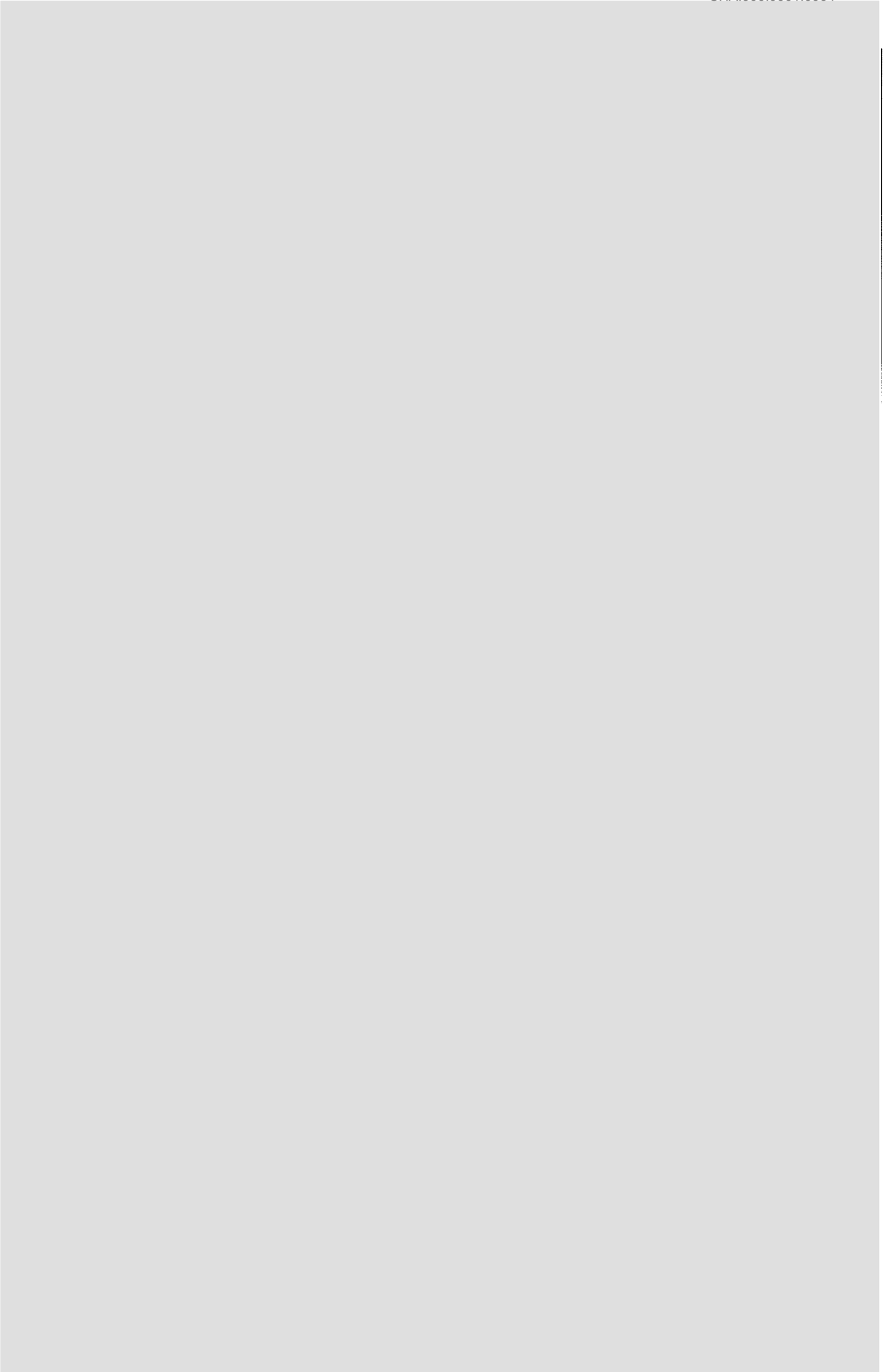






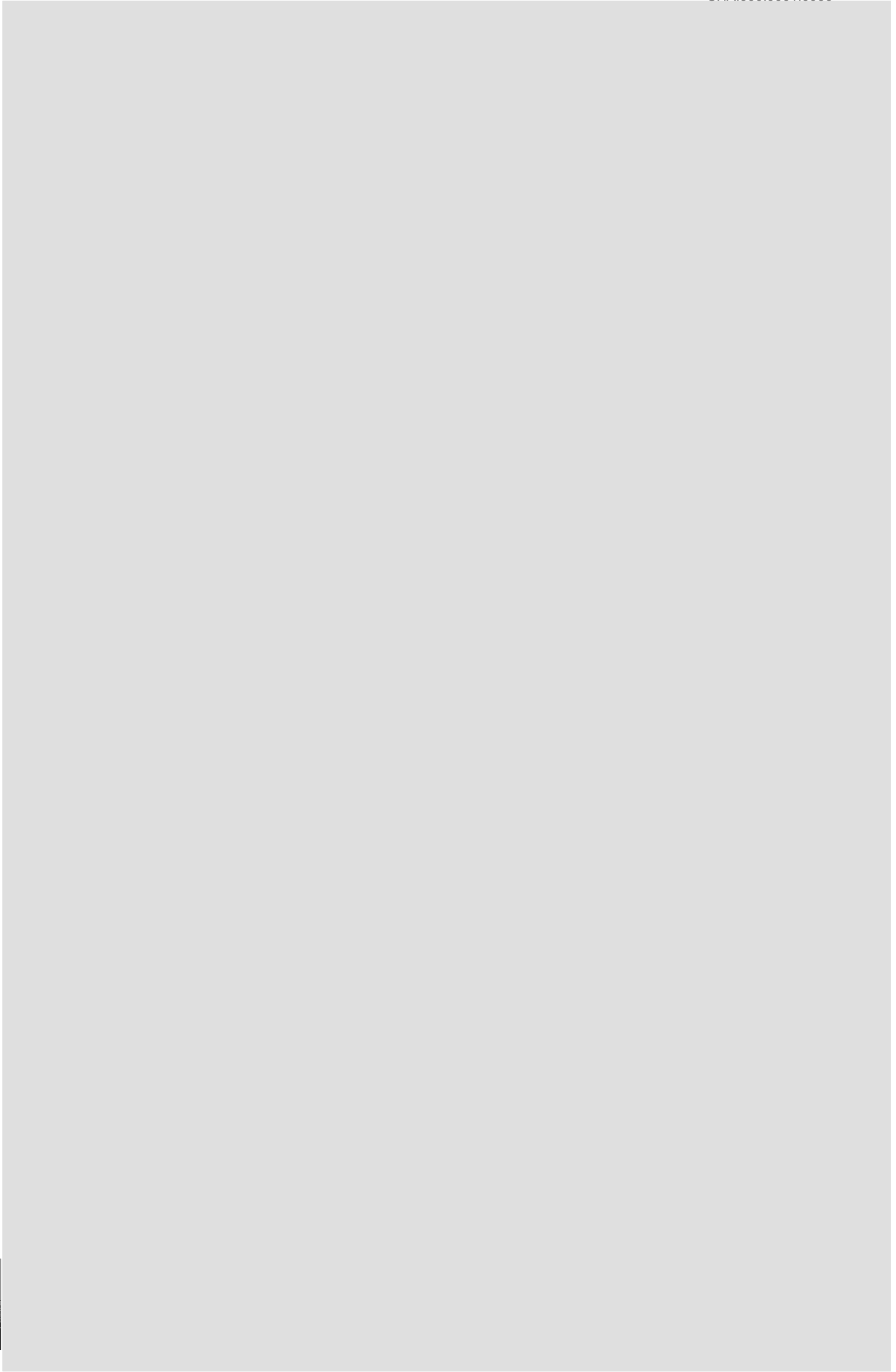






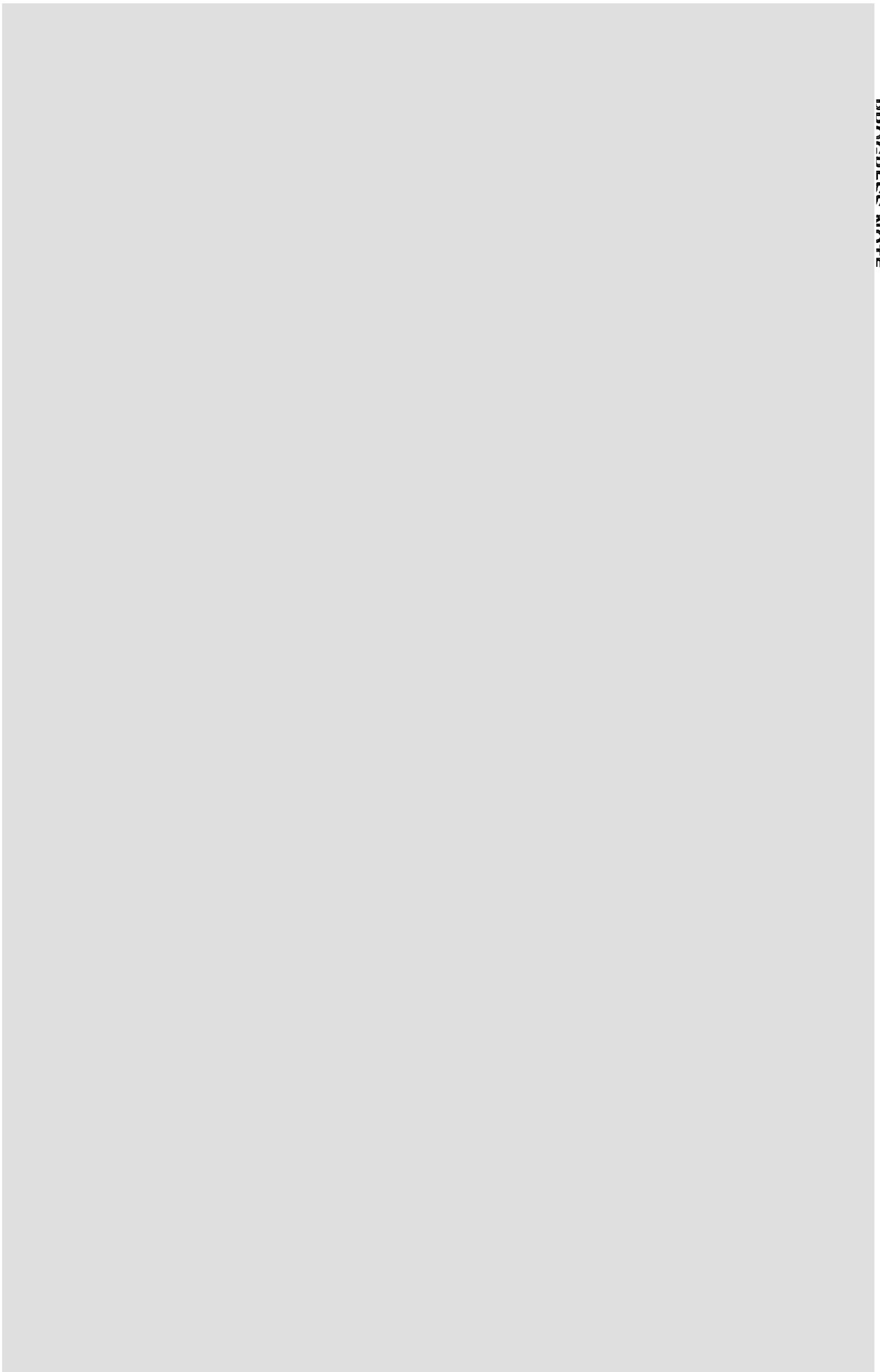




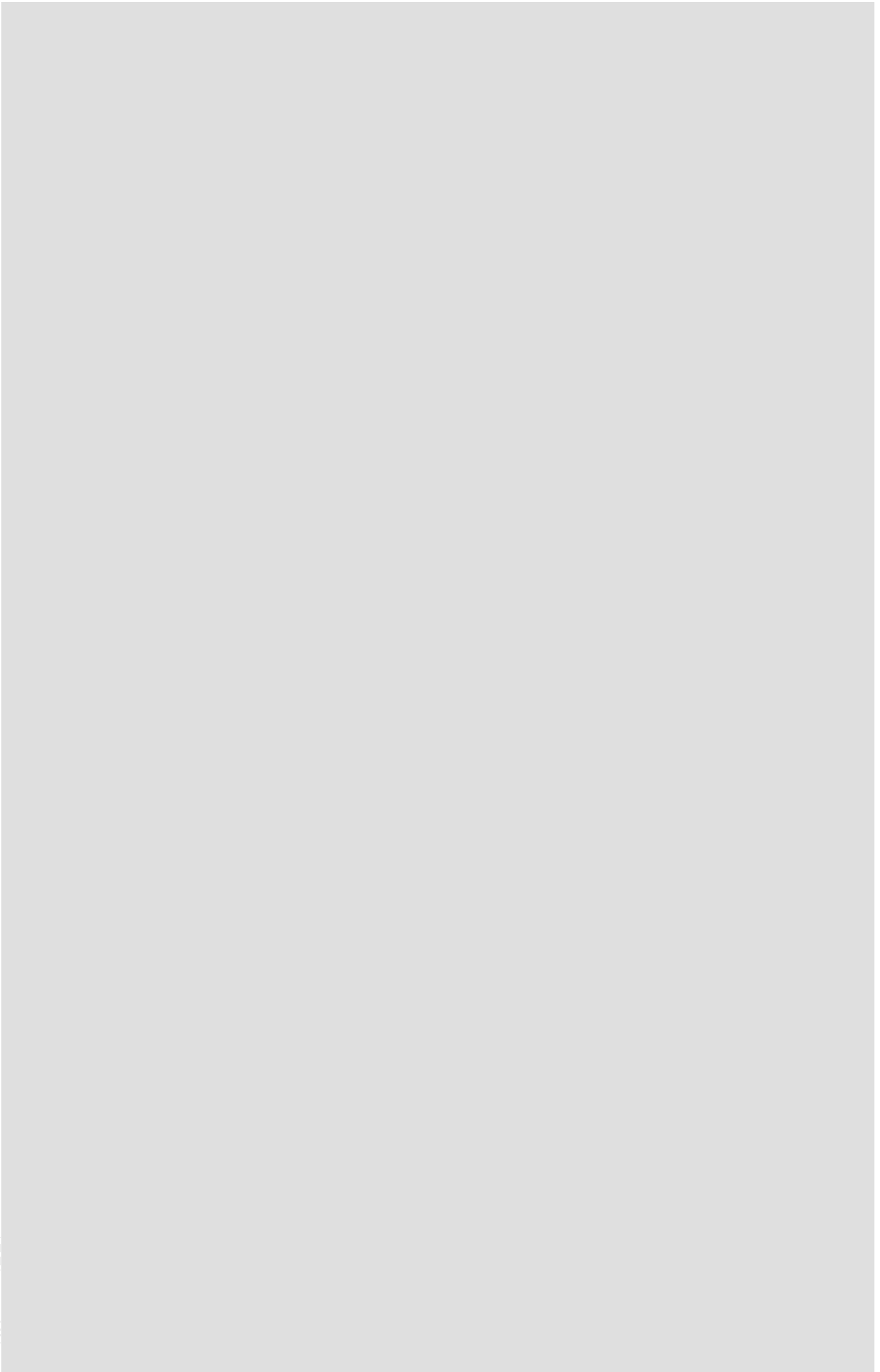




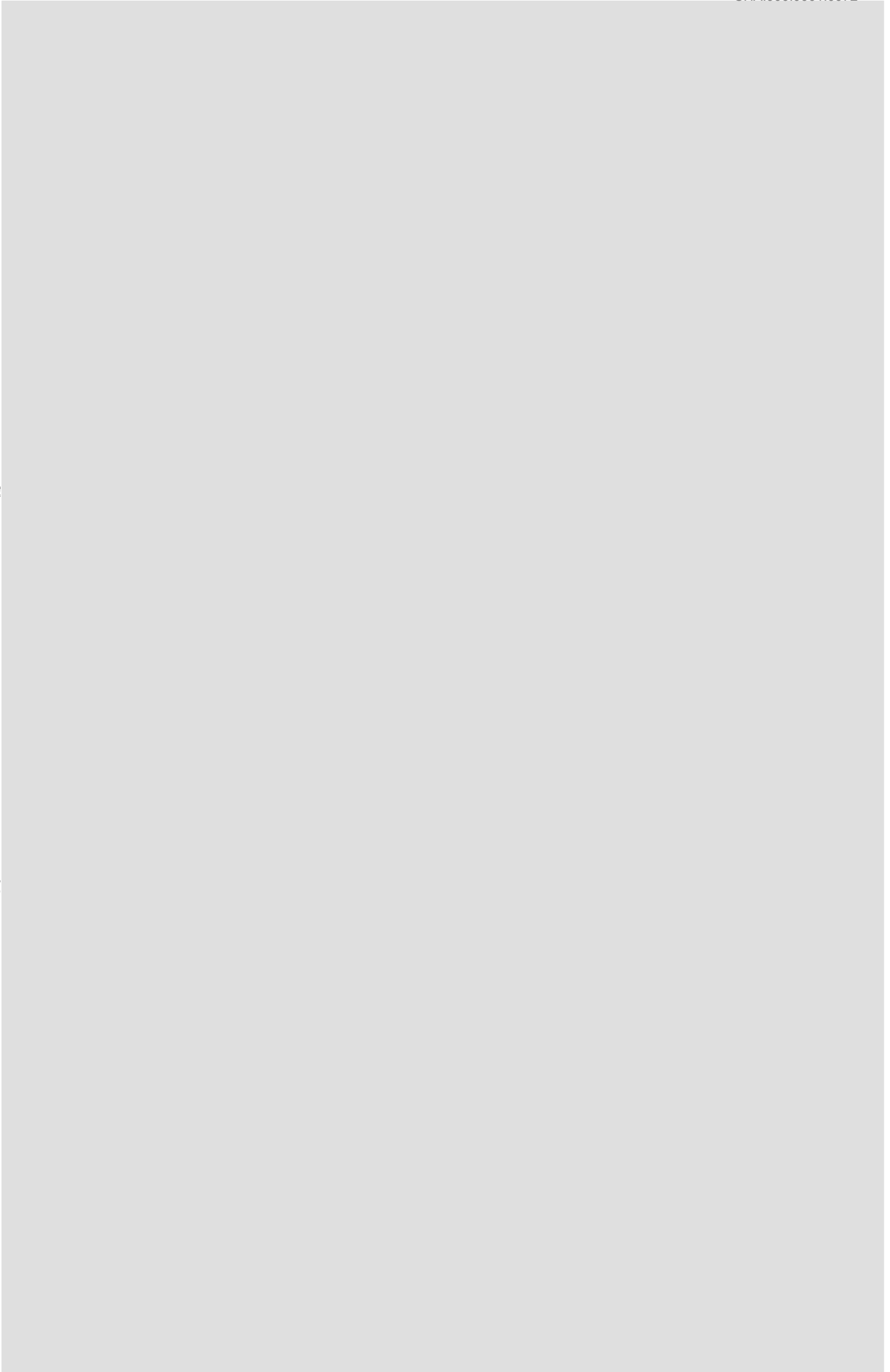
PROCESS NOTE







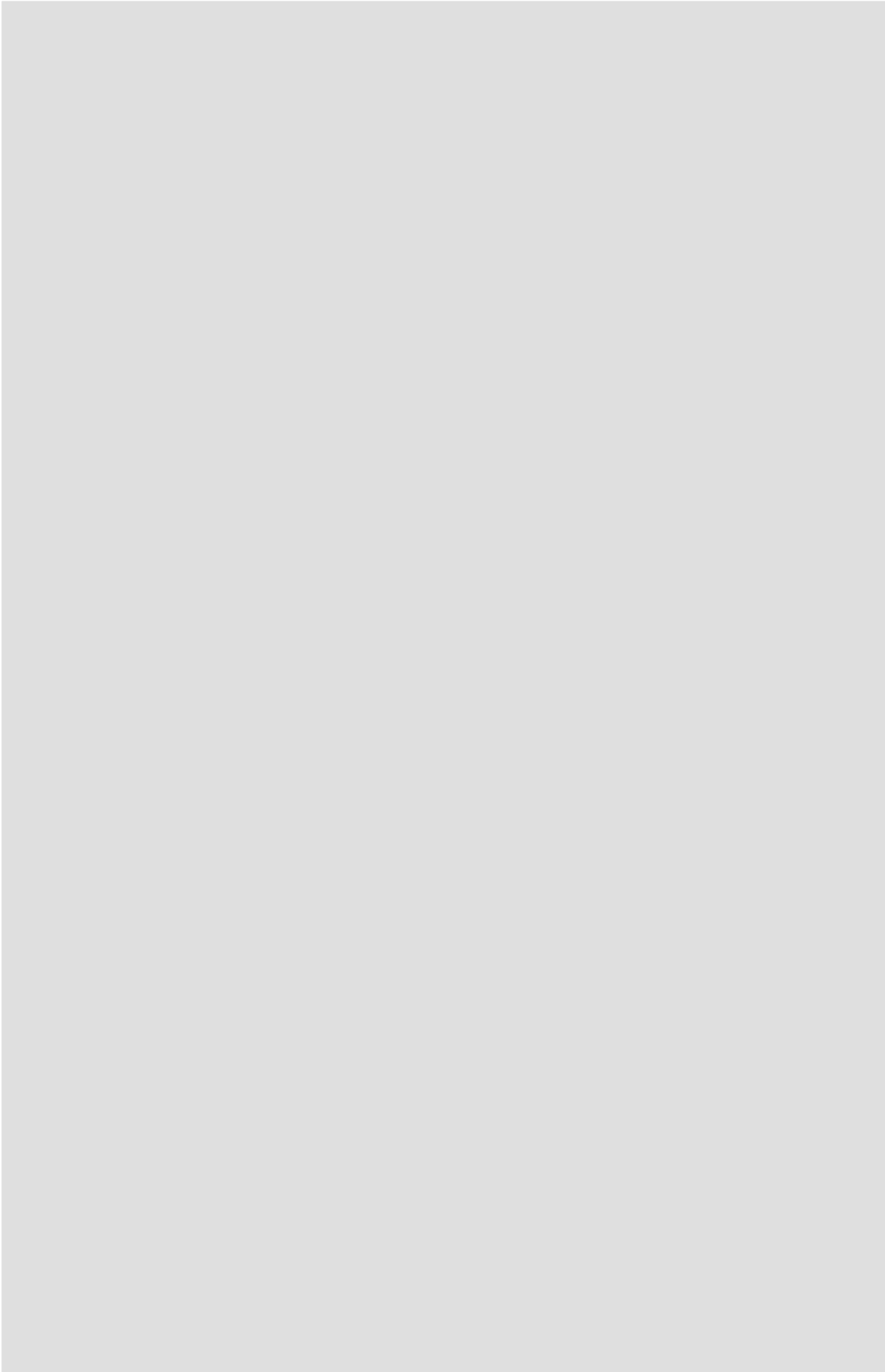


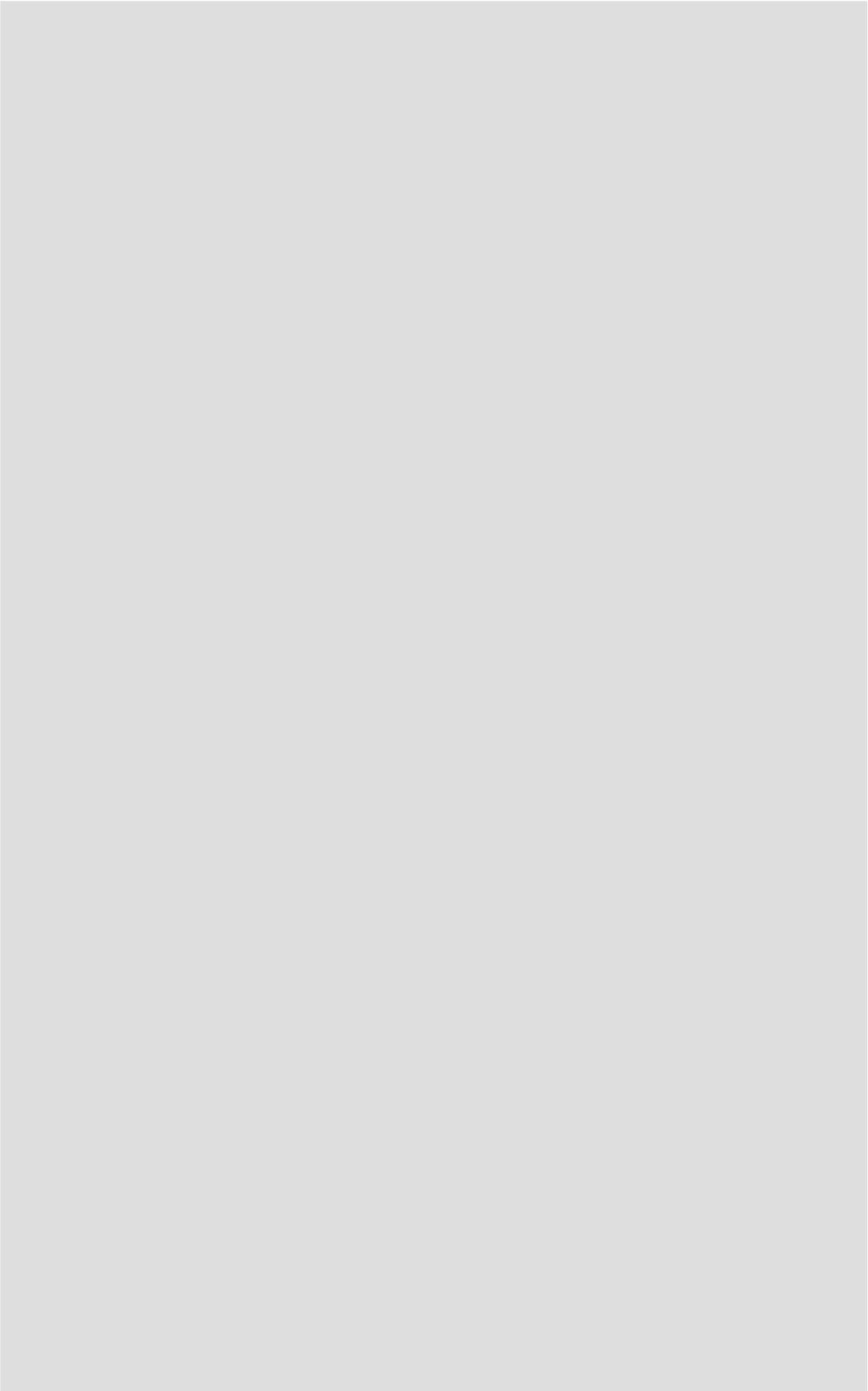




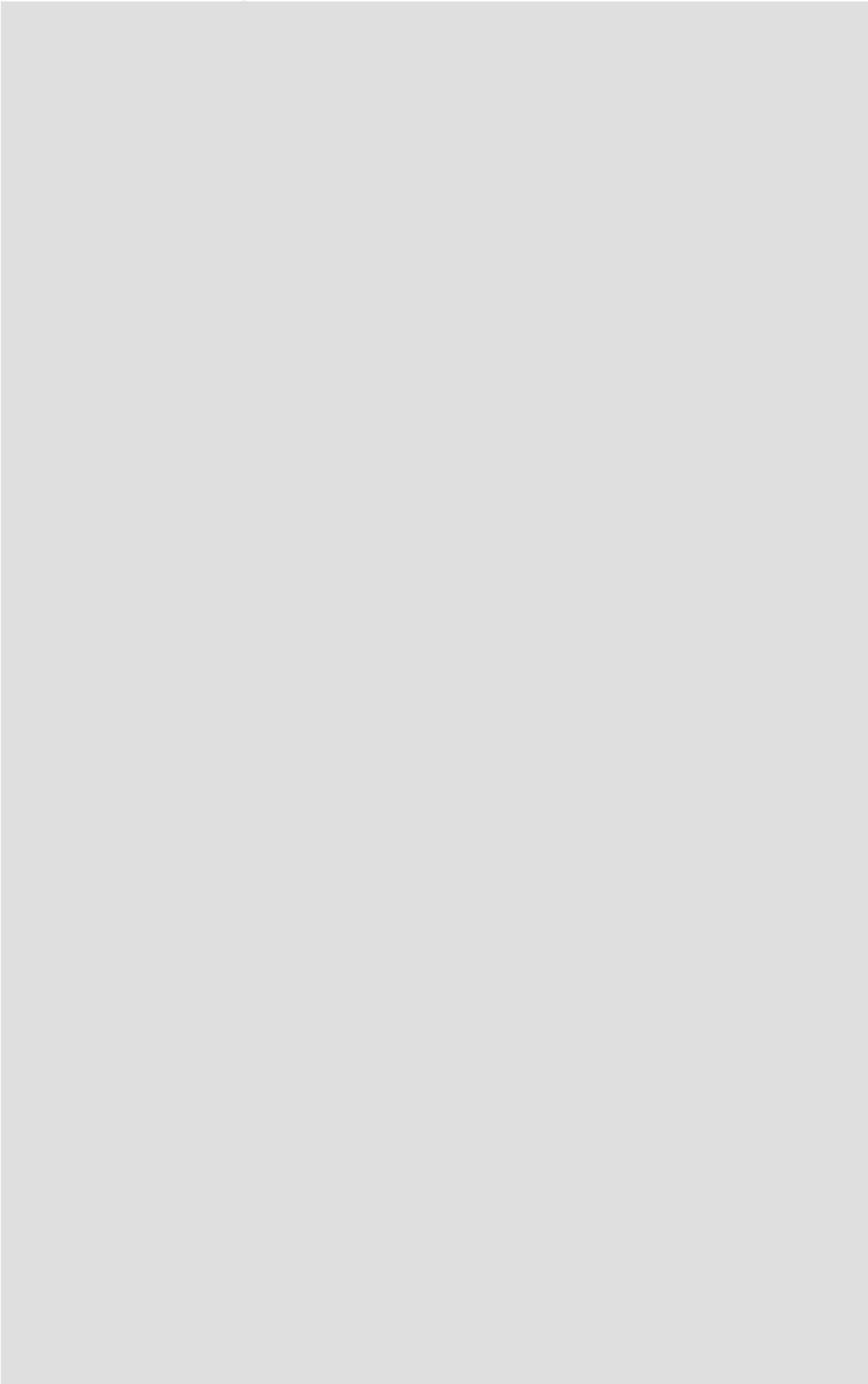


**PROGRESS NOTE**





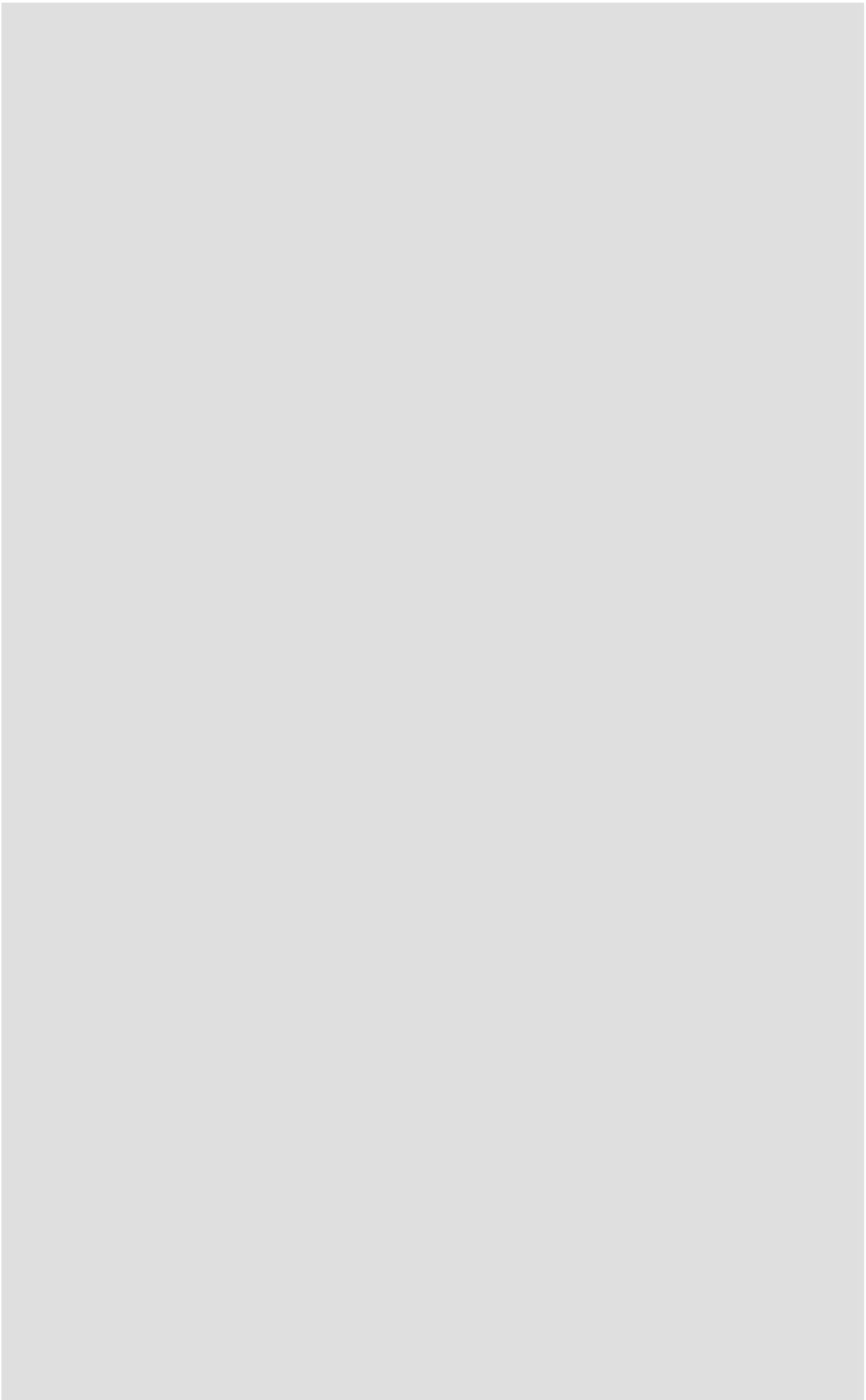
**PROGRESS NOTE**





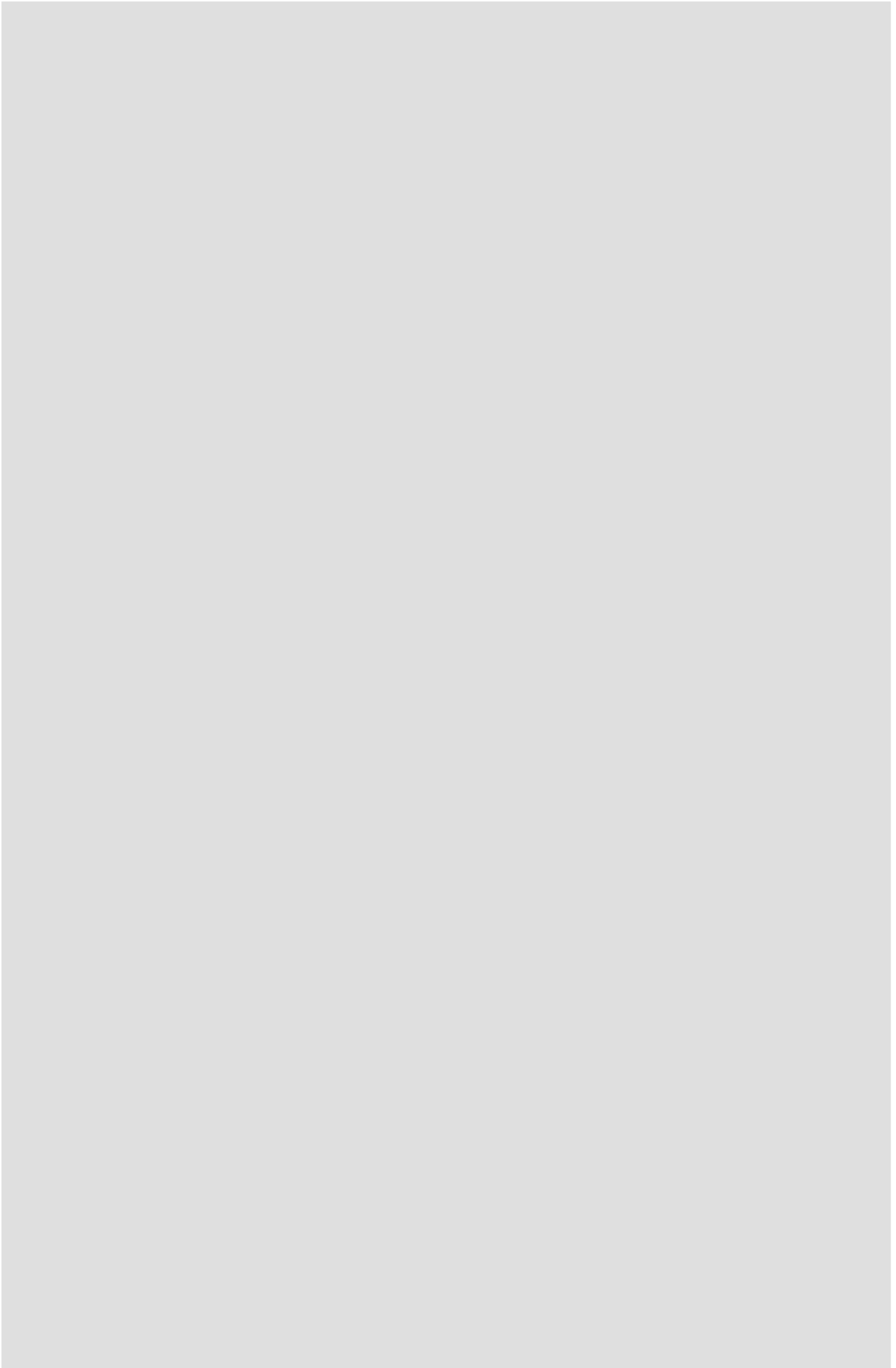
## IMPORTANT NOTE



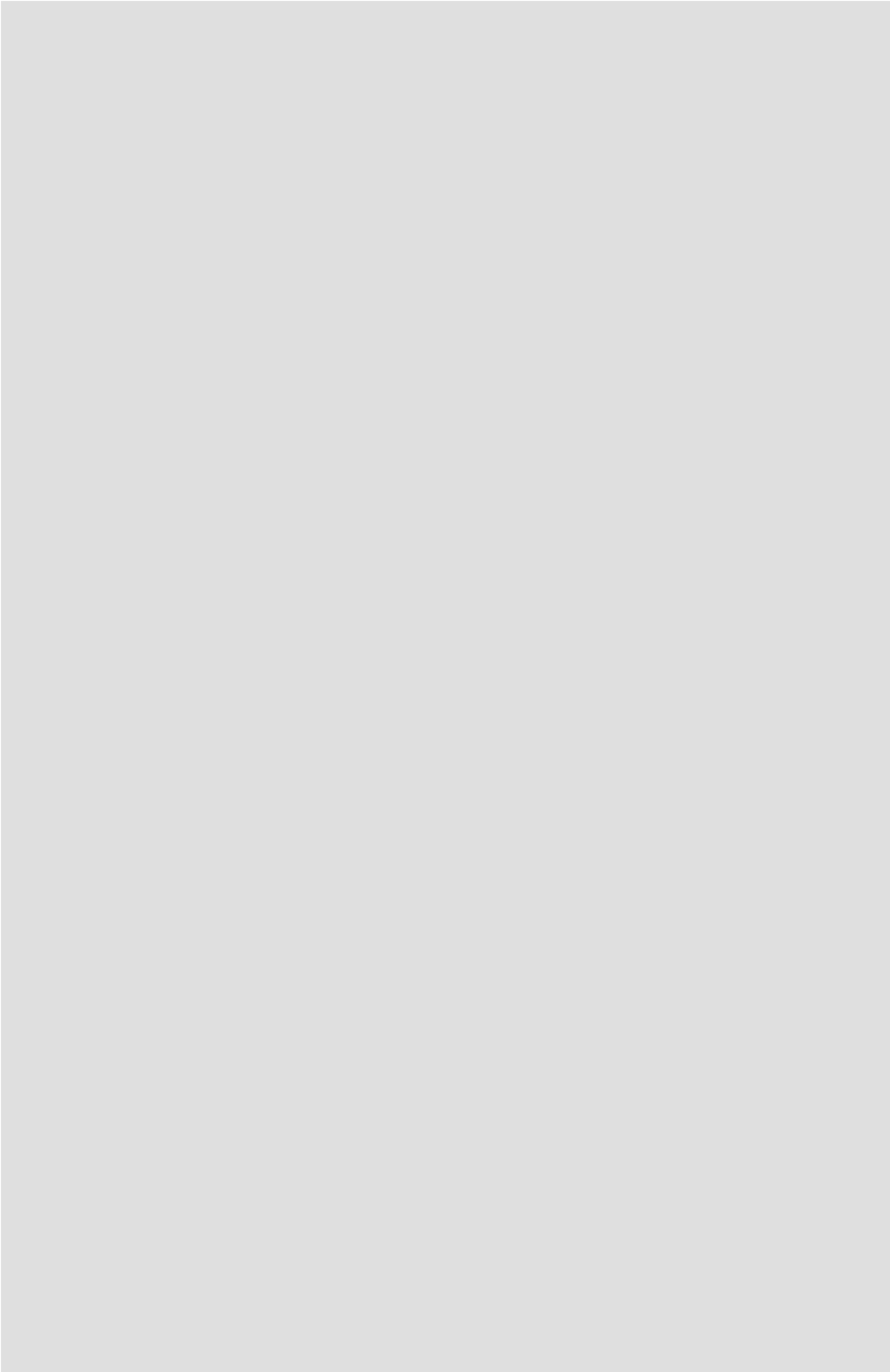






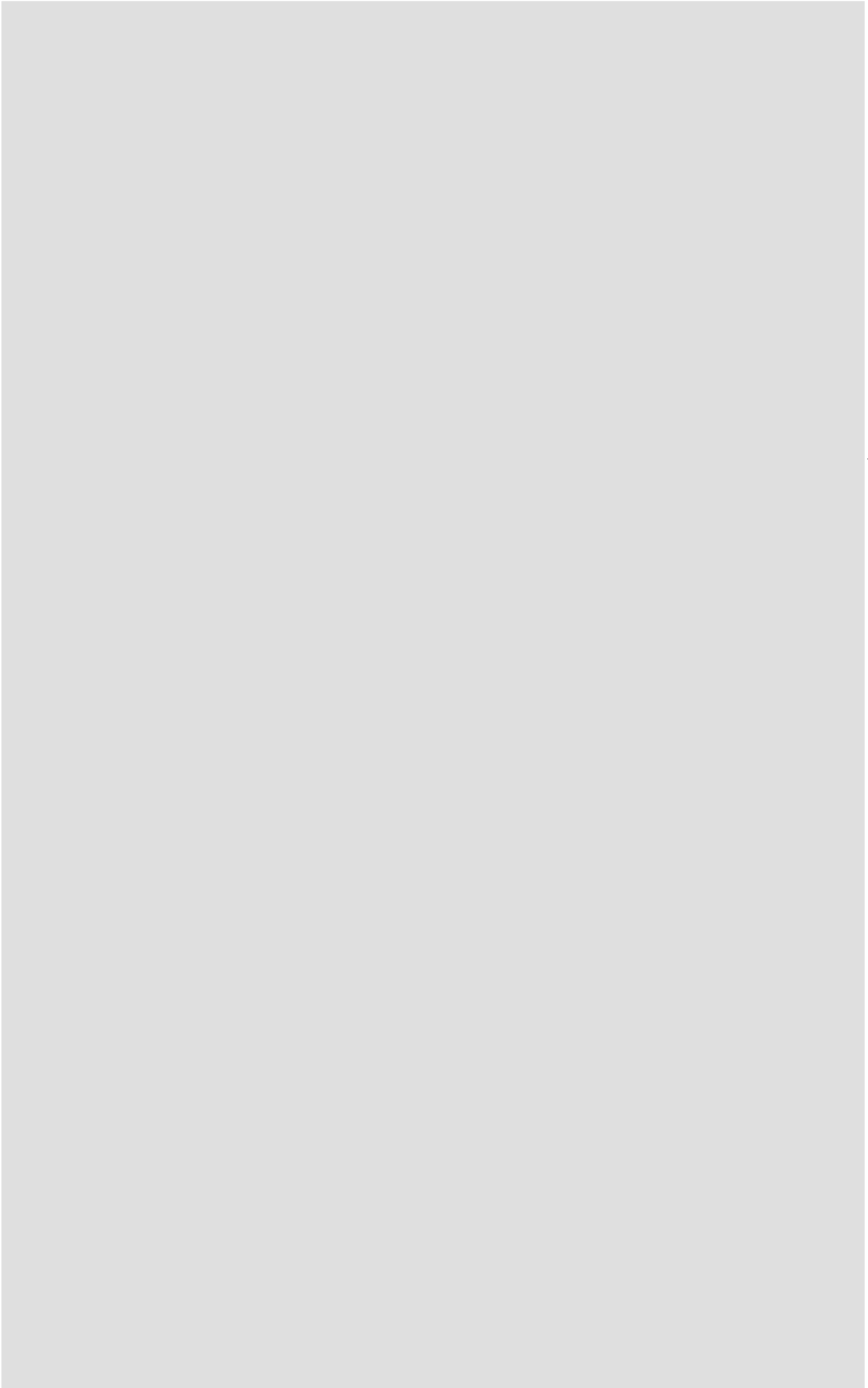




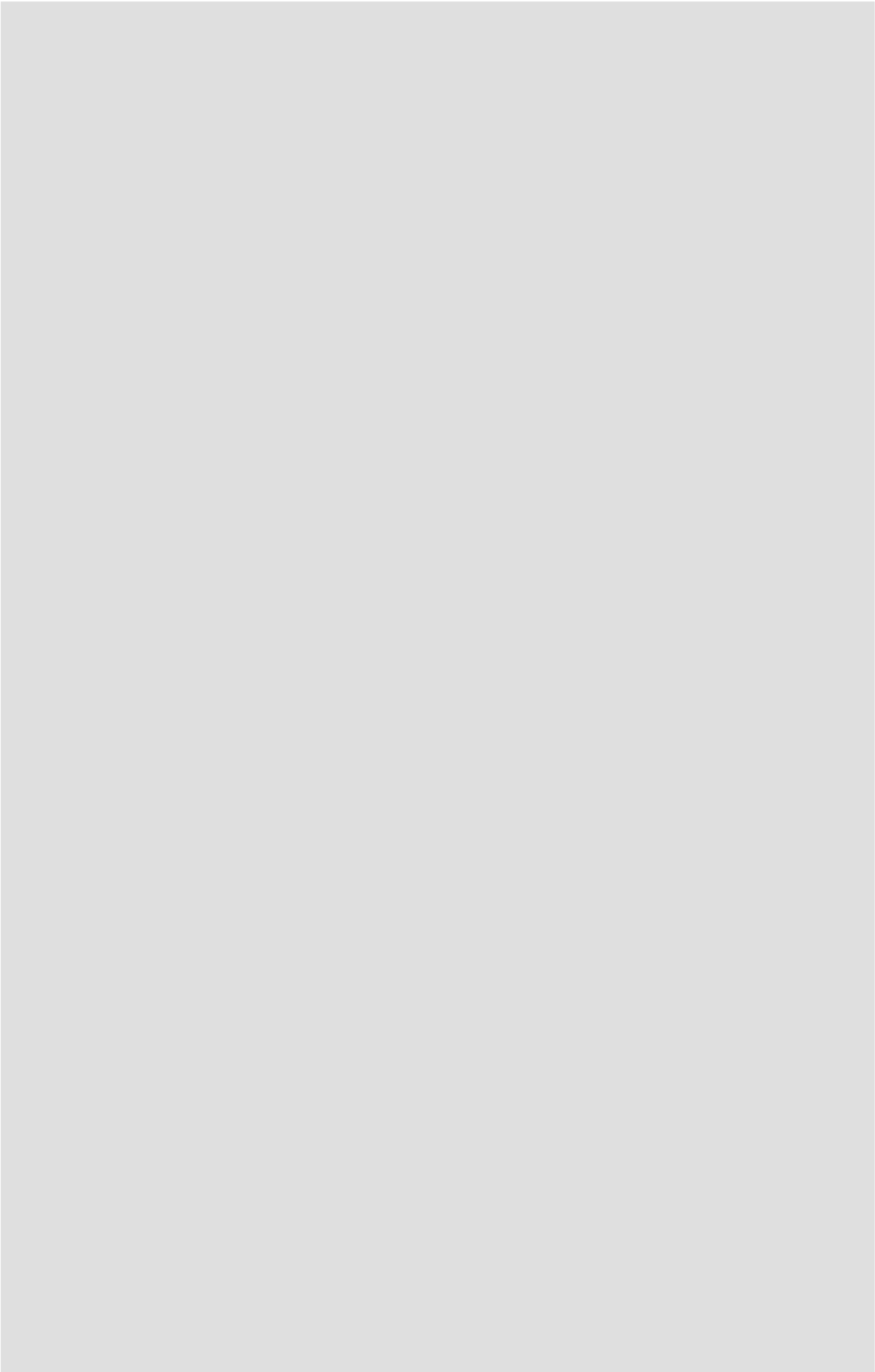




PROCESS NOTE

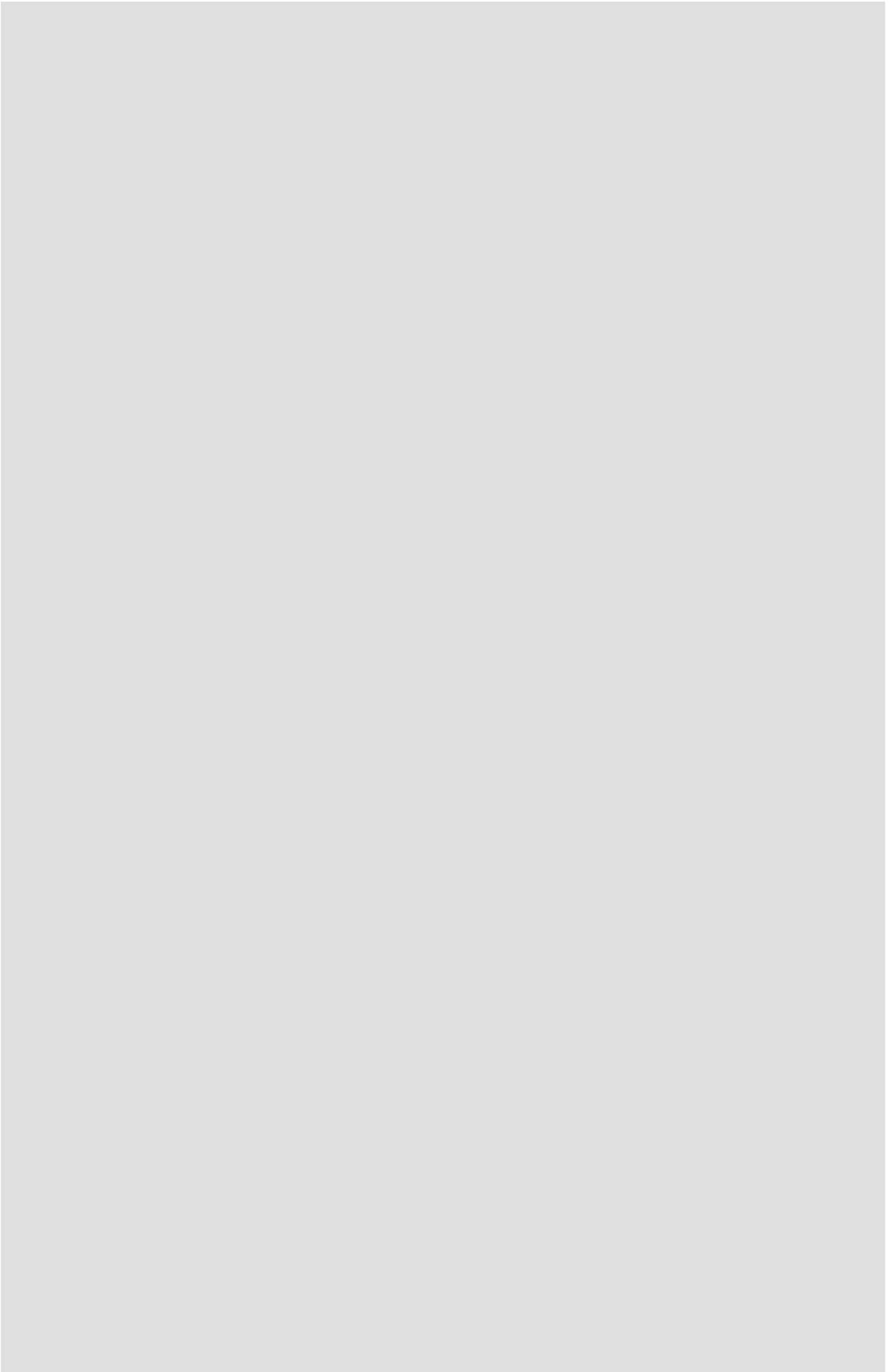


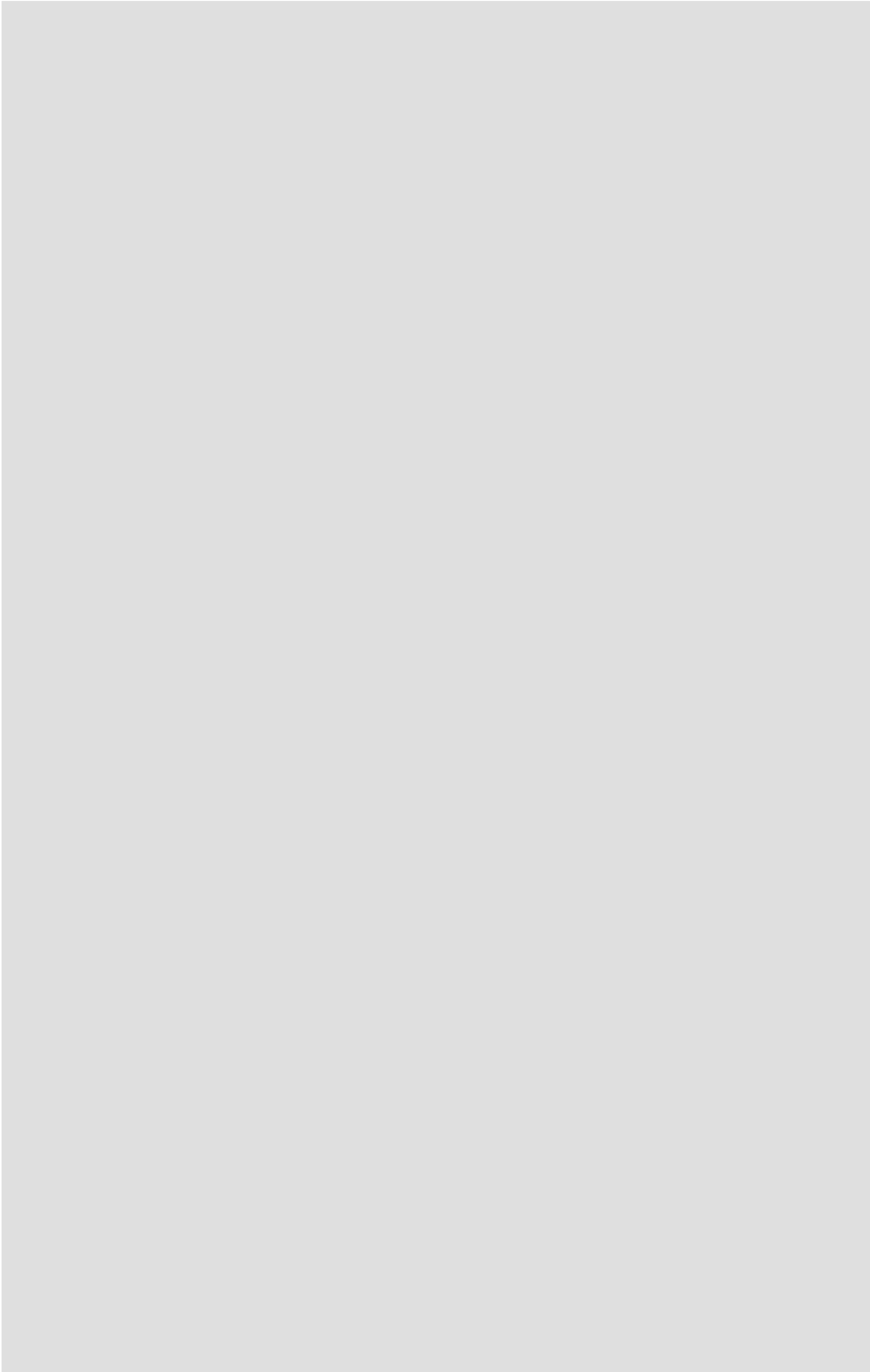
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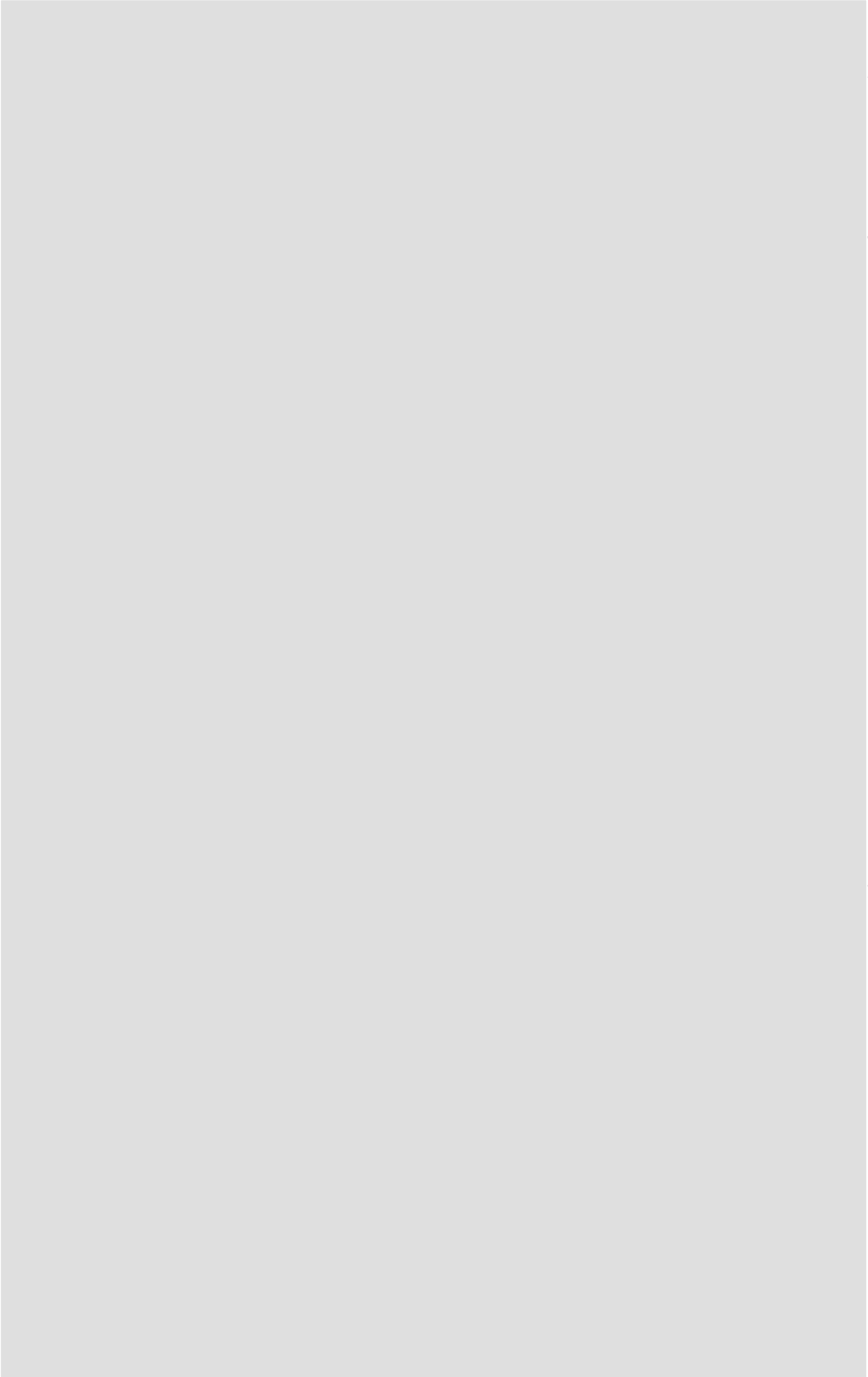




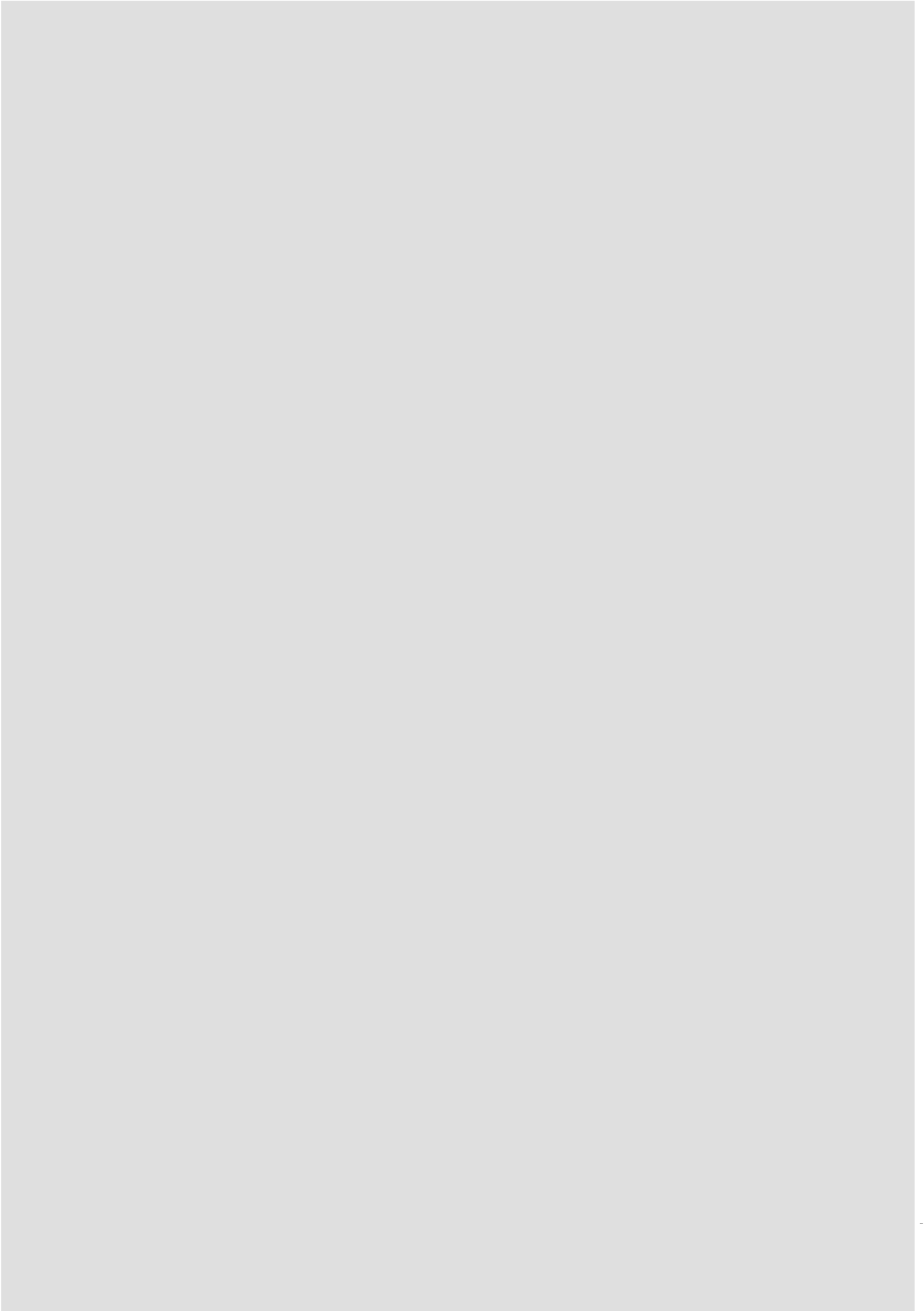




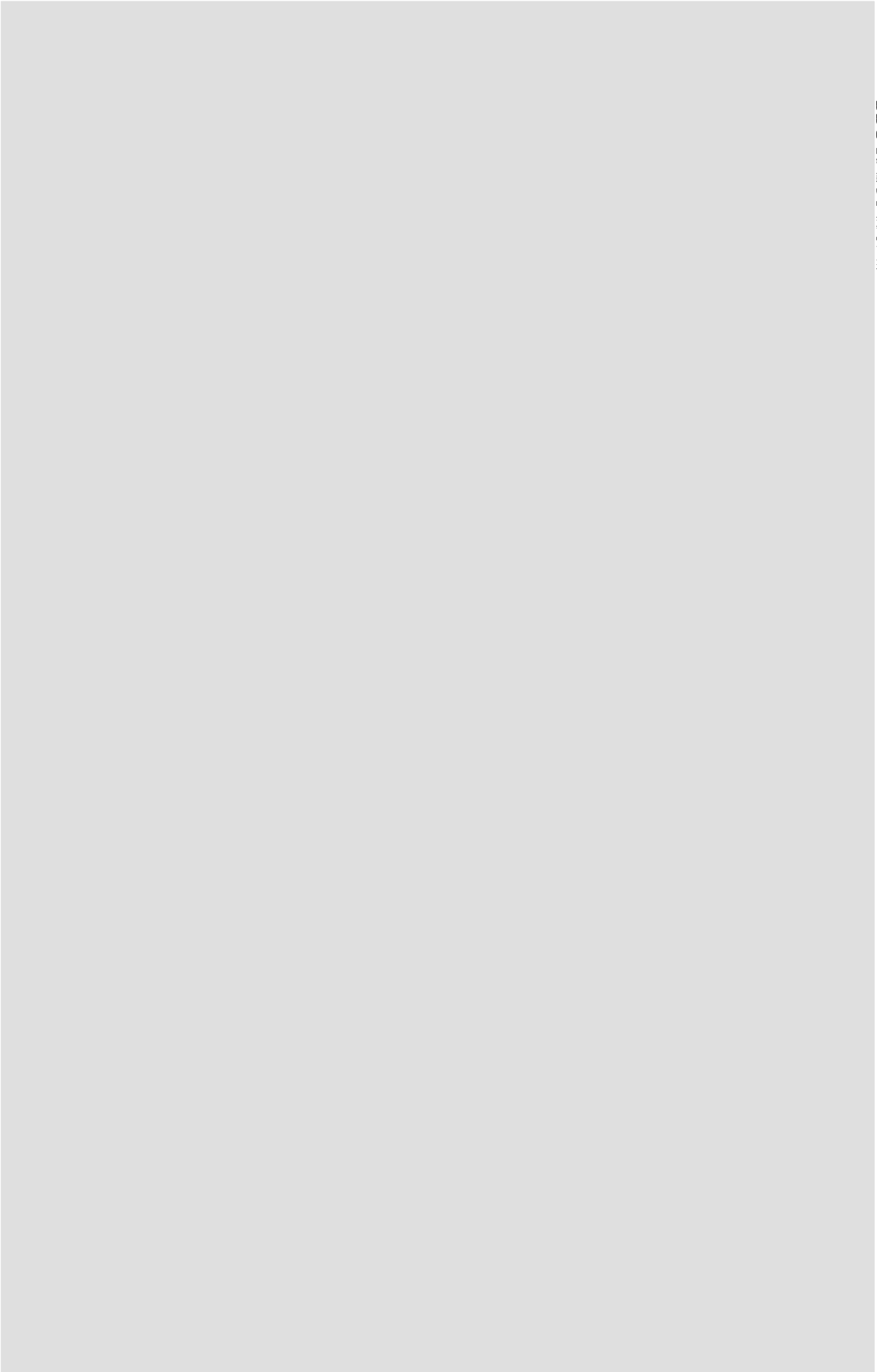
**PROGRESS NOTE**





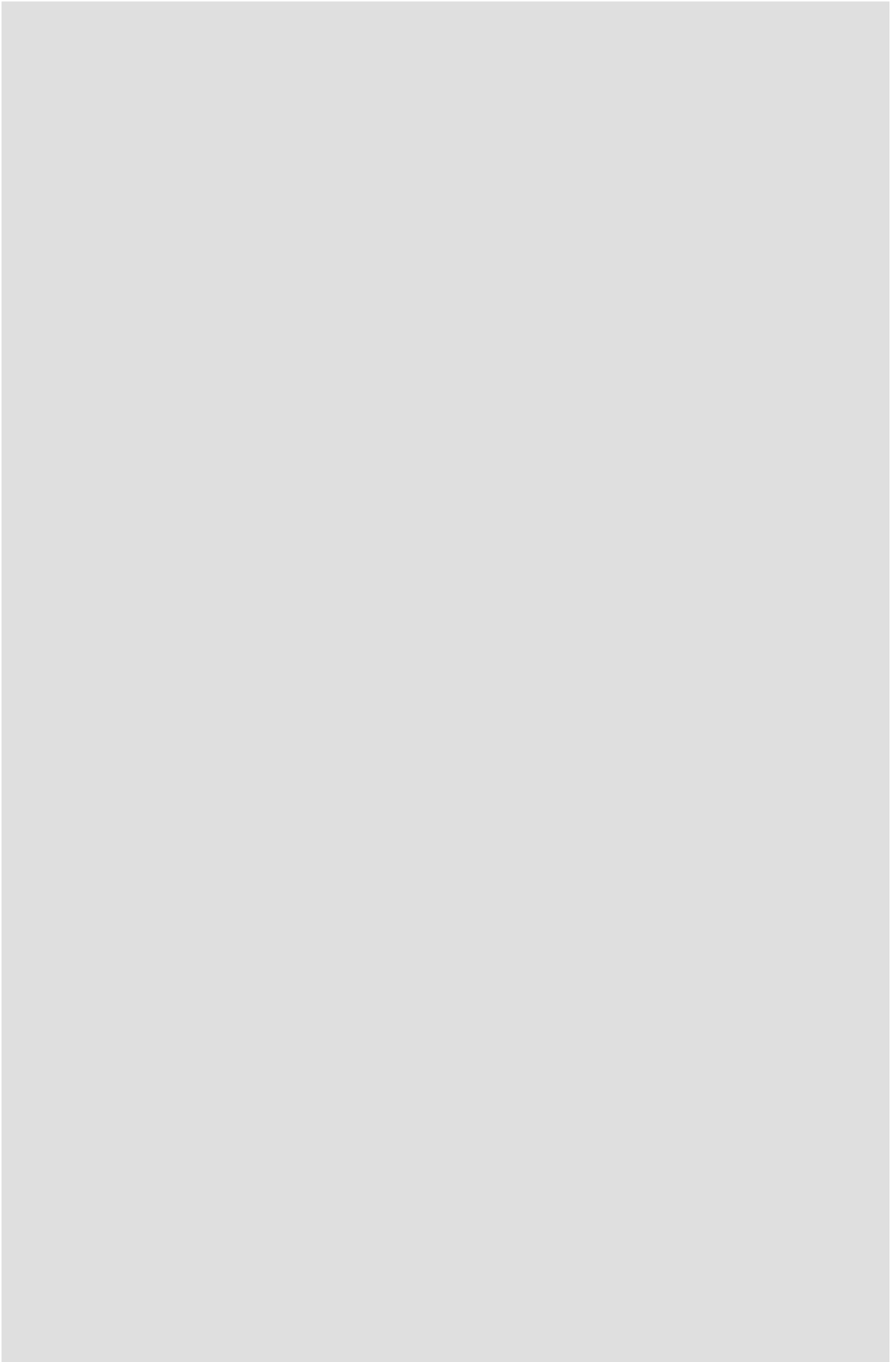


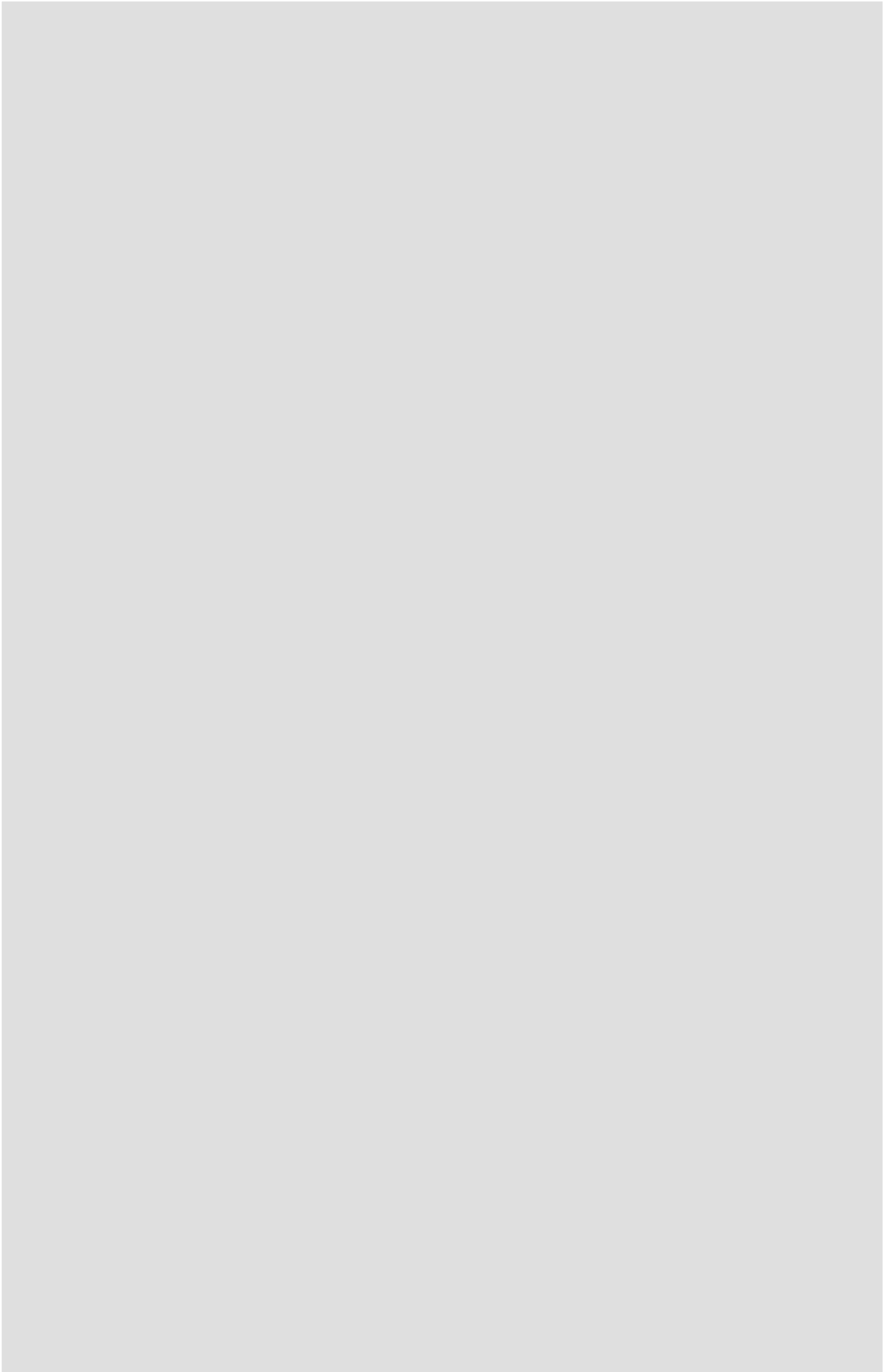


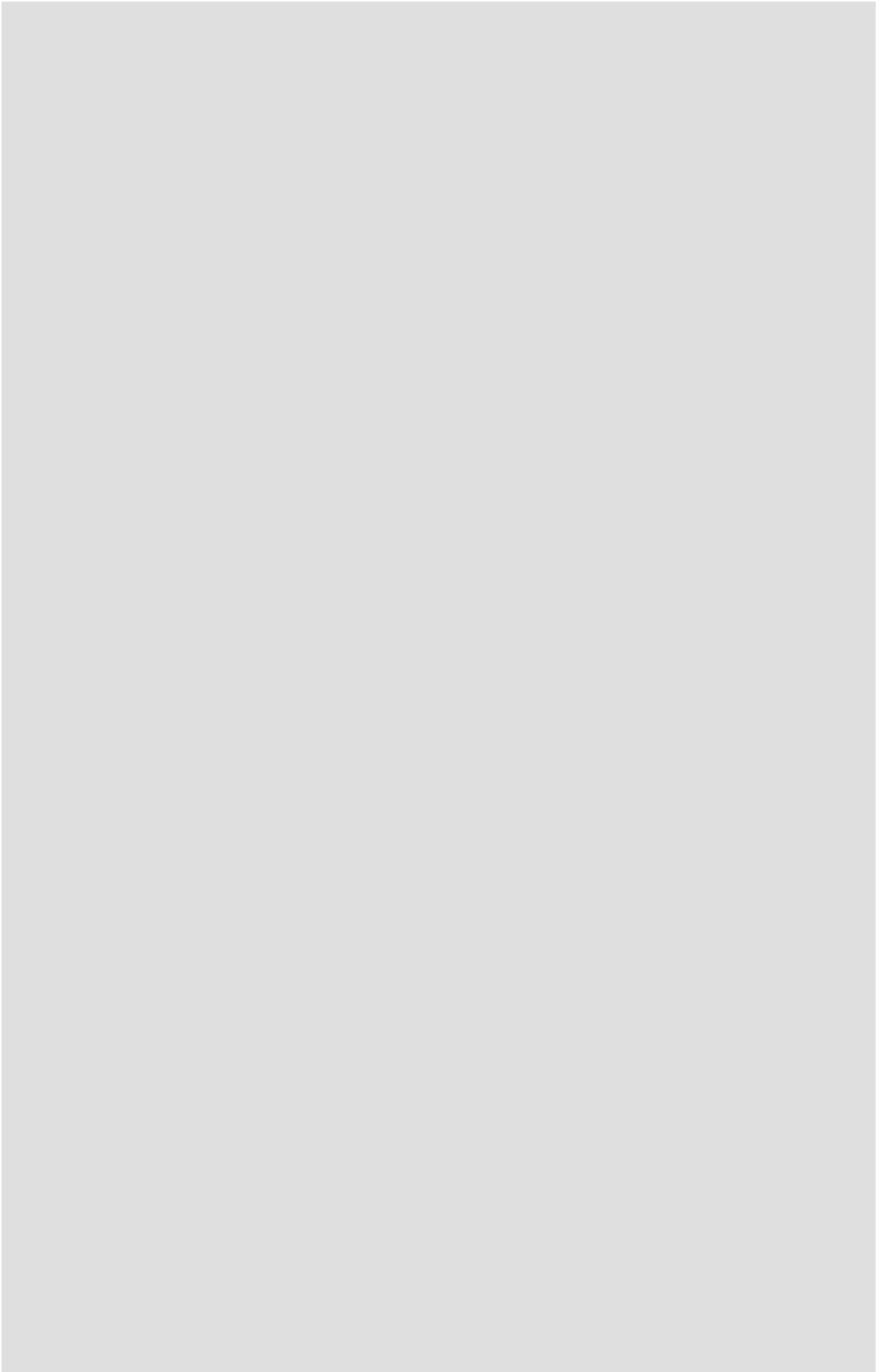




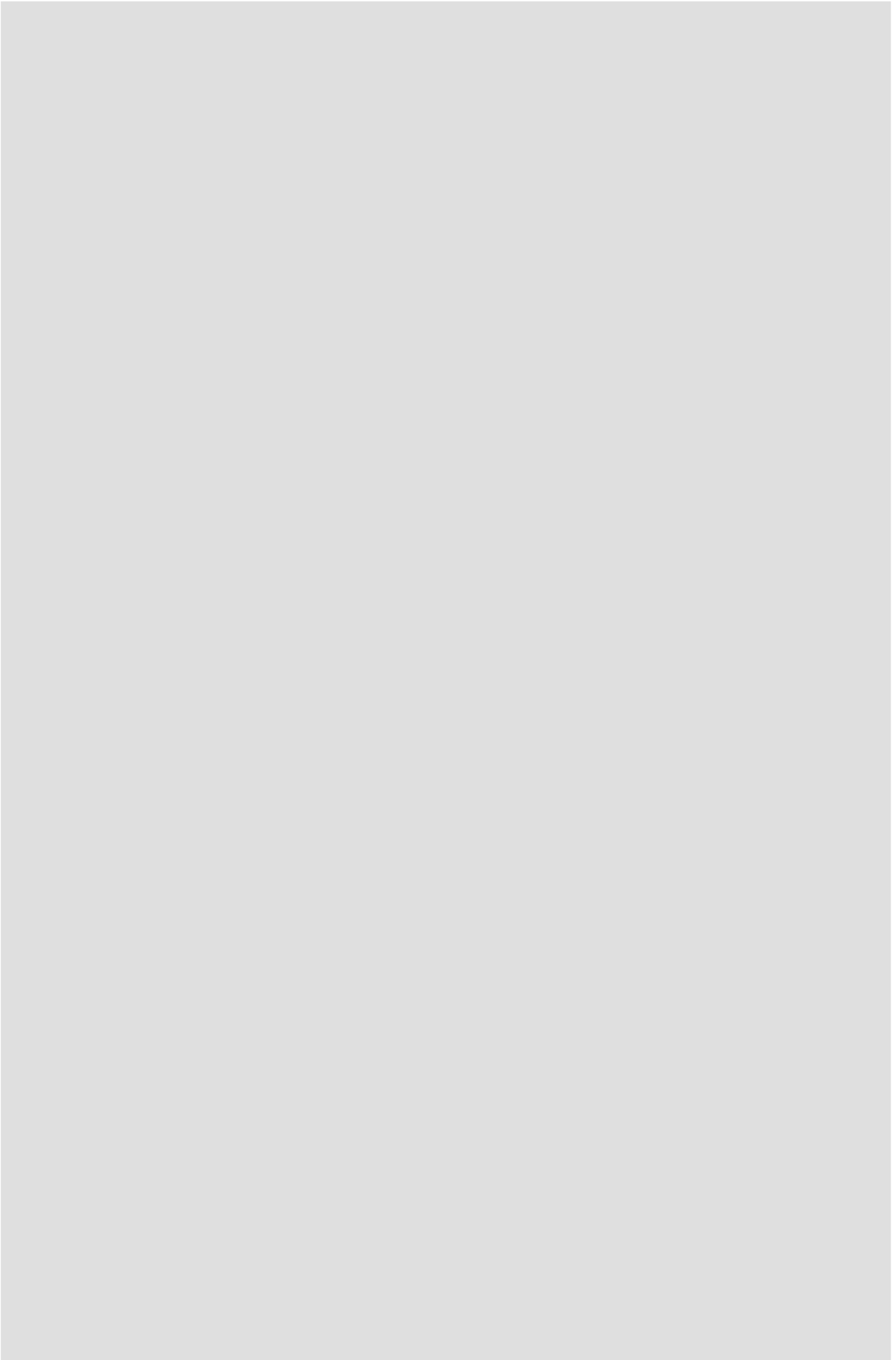




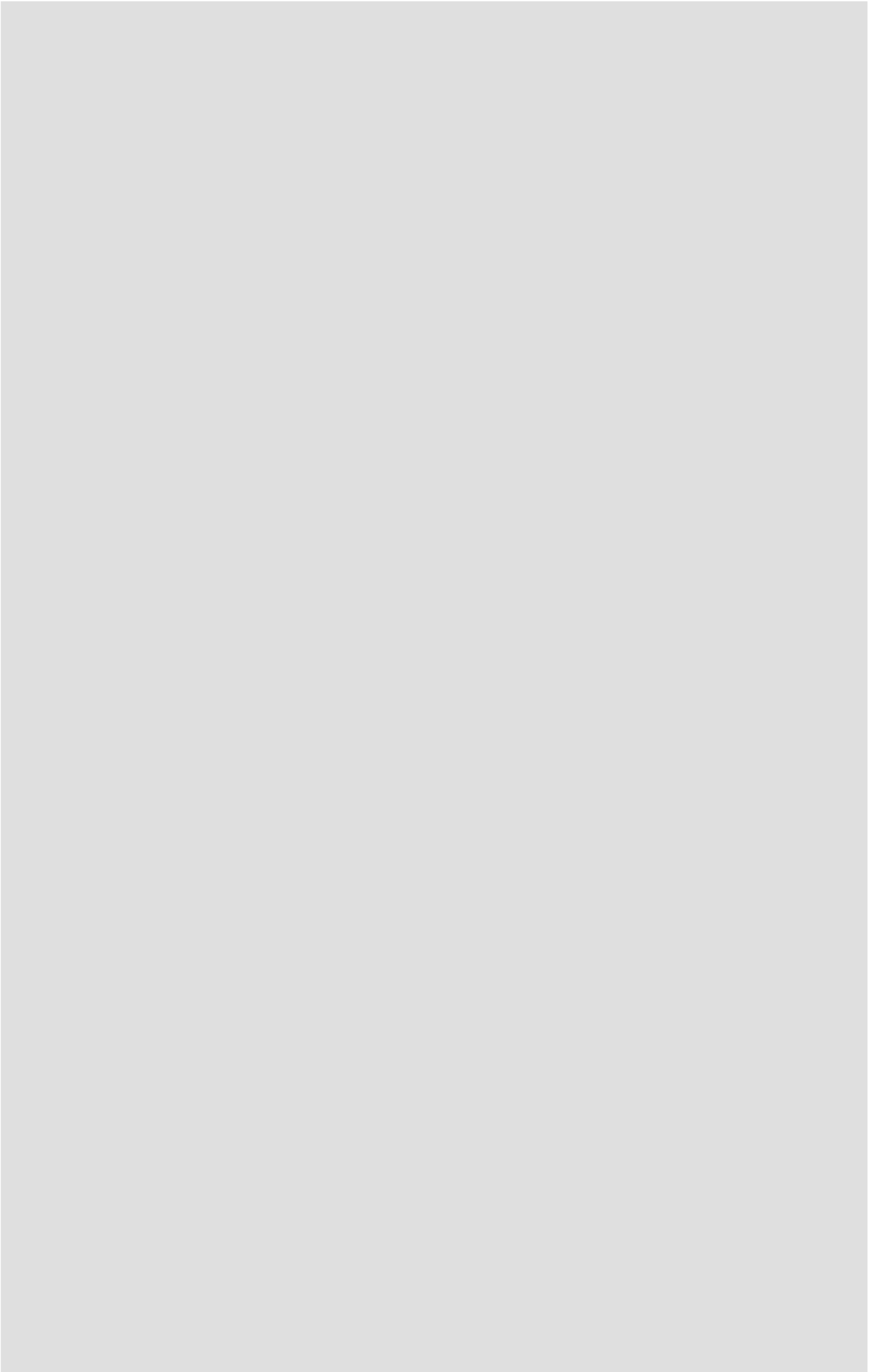






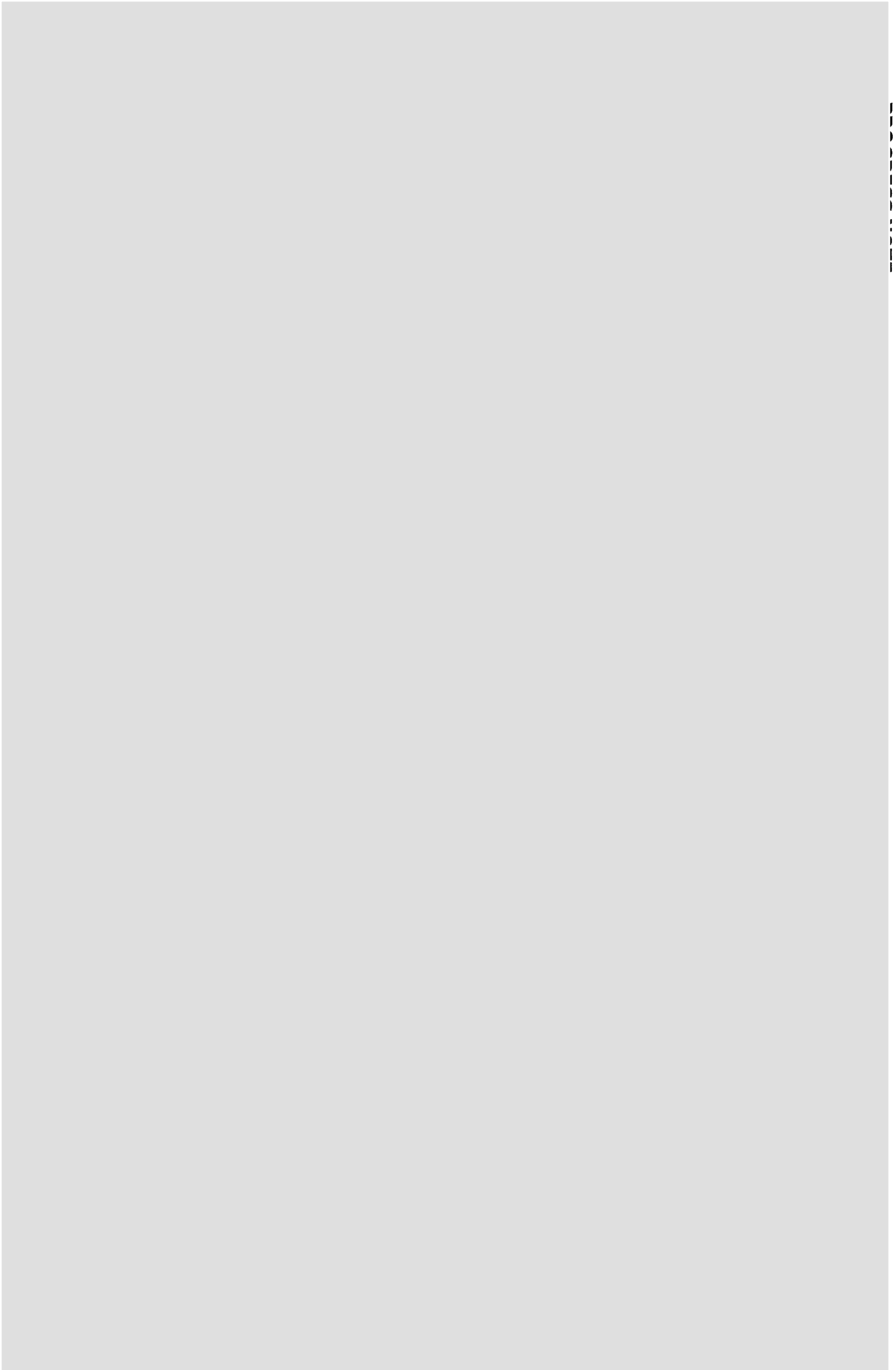








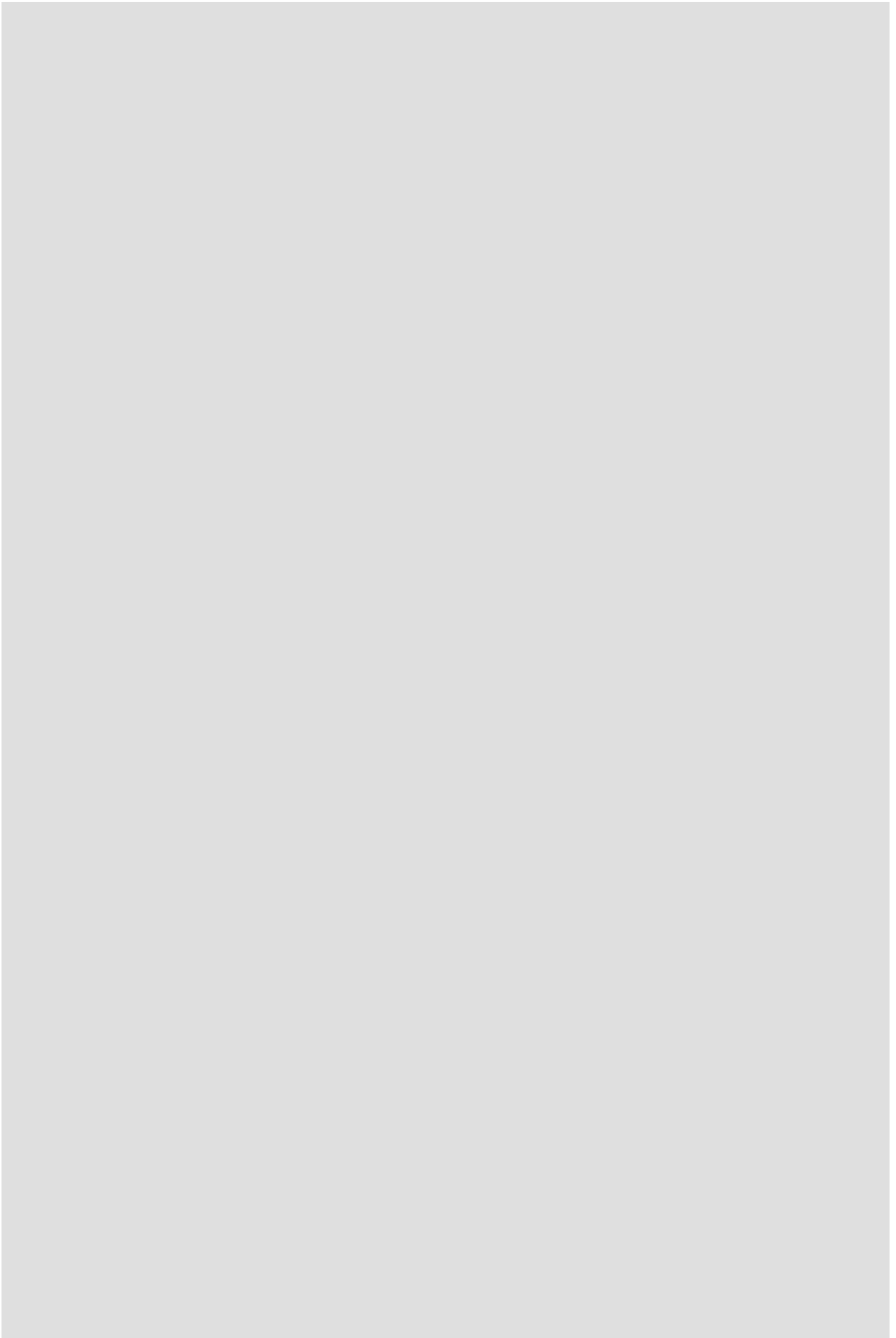




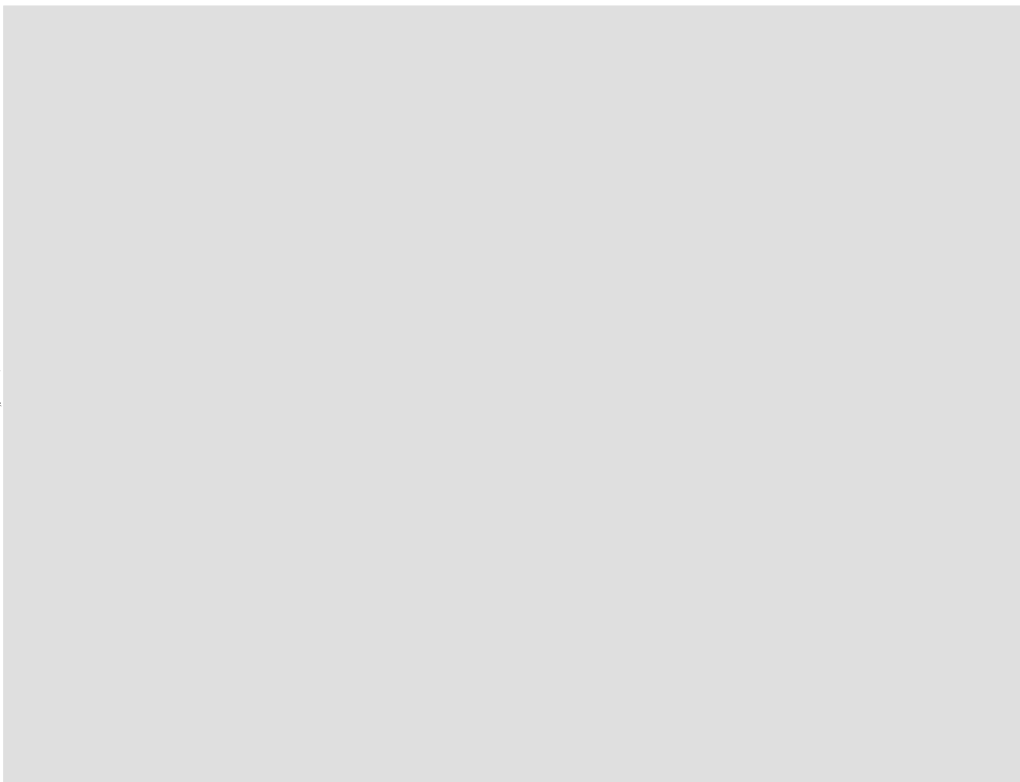


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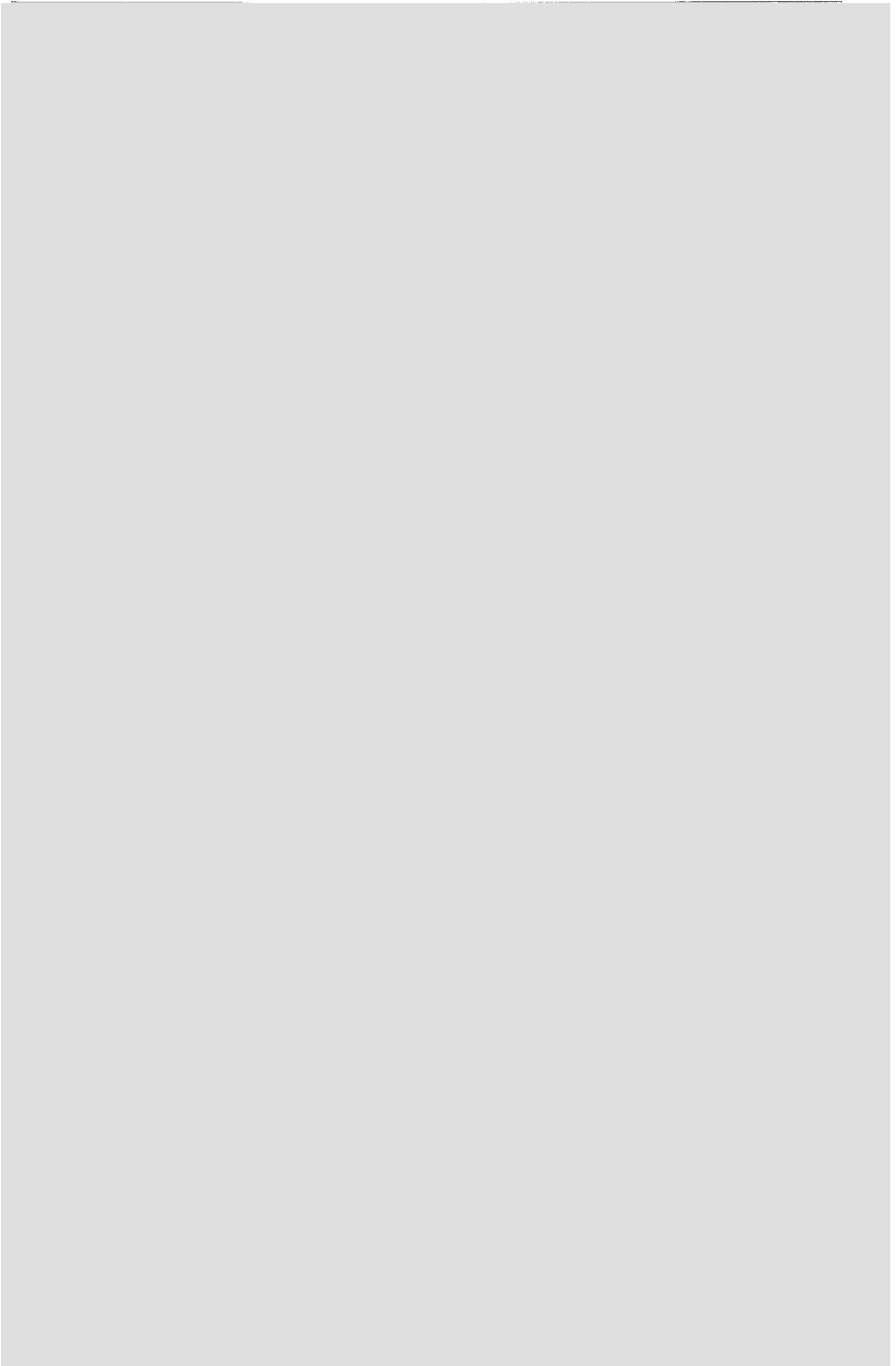






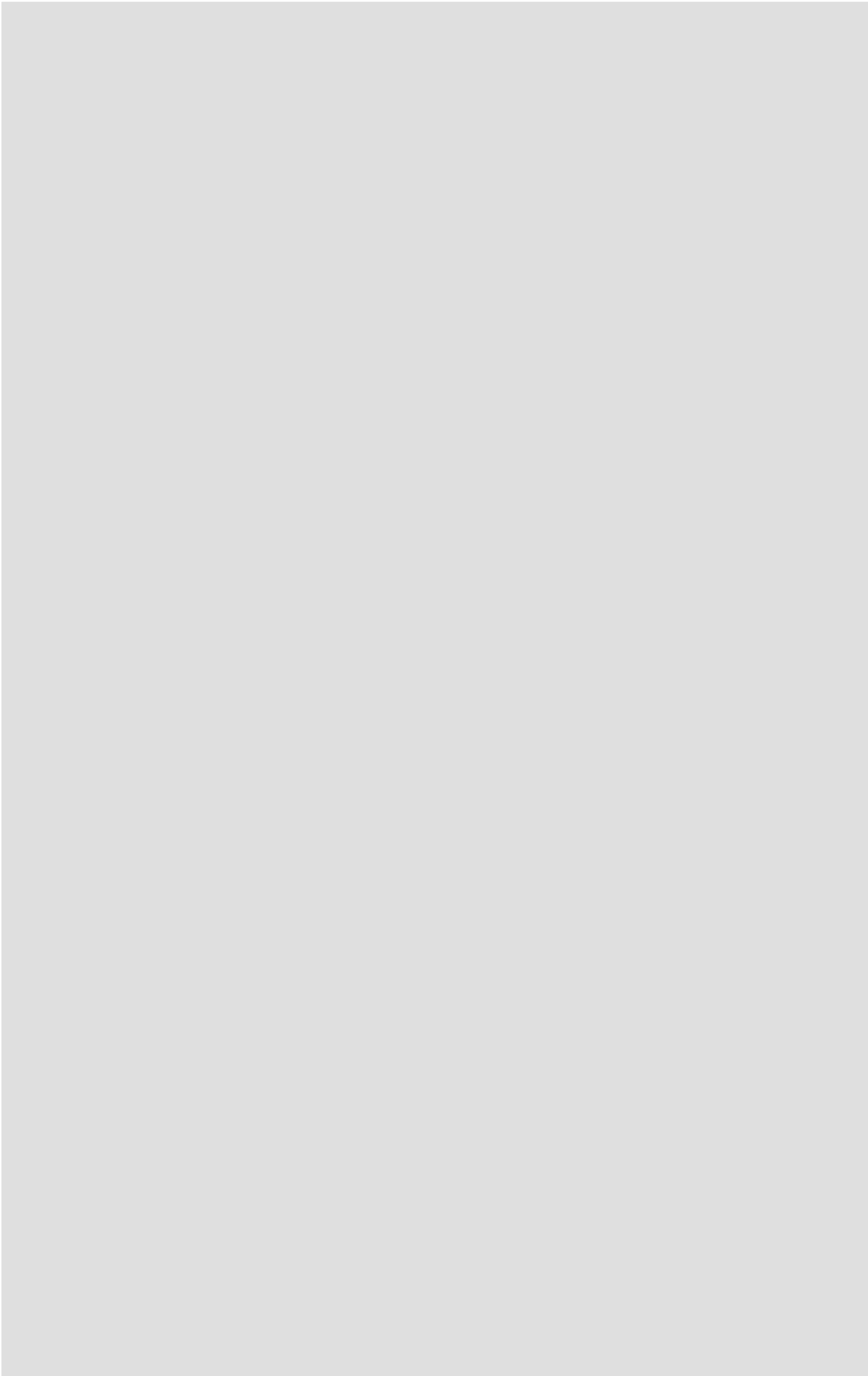


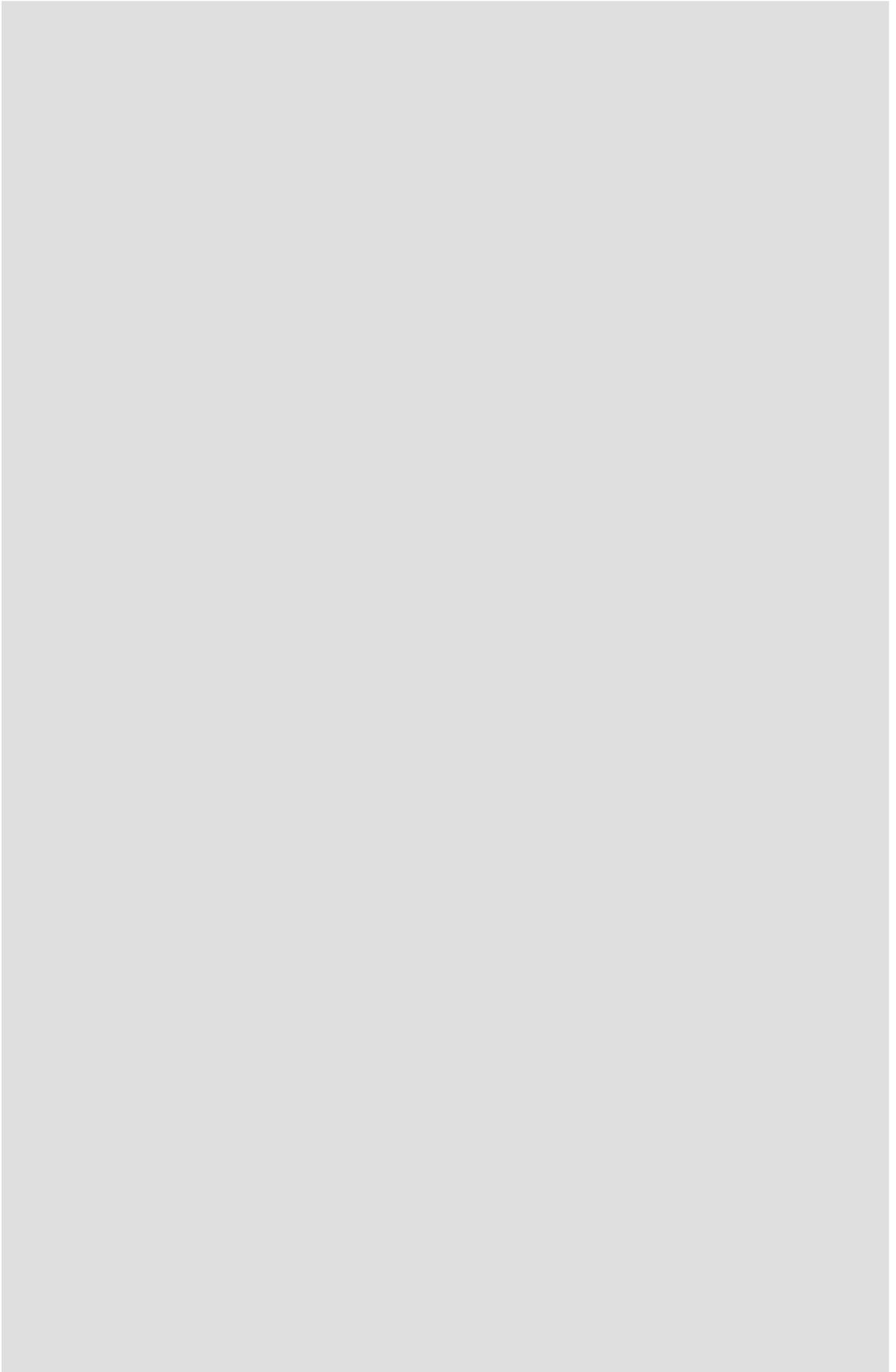


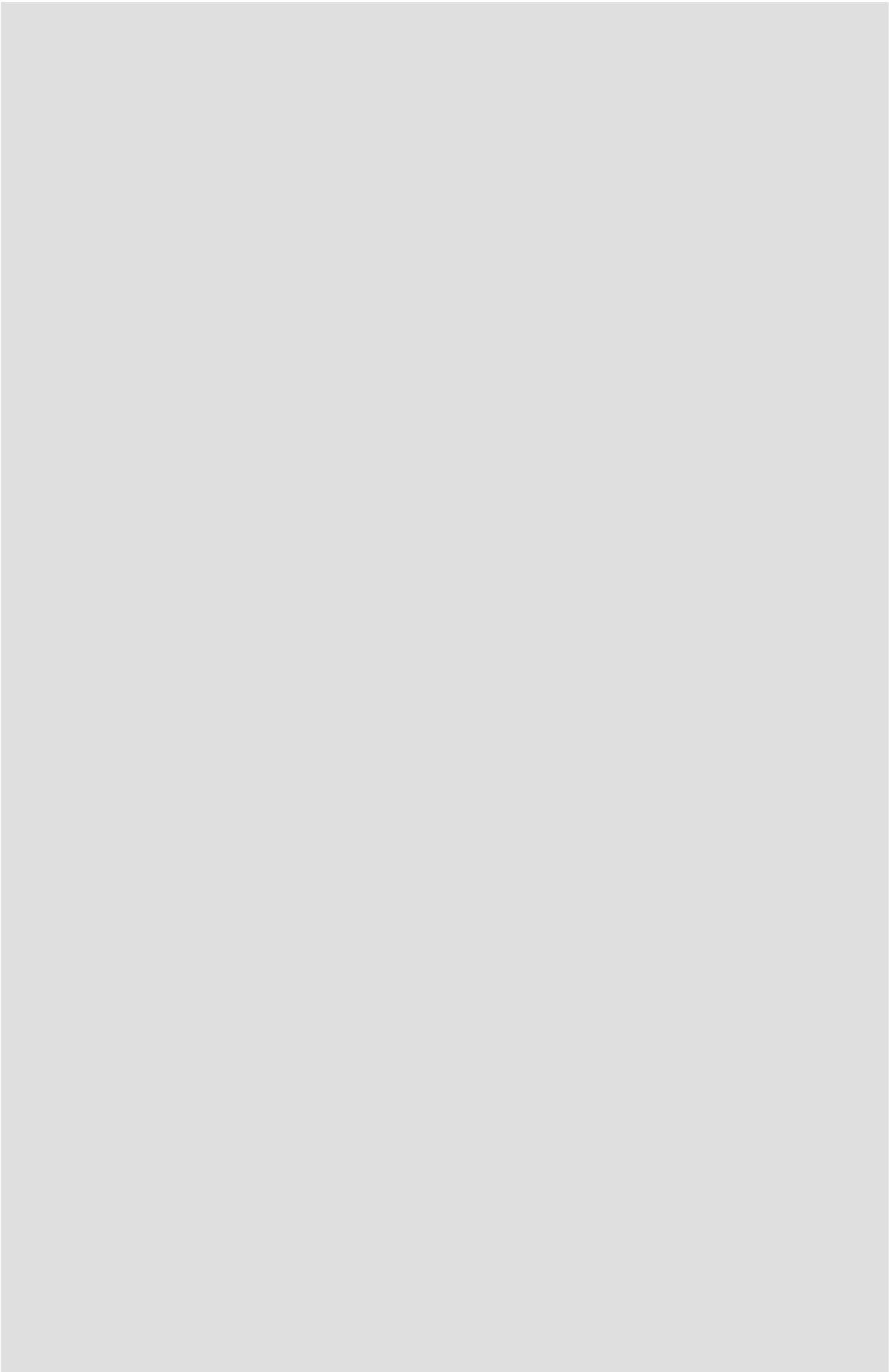




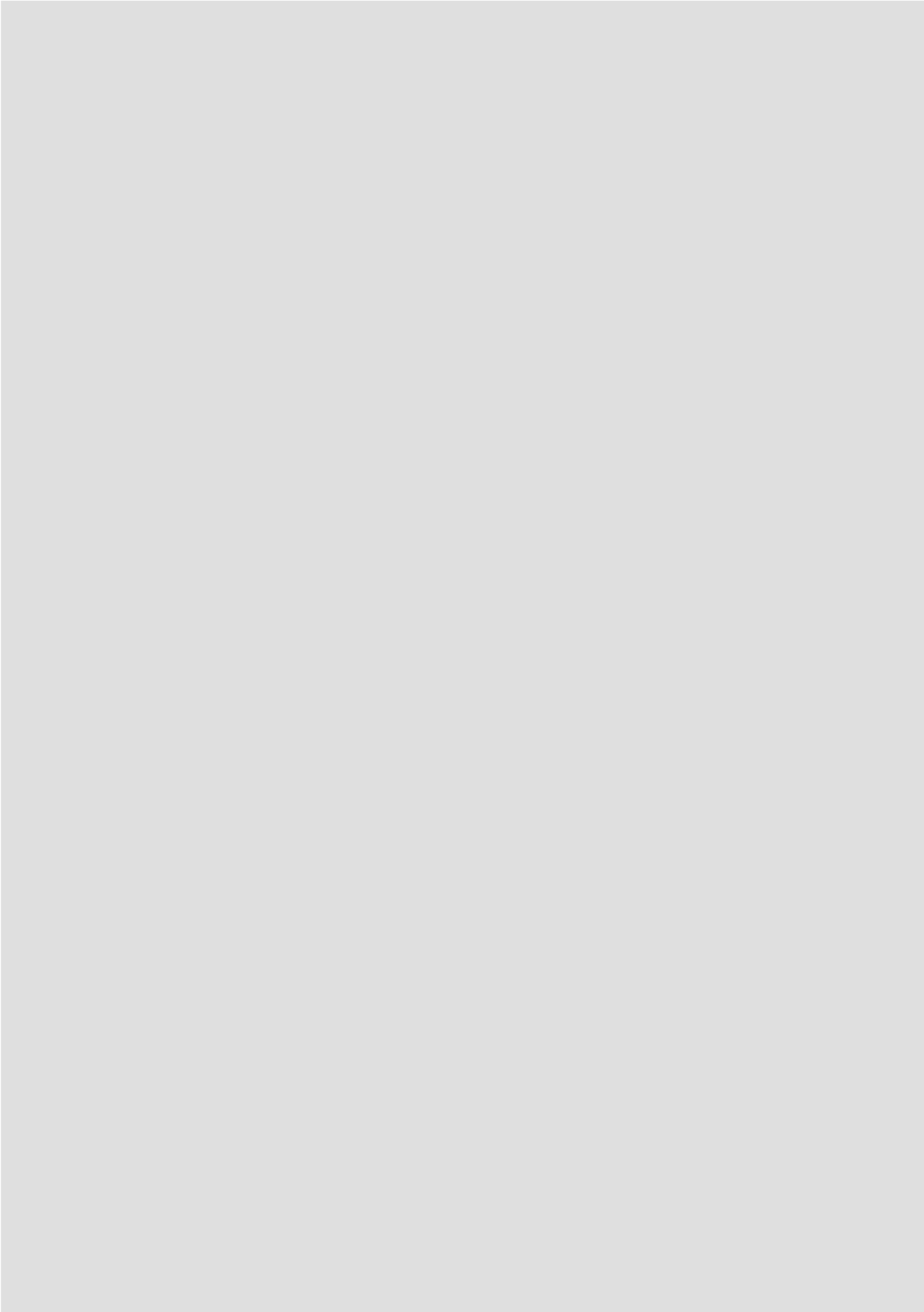
**PROGRESS NOTE**





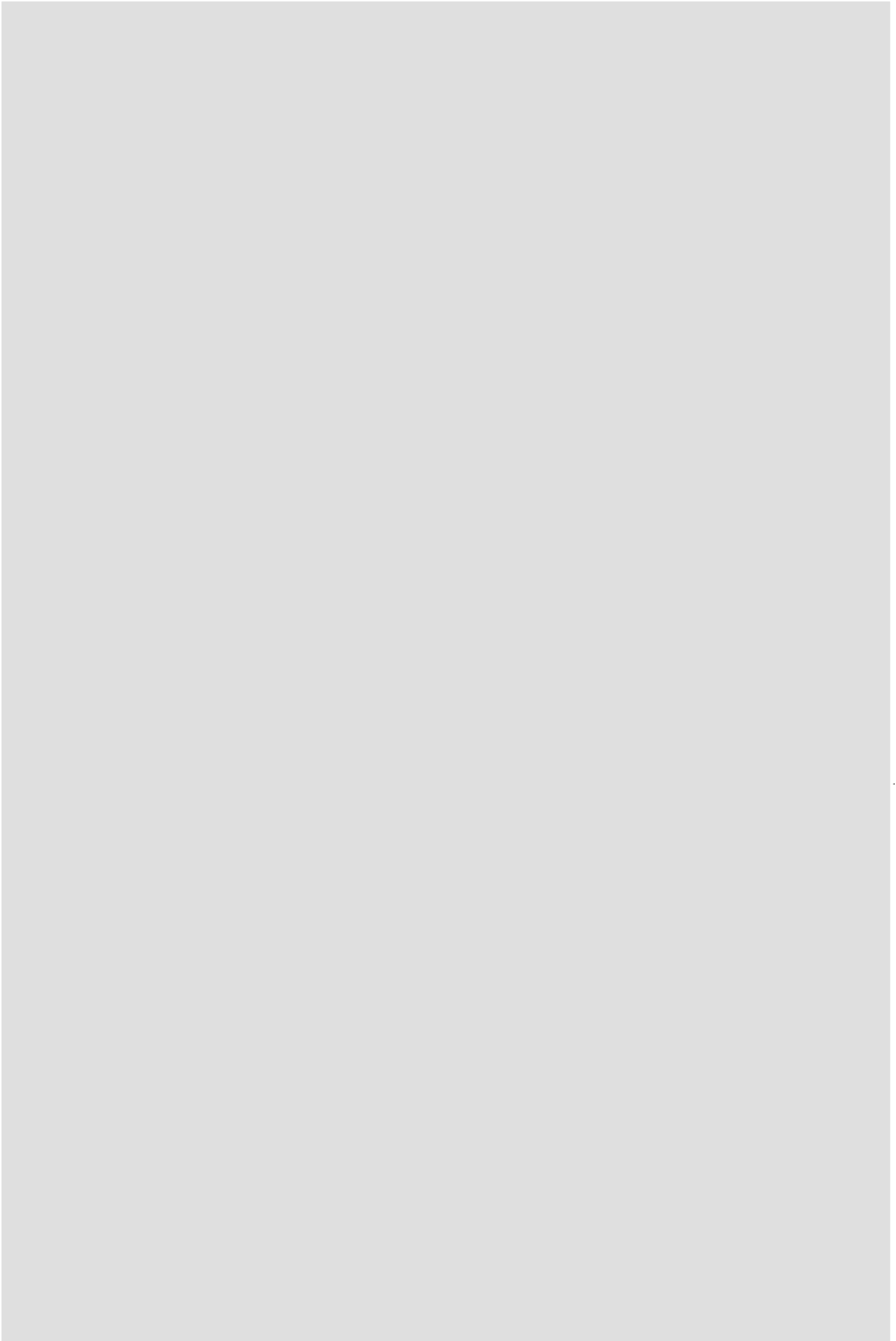


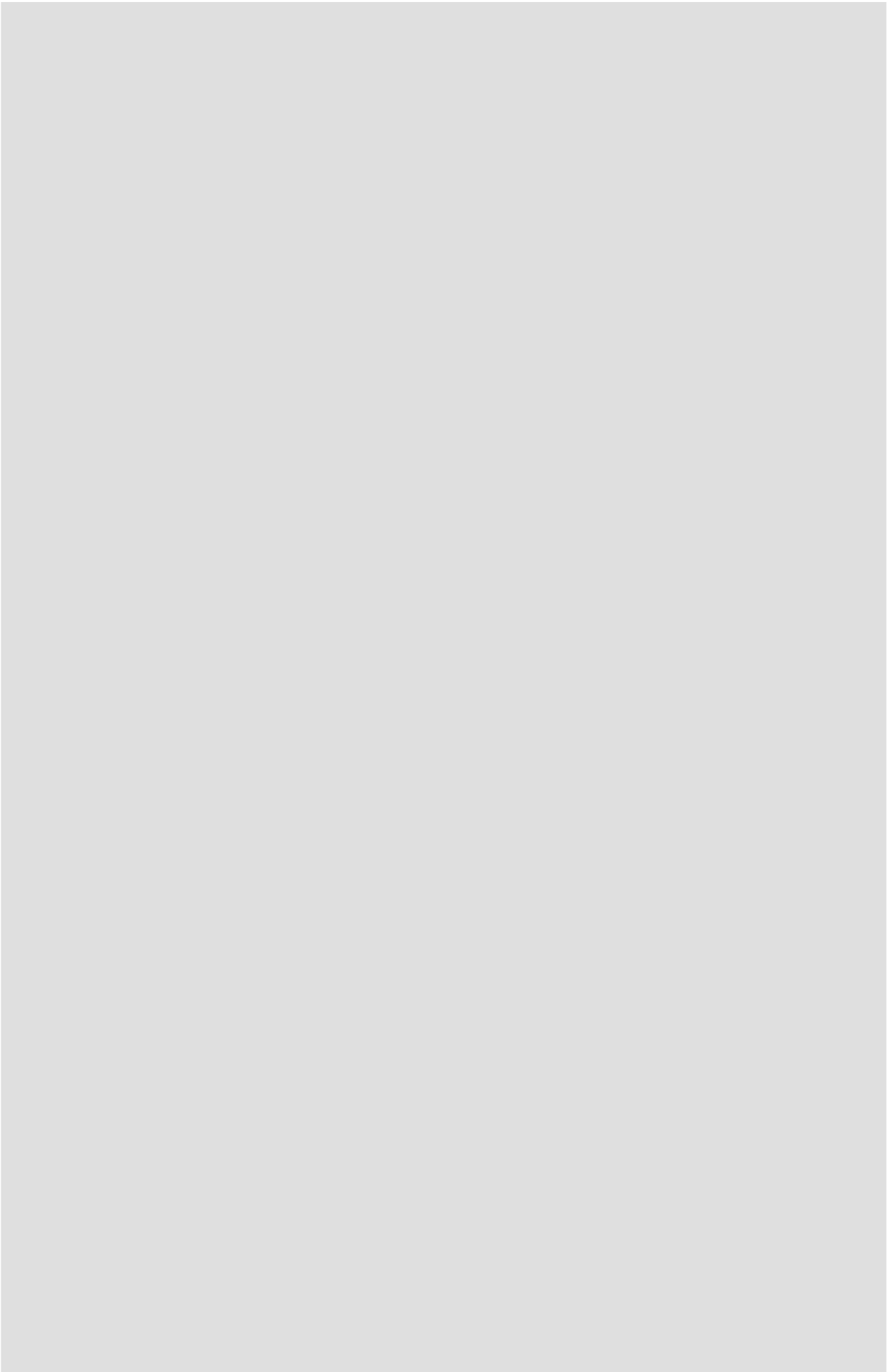






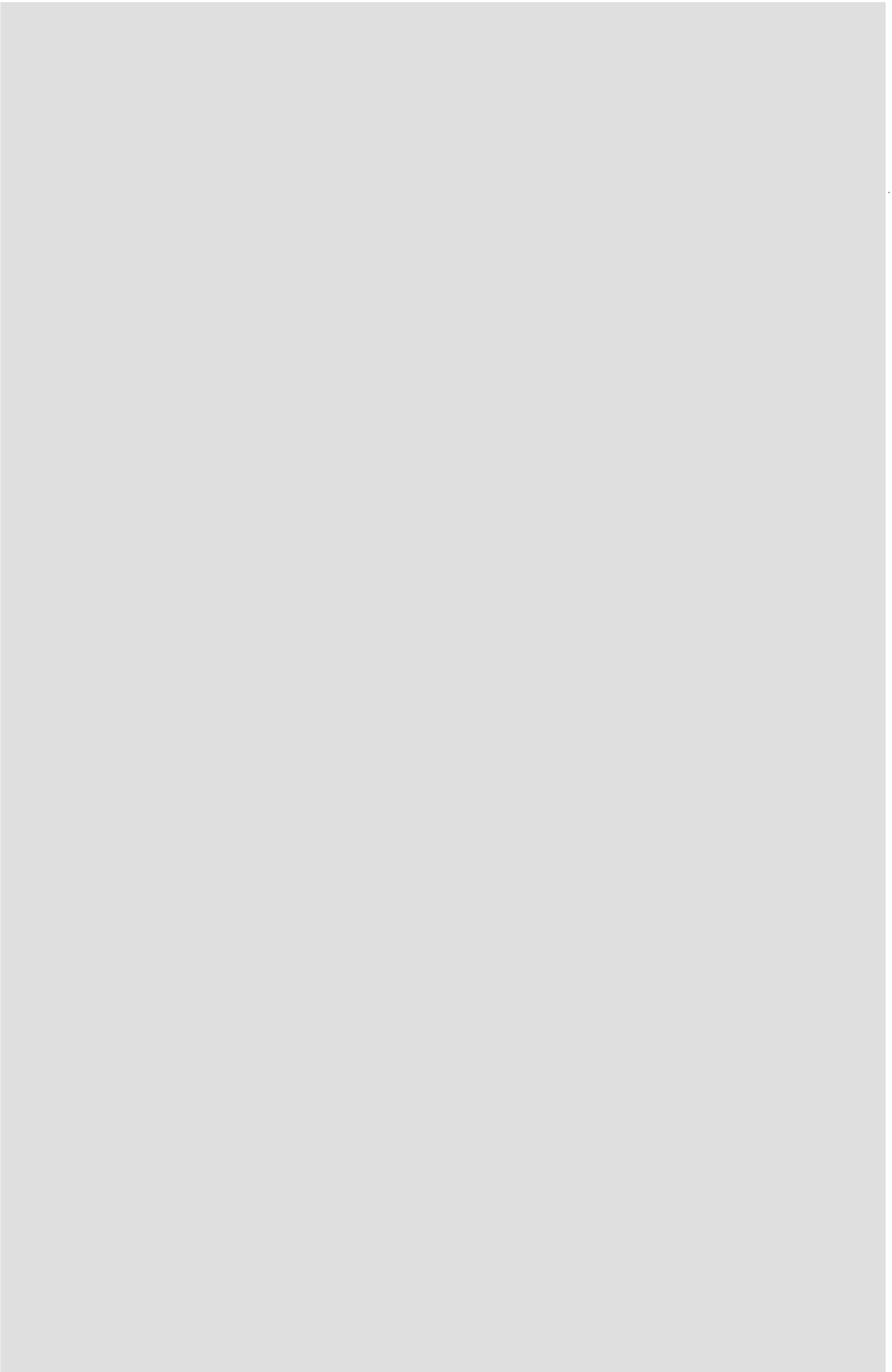


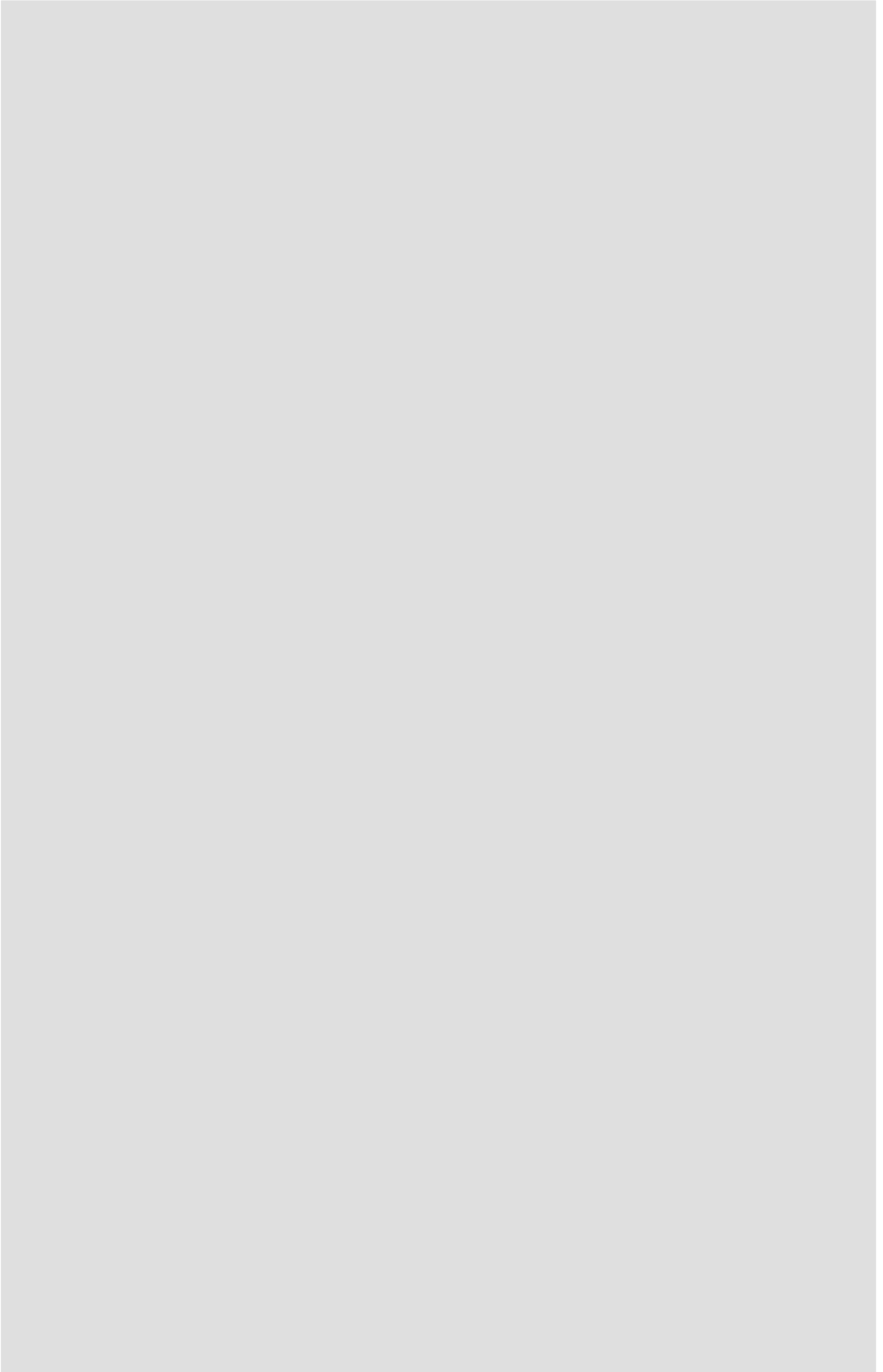


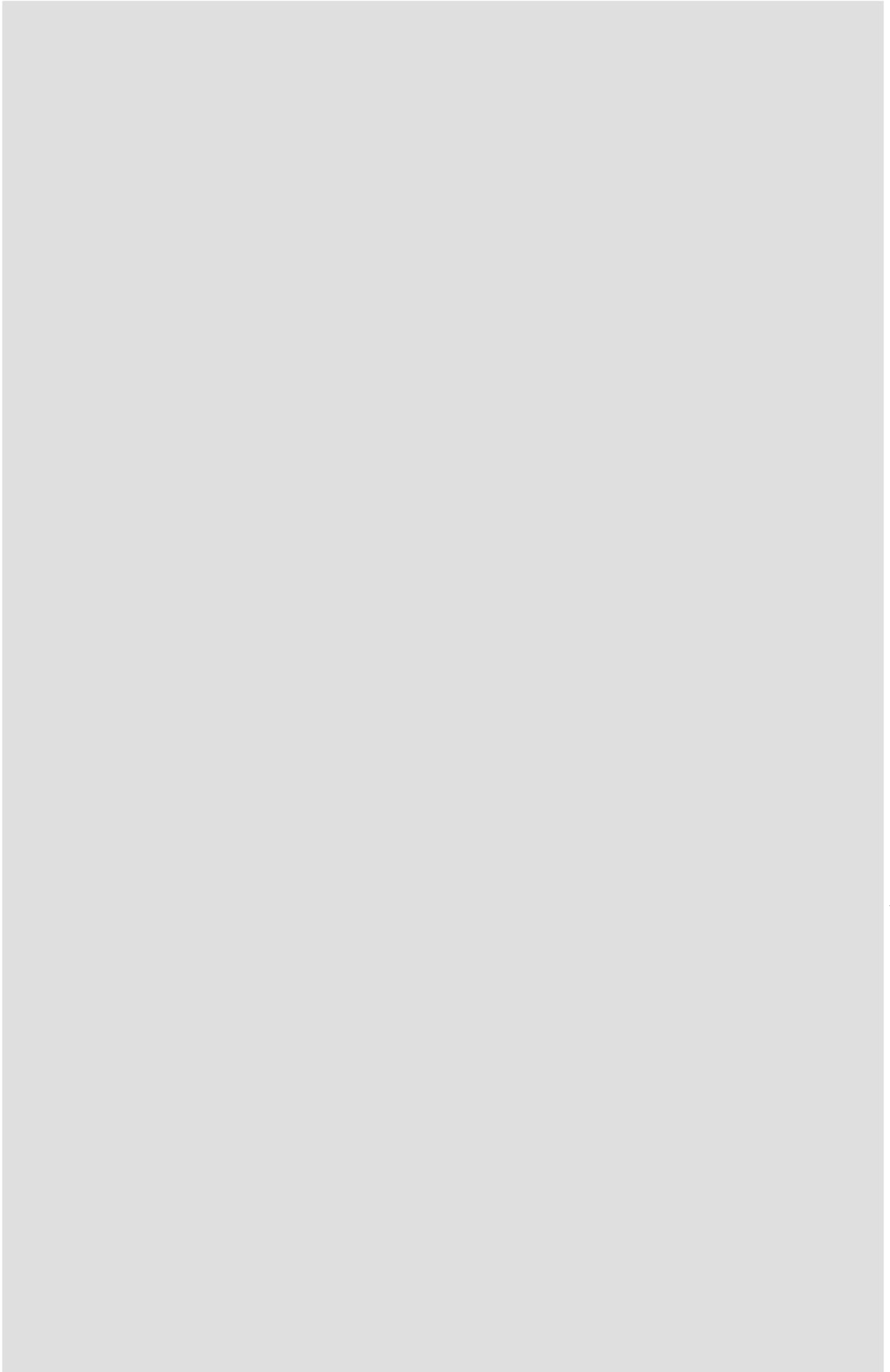


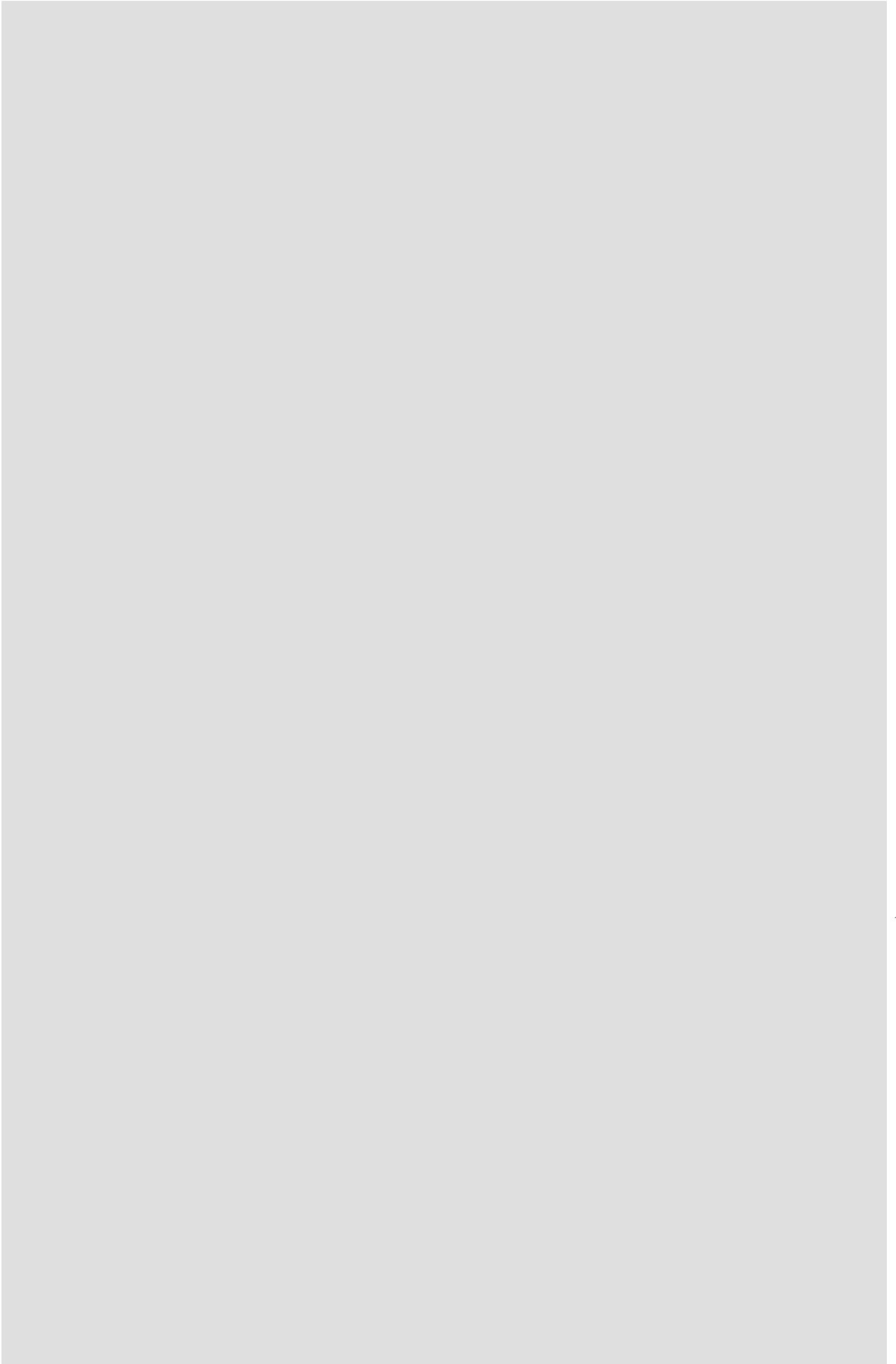


SW039

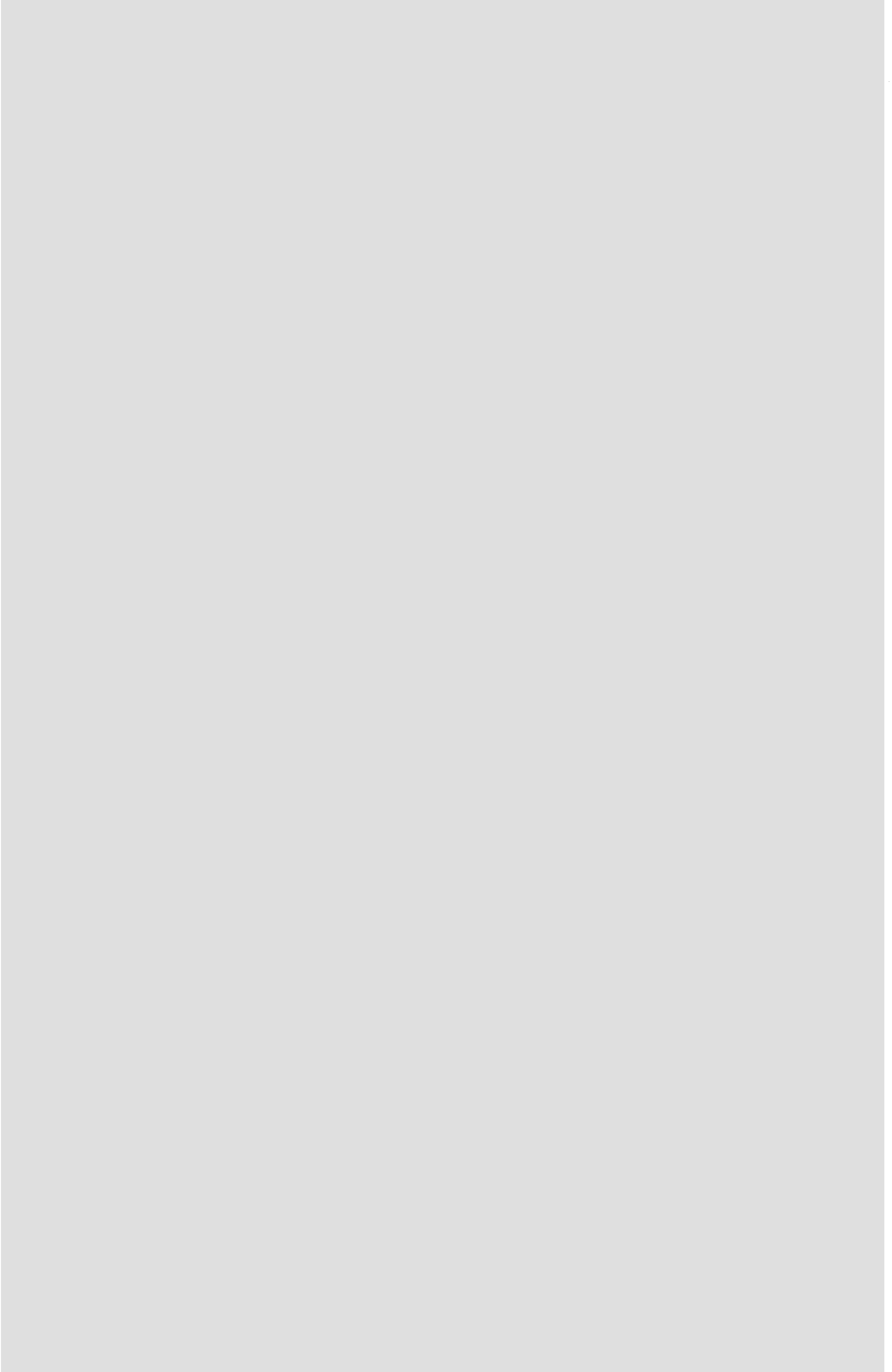


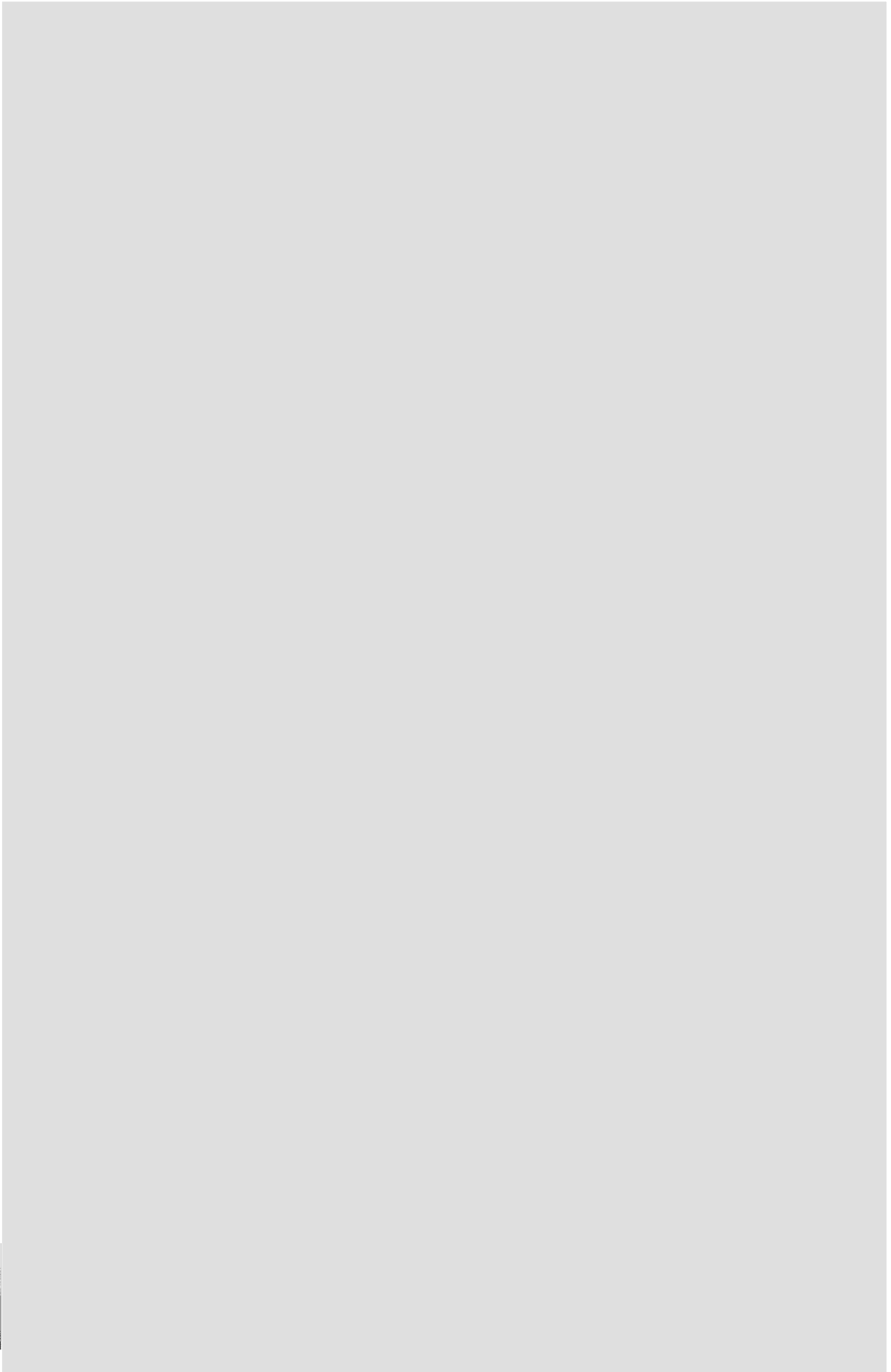






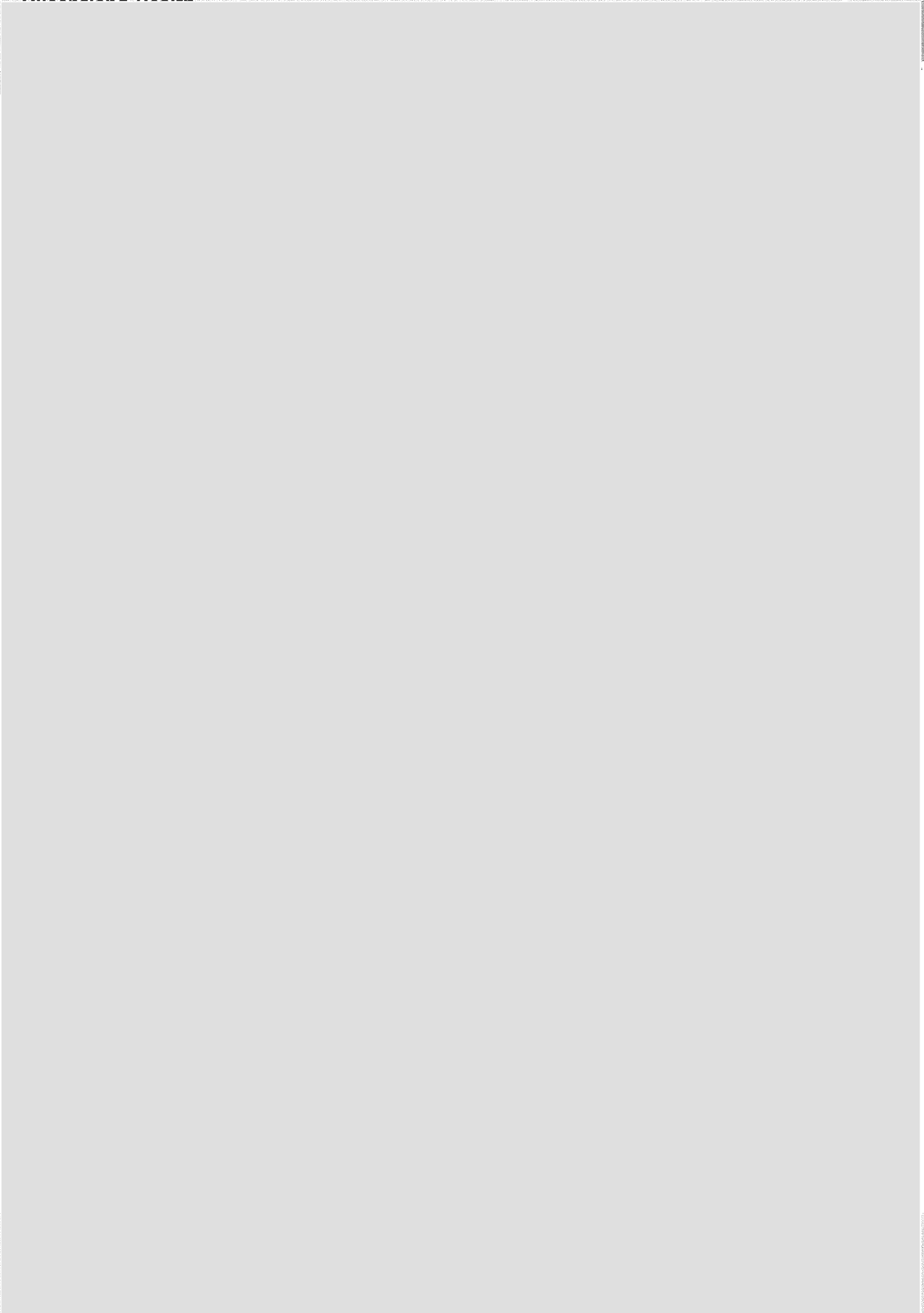


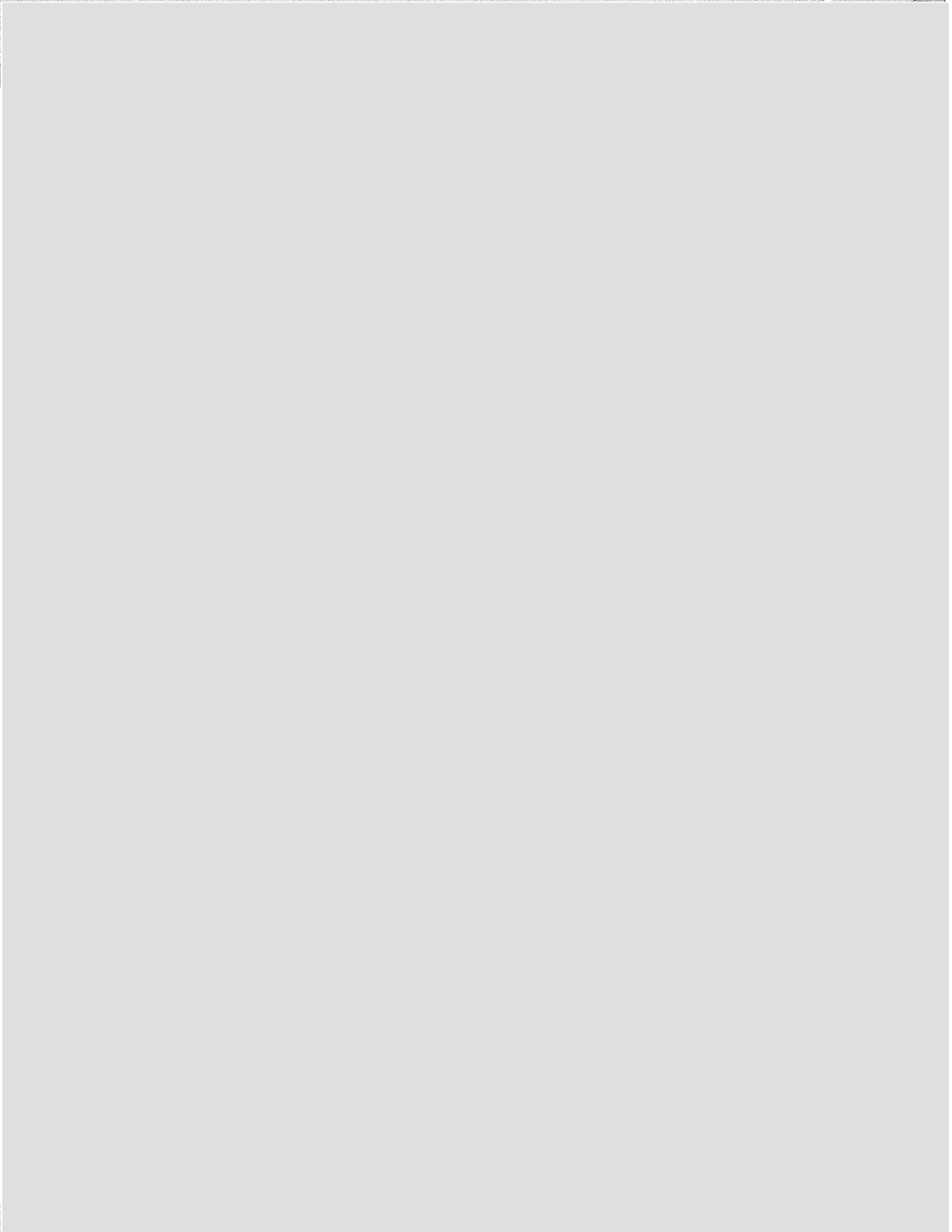


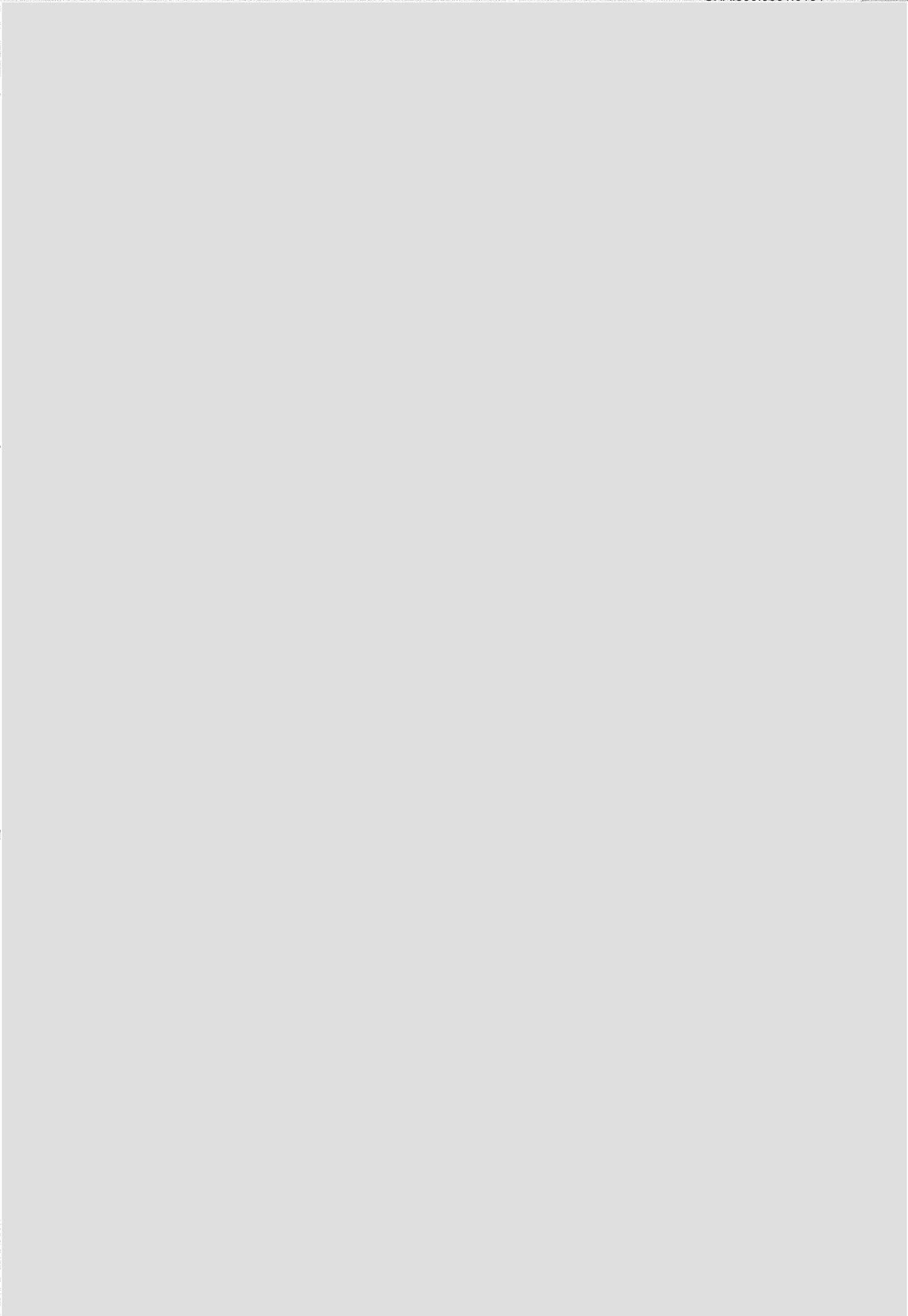


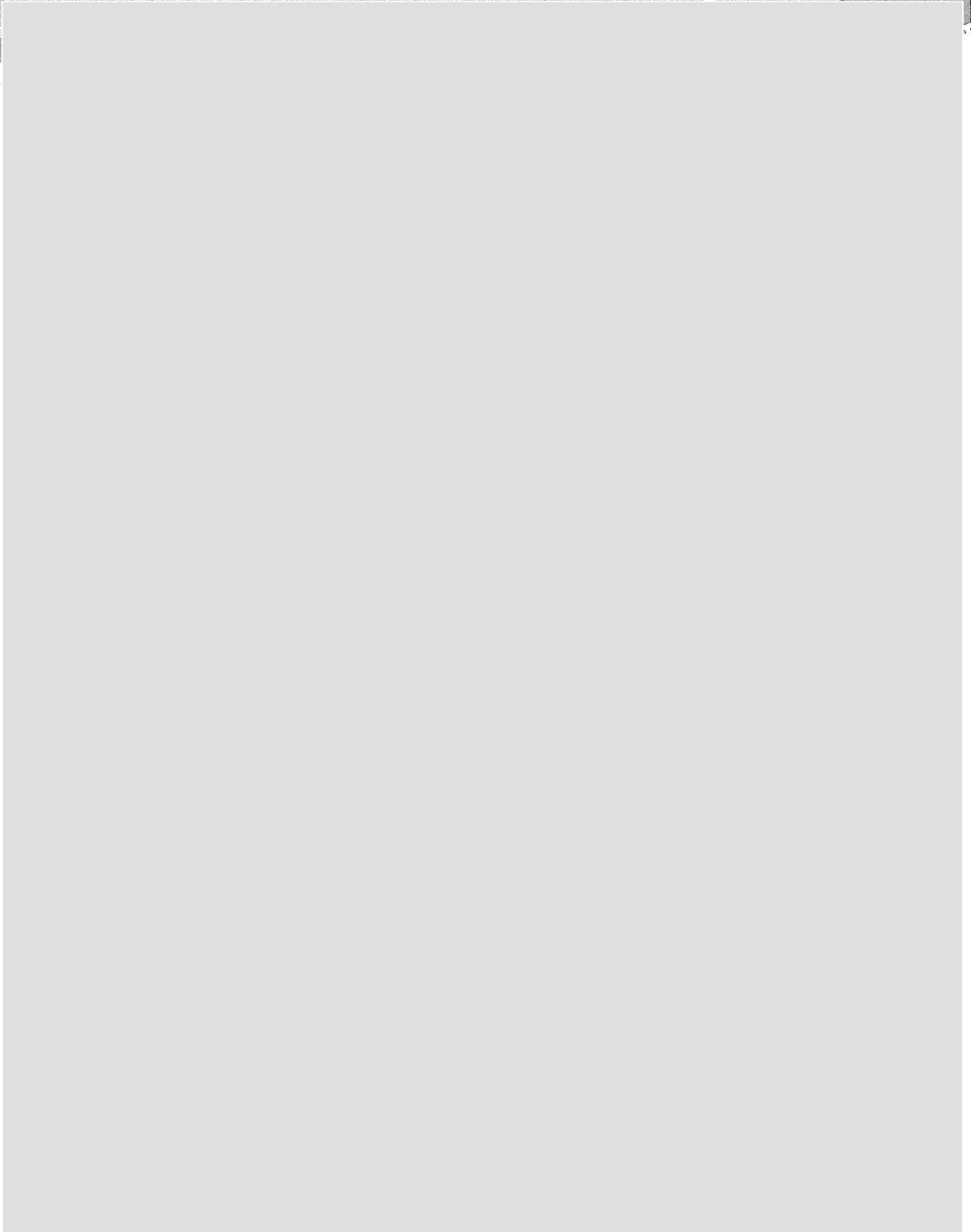


Overland Health



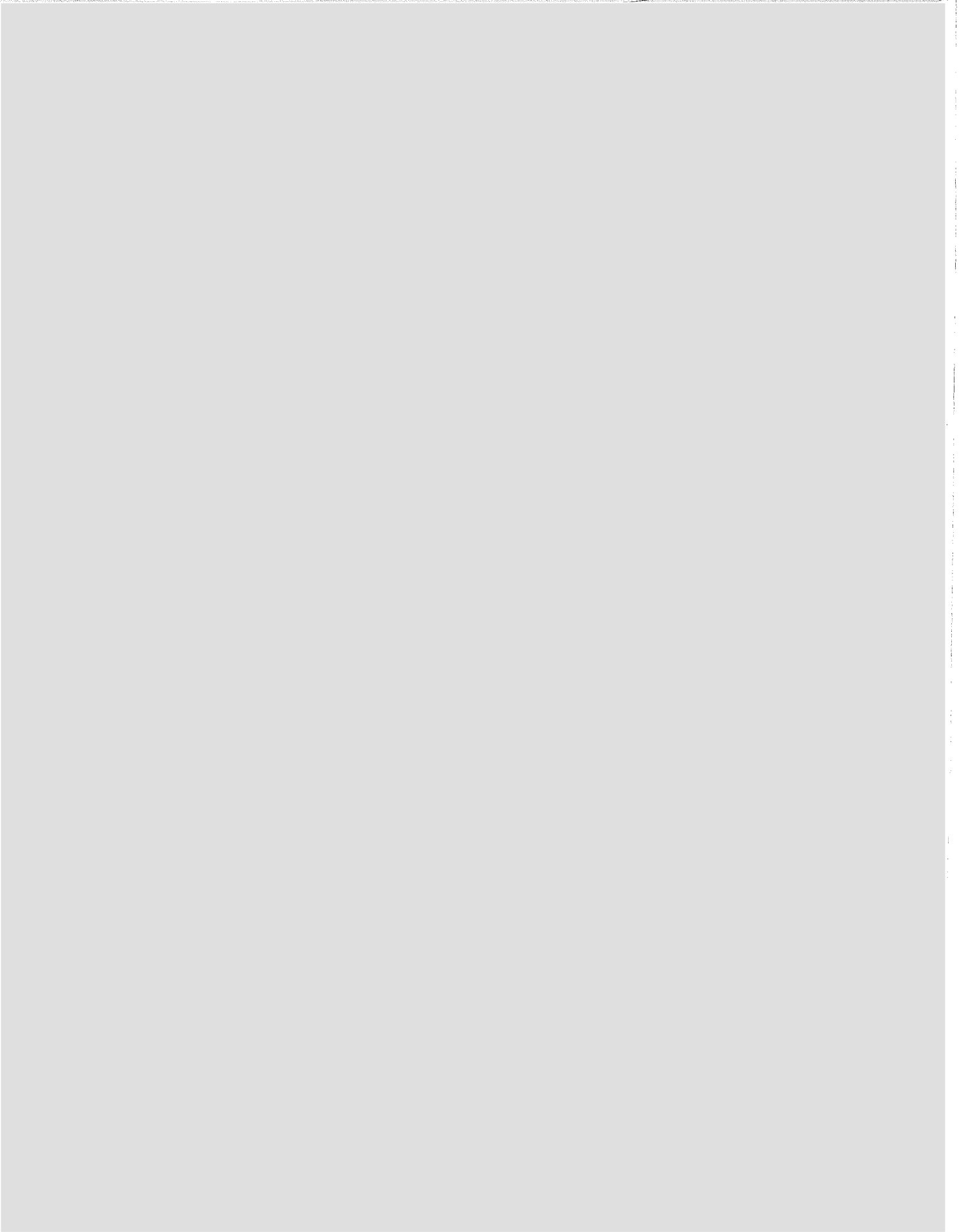


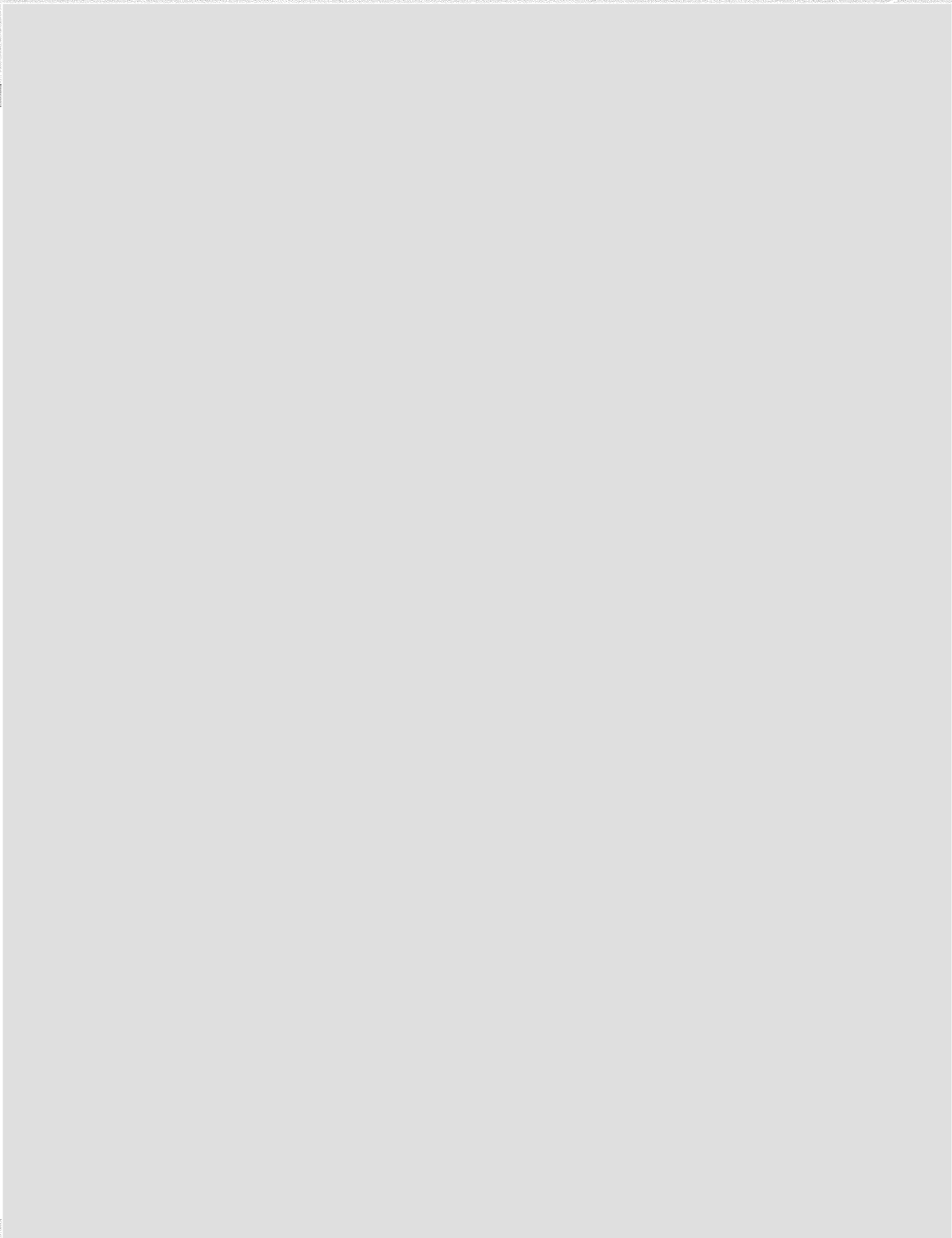


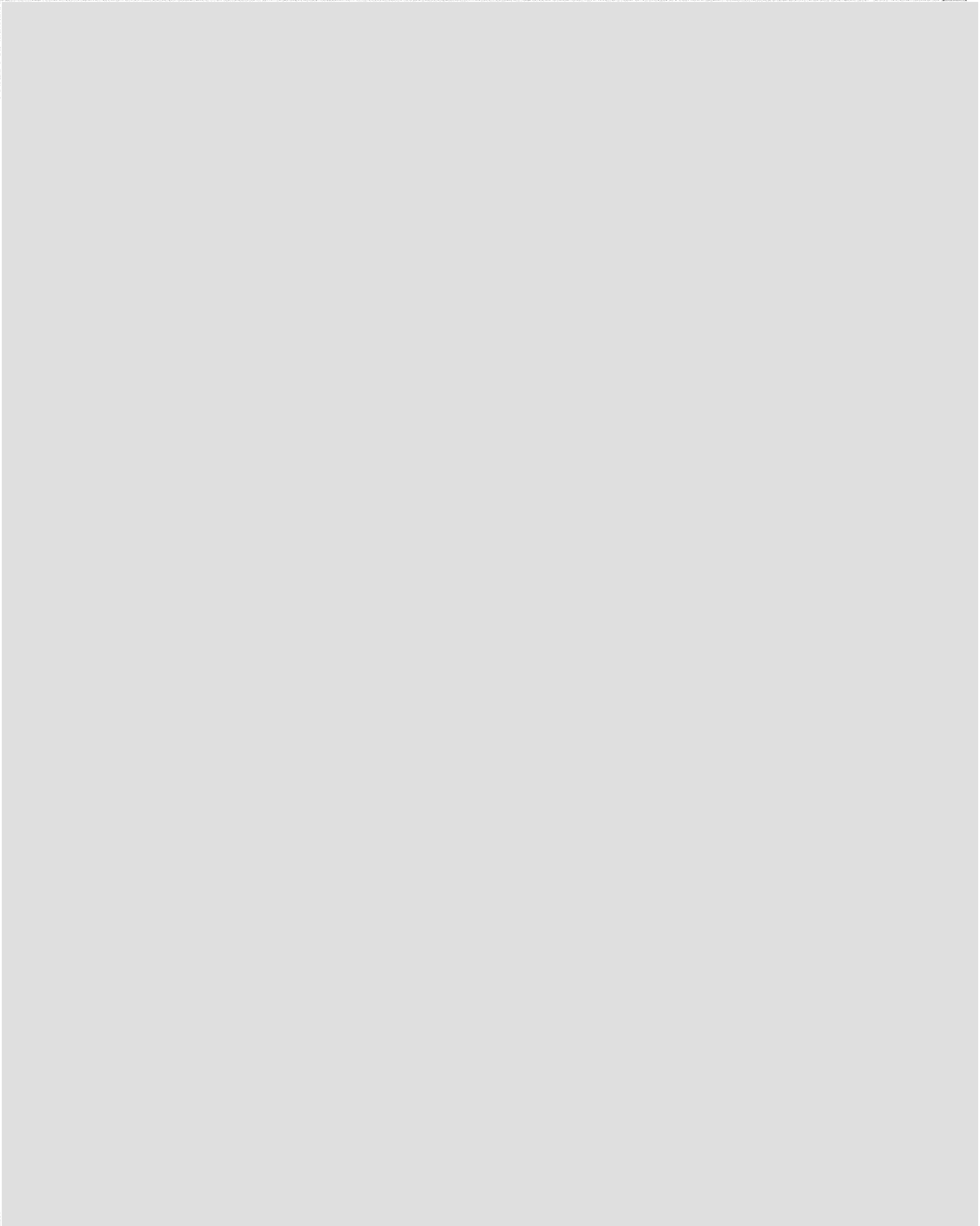


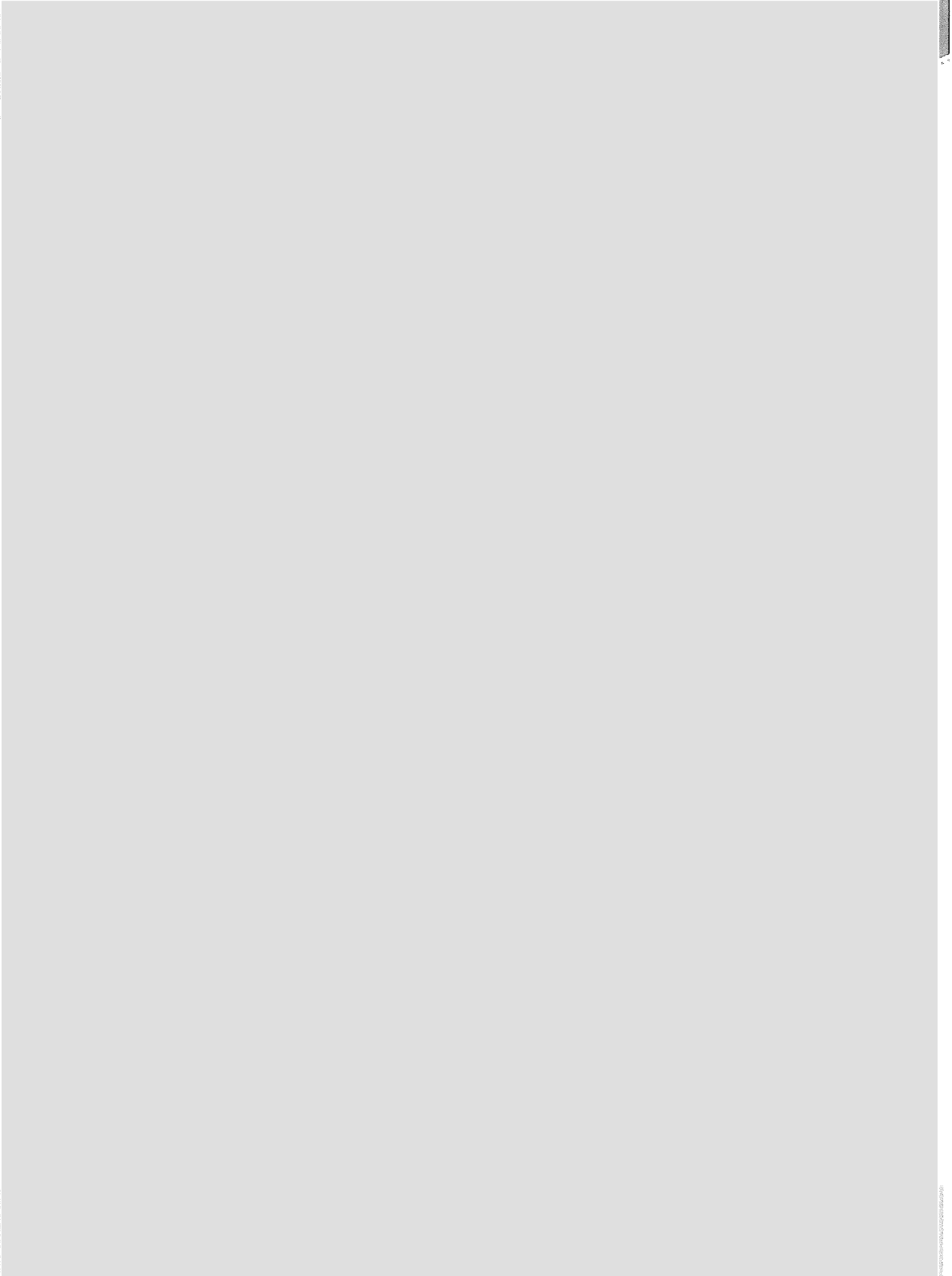




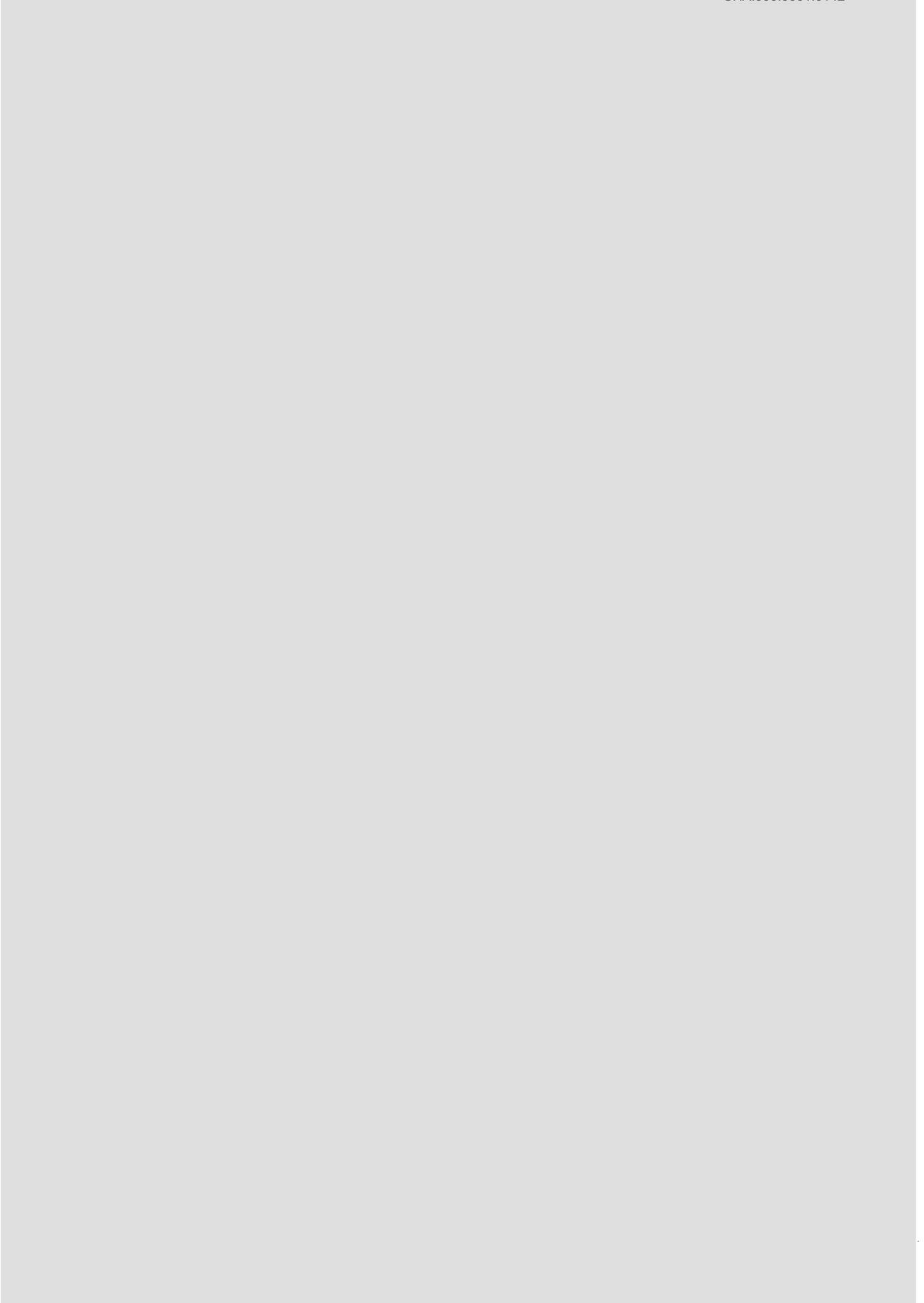




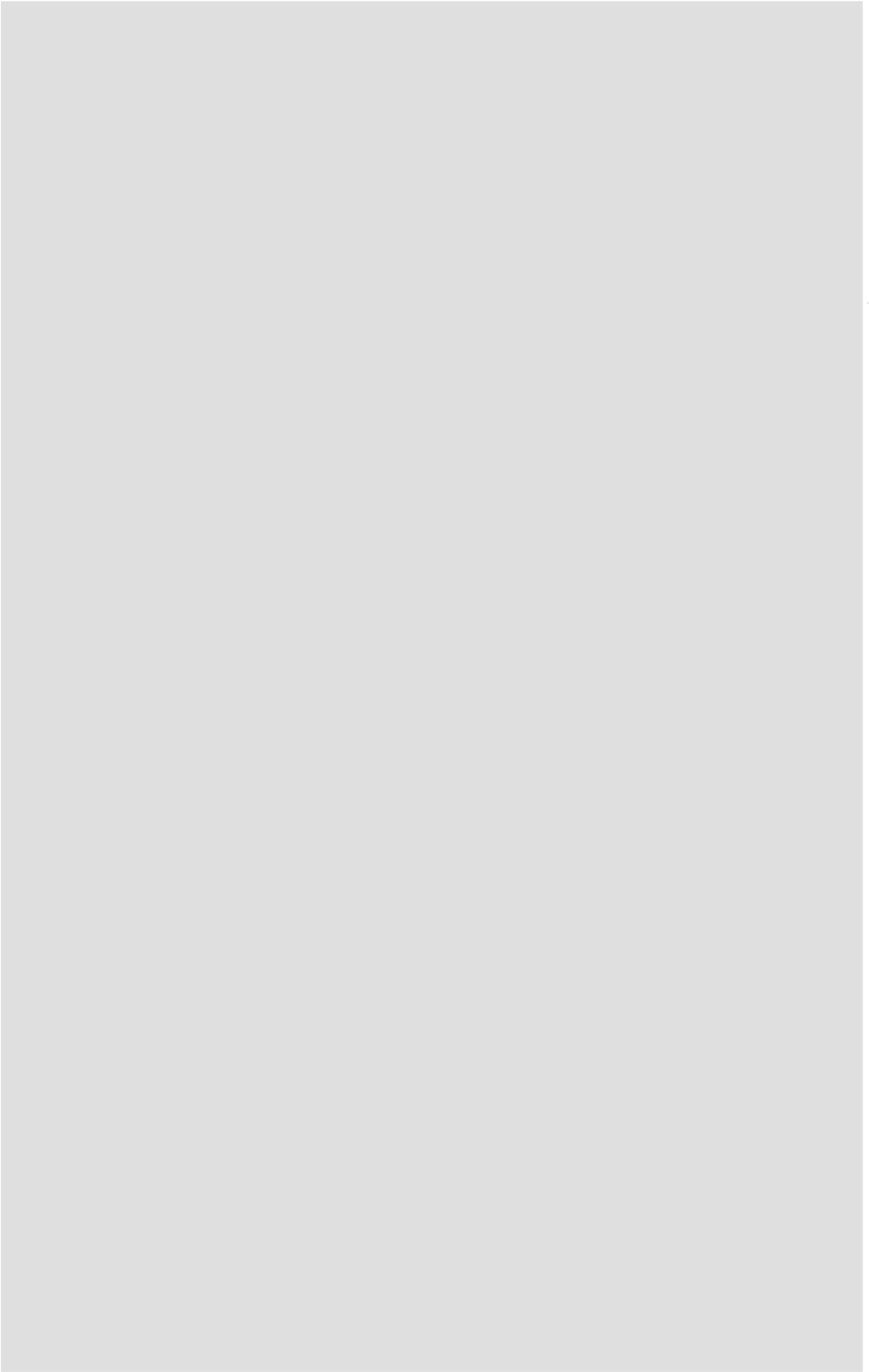






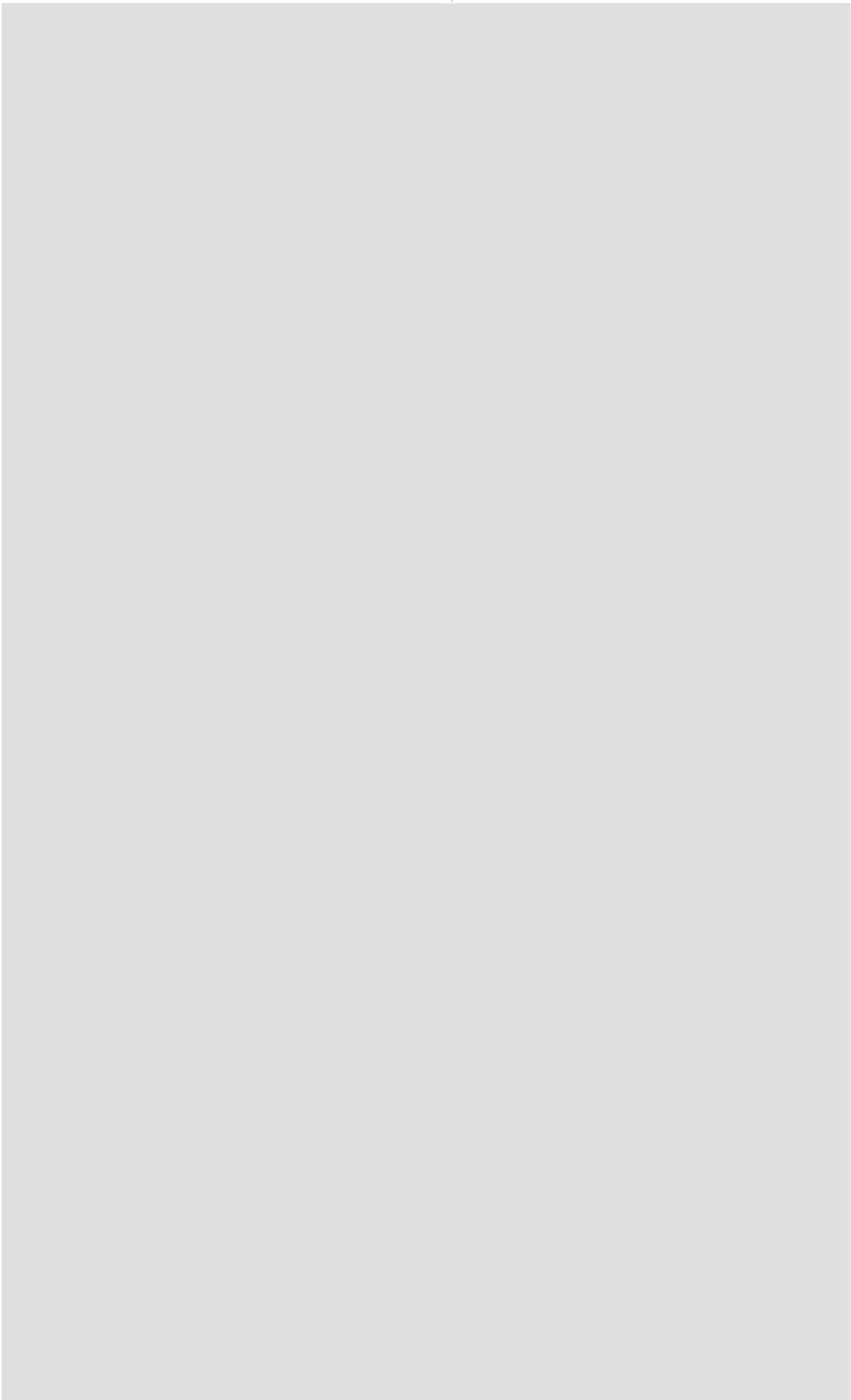




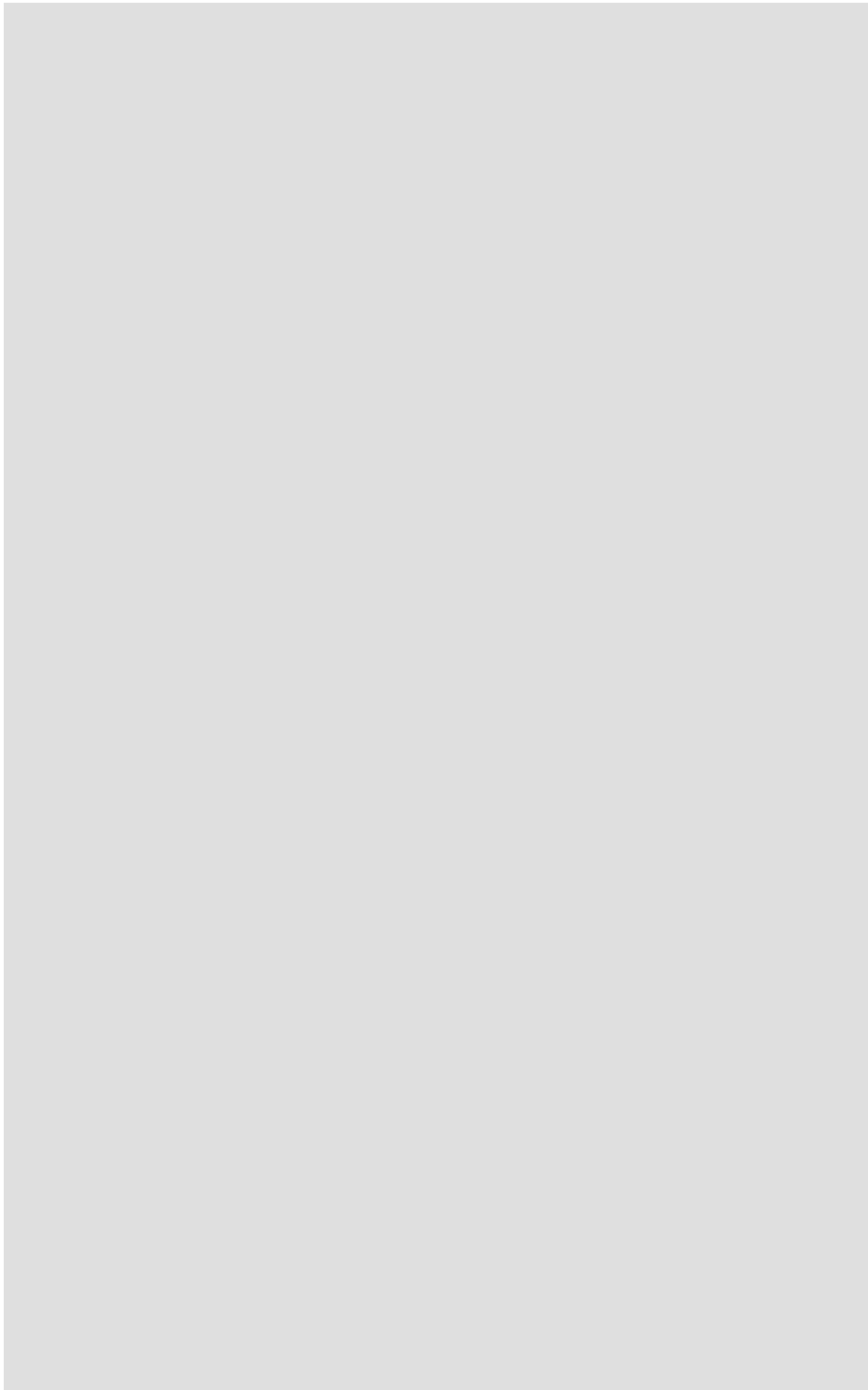




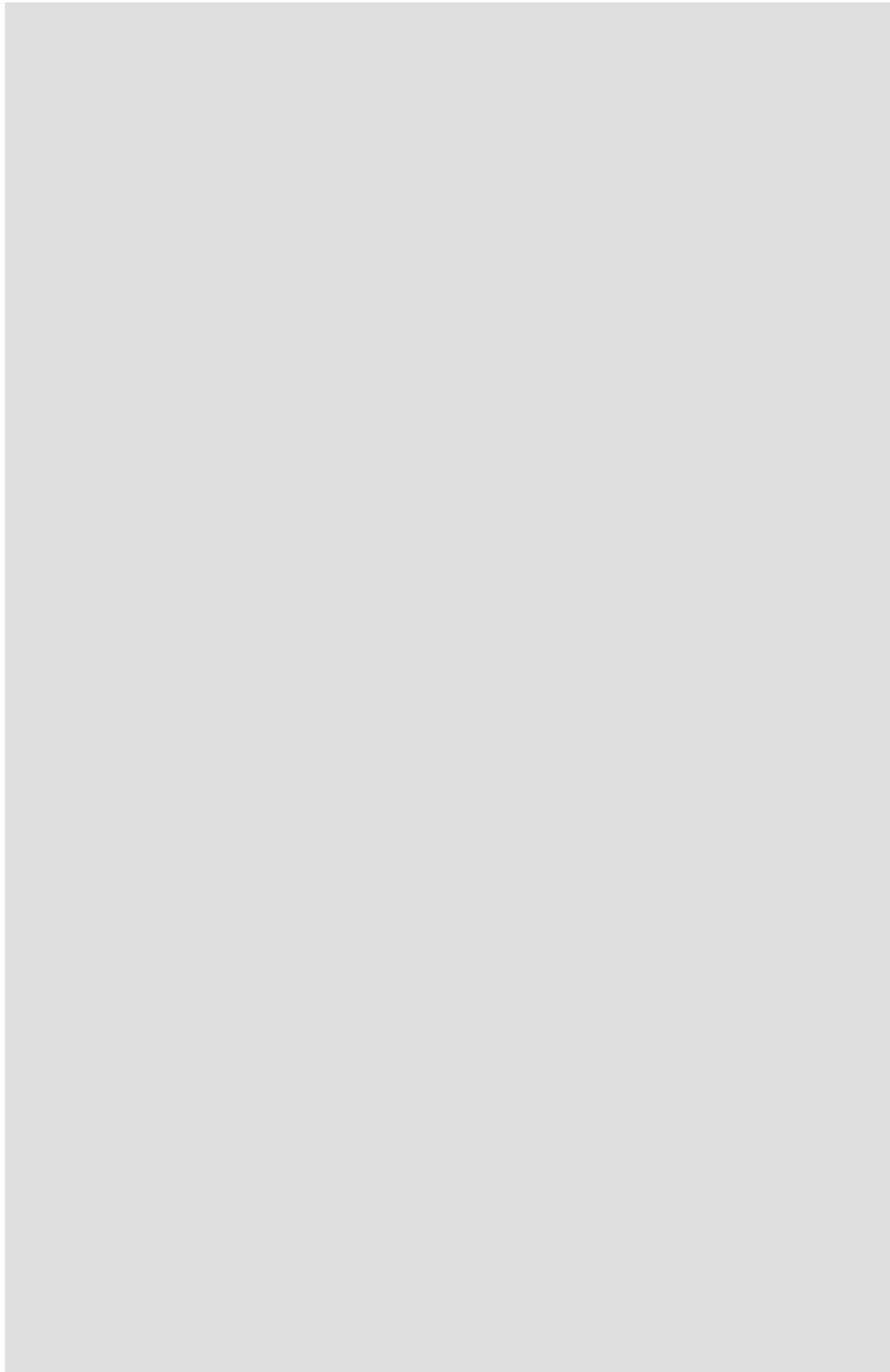




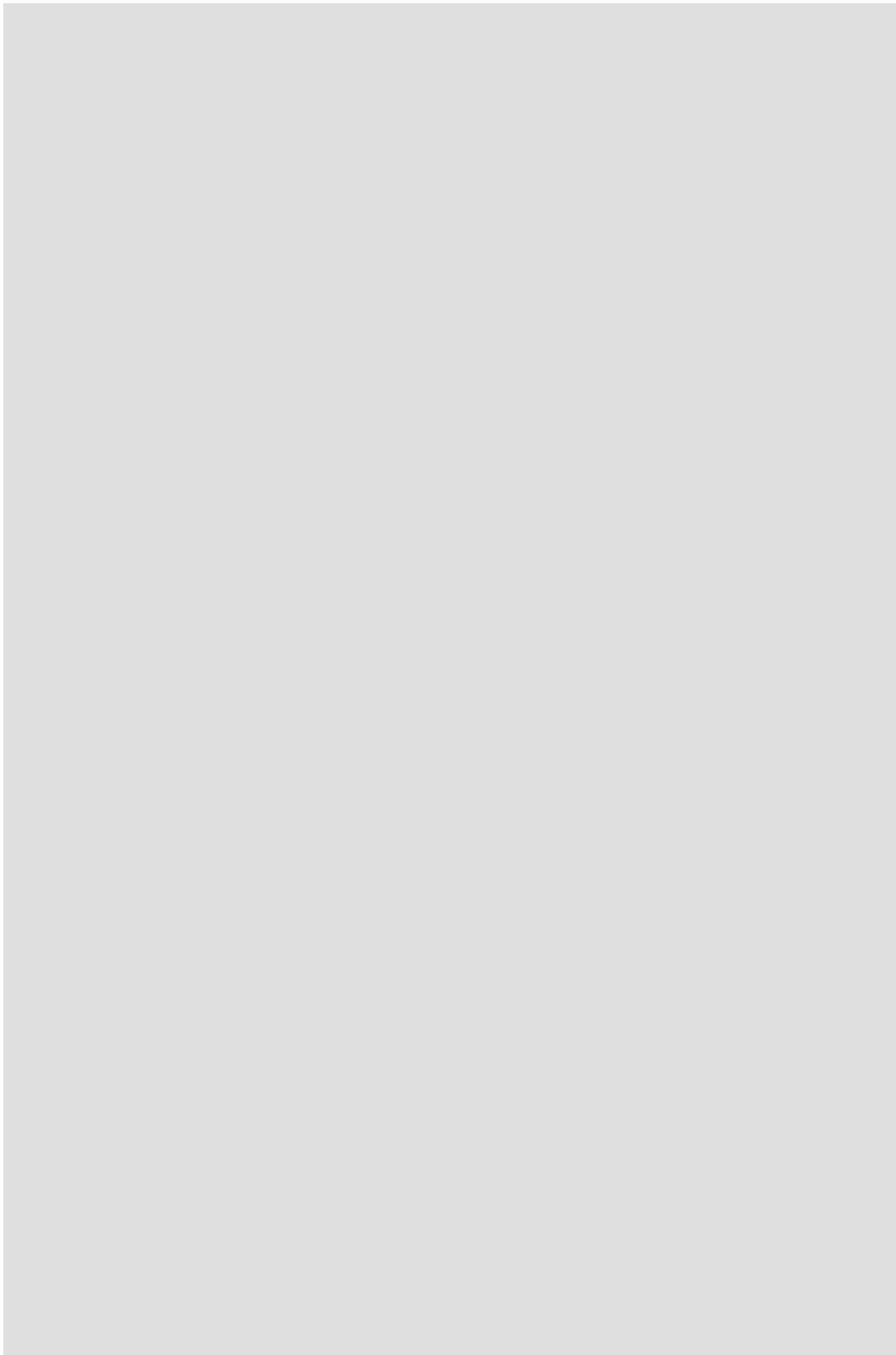






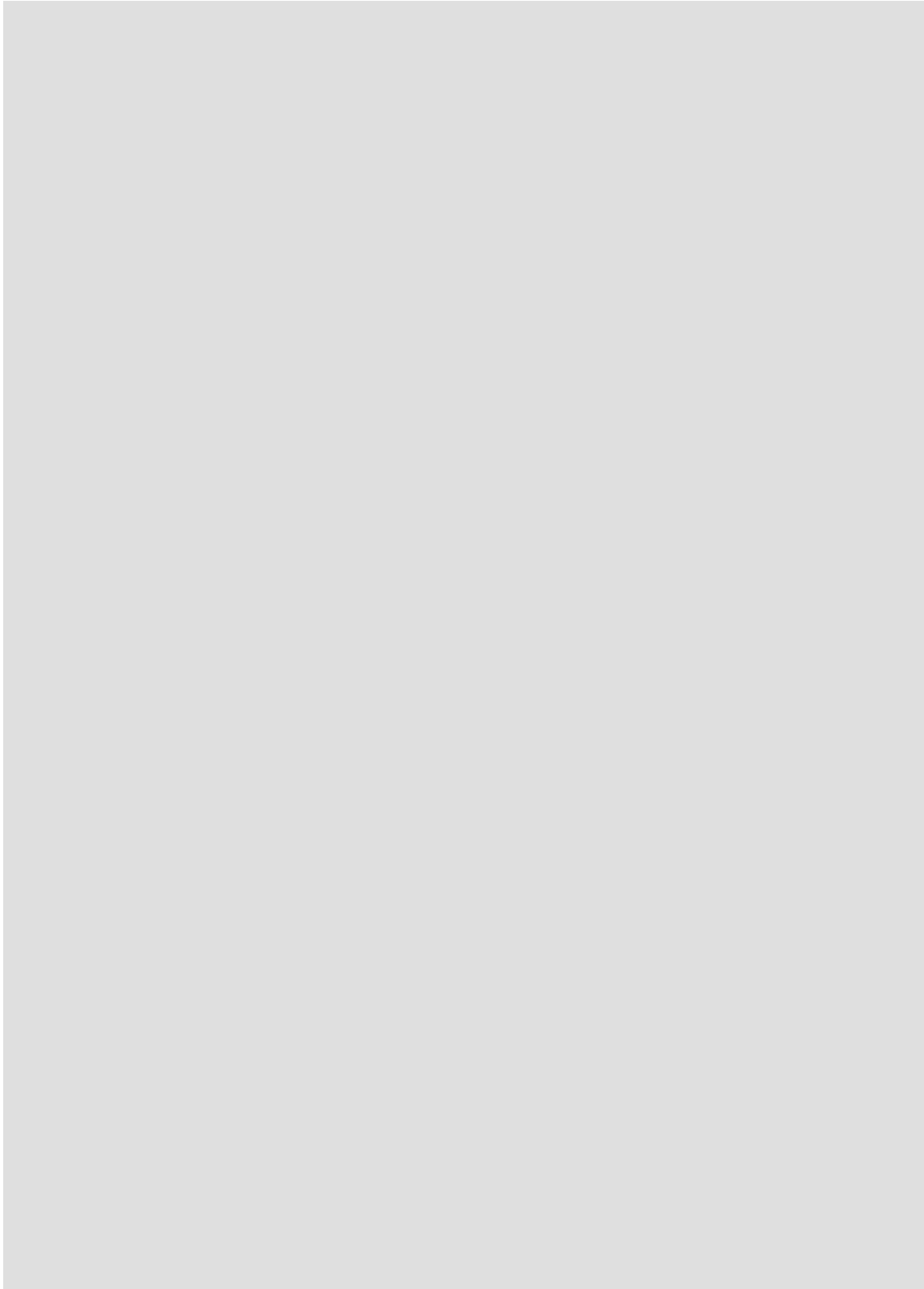




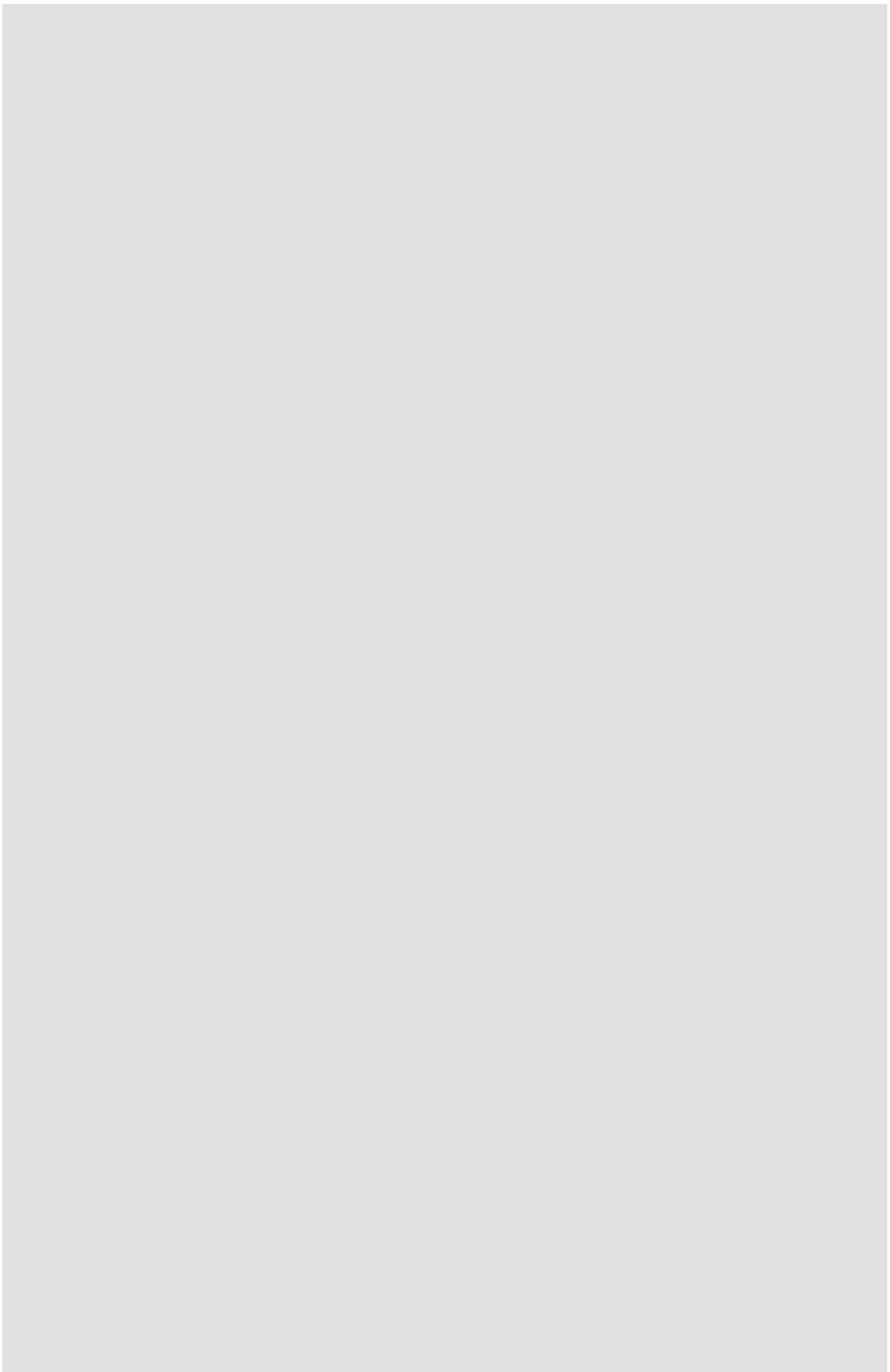




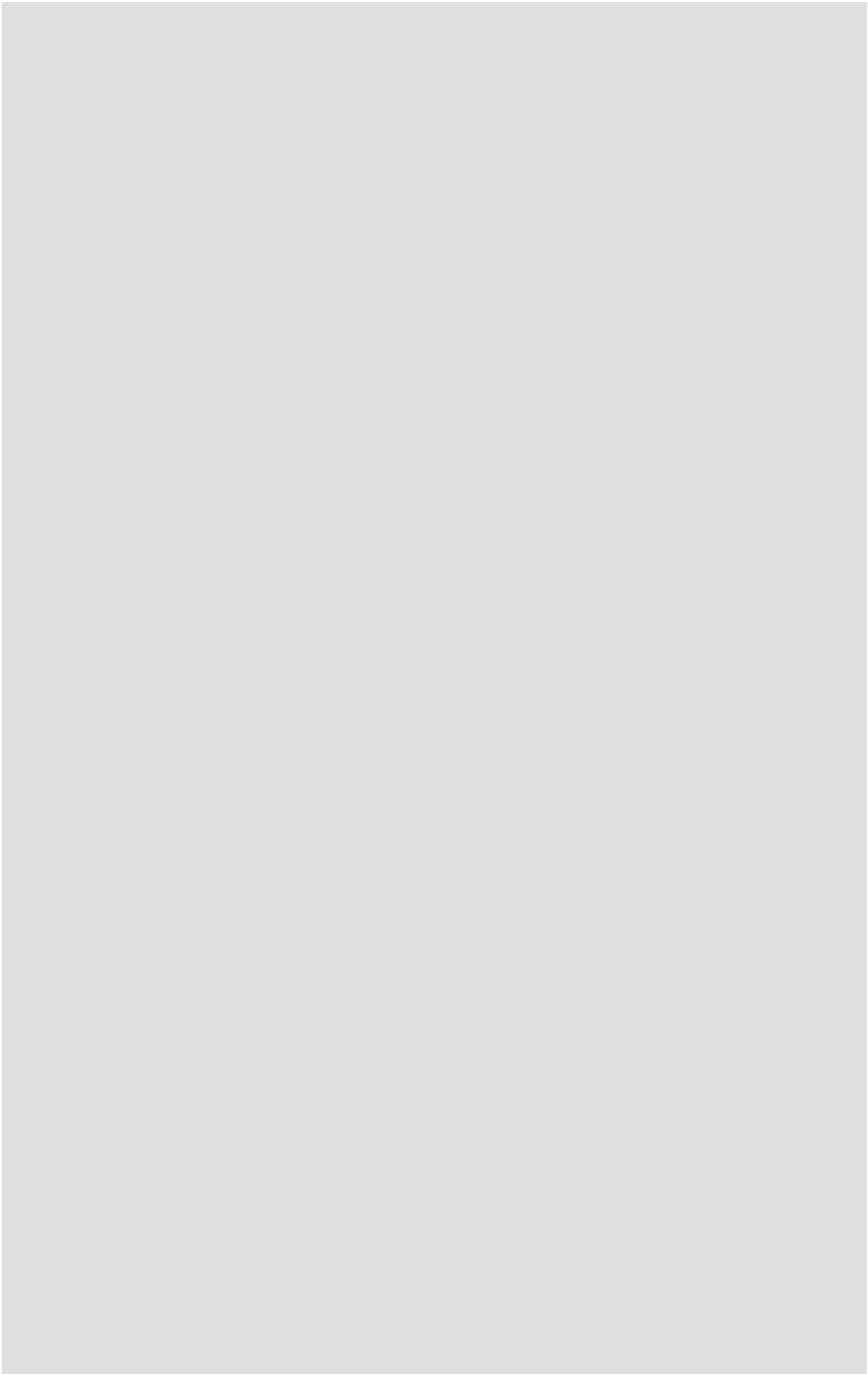




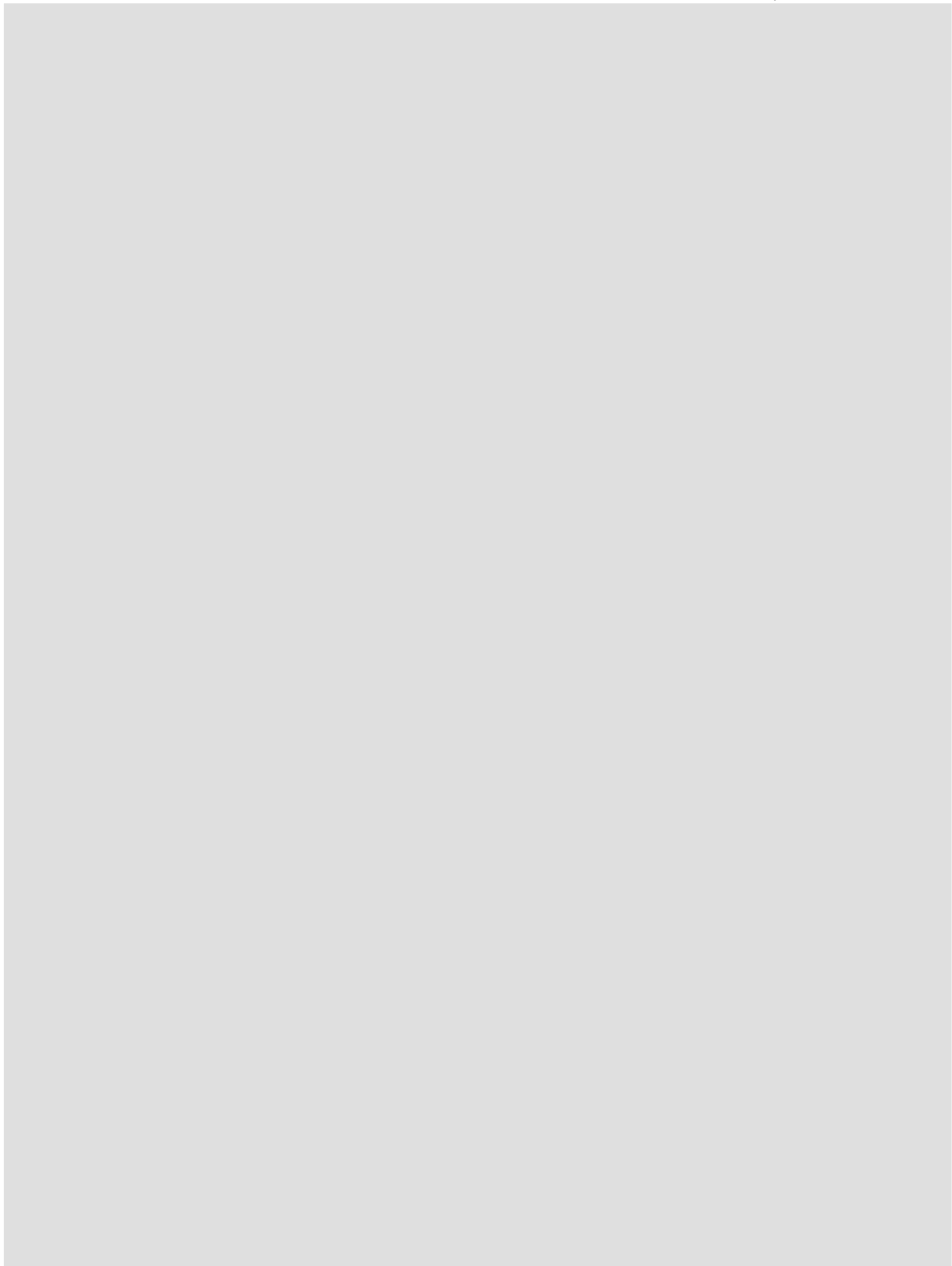






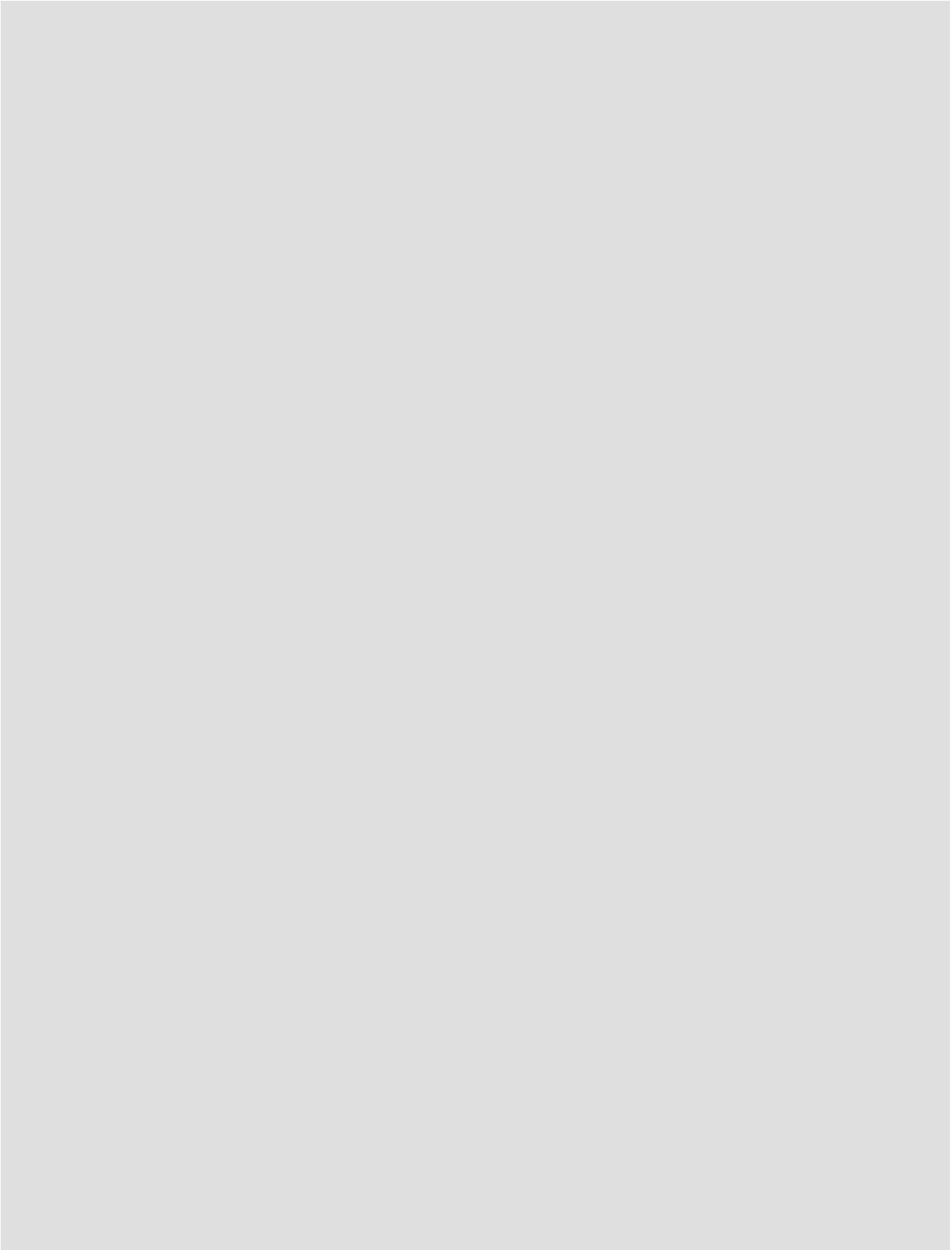




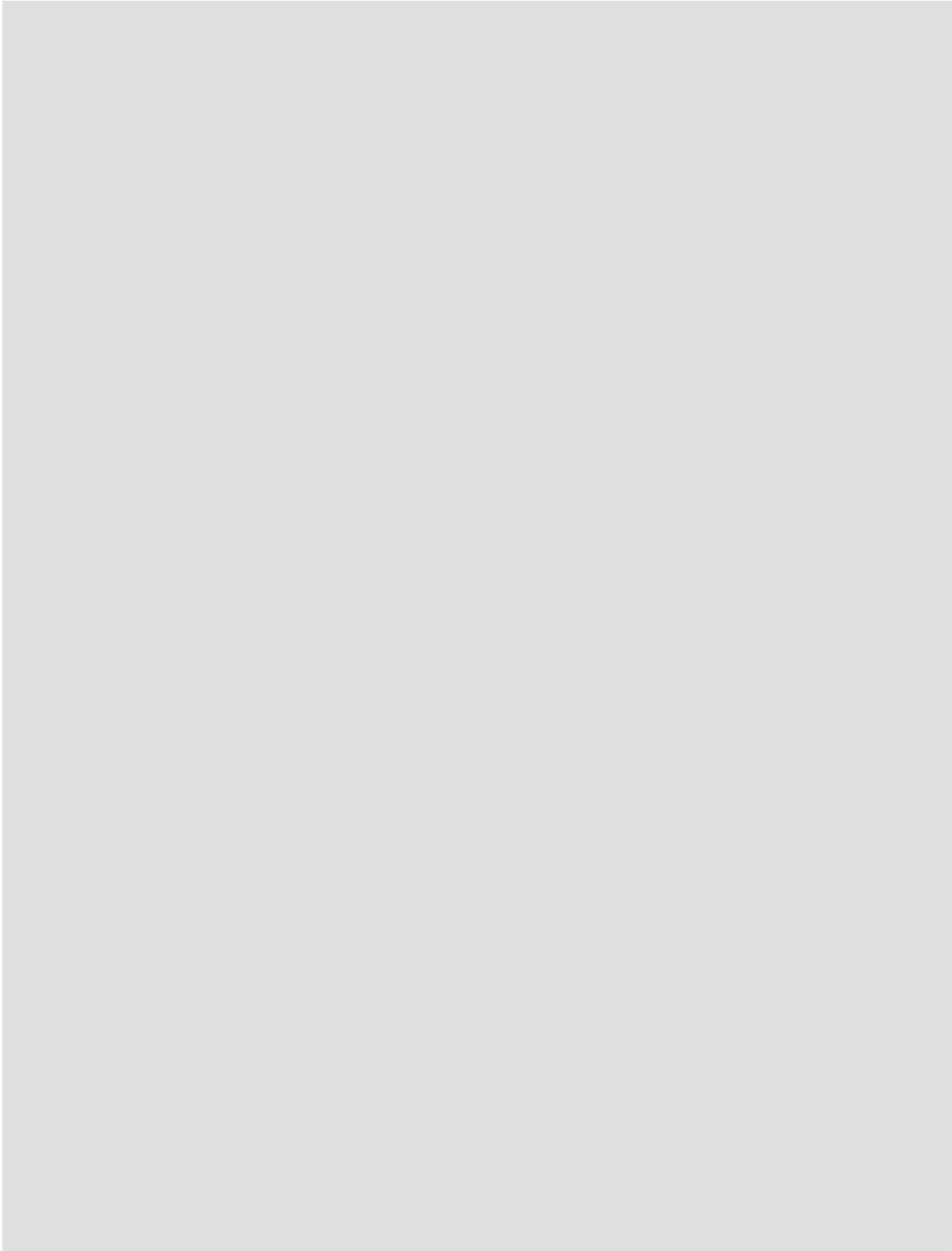




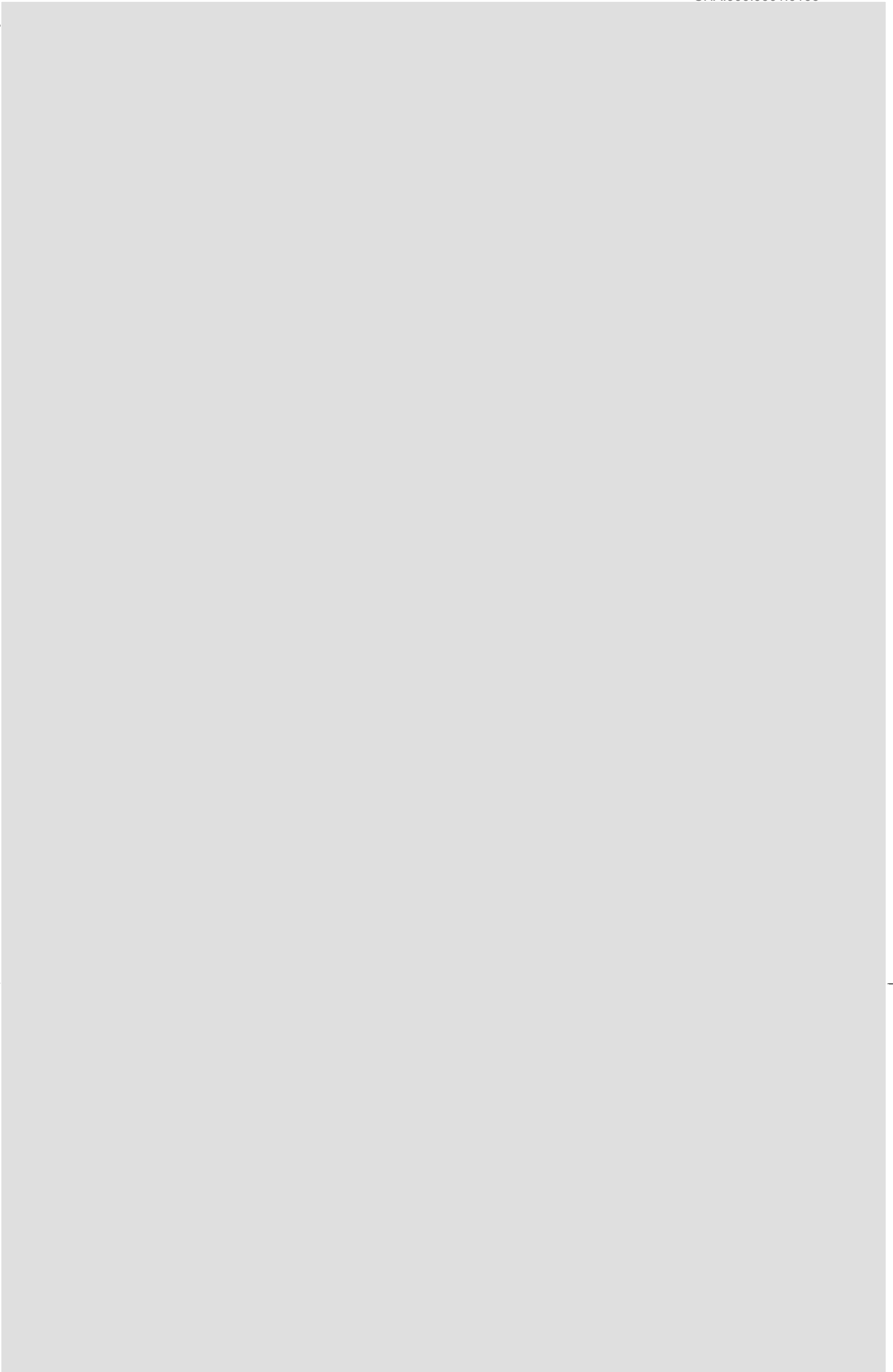


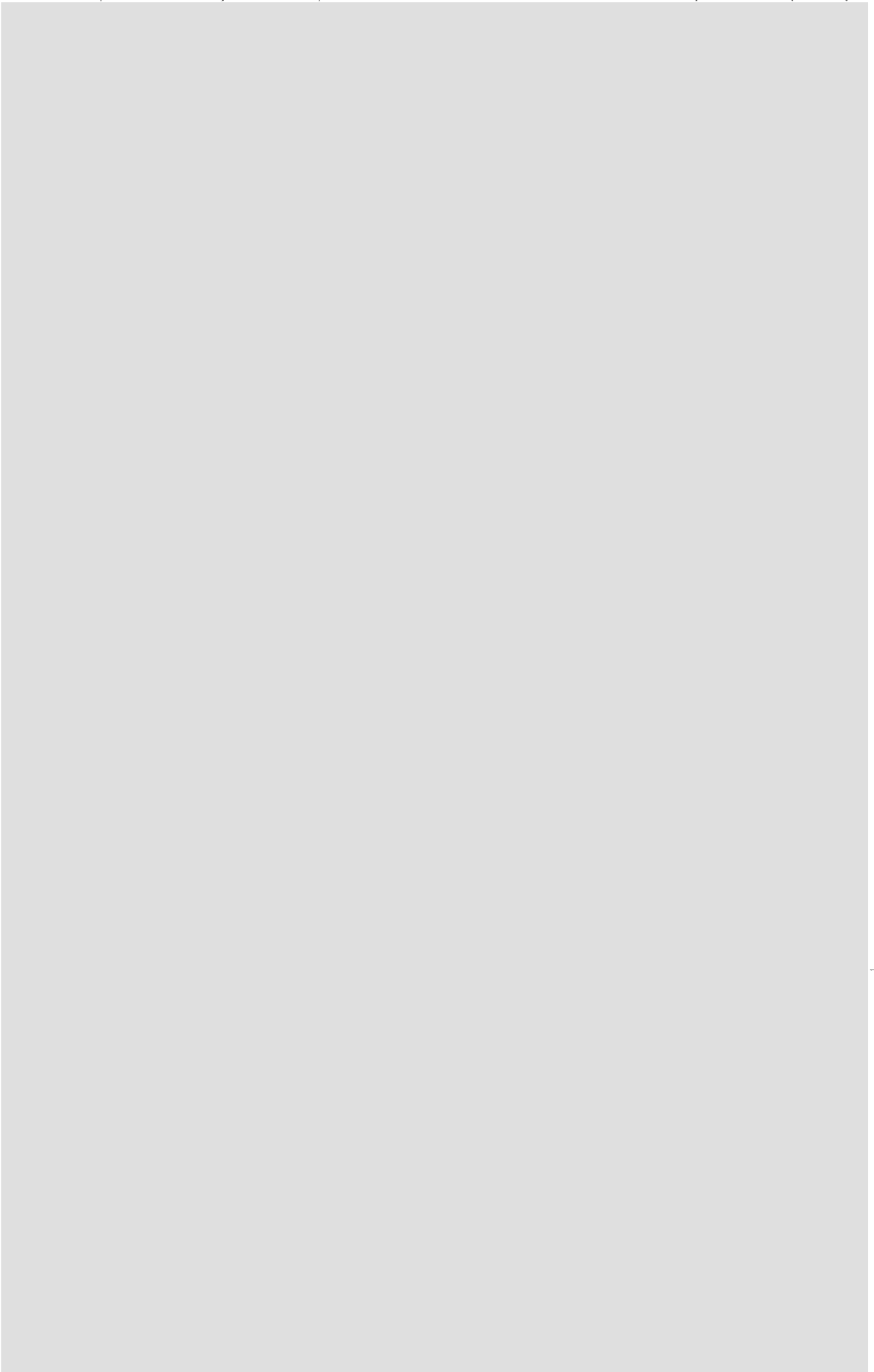


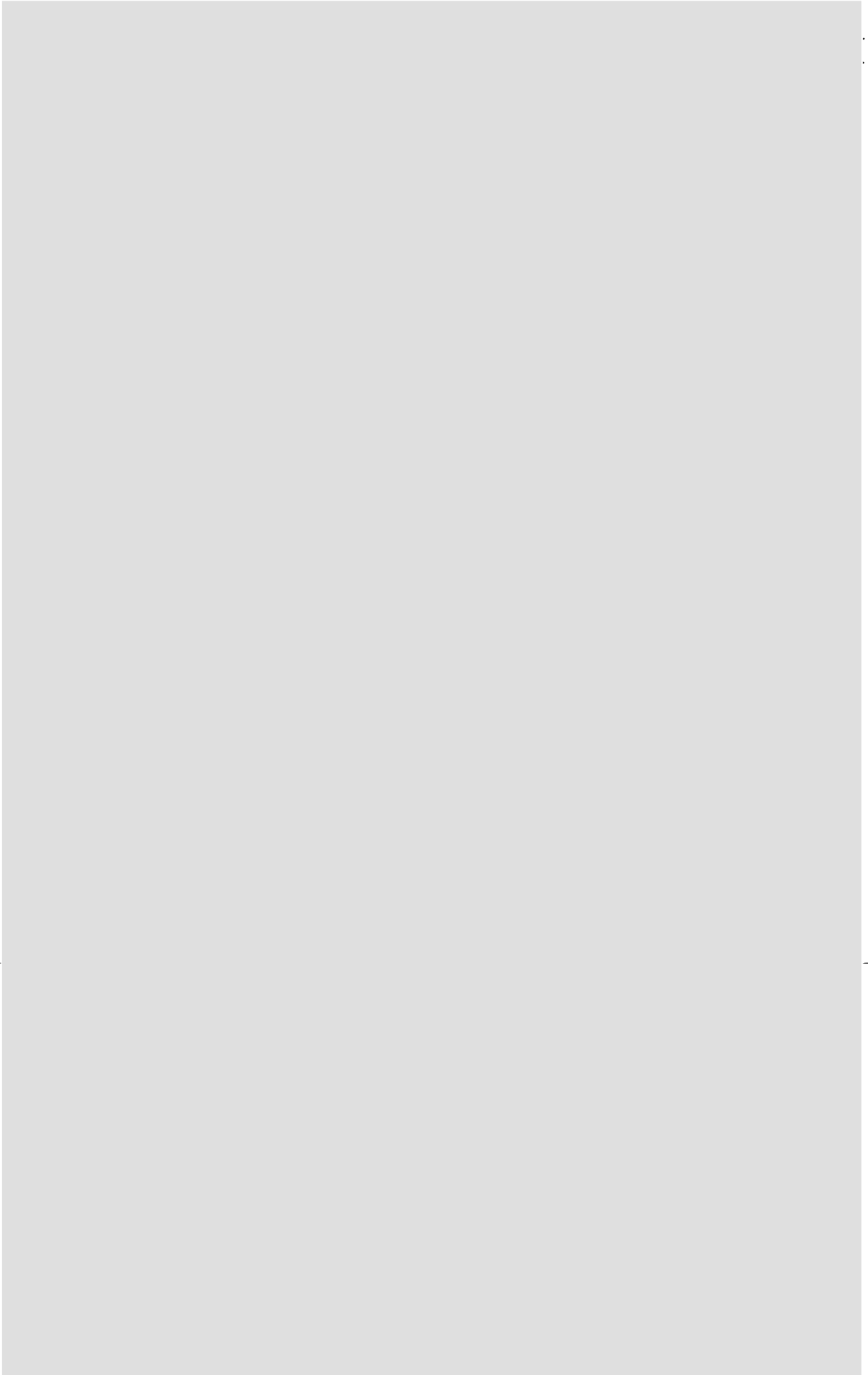




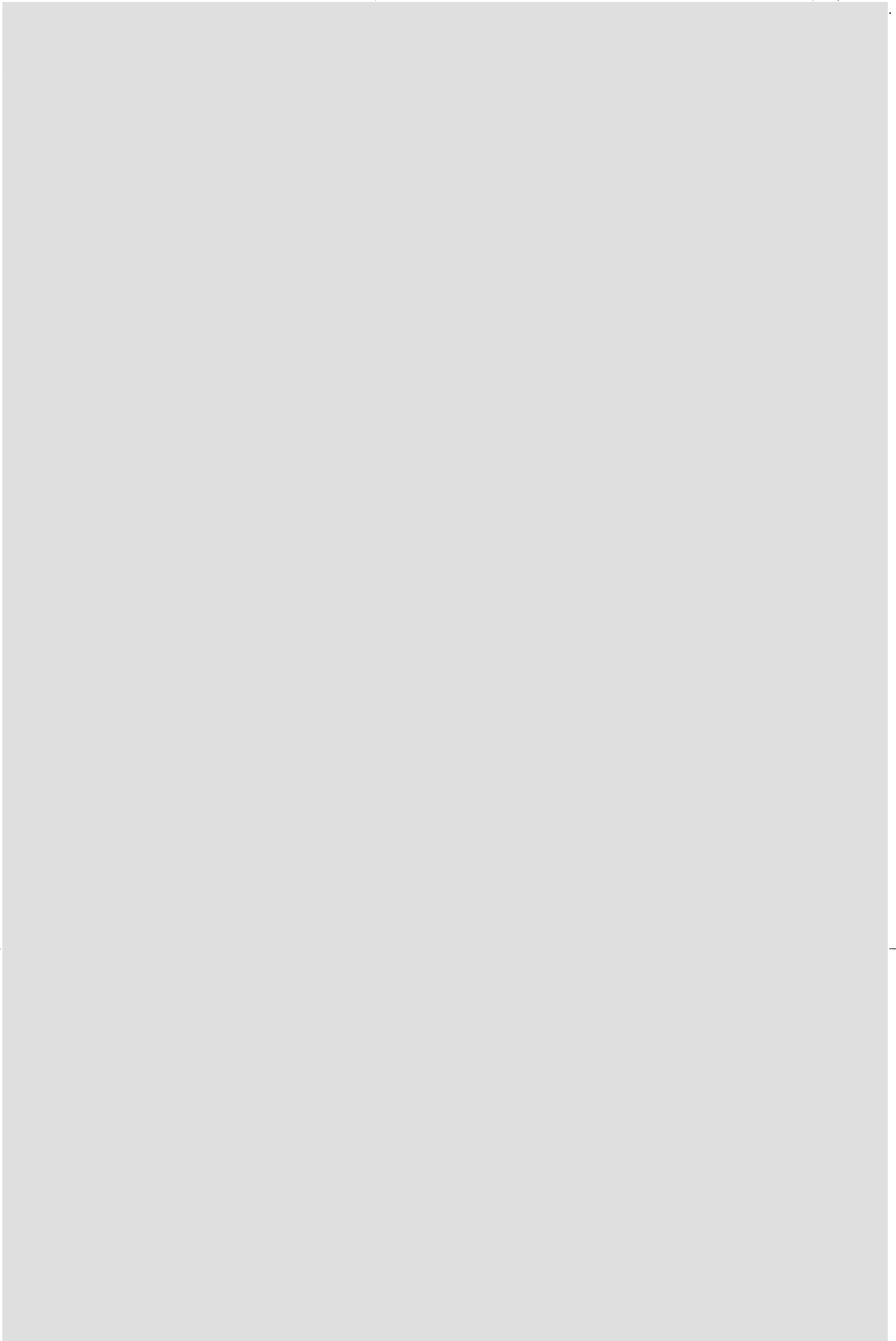


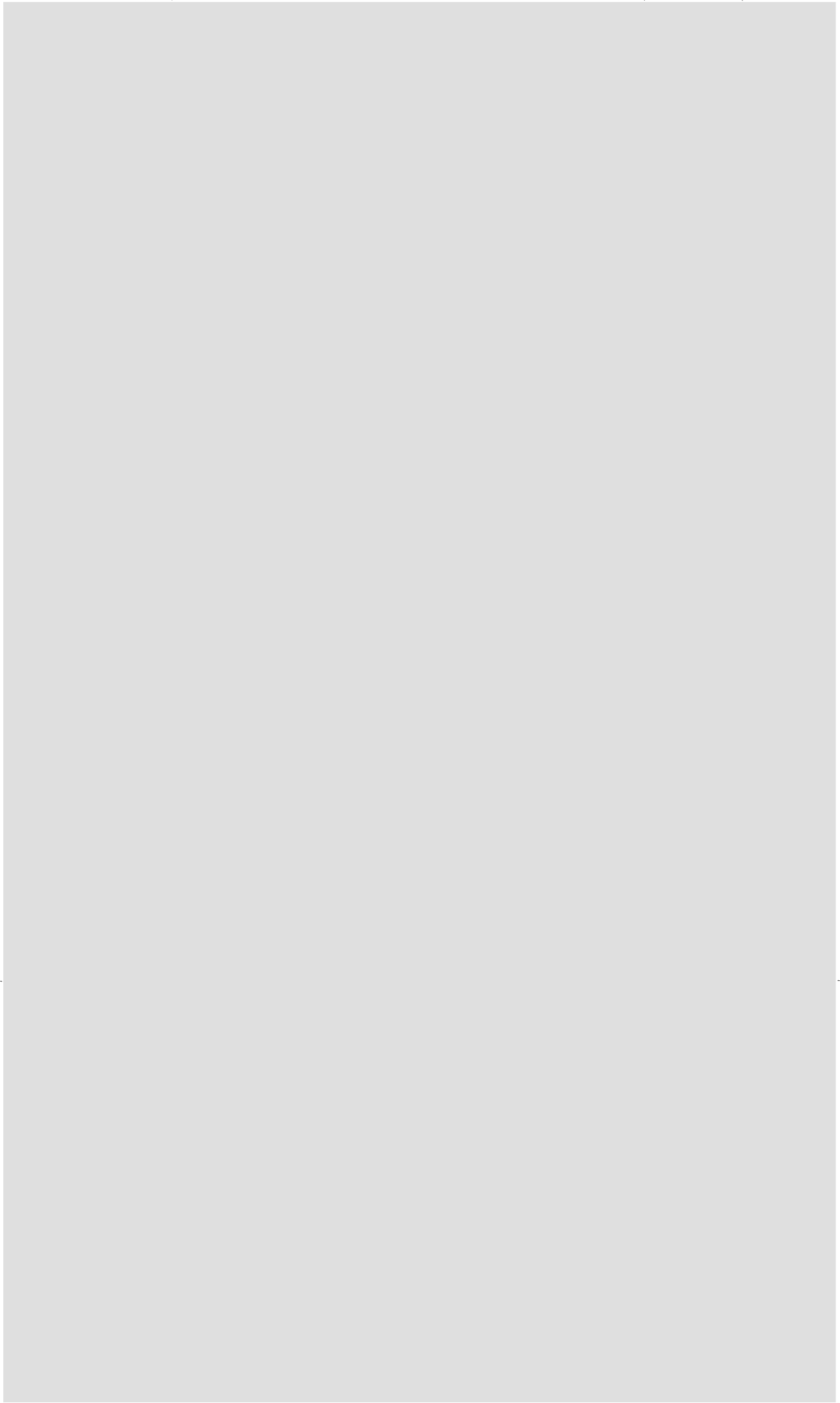


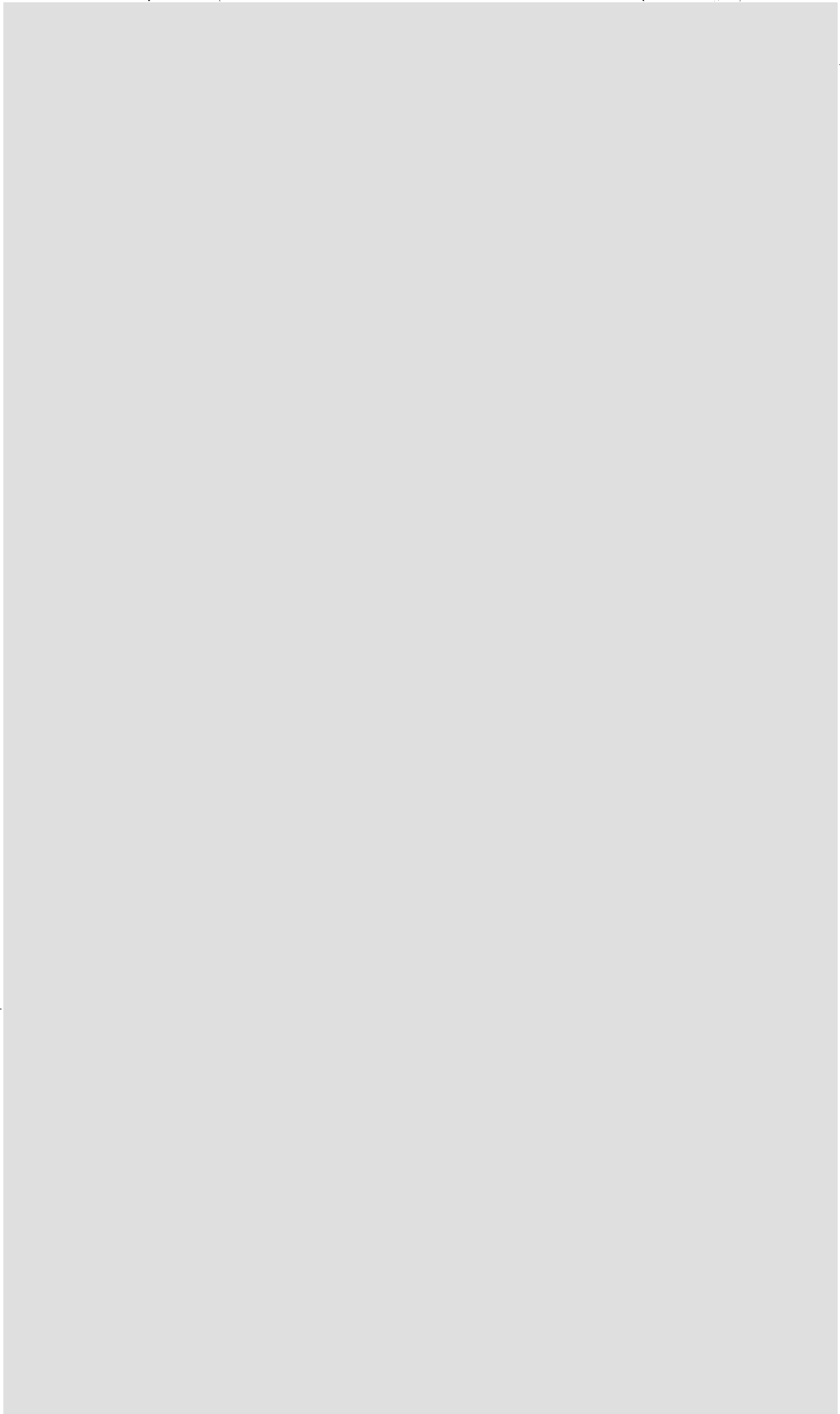


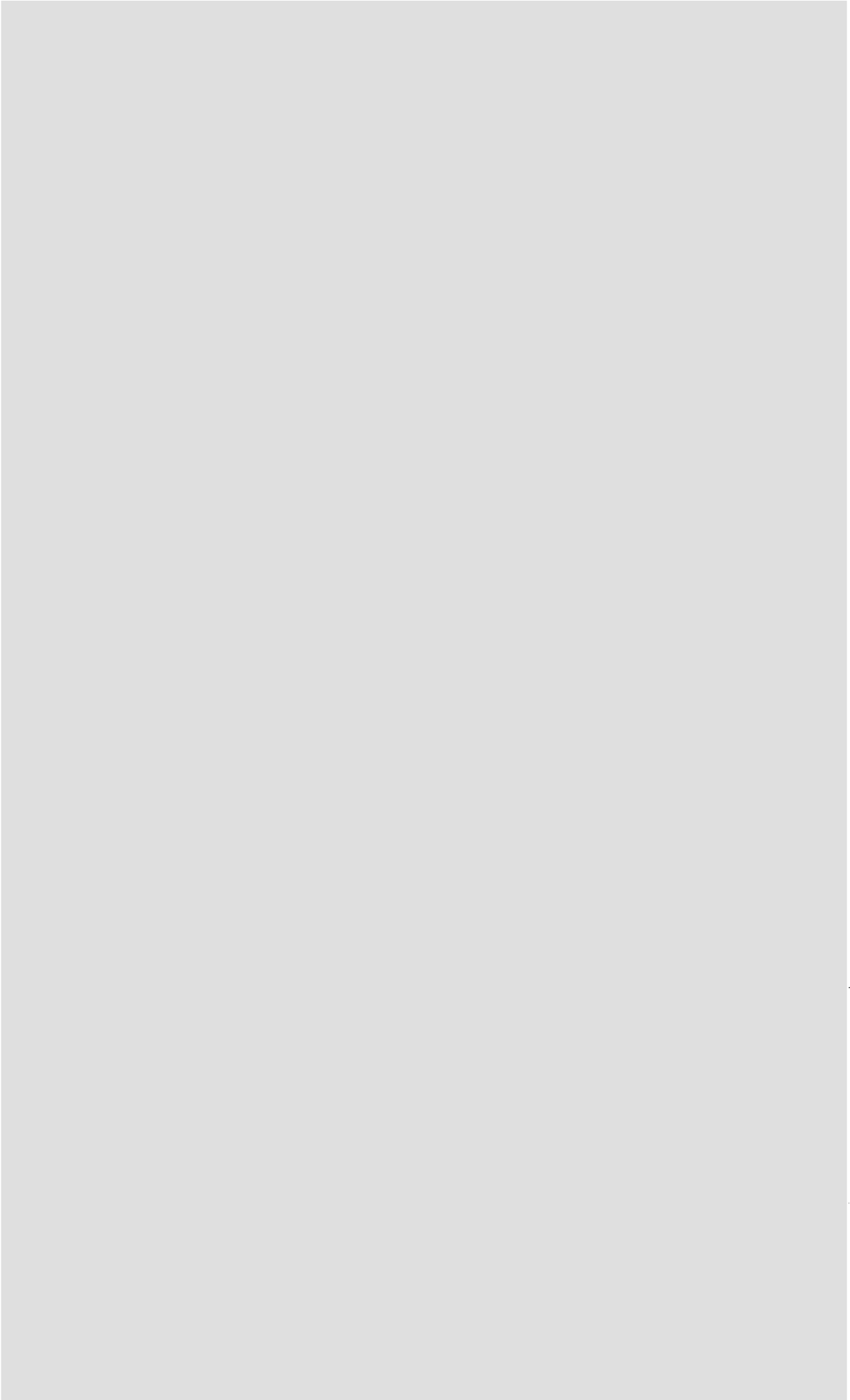


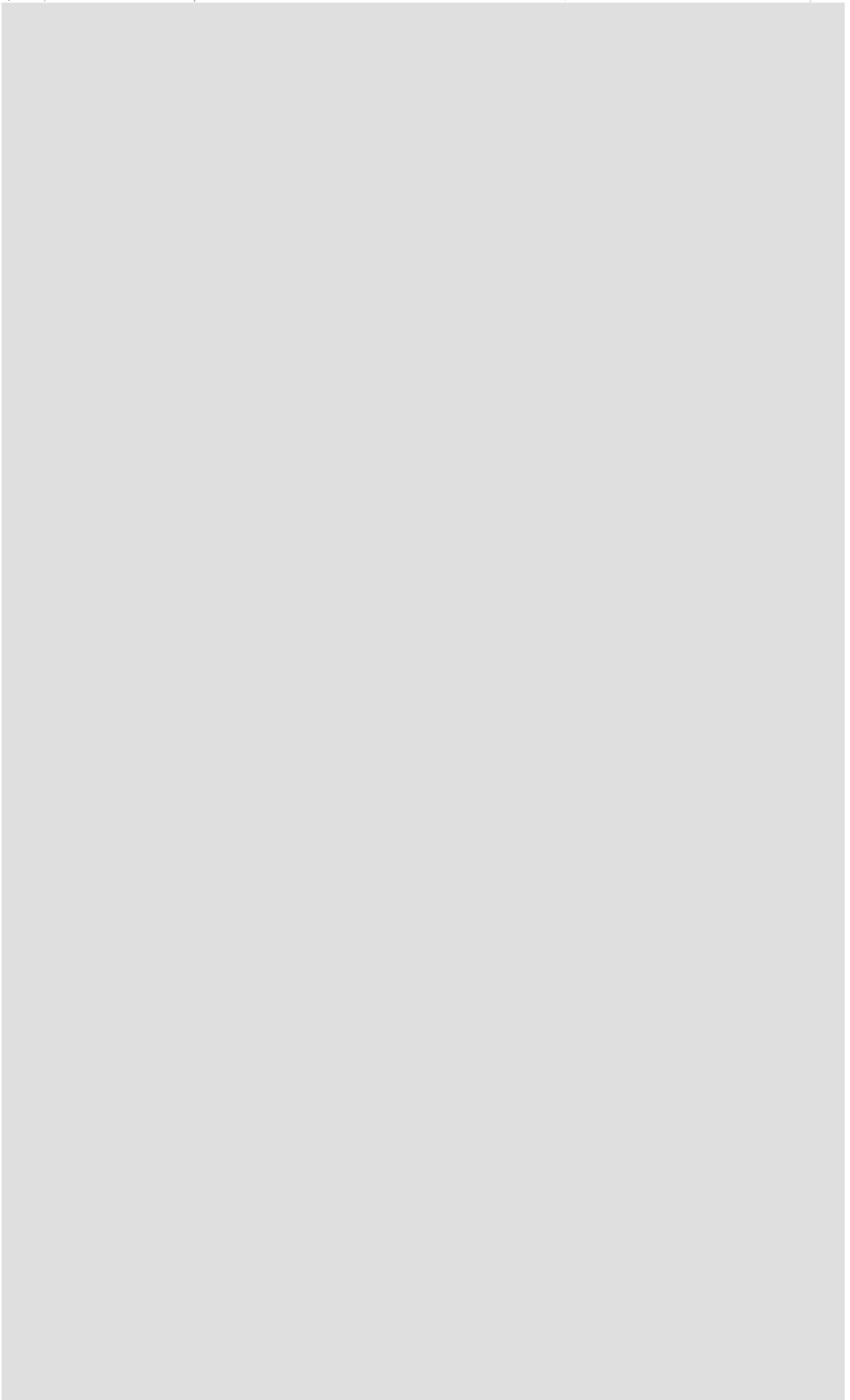


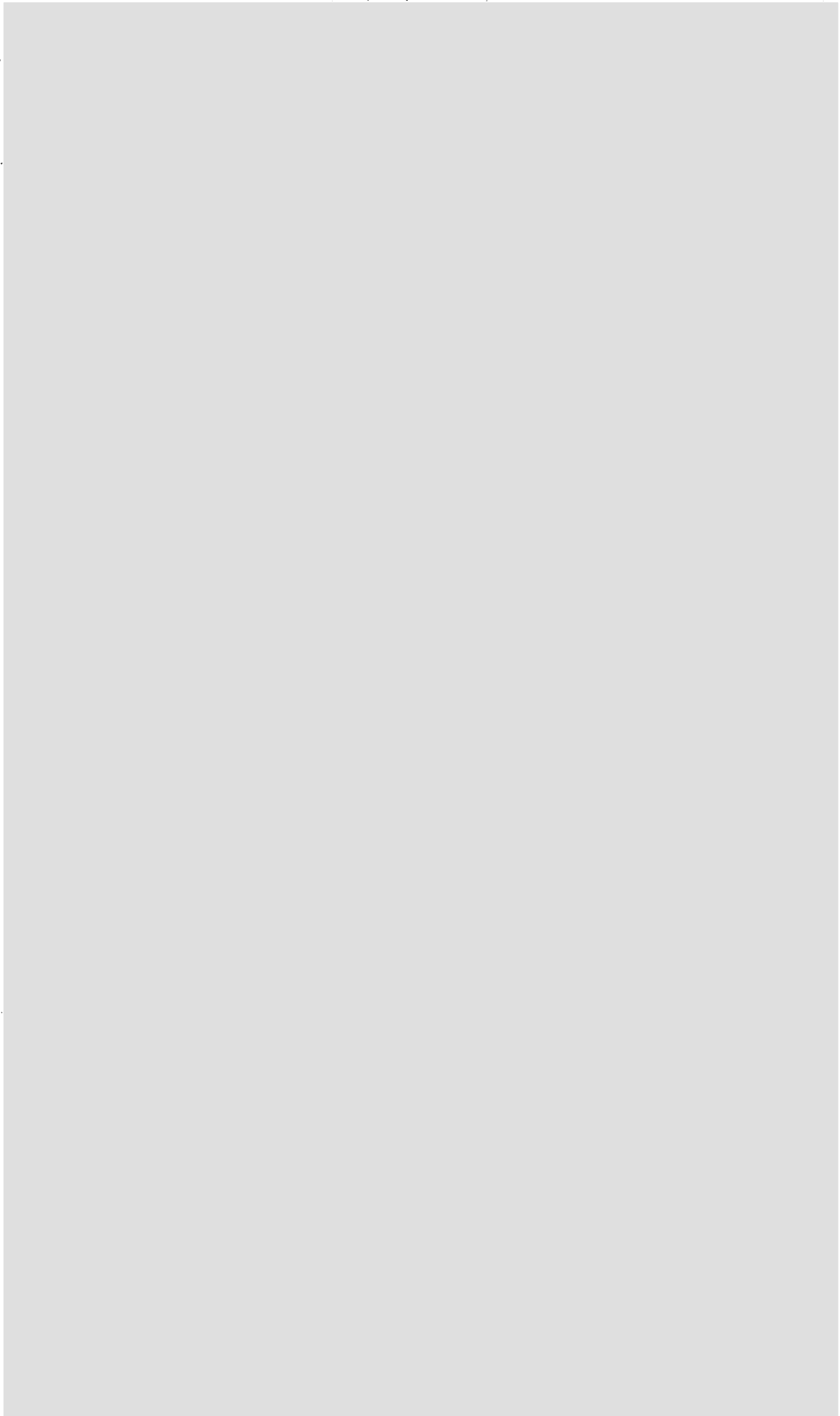








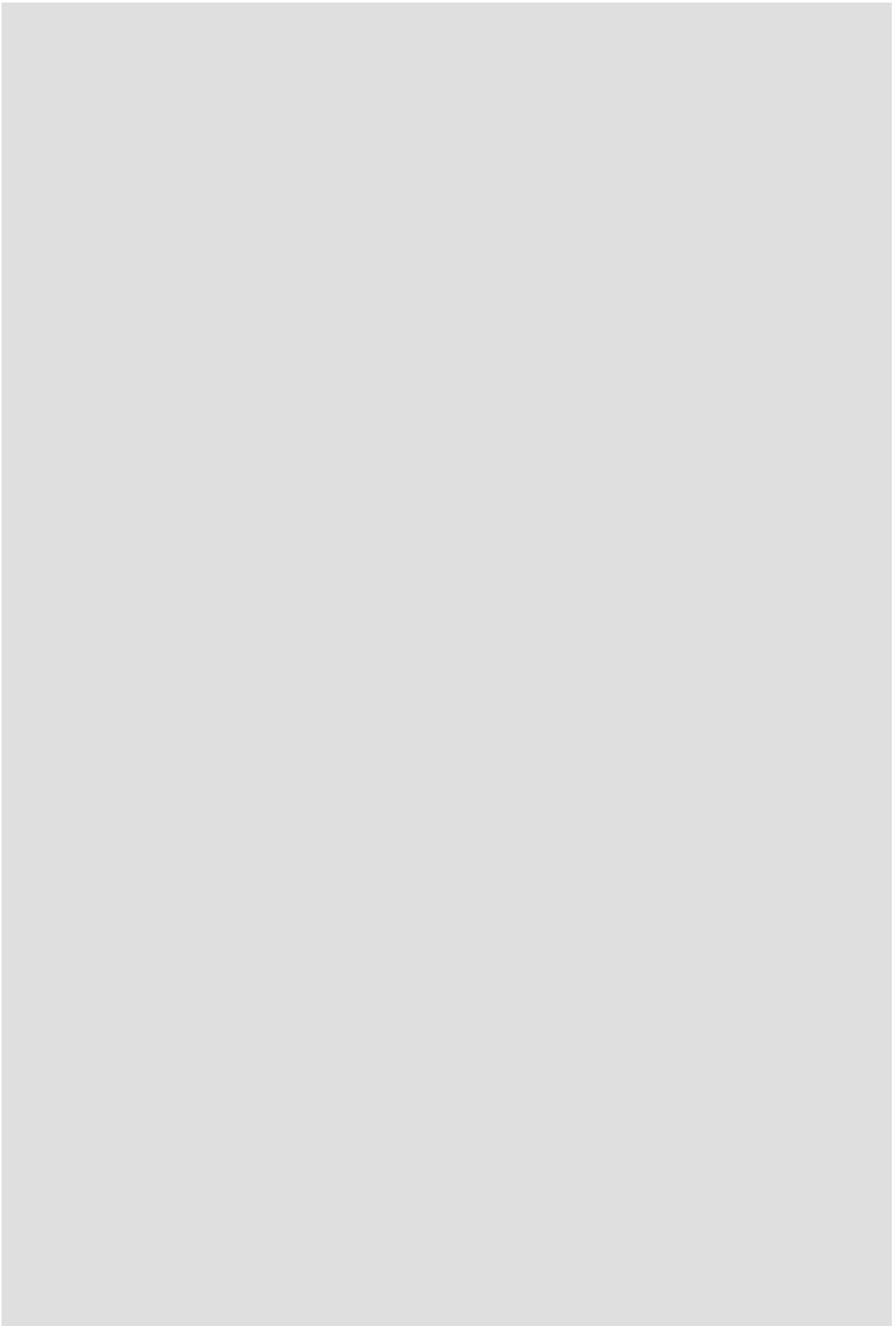


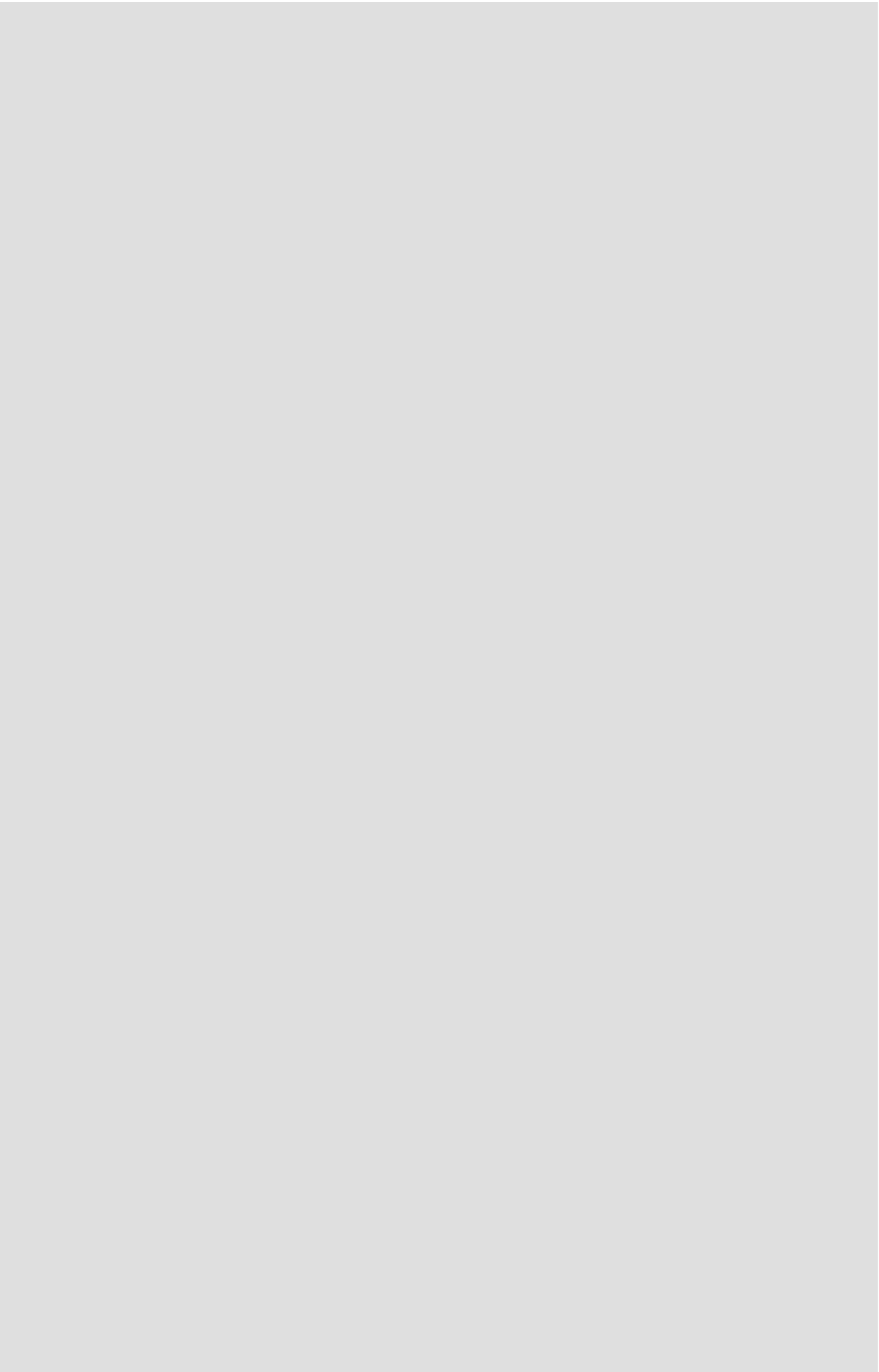


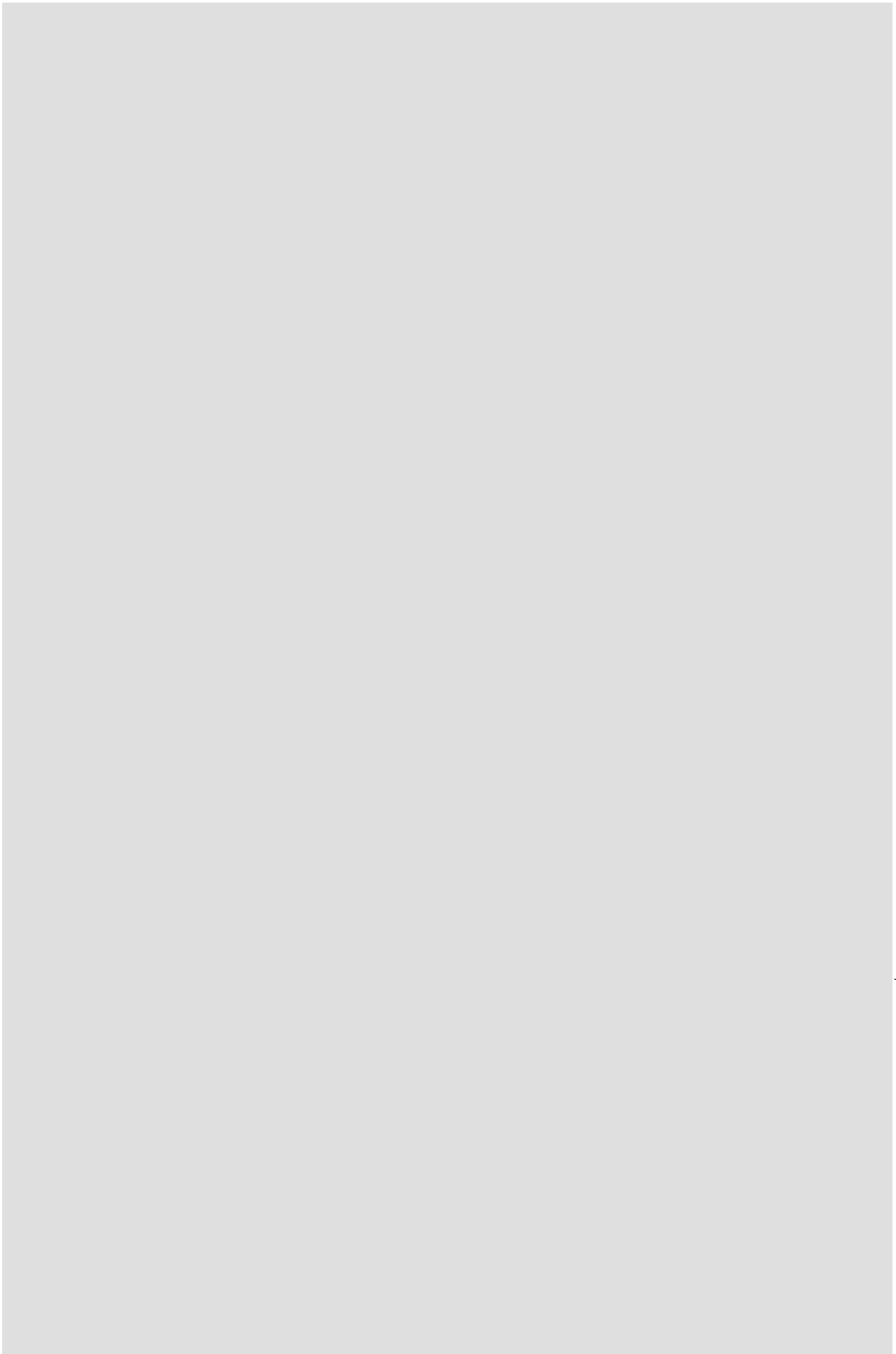


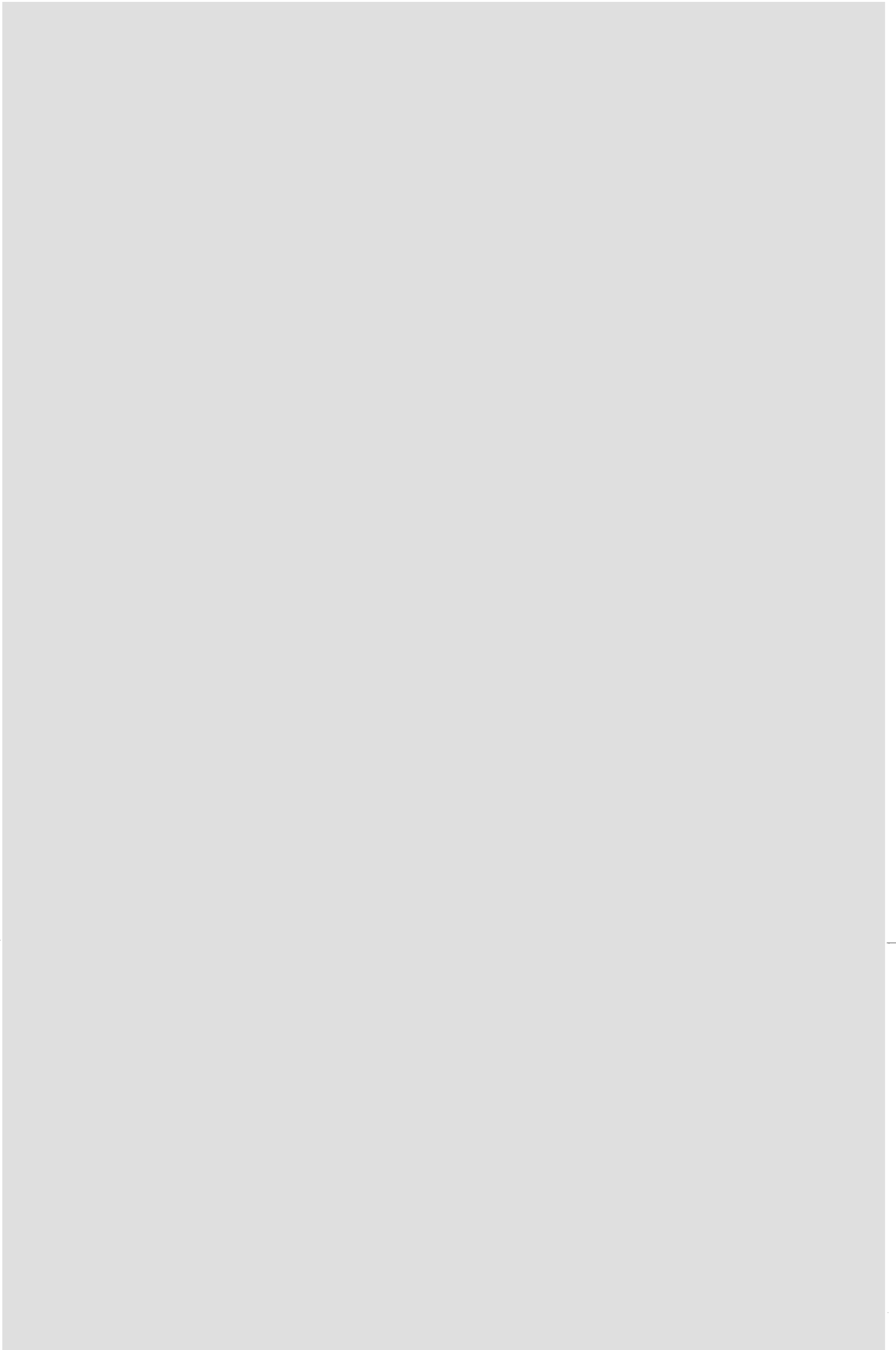


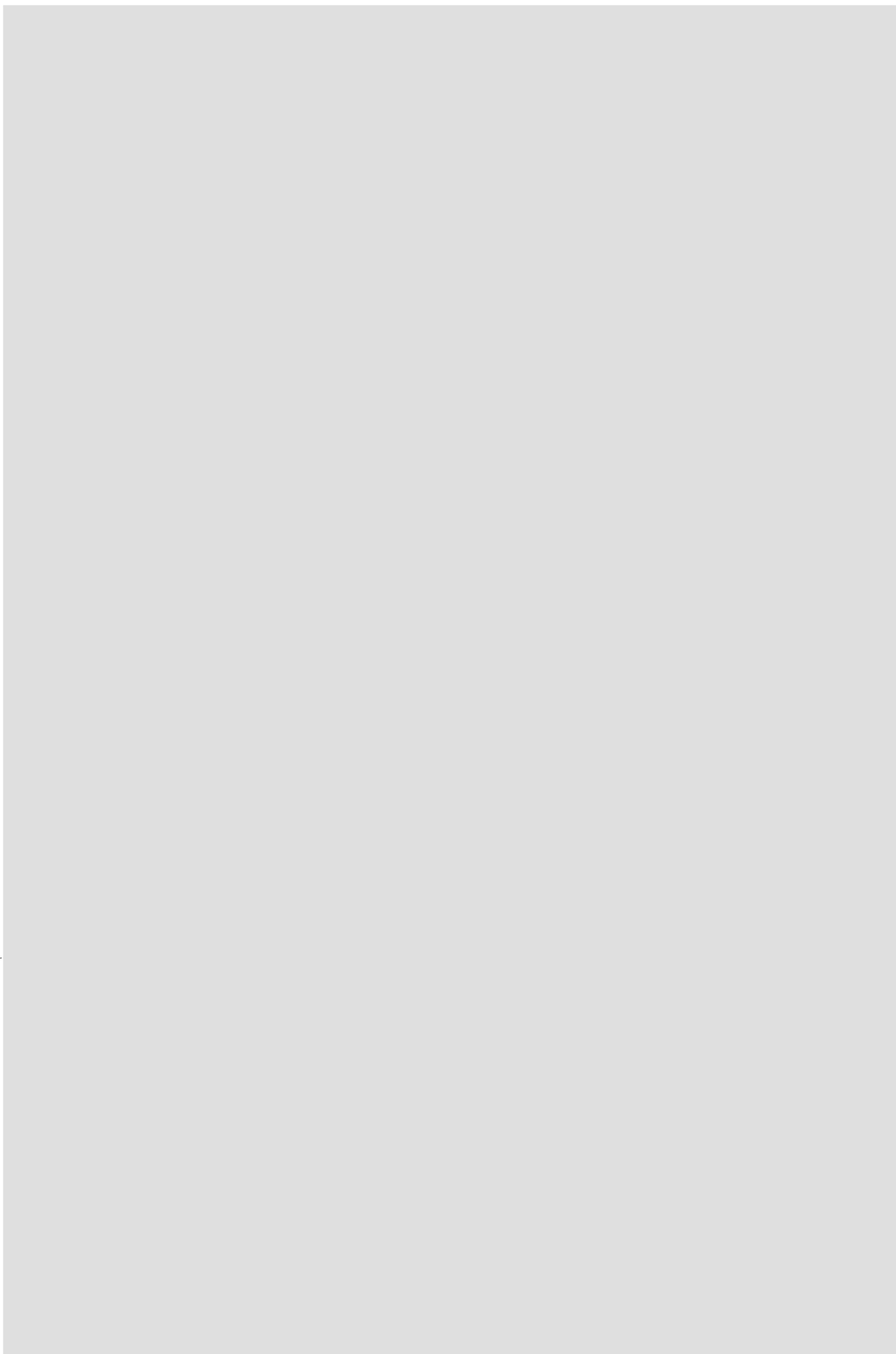




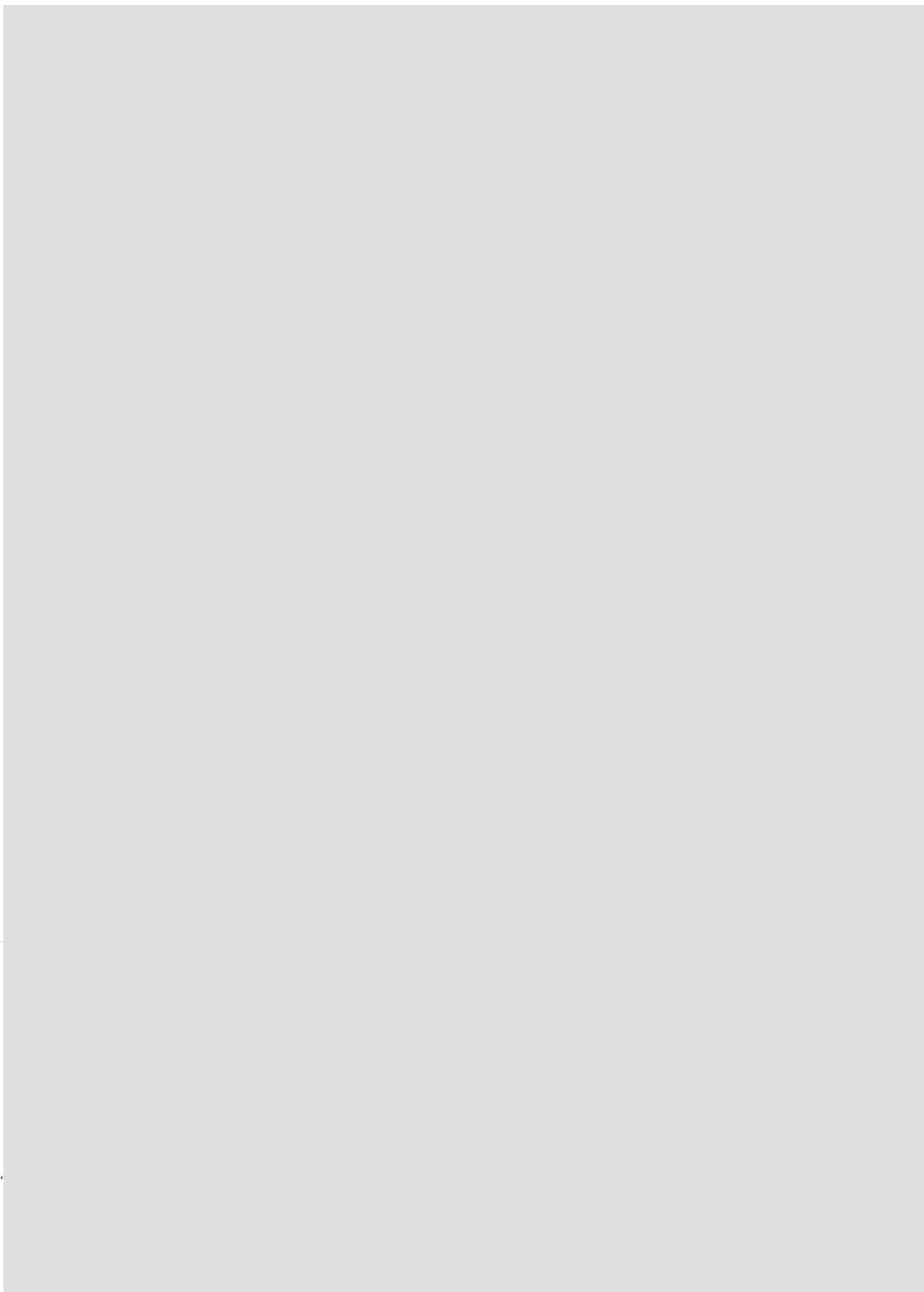


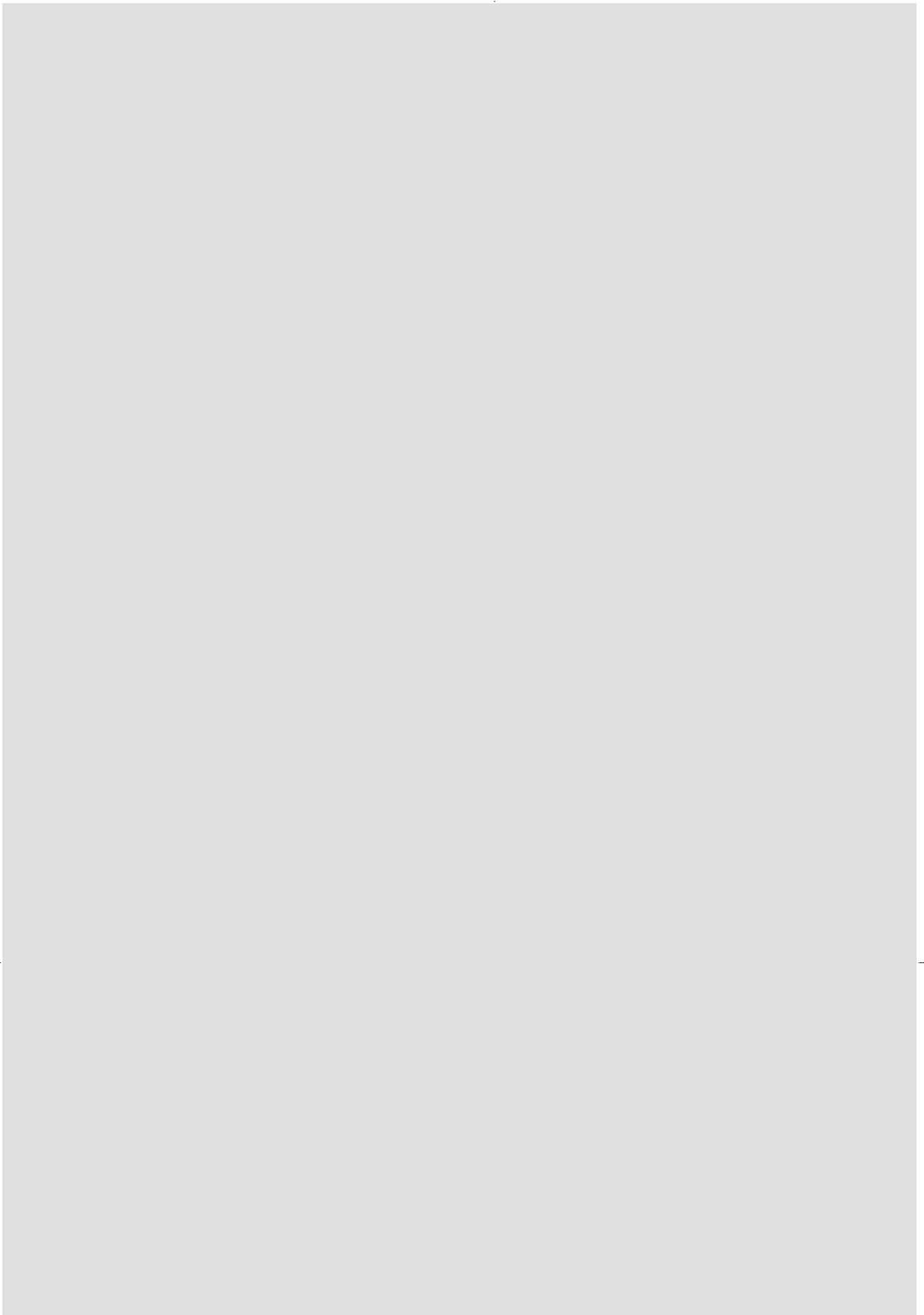




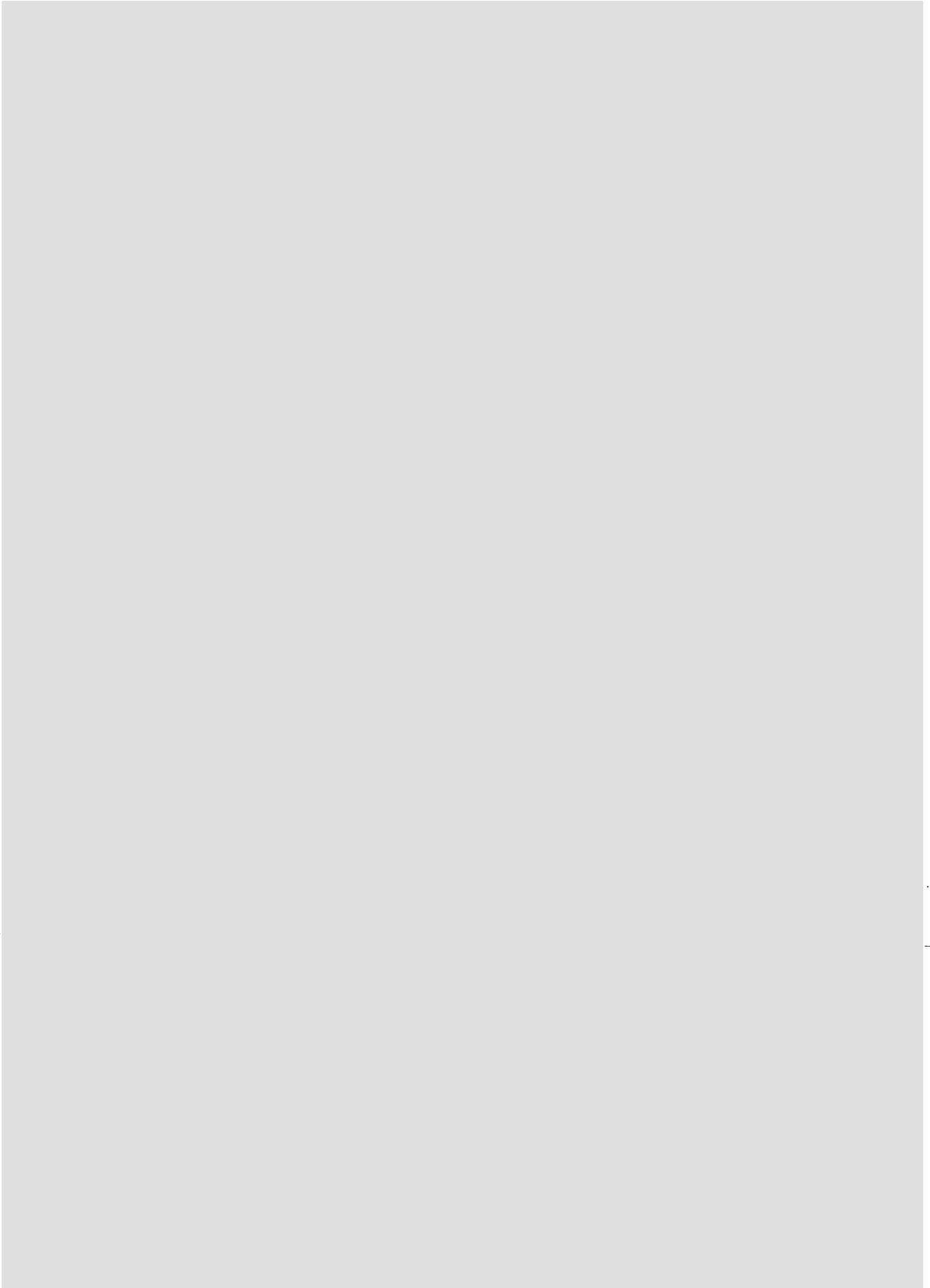


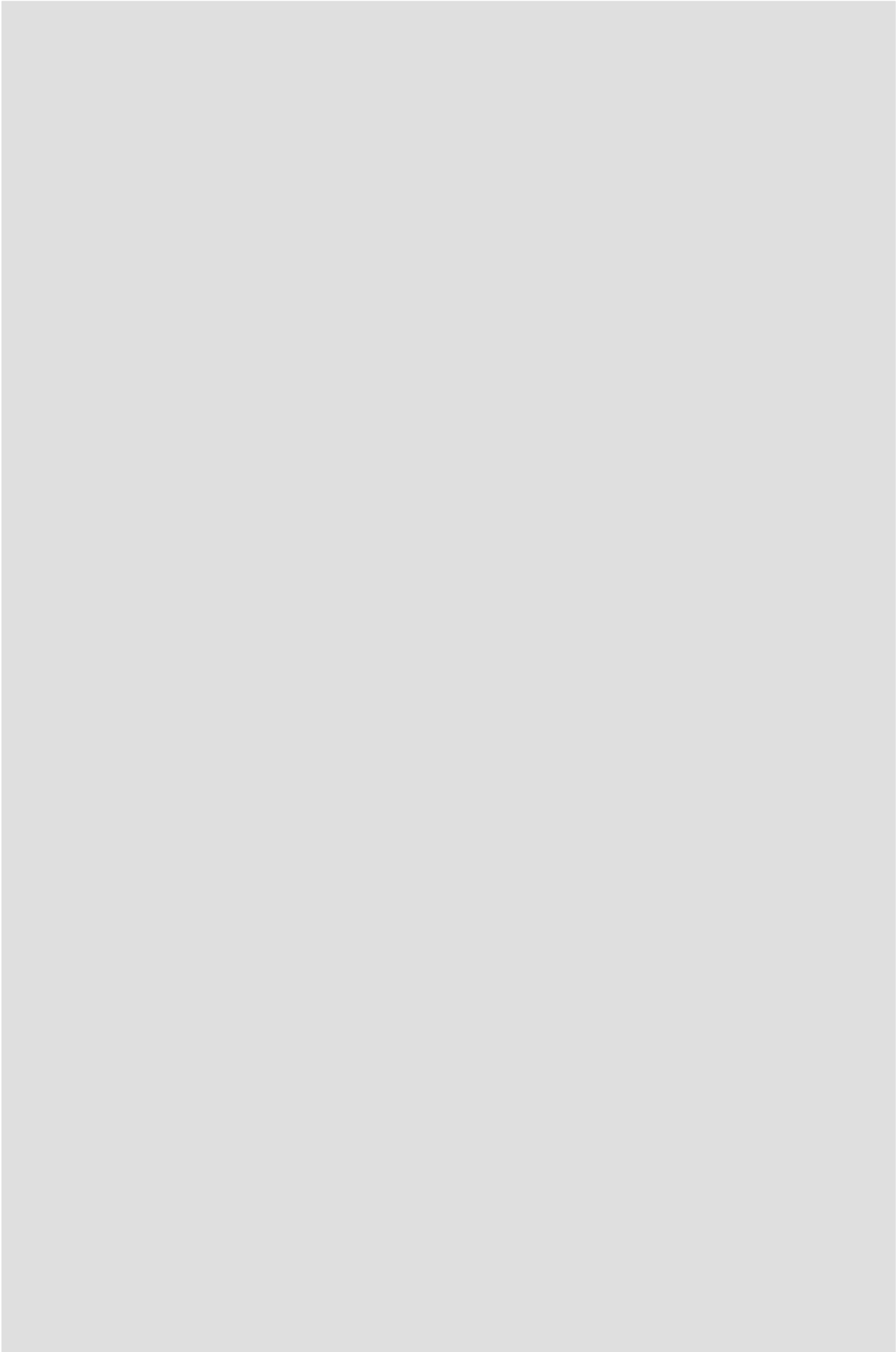


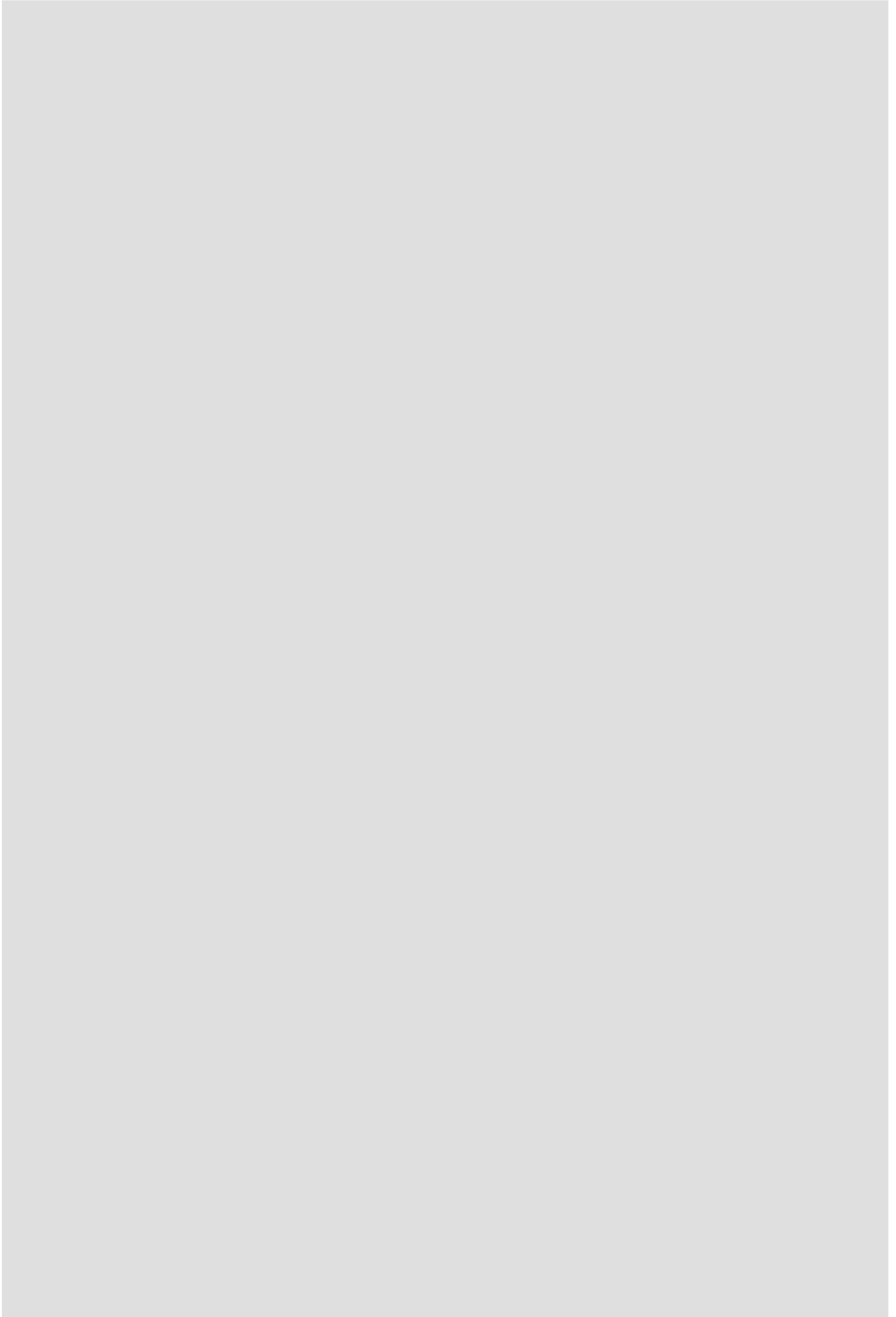


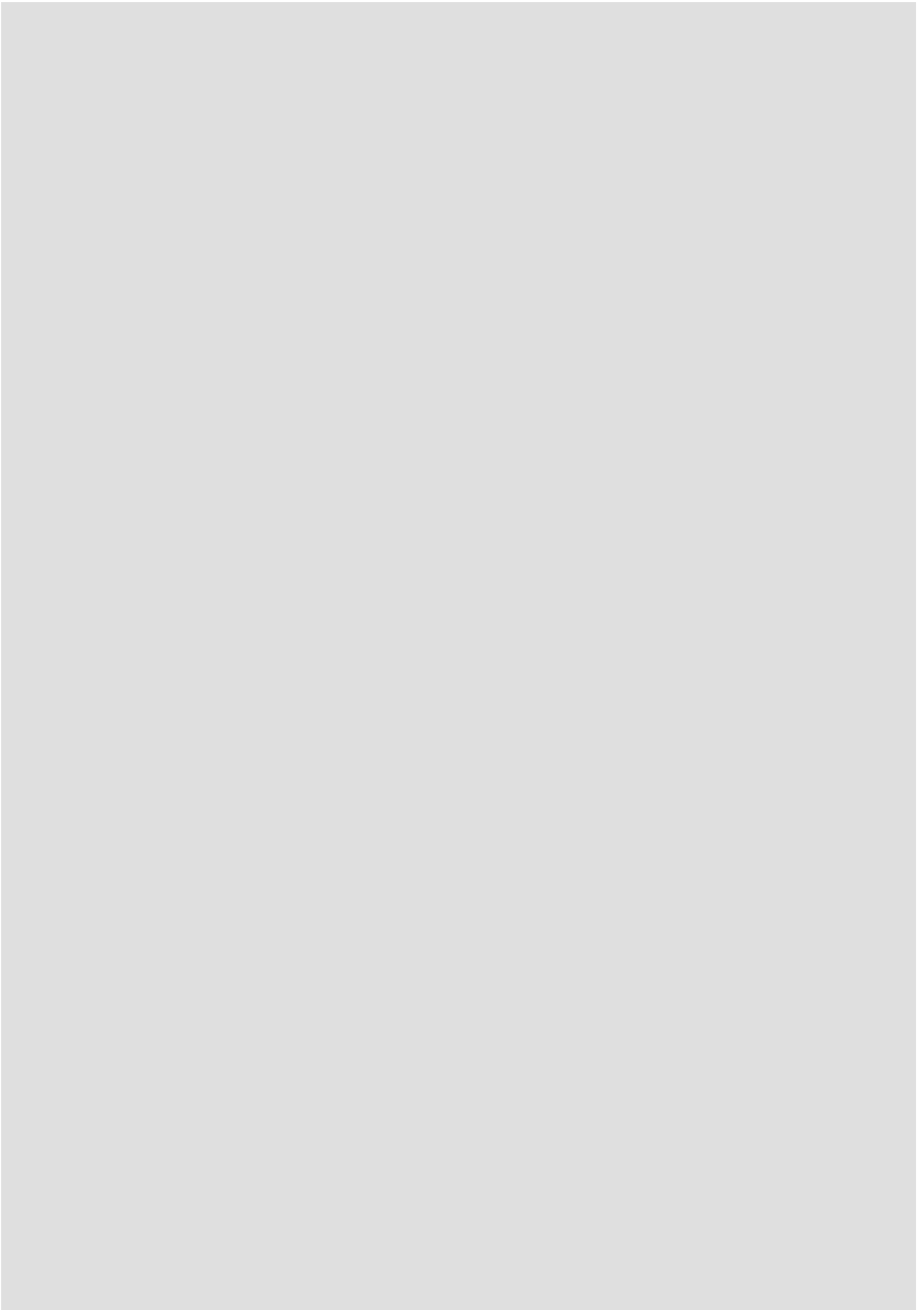


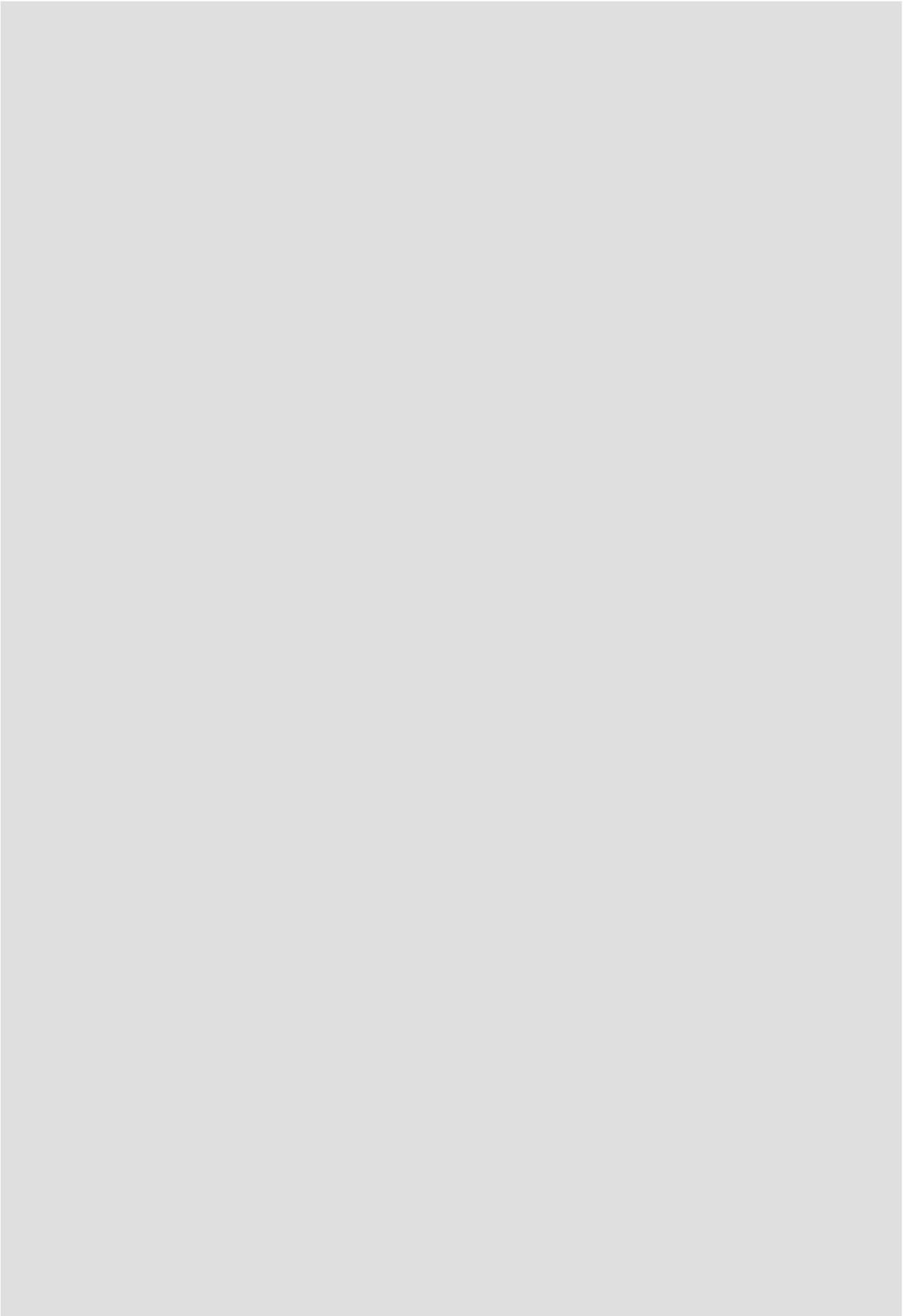


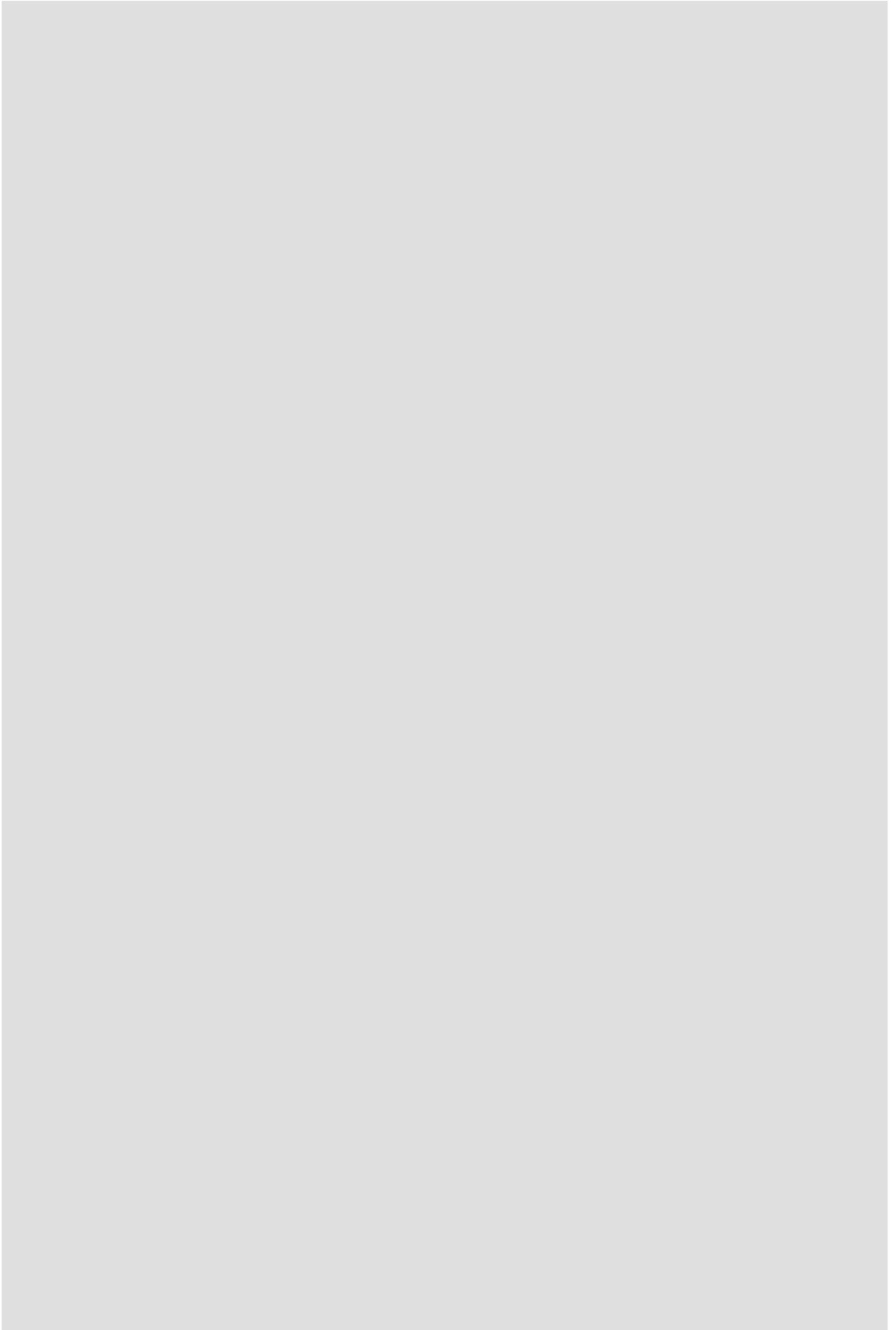


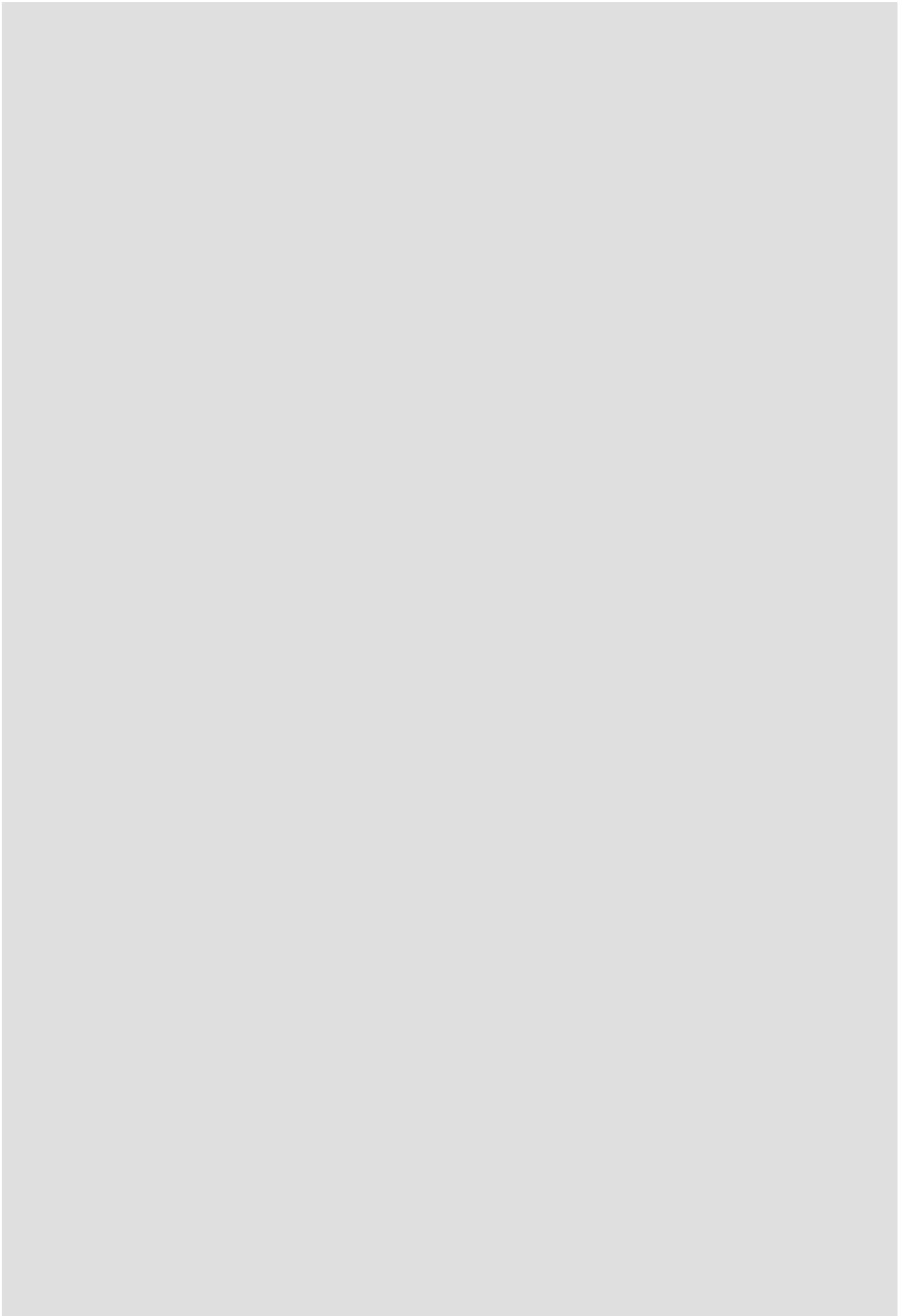


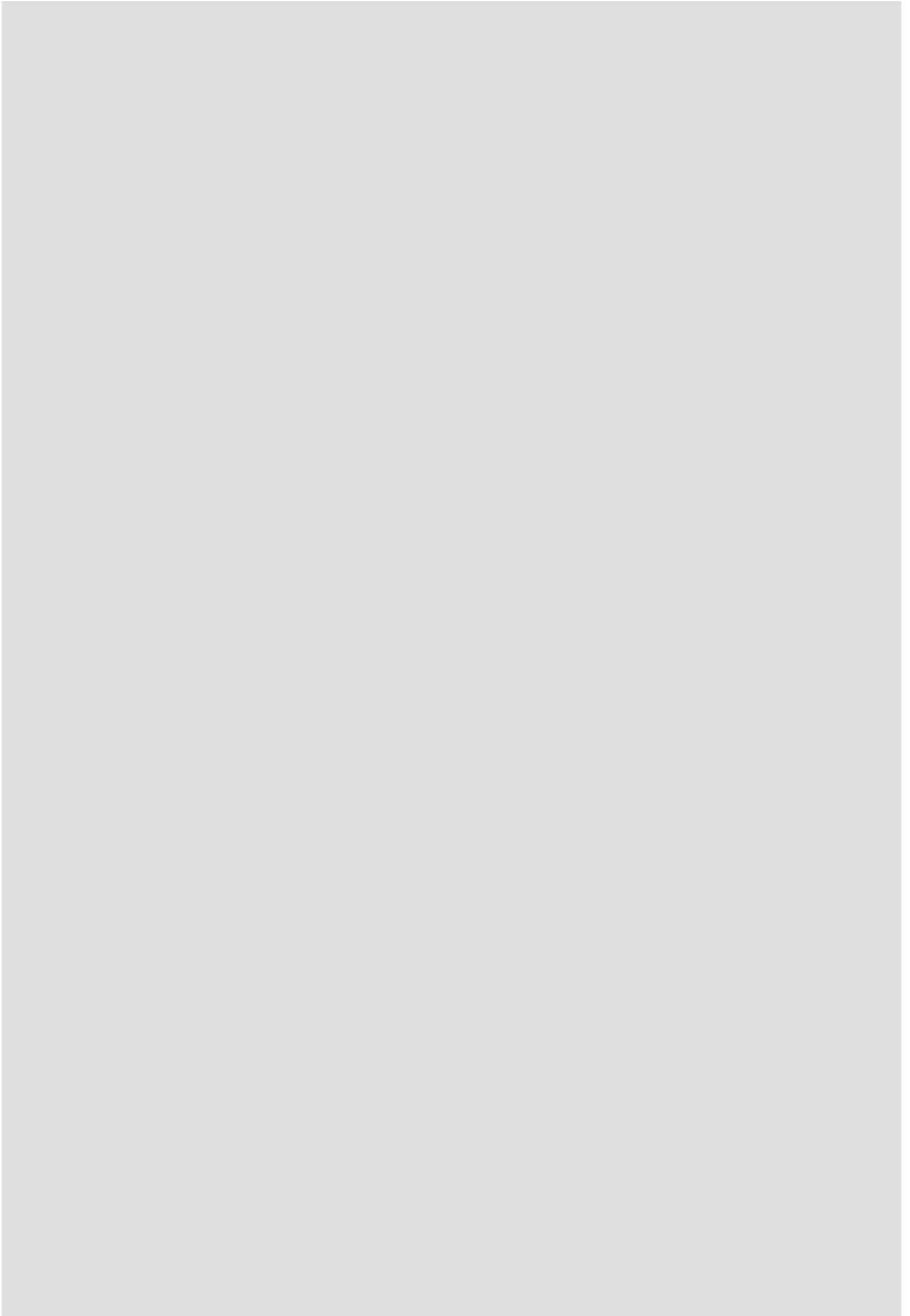






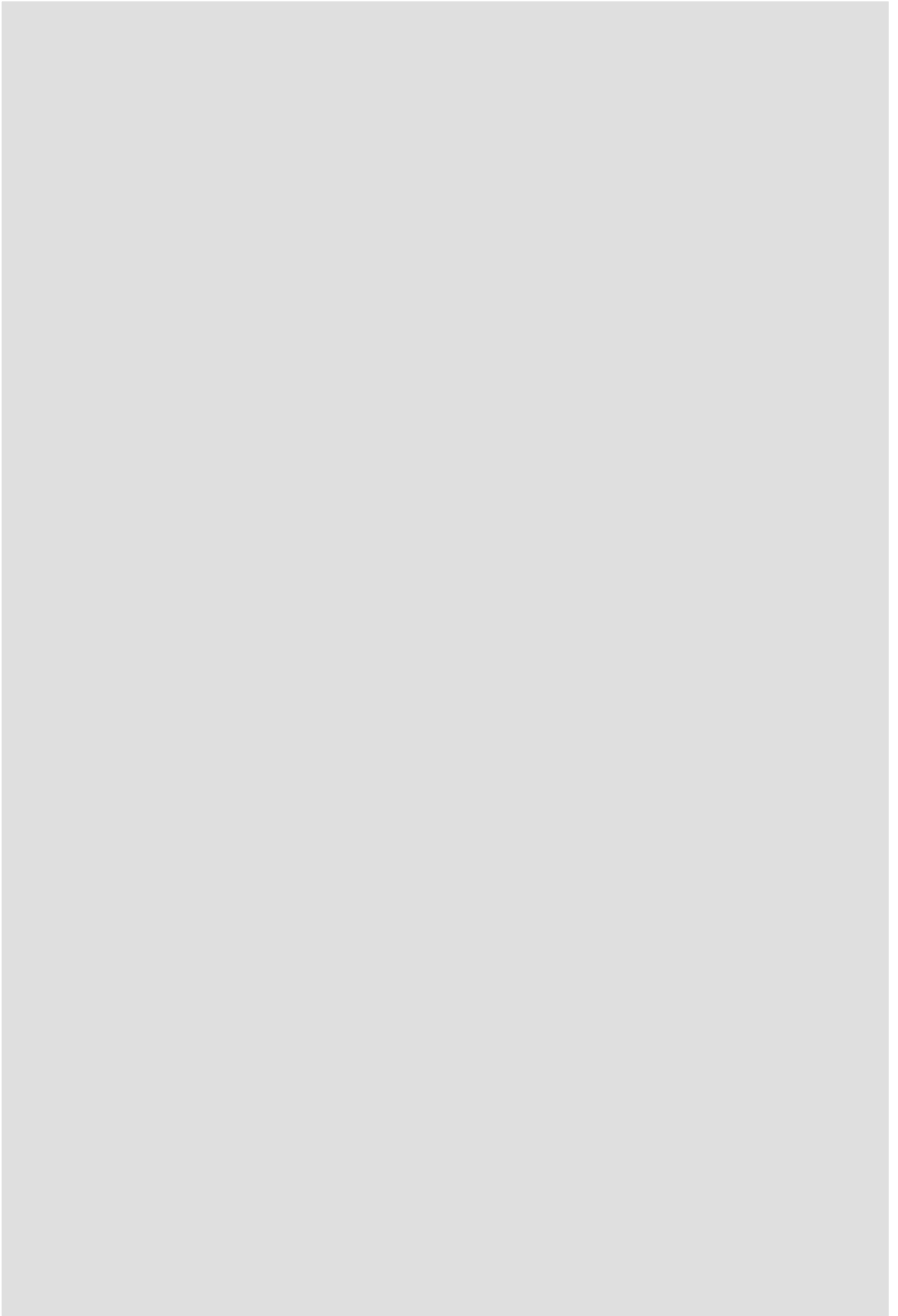














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