# **AFFIDAVIT**

# BARRETT ADOLESCENT CENTRE COMMISSION OF INQUIRY

I, Abigail King, of	,	solemnly and sincerely affirm and
declare as follows:-		
Background and experience		
1. My full name is Abigail Lezah K	ing. I am a fully reg	istered occupational therapist with
the Australian Health Practitioner Re	egulation Agency (A	HPRA). My qualifications include a
Bachelor of Occupational Therap	y (1980) from the	e University of Queensland. My
Curriculum Vitae is attached to this	affidavit (Attachment	A)
2. is staffed by a	specialised multidise	ciplinary team which provides a
tertiary, community based mental he	ealth service to famili	es of/and children and young
people aged 4 - 18 years, who may	be experiencing mo	derate to severe mental illness or
be at risk of developing mental illne	SS.	
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<u>Deponent</u>	A Justice of the I	Peace/Commissioner for declarations
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Affidavit	Abigail King,	
Filed on behalf of the Applicant/Responden		
Form 25 Vorsion 1 March 2000		

- 2 (a) I have been employed as Team Leader at Child and Youth Mental Health Service since 2005.
- (b) Reporting structure: CYMHS is one of 7 community based clinics which are part of the Child and Youth Mental Health Service (CYMHS) provided by the Childrens Health Queensland Hospital and Health Service (CHQHHS).

As a CYMHS Team Leader, I report directly to the CYMHS Programme Manager, Community Services (Mr Tim Davidson). The CYMHS service is managed by the Divisional Director, Ms Judi Krause.

clinic was part of the Mater Childrens Hospital and Health Service. My role within that organisation reported directly to Mr Tim Davidson (Operational Manager, Communities) and the Director, Ms Erica Lee.

Prior to November 2014, when I was involved with Patient

## Key responsibilities:

- (i) Provide clinical and operational leadership, strategic direction and management to a multidisciplinary team of child and youth mental health professionals.
- (ii) Actively participate in divisional strategic planning processes consistent with State and National Mental Health Policies and Plans and CYMHS priorities, ensuring appropriate consultation occurs with key community stakeholders.
- (iii) Lead ethical decision making in the achievement of organisational goals including leading the unit toward the achievement of best practice standards in the child and youth mental health field incorporating the introduction of new and innovative evidence based initiatives.
  - (iv) Lead, manage and integrate safety and risk management strategies within

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the work unit to ensure effective and efficient child and youth mental health service delivery through developing and co-ordinating quality improvement and research activities at the team and program level.

- (v) Lead and manage workforce planning and development within the team and contribute to service planning within CYMHS and direct and/or contribute to service capability strategies.
- (vi) Ensure legislation and standards, information systems and databases that support the development, delivery and evaluation of child and youth mental health services are appropriately and effectively utilised by staff and provide analysis and advice in relation to policy development and legislation as it applies to clinical service provision.
- (vii) Undertake resource and cost centre management to ensure the efficient and effective delivery of the health service within a defined budget.
  - (viii) Provision of leadership and clinical expertise in the management of:
- Direct provision of clinical services to a complex clinical case load utilising discipline expertise and specialist modalities supported by a broad range of ongoing professional development
- Complex clinical problem solving with staff to ensure high quality standards of clinical practice
- Provide clinical direction and/or mentoring to multidisciplinary staff in collaboration with the consultant psychiatrist.
- (ix) Work collaboratively with a broad range of senior staff including management and discipline directors to identify and develop appropriate expert

clinical knowledge and skills within a multidisciplinary team environment.

(x) Establish an interagency approach to service development and implementation through consulting and liaising with non-government and other government organisations and developing, formalising and maintaining strategic partnerships utilising highly developed interpersonal communication, negotiation and conflict resolution skills

# (xi) Staffing and Budgetary Responsibilities

• Service line management responsibility as per the organisational structure; delegations in accordance with the CHQ Delegations Manual for financial and human resources; manage staff in accordance with Queensland Health human resource management practice and principles, equal employment opportunity and anti-discrimination requirements.

# 2. c) Caseload:

- i) Children at risk of or experiencing moderate to severe mental illness
- ii) Children and young people aged 4 to 18 years and their families
- 3. I have worked as a clinician with children and their families for the past 35 years,mostly within multidisciplinary teams. I have worked clinically in paediatric hospital settings with developmental and psychosocial caseloads including child abuse, chronic illness, burns, oncology and developmental disorders for 17 years and more recently with CYMHS populations (0 18 years) in both hospital and community settings for the past 18 years. I have special interest in the impact of trauma on development and mental health and have undergone further training in psychotherapy and mental health assessment and

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intervention. I regularly provide clinical supervision for colleagues and have provided training in areas addressing the impact/treatment of trauma, play therapy, infant mental health, psychosocial assessment, chronic illness, use of sensory psychotherapy interventions.

4. The nature of clinical work at a tertiary CYMHS community clinic involves ongoing attention to acuity and managing high risk behaviours, within the community setting. Clients are frequently referred to our service in relation to experience of extreme and/or chronic distress manifested in self-harm behaviours, suicidality, psychosis and extreme behavioural and relationship difficulties.

# 5. Involvement with the Barrett Adolescent Centre

In the course of my work within CYMHS services, I have had brief contact with the BAC in relation to who were referred by collegues within the CYMHS service to the BAC service during my employment. I was involved in telephone and email communication with that service in relation to case planning for these clients, within my role as Team Leader.

## 6. Transition arrangements:

(a) Patient	was initially	referred to th	is clinic on	by the Clinical Director of
the		at that time,		This referral occurred
following Patien	t discha	arge from the E	Barrett Adolescent	Centre when the service
closed in Decen	nber.			

(c) Patient was seen i	ndividually, as requested	by the patient's	by Ms
Charlotte Hambly, Psycholo	ogist. The patient had requ	uested individual se	essions to assist
in managing anxiety sympto	oms and the patient's	had requested	cognitive
behavioural therapy as spec	cific intervention.		
Patient	vas seen individually for p	arenting support by	y myself. Patient
attended two ses	ssions.		
Contact ranged from	twice weekly to weekly th	nen fortnightly. Pati	ent
also phoned to discuss issu	es outside of planned app	pointment times.	
Liaison occurred wi	ith Patient school	to support vocation	onal planning and
emotional support in that se	etting.		
7. Process of transition of c	<u>slient:</u>		
(i) Prior to discharge	e from BAC, Patient wa	as engaged with a լ	orivate Child and
Adolescent Psychiatrist,	in Nove	ember 2013. This pl	lan provided for
ongoing care past Patient	when C	YMHS intervention	typically ceases
and referral to adult services	s occurs.		
(ii) Around the time o	f discharge from BAC, the	e patient's co	ontacted a private
psychologist who advised th	nat he could only provide	3 to 4 weekly appo	intments, which
the patient's agreed	was insufficient for the pa	atient's needs at the	e time.
(iii)			
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(iv) Following acceptance of the referral, Dr Anne Brennan subsequently phoned
me, as Team Leader on 13/2/14 to discuss Patient needs in detail.
8. <u>Transition plans</u>
Yes, the transition plans were clearly stated at the time of referral, both by Dr Brennan
(phonecall and Discharge report) and by Patient (phonecall and at first
session). See attached (i) Copy of BAC Discharge report dated 29/1/14; (ii) Care Review
Summary dated 20/1/14 (Attachment B (i) (ii))
9. Transition plans:
(a) Due to Patient attending close to was
offered intervention here ( ) in order to support
optimal access to a therapeutic service. The plan included a request for individual therapy
to address Patient anxiety. Parenting support was offered to Patient
which accepted. Psychiatric treatment was being provided by with view
to continuing into adulthood.
(b) Unable to comment. Patient was aware of needs and
was a strong advocate for meeting same.
(c) Unable to comment. In respect to Patient progress within treatment, the
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patient's case was reviewed regularly (twice weekly, then weekly, then fortnightly) in
sessions with the patient and the patient's As part of routine clinical governance,
Case Review occurred on a 3 monthly basis with the clinic's multidisciplinary team and
Child and Adolescent psychiatrist,
10. At the time of referral, BAC had closed. I spoke directly with Dr Anne Brennan, who
contacted me by phone on 13/2/14 to discuss Patient care during the time spent at
BAC and details of transition plan.
11. Patient was seen regularly (initially weekly and at times twice weekly) with safety
concerns monitored as they arose through discussion with the patient and patient's
directly.
Patient and the BAC school initiated contact with the clinic to advise of
highly distressing issues when
12. There was clear and direct communication from the Acting Director of BAC, Dr
Brennan, regarding Patient referral to our service and the patient's detailed notes
were readily available on the cimha database. An articulated risk management plan was
not indicated in Patient case as the patient had not engaged in significant high risk
behaviours and was living with a supportive and protective, with support from the
patient's
13. I had no concerns about Patient transition to our service. Communication was
timely and clear and patient focussed.
14. I was not aware of any concerns about Patient treatment at The
patient and the patient's were cooperative with the intervention provided and
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attended regularly.

The transition of BAC client to			
15. Patient attended individual sessions with CBT focus with an individual clinician			
(Ms Charlotte Hambly) and the patient's attended weekly individual supportive			
sessions with myself.			
16. As described previously, Patient saw Child and Adolescent			
Psychiatrist in a private capacity. The patient also saw their longstanding previous			
psychologist, on one occasion during our intervention. Patient			
continued to engage with the BAC school who supported the patient's vocational planning			
needs at the time. Charlotte Hambly liaised with the school around this aspect of the			
patient's care. Towards the end of our involvement with the patient and, the			
patient's independently located a private psychologist who specialised in working			
with clients with special interest in and was able to work into			
adulthood with Patient			
with this clinician.			
18. School liaison occurred on a few instances. No other specific case related			
communication was indicated during our involvement with Patient			
(a) Communication with Patient occurred regularly both directly and by			
phone.			
(b) Patient attended regular supportive sessions alongside child's			
therapy.			
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19. My involvement with Patient occurred in response to BAC's having developed and
facilitated the patient's transition to this service. BAC seems to have communicated the
this plan in a very clear manner, as the patient's was very clear about all aspects
of child's plan. My contact with Patient coccurred in relation to the provision of
therapy and parenting support.
Patient and engaged positively and attended regularly with this service over a
four month period and used services that were offered in an ongoing and well
communicated way.
20. Yes, individual assessment was conducted by myself and Ms Charlotte Hambly and
occurred through direct observation, interview and history taking with Patient 🗌 and
, as well as reference to existing clinical notes from BAC.
(c) See Assessment report (ATTACHMENT C)
21. Patient made steady and positive progress during involvement at this clinic. Patient
continued to engage in schooling and began to demonstrate behaviours indicative of an
emerging desire for autonomy. Patient 🔲 attended the BAC school regularly, catching
public transport independently and eventually demonstrating improved motivation to
engage in activities towards young adulthood eg vocational interests, friendships.
Understandably, the patient experienced times of significant distress on learning of the
from BAC. At that time, the patient stated thoughts of
, which the patient was able to articulate with the clinician and which the patient's
was aware of. Patient did not engage in behaviour. Patient was
able to use individual therapy well in this respect, to reflect on and contain distress.

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22. Patient ■ was discharged from our service on 25/8/14 after commencing on 3/3/14.			
a) Discharge occurred at Patient and request, after the patient had			
commenced seeing a private psychologist, who the patient's			
had located and who had special interest in the area of Patient			
had and this clinician was able to see the patient through adulthood, as well as			
provide access to an intern who could support vocational skill development, which they			
were interested in addressing as a priority. Patient therapist offered to liaise with the			
new clinician as indicated.			
b) Ongoing parenting support was offered at this clinic. Patient			
declined and advised would access Patient previous long term therapist for this			
support as indicated.			
c) Patient also organised for the patient to commence psychiatric			
support with after deciding to cease seeing Patient			
advised that offered , which hoped might			
offer a creative way of facilitating emotional development for Patient			
d) The patient's identified that had found it difficult when Patient			
s individual support at this clinic was reduced from weekly to fortnightly, although was			
aware could contact as needed in relation to dealing with the patient's distress. This			
was particularly distressing for in the context of the recent			
previous classmate. Patient was satisfied with the fortnightly appointments at			
this time and expressed a sense of personal safety in this regard.			
23. N/A			
Sheet 11			

<u>Deponent</u>

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A Justice of the Peace

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24. See attached copy of clinical record. (ATTACHM	fENT D)
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......Content of report.....

ALL the facts and circumstances herein deposed to are within my own knowledge and belief save such as are deposed to from information only and my means of knowledge and source of information appear on the face of this my affidavit.

by Abigail King on 15/1/2016 at Brisbane in Europeant CAREY \*Sworn / Affirmed by \_ the presence of:

(signea by aepoment)

(signed by Justice of the Peace)

Deponent

Justice of the Peace/Commissioner for declaration



## **ATTACHMENT A**

**CURRICULUM VITAE: Abigail King** 

EDUCATION: Bachelor of Occupational Therapy, University of Queensland, St Lucia (1980)

## SUMMARY OF CLINICAL AND PROFESSIONAL EXPERIENCE

## **Permanent Positions:**

- Team Leader, Yeronga Child and Youth Mental Health Service, 51 Park Rd., Yeronga 4104
   (Feb 2005 current)
- Assistant Director, Occupational Therapy Dept., Royal Childrens Hospital, Herston 4029
   (Feb 2001-May 2003)
- Acting Director, Occupational Therapy Dept., Royal Childrens Hospital, Herston 4029
   (Jan July 2002)
- Senior Occupational Therapist (1996/7), Occupational Therapist (PO3), Mater Childrens
  Hospital, South Brisbane 4101 (1987 1997)
- Director, Occupational Therapy Dept, Matheny Hospital and Special School, Peapack, New Jersey. USA

  (1994 – 1995)
- Arts Administration Officer, Prime of Life Arts Programme, Queensland Performing Arts Trust,
   South Brisbane (1987 to 1990)
- Occupational Therapist, "Warilda" Residential Institution, Department of Childrens Services,
   Wooloowin Q. 4030 (1982 to 1986)
- Occupational Therapist, Services for the Developmentally Delayed, Community Health
  Centre, Port Macquarie N.S.W. (1980 to 1982)

## **Relevant Locum Positions:**

- Occupational Therapist, Mater Child and Youth Mental Health Services, Greenslopes CYMHS
  (May 2003 Feb 2005)
- Occupational Therapist (PO3), Royal Children's Hospital, Occupational Therapy Dept., Herston
   QLD (Feb 1999 to Feb 2000)
- Acting Assistant Director Occupational Therapy Dept., Royal Childrens Hospital, Herston 4104. (Feb 2000 to Feb 2001)
- Child Therapist, Mater Child and Youth Mental Health Service, Greenslopes CYMHS, Greenslopes Q 4120 (Nov 1998-Feb 1999)
- Occupational Therapist (PO3), Royal Brisbane Hospital, Adolescent Mental Health Inpatient Unit, Herston Q (Dec 1997-Oct 1998)

#### PROFESSIONAL ASSOCIATIONS/ MEMBERSHIPS

- Registration Board of Occupational Therapists of Queensland
- Australian Association for Infant Mental Health (1996 current)
  - o Committee member 2003 2009;
  - o President, Qld AAIMH committee (2006-8)
- Network for Occupational Therapists Working in Infant, Child and Adolescent Mental Health.(1999 current)
- Working Group Professional Development Strategy, Child and Youth Mental Health (1998)
- Inter-agency Working Party on Interviewing Sexually Abused Children Under 6 Years (1996/7)
- Working Group Core Competencies in Child and Youth Mental Health: Occupational Therapy (1996/7)
- Professional Advisory Board of the Abused Child Trust (1987 1993)
- Network for Effecting Creativity through the Arts: Queensland (1982-1987)



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Sent: To:	Brett McDermott [ Wednesday, 12 February 2014 3:42 PM Abigail King; Abigail King; Erica Lee; Tim Davidson
Cc:	Erica Lee; Tim Davidson
Subject:	DE. Ann sinter outs for
	RE: Appointments for
hanks Abby you d/w heers	y, I'll follow up with Stephen about contact details.
o: McDerm	ail King   lesday, 12 February 2014 12:07 PM lott, Brett; King, Abigail; ca; Davidson, Tim E: Appointments for
	for this plan. We will need to clarify psychiatrist's role etc scannel and I will discuss. Do we have for contacting?
<b>o:</b> Abigail K <b>c:</b> Erica Lee	esday, 12 February 2014 11:54 AM  King; Abigail King; e; Tim Davidson epointments for e: High
е	essentially a request from the team for this patient and lives on , to attend clinic. Happy to talk about this but in brief we d/w DR Anne Brennan who feels this anxious will not be an issue at clinic
• And	is highly anxious and is demanding also is seen by a team the request is to
ie	
the spirit o is issue eers,	of helping the I feel the request is reasonable. It's over to you. Please get back to me about

Dear Judi and Brett

I've just managed to have a phone call with Leanne. Brett, not sure if you have been briefed on this young

person. can fill in the deta	patient. ils at another tim	has been very voca e.	al. Diagnosis of		. Dynamics at home - I
	does ma	whether pla ke a good point for the day, where the being present)	accessing		a week (Leanne didn't (I would suggest would make way
If was to attend you have a policy		chool, would you be when they	prepared to accept have a private psy		? If so, do
		decision urgently ( on in order to reply to			after all). However,
The other options	would be for	to find separate	e private AH therap	ists and/or at	tend .
Cheers					
Stephen					
		12 7		<u>, , , , , , , , , , , , , , , , , , , </u>	
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15<sup>th</sup> April 2014

Dr Simon Carter **Fiveways Surgery** Corner Gailey and Indooroopilly Roads Taringa QLD 4068.

Dear Dr Carter
Re:
This patient has recently been referred to  The family has nominated you as their preferred GP. The concerns leading to the referral included  in the context of a diagnosis of  refusal,  had an  admission to the Barrett Adolescent Centre in 2013 in order to address these difficulties.  also has a lifelong history of difficulty making and sustaining interpersonal relationships and social interests.
The provisional diagnoses made and other factors involved in presentation (according to ICD 10 criteria) were:
The intervention planned at this clinic will include individual therapy, parenting support and case management.
If you have concerns or any questions, please telephone Charlotte Hambly, Case Manager or me at the clinic on tel
Yours sincerely
Consultant Child and Adolescent Psychiatrist

Exceptional People. Exceptional Care. Mater Misericordiae Health Services Brisbane Limited ACH 035 708 922

Mater Child & Youth Mental Health Service - Yeronga Clinic 51 Park Road, Yeronga 4104 Queensland, Australia PO Box 3125 Yeronga 4104 Queensland Phone 4











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